Group Exercise Instructor

This is a part-time, non-benefitted position.

DEADLINE: Open

CONTEXT OF THE JOB:
Under the general direction of the Fitness Coordinator and the Fitness Director, a group exercise instructor will provide direct leadership, instruction and motivation for class participants. He/she will develop a class that meets current industry standards, display proper use of equipment and possess the knowledge necessary to progress participants safely within parameters of the modality. The instructor must be able to develop a fun, participant-centered class using appropriate music, engage participants with eye contact, verbal and non-verbal cueing and motivational coaching. He/she should present a welcoming environment and maintain an approachable demeanor.

We are looking for instructors in the following modalities:

- Les Mills GRIT
- Kickboxing
- Cycle
- Yoga
- Pilates
- Barre

MINIMUM QUALIFICATIONS:

- Minimum of 18 years of age
- Current knowledge of exercise protocol as well as exercise contraindications
- Hold a current certification in Group Exercise (AFAA, ACE, ACSM, Les Mills, etc.)
- Willing to obtain CPR/AED/First Aid and Blood Borne Pathogen Training within 30 days of hire*

Apply: Send resume and cover letter to the Fitness Director, Christine Pena-cklimik@udel.edu

The University of Delaware is an Equal Opportunity Employer which encourages applications from Minority Group Members, Women, Individuals with Disabilities and Veterans. The University's Notice of Non-Discrimination can be found at http://www.udel.edu/aboutus/legalnotices.html