

CHEMICAL SAFETY MOMENT

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Do Not Bring Your Lab Home. Life Is Better With Clean Hands



Regular handwashing, is one of the best ways to remove contaminants before you leave the lab, and it is also the easiest way to prevent the spread of germs!

Follow these five steps every time.

1. **Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. **Lather** your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
3. **Scrub** your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.
4. **Rinse** your hands well under clean, running water.
5. **Dry** your hands using a clean towel or air dry them.

Do You Flush Your Eyewash Stations?

Most eyewash equipment manufacturers recommend that the eyewash stations be operated at least **ONCE PER WEEK** for several minutes to flush out any sediment or other material that may accumulate in the eyewash plumbing.

Weekly flushes are an excellent opportunity to check the overall operation of the eyewash station. Post a checklist next to each eyewash station to sign off each time they are flushed. If your eyewash station is not directly piped to a drain line, use a 5-gallon bucket to collect the water discharge.

