

Goal setting

Learn strategies that can help you set and prioritize goals.

Annual goals will be formally set at the beginning of the new performance management cycle that begins on July 1, 2024. Guidance will be provided locally at the college and unit levels.



Monday	Wednesday	Friday	Activity
Identify what's most important to you (2m 41s)	The three components of healthy ambition (2m 04s)	Manage your career through a growth mindset (3m 10s)	Pop quiz: What are the three components of healthy ambition?
Value creation (3m 30s)	Transform your obstacles (3m 33s)	Integrate instead of adding (2m 34s)	Challenge: Reflect on how you can overcome barriers and add value as you set your goals.
Aligning Goals (2m 57s)	Establish SMART Goals (4m54s)	How many goals should you have? (3m 20s)	Challenge: What areas could you stretch to best meet your goals?
Nurture your ability to self-manage (3m 42s)	Form habits that help you succeed (3m 11s)	Goal Tracking Methods (2m 38s)	Check out more resources under the goal setting tab on the HR webpage