# Gregory E. Hicks PT, PhD, FAPTA, FGSA

Distinguished Professor of Health Sciences, Department of Physical Therapy Associate Vice President for Clinical and Translational Research, University of Delaware PI and Director, Delaware Clinical and Translational Research ACCEL Program ORCID: 0000-0001-8611-994X

**Date: May 2025** 

#### **Work Contact Info:**

University of Delaware Department of Physical Therapy 540 S. College Ave, STAR Campus Newark, DE 19713

Phone: (302) 831-2690 Email: ghicks@udel.edu

#### **Education**

Institution	Degree	Years	Field of Study		
University of Delaware,	BA	1988-1992	Biological Sciences		
Newark, DE					
University of Delaware,	BA	1992-1993	English (Business/Technical Writing)		
Newark, DE					
University of Delaware,	MPT	1993-1995	Physical Therapy		
Newark, DE					
University of Pittsburgh,	PhD	1998-2002	Rehabilitation Science		
Pittsburgh, PA			Advisor: Anthony Delitto, PT, PhD,		
			FAPTA		

# **Post Graduate Education and Training**

2002-2004

Post-Doctoral Fellowship in Epidemiology of Aging, National Institute on Aging—National Institutes of Health, Longitudinal Studies Section, Clinical Research Branch, Baltimore, MD, Mentors: Luigi Ferrucci MD, PhD and Eleanor Simonsick, PhD

**Licensure:** Delaware Physical Therapist #J1 0000993

#### Work Experience

1995-1997	Staff Physical Therapist, Schweizer's Therapy and Rehabilitation, New Castle, DE
1996-1998	Clinical Instructor and Teaching Assistant, Department of Physical Therapy, University of Delaware, Newark, DE
1997-1998	Clinic Director and Physical Therapist, Schweizer's Therapy and Rehabilitation at Wilmington Hospital, Wilmington, DE
1998-2000	Research Associate and Trial Coordinator: "Clinical Research Center for Work-Related Low Back Injuries—A Randomized Trial," Department of Physical Therapy, University of Pittsburgh, Pittsburgh, PA

1998-2002	Adjunct Clinical Faculty, Department of Physical Therapy, University of Pittsburgh, Pittsburgh, PA
2000-2002	Research Associate: "A Randomized Clinical Trial of Treatments for Lumbar Spinal Stenosis," Department of Physical Therapy, University of Pittsburgh, Pittsburgh, PA
2001-2002	Study Coordinator: "Performance Based Measures of Unilateral Knee Osteoarthritis," Department of Physical Therapy, University of Pittsburgh, Pittsburgh, PA
2002-2004	Intramural Research Training Award Post-Doctoral Fellow, National Institute on Aging—National Institutes of Health, Gerontology Research Center, Clinical Research Branch, Baltimore, MD
2004-2006	Assistant Professor, Department of Physical Therapy and Rehabilitation Science, University of Maryland School of Medicine, Baltimore, MD
2004-2006	Assistant Professor, Department of Epidemiology and Preventive Medicine, University of Maryland School of Medicine, Baltimore, MD
2007-2012	Assistant Professor, Department of Physical Therapy, University of Delaware, Newark, DE
2007-Present	Adjunct Faculty, Department of Epidemiology and Public Health, University of Maryland School of Medicine, Baltimore, MD
2012-2017	Associate Professor (with Tenure), Department of Physical Therapy, University of Delaware, Newark, DE
2014-2019	Chair, Department of Physical Therapy, University of Delaware, Newark, DE
2017-2022	Professor, Department of Physical Therapy, University of Delaware, Newark, DE
2019-2020	Deputy Dean, College of Health Sciences, University of Delaware, Newark, DE
2020-Present	Associate Vice President for Clinical & Translational Research, University of Delaware, Newark, DE
2020-Present	PI & Director, Delaware Clinical and Translational Research ACCEL Program
2022-Present	Distinguished Professor of Health Sciences, Department of Physical Therapy, University of Delaware, Newark, DE

**Professional Memberships**1998-Present Member, American Physical Therapy Association

1998-Present Member, Orthopedic Section, American Physical Therapy Association

2001-Present Member, Research and Geriatric Sections, American Physical Therapy Association

