

1. Go to **MyHighmark.com** and select **Find Doctors and Rx**.
2. Locate your specific Highmark Region and scroll down to select **Find Care** then select **Find a Doctor**.
3. Select find a plan by Alpha Prefix
4. Type in your location, or address, or zip, etc.
5. Type in UDA as the Alpha Prefix and click continue
6. Click on your area of search and proceed to search parameters.