Student Health Services (SHS) will administer allergy injections for students and staff who have injections prescribed by their private healthcare provider and have received at least one injection with their allergist.

### Appointments

**Allergy injections are administered by appointment only.**
- Please call 302-831-2226, option #1 to schedule your first appointment with the Immunization Department.
- Please allow 60 minutes for your first appointment, and 45 minutes for all subsequent appointments.
- This includes time for preparing and administering the injection, as well as the post-injection observation.
- Recurring appointments are strongly encouraged to ensure compliance with injection schedules.

### Receiving allergy injections

- You must have previously received at least one dose of allergy serum at your Allergist’s office.
- You must supply your allergy serum and dosage instructions to receive allergy injections at SHS.
- The Allergy Injection Instructions must be signed by your allergist.
- SHS does not administer bee or wasp venom or poison ivy extract.
- **All students receiving allergy injections at SHS must bring a non-expired epinephrine auto-injector (EpiPen/Auvi-Q/etc.) to every allergy injection appointment. SHS can provide a prescription if needed.**

### Health Considerations

- We recommend avoiding strenuous activity/exercise for 1 hour prior and 2 hours after your allergy injections to decrease your risk of a serious reaction.
- SHS cannot administer your allergy injections if you are currently taking beta blocker medication.
- You should not receive allergy injections if you are actively ill, including having a fever, active infection, or experiencing respiratory symptoms such as chest congestion, wheezing, and/or shortness of breath.
  - SHS nurses reserve the right to refuse to administer allergy injections if, in their clinical judgment, doing so poses a health risk due to acute illness.
- If you have a systemic (“whole body”) reaction to an injection administered at Student Health, you must be evaluated and have your next injection at your allergist’s office before resuming injections at Student Health.

### Storage and New Serum

**The Immunization Department provides dedicated space for patients to store their allergy serum.**
- SHS is not liable for the condition or content of delivered serums.
- It is the student’s responsibility to ensure that serums and instructions are picked up if injections are required while they are away from campus, such as during winter, spring, or summer breaks.
- SHS does not mail allergy serum to residences or medical offices.
- In case of a temperature excursion, every effort will be made to contact the student to pick up their allergy serum.

**Patients, in conjunction with the RN, are ultimately responsible for knowing when their serum expires or is running low.**
- The immunization nurses can help by faxing a request for a new serum to your allergist.
- Expired serum will not be administered.
Student Health Service

- Serum can be mailed to Student Health Services, with delivery M-F between 8:30am and 4:30pm, at the following address:
  
  282 The Green, Attn: Immunization, Newark, DE 19716

*SHS reserves the right to refuse allergy injections to patients who do not comply with the above policy.*