

# Virtual Care Real Connection

Mental Health Care For Ages 5+ | Covered by your Aetna Benefits



Telemynd began with a **mission of service**, addressing the mental health needs of active duty members, veterans, and military families. This foundation equips our providers to support **public-facing workers** facing **similar stress**. We deliver flexible, quality care that fits **demanding schedules** while **ensuring quality and personalized support**.



## Personalized Matching

We match you with a licensed, experienced, in-network provider who's ready to support your unique needs and background with care that's tailored to you.



## Flexible Virtual Appointments

Telemynd brings mental health care to you. No commuting, no waiting rooms, and no need to rearrange your day. Our virtual platform makes it easy to get support from your own space, on your schedule.



## Comprehensive Care, All In One Place

Whether you need therapy, medication management, or more intensive support, we've got you covered. Our therapy, psychiatry, and specialty programs work together—so your care team stays connected and focused on your goals.



## No Hidden Fees

We partner with Aetna to keep things simple—no hidden fees, no guesswork. Our licensed mental health providers are in-network and covered by your insurance, so you can just focus on feeling better.

## Who We Serve

We serve all under Aetna including:



Public Service



Healthcare Workers



Military Community



Retail Workers



Educators

TELEMYND

# Better Matches Better Outcomes

Meaningful Connections Start Here



We believe better connections lead to better outcomes. With Telemynd, you get more than a therapist or psychiatrist. You're matched with someone who understands your needs and helps you find the right tools to navigate life's challenges.

## Why Thousands Choose Telemynd

When you choose Telemynd, you're not just selecting a mental health provider, you're partnering with a team deeply invested in your well-being and experience.

### Care You Can Trust. Outcomes You Can Measure

3,000+

Licensed Providers Nationwide

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Day Availability

96%

Of Users Would Recommend

87%

Treatment Satisfaction Rate

81%

Users Show Clinical Improvement

## Getting Started

### 1. Scan the QR Code

Scan the QR Code or call  
866-991-2103 to get started.



### 2. Fill Out the Webform

Fill out the brief webform to get  
matched with a licensed provider.

### 3. Get Matched in a Day

Get matched and schedule your first  
appointment with your provider.

Get the tools, support, and care you need to thrive. Prioritize your mental health today with Telemynd.

866-991-2103

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[www.telemetrynd.com](http://www.telemetrynd.com)