What's For Lunch Today? Date:			What's For Lunch Today? Date:			What's For Lunch Today? Date:		
Name:			Name:			Name:		
Item	# of Carbs?	Eaten	Item	# of Carbs?	Eaten	Item	# of Carbs?	Eaten
What's For Lunch			What's For Lunch			What's For Lunch		
Name:	# of Carbs?	Eaten	Name:	# of Carbs?	Eaten	Name:	# of Carbs?	Eaten