



Internship Admissions, Support, and Initial Placement Data

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?

☐ Yes ☒ No

If yes, provide website link (or content from brochure) where this specific information is presented:

N/A

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

Candidates must be enrolled in an APA or CPA accredited doctoral program in counseling, clinical, or closely related area of psychology. Applicants must be in good standing with their academic department, must have defended dissertation proposal by the start of internship and pass comprehensive exams by the ranking deadline. Applicants should be prepared to work with clients presenting with moderate psychopathology and to see clients presenting with a wide range of clinical challenges (ex: mood and anxiety, interpersonal or personality difficulties, trauma or abuse recovery, eating disorder and body image disturbance, alcohol and other drug use concerns, identity issues including sexual orientation, gender identity, cultural identity, etc.). Applicants must be comfortable working with a diverse clientele. College counseling practicum or adjacent experiences are required. Because the CCSD's training activities include group therapy and providing supervision, a prospective intern should have practicum experience that incorporated at least one of these modalities.

Our center is a busy one. Each year we provide care for around 2,000 clients, providing dozens of outreaches, hundreds of consultations, many therapy groups and around 10,000 individual appointments. Our staff is multi-disciplinary and includes psychologists, sport psychologists, psychiatric nurse practitioners, social workers, professional counselors, and a great administrative support team. Each day on internship varies and involves a combination of the following: training seminars, individual therapy, group therapy, staff meeting, case consultation, outreach presentations to various populations, providing individual supervision to externs in the spring semester, and consultation with students/faculty/staff, etc. It's hard work and we are very committed to and passionate about what we do. We also like to smile and laugh when possible and connect with each other in doing our work.

For the 2026–2027 training year, it is also possible that interns will have the opportunity to receive supervised experience in providing ADHD/LD assessment to UD students. More information will be made available on this opportunity throughout the interview process.



Total Direct Contact Intervention Hours	Yes; 500 hours
Total Direct Contact Assessment Hours	No; N/A

Describe any other required minimum criteria used to screen applicants:

- We require applicants to be attending an APA or CPA accredited graduate program in Counseling or Clinical Psychology.
- We require applicants to have completed 500 hours of direct contact intervention hours prior to the start of internship.

Financial and Other Benefit Support for Upcoming Training Year¹

For the 2026–2027 training year, four internship positions are available. The internship is for the period from July 13, 2026, through July 16, 2027.

Benefit	Applicable?
Annual Stipend/Salary for Full-time Interns	38,760
Annual Stipend/Salary for Half-time Interns	N/A
Program provides access to medical insurance for intern?	Yes

If access to medical insurance is provided:

Benefit	Applicable?
Trainee contribution to cost required?	No
Coverage of family member(s) available?	Yes
Coverage of legally married partner available?	Yes
Coverage of domestic partner available?	Yes
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	80
Hours of Annual Paid Sick Leave	80
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes

Other Benefits (please describe): Time away for professional development, possible funding for professional development (depending on availability and subject to approval), dental insurance, and accidental insurance are provided. Health insurance includes generous benefits for personal counseling. For more information about health insurance benefits, please see [UD Wellbeing Fees and Insurance](#). Additionally, interns receive a bi-weekly self-care hour and are covered by the University's general professional liability insurance.

¹ Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table



Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)***

Category	2020–2025***
Total # of interns who were in the 3 cohorts	12
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0

Category	PD	EP
Academic teaching	PD = 0	EP = 2
Community mental health center	PD = 0	EP = 0
Consortium	PD = 0	EP = 0
University Counseling Center	PD = 4	EP = 3
Hospital/Medical Center	PD = 0	EP = 0
Veterans Affairs Health Care System	PD = 0	EP = 0
Psychiatric facility	PD = 0	EP = 0
Correctional facility	PD = 0	EP = 0
Health maintenance organization	PD = 0	EP = 0
School district/system	PD = 0	EP = 0
Independent practice setting	PD = 2	EP = 1
Other	PD = 0	EP = 0

Note: “PD” = post-doctoral residency position; “EP” = employed position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.

***Please note that our internship was placed on a voluntary pause from 2021–2023; therefore, data from our most recent preceding cohorts is listed.

2024–2025 Doctoral Intern Class and Home Institution/Program:

- Douglas Glenn, Virginia Consortium Program, Clinical Psychology PhD
- Emily Junkin, Virginia Consortium Program, Clinical Psychology PhD
- Brooke Kohler, Lehigh University, Counseling Psychology PhD
- Ryann Siegel, Loyola University of Maryland, Clinical Psychology PsyD

[A list of previous interns since 1977 can be found here](#)