Dear Students on Leave of Absence,

Although you are on leave of absence from the University of Delaware, you are still a Blue Hen. We are thinking of you as the outbreak of the novel (new) coronavirus, known as COVID-19, continues to evolve.

We know that students take a leave of absence for a variety of reasons. Some are on leave for family, medical or other personal reasons. Some are on leave and traveling overseas. Others were unable to return to campus after winter break due to travel restrictions. Regardless of the reason for your leave of absence, we want to make sure that you are taking precautions to stay informed and healthy.

The U.S. Centers for Disease Control and Prevention (CDC) post reliable information on the COVID-19 outbreak for the entire world on their <u>website</u>, as well as advice on prevention and treatment of COVID-19. If you are traveling internationally, please be advised that the University of Delaware is following the guidelines set by the CDC and the Delaware Division of Public Health.

Consequently, UD advises you **not** to travel to areas that the CDC has designated as Warning Level 3 (currently: China, Iran, Italy and South Korea). UD strongly encourages you **not** to travel areas that the CDC has designated as Warning Level 2 (currently: Japan). If you have traveled to a Level 3 or Level 2 area, you will be required to self-quarantine at another location for at least 14 days before coming to campus for any reason (for example, to visit friends, use the library or attend a student event).

Student Health Services provides the following guidance for home quarantine:

For Students

- Separate yourself from other people and animals in your home.
- Wear a face mask when you are around other people or pets.
- Cover your mouth and nose with a tissue when you cough or sneeze; wash your hands afterward with soap and water or use an alcohol-based sanitizer.
- Clean your hands often with soap and water or with an alcohol-based sanitizer; use soap and water preferentially if your hands are visibly dirty.
- Avoid sharing personal household items.
- Clean "high-touch" surfaces daily with a household cleaning spray or wipe.
- Monitor your health and if you develop a fever, cough or feel short of breath, call your health care provider BEFORE seeking in-person care.

For Household Members

- Help your student with basic needs in terms of food, medications and other personal items.
- Stay in another room or be separated from the patient as much as possible; use a separate bedroom and bathroom if possible.
- Prohibit visitors without an essential need from coming into the home.
- Household members should care for any pets.

- Clean your hands often with soap and water or with an alcohol-based sanitizer; use soap and water preferentially if your hands are visibly dirty.
- Avoid touching eyes, nose and mouth with unwashed hands.
- The student and household members should wear disposable face masks when in the same room; throw masks away after using them.
- Avoid sharing household items with the student.
- Clean "high-touch" surfaces with a cleaning spray or wipe.
- Wash laundry thoroughly: use disposable gloves while handling; wash hands with soap and water or an alcohol-based sanitizer after removing gloves.

The University of Delaware continues to monitor this ever-changing situation, which may eventually have impacts on mobility within the U.S. We hope you are doing well and that your time away from UD is productive. If you have questions regarding UD's new travel guidelines, please refer to UD's <u>Coronavirus website</u> for more information.

Sincerely,

Lisa Chieffo Interim Director Institute for Global Studies University of Delaware

Tim Dowling, D.O. Physician/Director Student Health Services University of Delaware

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