



UNIVERSITY OF DELAWARE  
**HEALTH SCIENCES**

**POSITION: Nutrition Kitchen Aide**

**LOCATION: STAR Health Sciences Complex and STAR Tower**

**PAY: \$18 PER HOUR**

**CONTEXT OF THE JOB**

The Cardiovascular Core lab is seeking a part-time Nutrition Kitchen Aide to support several investigations related to diet and cardiovascular/neurovascular health in humans. The Nutrition Kitchen Aide will be responsible for the preparation of diets for several controlled feeding studies under the guidance of a Registered Dietitian. The individual will interact with faculty, graduate and undergraduate students, research technicians, nurses, exercise physiologists, and administrators across several University departments. Approximately 15 hours per week.

**MAJOR RESPONSIBILITIES**

- Inventory assessment and grocery shopping.
- Prepare meals according to a menu created by dietitian, precisely weighing and measuring ingredients.
- Perform basic cooking duties such as cooking meats, pasta, etc.
- Follow food safety protocols, including cooking certain foods to appropriate temperatures.
- Maintain documentation of food, refrigerator, and freezer temperatures.
- Maintain a clean and orderly kitchen by washing dishes, sanitizing work spaces, cleaning floors.
- Properly store and maintain food.
- Understands, is committed to, and contributes to implementation of departmental and institutional goals for achieving non-discrimination and creating a multicultural environment.
- Serves as a mentor/preceptor for those undergraduate students who are assisting with the diet preparations.
- Performs other related duties as assigned.

**QUALIFICATIONS**

- High school diploma or GED with 2-3 years of relevant kitchen experience.
- ServSafe certification preferred, but not required.
- Ability to promote teamwork and work collaboratively in an interdisciplinary environment required.
- Strong organizational & time management skills.
- Ability to work effectively with people from various sociocultural backgrounds.

**Special Requirements:**

- Ability to lift and transport coolers of food (generally medium weight) and cases of water for study participants.

Resumes should be sent via email to Shannon Lennon at the following email address: [slennon@udel.edu](mailto:slennon@udel.edu)