

**Farmers Market Healthy Recipe Demonstration Project**  
**Nutrition Educator**  
**May – mid October 2025**

Cooperative Extension is providing food demonstrations at the New Castle County government supported Farmers Markets using local seasonal produce in an effort to encourage purchasing produce from the local agricultural community.

Demonstrations and taste tests of the recipes will be provided on a rotational basis on afternoons at the Bellevue Farmers Markets and the Route 9 Farmers Market Stand. Each week at the market, the Nutrition Educator will setup/breakdown demonstration booth, complete food demonstration, hand out recipe tastings, distribute recipes and information about healthy food preparation, engage with visitors, provide nutrition education, and survey visitors. The focus will be on using fresh in season produce. Demonstrations will be provided during the busiest part of the market day. The Nutrition Educator will also be involved in recipe development, food shopping, preparation of recipes, evaluation and reporting.

The schedule for the food demonstrations is listed below:

**Bellevue Farmers Market (3:30-7pm with 2 food demonstrations during the shift)**

- May 2025 -May 9 and May 23
- June 2025 - June 13 and June 27
- July 2025 - July 11 and July 25
- August 2025 – August 8 and August 22
- September 2025 – September 12 and September 26
- October 2025 – October 3 and October 17

**Rt. 9 Café/Library (12:30-2 with a 1pm food demonstration)**

- Wednesday, May 14
- Wednesday June 18
- Wednesday, July 16
- Wednesday, August 13
- Wednesday, September 17
- Wednesday, October 8

Please send a resume and cover letter to Sarah Goldring ([sbercaw@udel.edu](mailto:sbercaw@udel.edu)) if interested.