Performance Nutrition Intern (1-Year Part-time Paid),
University of Delaware Department of Athletics

(1 position available starting July 1st 2019; $15 hourly for max of 52 weeks, average 28 hours per week)

University of Delaware
Newark, DE

CONTEXT OF THE JOB:
Under the guidance of the Director of Sports Nutrition, the Performance Nutrition Intern is responsible to support the day-to-day operations of the Sports Nutrition Department, to include assisting with the fueling and performance nutrition of 21 Division I varsity sports. The Performance Nutrition Intern will work in collaboration with current Sports Nutrition staff, Strength and Conditioning staff, Athletic Training staff, Sports Psychology staff, and other members of the sports performance department to ensure all policies and procedures are followed and implemented.

MAJOR RESPONSIBILITIES:
- Assist with the daily operations of the fueling station(s) and practice/competition fueling for all 21 varsity sports, including staffing, ordering, inventory, procurement, and budgeting.
- Support football during competition and practice to ensure proper fueling and hydration, and assist with hydration testing.
- Provide supplemental sports nutrition coverage and peri-practice/game support of other sports.
- Provide education and mentorship of undergraduate sports nutrition students (independent study, community nutrition, and non-credit volunteers)
- Assist the Director of Sports Nutrition in collaborating with on-campus Registered Dietitians to ensure cross-collaboration of Athletics and Academics.
- Assist Director of Sports Nutrition with supplement evaluation and student athlete counseling for legality, safety, quality, and efficacy, and continuous awareness of all aspects of the supplement industry.
- Other duties may include hydration testing with other sports, travel nutrition assistance, nutritional counseling, nutrition education development, cooking demonstrations, social media management, prospective student athlete meetings, nutrition education material development and various other tasks, as assigned.
- Perform miscellaneous job-related duties as assigned.
Qualifications, Minimum Education, & Experience
- Employment is contingent upon a satisfactory background check.
- Bachelor’s degree in nutrition or related field and strong desire to pursue a career in sports nutrition.
- RD or RD eligible (preferred).
- Ability to obtain licensure in the state of DE if RD.
- Ability to work 28 hours a week with a flexible schedule.
- Knowledgeable of NCAA rules and policies.
- Effective organizational, personnel supervision, communication and computer skills.

Physical Demands and Work Environment
- Ability to lift, move, push and pull equipment or boxes in excess of 40 lbs.
- Should be able to handle outdoor temperatures for a reasonable period of time.
- Ability to work flexible hours to include nights, weekends and holidays.

Additional Job Description
* Start date: July 1, 2019. Duration: 52 weeks.*

Contact
Please send cover letter, resume, and references in one single PDF file to – Kelly Rossi, Director of Sports Nutrition, karossi@udel.edu No phone calls please. Interviews will be held at the CPSDA Annual Conference in Grapevine, Texas.

Equal Employment Opportunity

*Employment offers will be dependent upon successful completion of a criminal background check. A conviction will not necessarily exclude you from employment.*

*The University of Delaware is an Equal Opportunity Employer, which encourages applications from Minority Group Members, Women, Individuals with Disabilities and Veterans. The University's Notice of Non-Discrimination can be found at [http://www.udel.edu/aboutus/legalnotices.html](http://www.udel.edu/aboutus/legalnotices.html)*