

## Allergy Injection Policy and Information

Monday – Friday

9:00am – 11:15am/1:00pm – 4:00pm

Immunization Dept. Phone: 302-831-4150

Immunization Dept. Fax: 302-831-8790

Student Health Services will administer allergy injections for students and staff who have injections prescribed by their private healthcare provider and have received at least one injection with their allergist.

### Appointments

*Allergy injections are administered by appointment only.*

- Please call 302-831-4150 to schedule your first appointment with the Immunization Department.
- **Please allow 60 minutes for your first appointment, and 45 minutes for all subsequent appointments.**
- This includes time for preparing, administering, and post-injection observation.
- Reoccurring appointments are strongly encouraged to ensure compliance with injection schedules

### Receiving allergy injections

*Patients must supply their allergy serum and dosage instructions in order to receive allergy injections at SHS.*

- Instructions must be signed by your allergist.
- We do not administer bee or wasp venom or poison ivy extract.
- **All students receiving allergy injections at SHS must have an epinephrine auto-injector (EpiPen/Auvi-Q/etc.) prescribed and must bring it to every allergy injection appointment. SHS can provide a prescription if needed.**

*All patients must wait 30 minutes post injection.*

- You will be allowed to leave after having your injection site(s) checked by a nurse.
- If you develop symptoms during your 30-minute wait, such as itching, sneezing, runny nose, coughing, wheezing, or feel nauseous, light-headed, faint, or anxious, immediately make a staff member aware.

### Health Considerations

- We recommend avoiding strenuous activity/exercise for 1 hour prior and 2 hours after your allergy injections to decrease your risk of a serious reaction.
- Student Health cannot administer your allergy injections if you are currently taking beta blocker medication.
- You should not receive allergy injections if you are actively ill, including having a fever, active infection, or experiencing respiratory symptoms such as chest congestion, wheezing, and/or shortness of breath.
  - SHS nurses reserve the right to refuse to administer allergy injections if, in their clinical judgment, doing so poses a health risk due to acute illness.
- If you have a systemic (“whole body”) reaction to an injection administered at Student Health, you must be evaluated and have your next injection at your allergist’s office before resuming injections at Student Health.

### Storage and New Serum

*The Immunization Department provides dedicated space for patients to store their allergy serum.*

- While special care is taken, including having a backup generator available, SHS cannot accept responsibility for stored medication in the unlikely event of a power outage or refrigerator failure.
- It is your responsibility to ensure that you pick up your serum and instructions if you will need injections while away from school.
- We do not mail allergy serum to residences or medical offices.

*Patients, in conjunction with the RN, are ultimately responsible for knowing when their serum expires or is running low.*

- The immunization nurses can help by faxing a request for new serum to your allergist.
- Expired serum will not be administered.
- Serum can be mailed to Student Health Services, M-F between 8:30am and 4:30pm, at the following address:  
282 The Green, Attn: Immunization, Newark, DE 19716

**SHS reserves the right to refuse allergy injections to patients who do not comply with the above policy.**