POSITION: Nutrition Research Aide

LOCATION: STAR Health Sciences Complex and STAR Tower

PAY: $18 PER HOUR

CONTEXT OF THE JOB
The Cardiovascular Core lab is seeking a part-time Nutrition Research Aide to support several investigations related to diet and cardiovascular/neurovascular health in humans. The Nutrition Research Aide will be responsible for developing and overseeing the preparation of diets for several controlled feeding studies under the guidance of a Registered Dietitian. The individual will interact with faculty, graduate and undergraduate students, research technicians, nurses, exercise physiologists, and administrators across several University departments. This 3 year position is supported by an externally funded grant and continuation is contingent upon the availability of funding. Approximately 15 hours per week.

MAJOR RESPONSIBILITIES
• Assessment of dietary intake utilizing diet analysis software.
• Develop several controlled diets focused on manipulating the amount of one or more nutrients. Each diet lasts 7-10 days in length.
• Purchase and prepare food necessary for controlled diets in conjunction with staff or graduate students.
• Appropriately discusses, documents and maintains sensitive, confidential participant information; understands and adheres to appropriate ethical standards of professional conduct, confidentiality and privacy.
• Serves as a resource person in appropriate areas of knowledge, experience and responsibility while exercising considerable independent judgement, resourcefulness and sensitivity.
• Understands, is committed to, and contributes to implementation of departmental and institutional goals for achieving non-discrimination and creating a multicultural environment.
• Serves as a mentor/preceptor for those undergraduate students who are assisting with the diet preparations.
• Performs other related duties as assigned.

QUALIFICATIONS
• Bachelor’s Degree in Nutrition or related field required. Related nutrition or food service work experience preferred, but not required.
• Demonstrated technical knowledge, specialized training and ability to analyze and assess complex health problems.
• Ability to promote teamwork and work collaboratively in an interdisciplinary environment required.
• Effective writing and editing skills.
• Strong organizational & time management skills.
• Ability to work effectively with people from various sociocultural backgrounds.
• Current ServSafe certification or certification within 3 months of hire preferred.
• Utilize computer programs to enter and analyze data as well as generate graphs.

**Special Requirements:**
• Ability to lift and transport coolers of food (generally medium weight) and cases of water for study participants.
• Flexibility to work evenings periodically, and to adjust work assignments according to the changing needs of the study participants.

Resumes should be sent via email to Shannon Lennon at the following email address: slennon@udel.edu