

## **Cooperative Extension Prevention Health Educator**

**Location: New Castle County Extension Office**

**PAY: \$15/ hour**

**Non-benefitted part-time position average 15 hours week**

### **CONTEXT OF JOB:**

Cooperative Extension is an outreach branch of the University. Extension's educational and research programs connect the public with university knowledge, research, and resources to address the needs of youth, family, community, and agricultural communities. Extension's focus areas are agronomic and vegetable crop production, farm and youth safety, 4-H/ youth at risk, and health and well-being. These programs aim to improve the quality of life by transferring research-based information to the program participants. Extension also works with many volunteers to enhance programming and reach.

The Prevention Health Educator will implement and teach healthy living curriculum to youth in school based and out of school-based programs. Prepare lessons plans, reporting as required, and contact with and set up sites to teach. This is 15 hours a week part-time position without benefits.

### **Qualifications:**

- Strong leadership skills to be able to communicate in a positive and professional manner with community organizations, school personnel and other professionals in the community.
- Must be able to work independently.
- Experience working with youth.
- Must have a valid driver license with acceptable driving record required and be able to drive.
- Must be able to pass and University of Delaware background check and Child Protection Registry.
- All other jobs as they arise.

### **Must be able to teach Botvin LifeSkills Curriculum listed below:**

#### **Curriculum-Botvin LifeSkills**

The Botvin LifeSkills Training Program (LST) is FREE for Delaware students 8-14 years old. This comprehensive program provides adolescents and young teens with the confidence and skills necessary to successfully handle challenging situations. Developed by Dr. Gilbert J. Botvin, a leading prevention expert, LST is backed by over 30 scientific studies and is recognized as a Model or Exemplary program by an array of government agencies including the U.S. Department of Education and the Center for Substance Abuse Prevention. Each student is required to take an anonymous Pre-Assessment Survey and Post-Assessment Survey. Students will also receive celebration gifts at the completion of the program. Below is some information about the topics that are covered.

#### **Elementary (3rd-6th)**

The elementary curriculum consists of 8 lessons about 30-45mins.

The elementary topics cover:

- Self-Esteem
- Decision Making
- Smoking Information
- Advertising
- Dealing with Stress
- Communication Skills
- Social Skills
- Assertiveness

### **Middle School (7th-9th)**

The middle curriculum consists of 14 lessons about 45mins to 1hour.

The middle school topics cover:

- Self-Image
- Making Decisions
- Smoking Information
- Alcohol Information
- Marijuana Information
- Advertising
- Violence & the Media
- Coping with Anxiety
- Coping with Anger
- Communication
- Social Skills
- Assertiveness
- Prescription Drug Abuse
- Resolving Conflicts

**Applicants should submit their Interest letter and resume in pdf format to Lindsay Hughes at [lgooden@udel.edu](mailto:lgooden@udel.edu).**