2003-Present Member, Gerontological Society of America

2023-Present Member, International Association for the Study of Pain

# **Honors and Awards**

1992	Induction into Mortar Board National Honor Society, University of Delaware
1993-1995	Presidential Fellowship Award, University of Delaware
2002-2004	Intramural Research Training Award, Post-Doctoral Fellowship, National Institute on Aging—National Institutes of Health
2004	Health Science Research Award, Gerontological Society of America. Paper: Trunk Muscle Composition as a Predictor of Physical Function in the Health ABC Study: The Moderating Role of Back Pain.
2006	First Place: Junior Faculty: Bio-Medical/Basic Science Category: University of Maryland Aging Research and Women's Health Research Poster Day: Low 25 (OH) D concentrations are associated with significant pain in older women, but not men: Findings from the InCHIANTI study
2007	Honorary Membership, Israeli Physical Therapy Society
2009	Invited Member of the Spinal Disorders and Back Pain Expert Panel for the Global Bone and Joint Decade Network Conference, Washington DC, October 2009 (APTA Representative)
2013	University of Delaware College of Health Sciences Excellence in Research Award
2016	Ellen C. Ross Memorial Lectureship, Rutgers University– School of Health Related Professions, Doctoral Program in Physical Therapy
2018	University of Delaware College of Health Sciences Inaugural Diversity Advocate Award
2018	Elected Catherine Worthingham Fellow in recognition of lasting and significant advances in science, education, and practice of the profession of Physical Therapy, American Physical Therapy Association
2019	Endowed Scully Scholar Lectureship, University of Pittsburgh—School of Health and Rehabilitation Sciences
2020	Inaugural Lynda D. Woodruff Lectureship on Diversity, Equity and Inclusion in Physical Therapy, Physical Therapy Leadership Institute

2021	Excellence in Rehabilitation of Aging Persons Award, Gerontological Society of America
2021	Elected as Fellow of the Gerontological Society of America
2022	John P. Maley Award from the Academy of Physical Therapy Research— In recognition of outstanding leadership in research, APTA
2023	Axe Family Distinguished Honors Alumni Lecturer Award, University of Delaware Honors College
2023	Lucy Blair Service Award, American Physical Therapy Association
2024	Steven J. Rose Excellence in Research Award, Academy of Orthopaedic Physical Therapy, APTA
2025	Marian Willams Award for Research in Physical Therapy, APTA
Administrati	
<u>National Serv</u> 2003-2004	ree FELCOM Laboratory Representative, Clinical Research Branch, National Institute on Aging—National Institutes of Health
2003-Present	t Abstract Reviewer, Combined Sections Meeting of the American Physical Therapy Association
2004-2015	Abstract Reviewer, Annual Scientific Meeting for the Gerontological Society of America
2005-2009	Member, Orthopedic Section Research Committee, American Physical Therapy Association
2005-2007	Co-Convener, Epidemiology of Aging Interest Group Symposium, Gerontological Society of America
2005-2010	Moderator, Orthopaedic Research Platform Sessions, Combined Sections Meeting of the American Physical Therapy Association
2010-Present	Member, Academy of Geriatric Physical Therapy Research Committee, American Physical Therapy Association
2019-2020	Director, Board of Directors for the American Physical Therapy Association
2019-2023	Member, Scientific and Practice Affairs Committee, American Physical Therapy Association
2020-2022	Member, CAPTE Diversity, Equity and Inclusion Task Force
2023	Member, Search Committee for PTJ's next Editor in Chief

<u>University Set</u> 2008	<u>vice</u> Clinical Staff Search Committee, University of Delaware Physical Therapy Clinic, Newark, DE
2008-2009	College of Arts and Sciences Faculty Senate, University of Delaware, Newark, DE
2009-2012	College of Health Sciences Governance Committee, University of Delaware, Newark, DE
2009-Present	Chair, Diversity Committee, Department of Physical Therapy, University of Delaware, Newark, DE
2009	Faculty Search Committee, Department of Physical Therapy, University of Delaware, Newark, DE
2010	Search Committee for the Director of the Entry Level Doctor of Physical Therapy Program, Department of Physical Therapy, University of Delaware, Newark, DE
2010-11	Search Committee for Faculty Epidemiologist, College of Health Sciences, Department of Behavioral Health and Nutrition, University of Delaware, Newark, DE
2010-11	Search Committee for Unidel Chair of Health Sciences, College of Health Sciences, University of Delaware, Newark, DE
2010-Present	Admissions Committee, Department of Physical Therapy, University of Delaware, Newark, DE
2011-2012	Faculty Search Committee, College of Health Sciences, Department of Kinesiology and Applied Physiology, University of Delaware, Newark, DE
2011-2012	Faculty Search Committee, College of Health Sciences, Department of Physical Therapy, University of Delaware, Newark, DE
2011-2012	Search Committee for Director of Development, College of Health Sciences, University of Delaware, Newark, DE
2012-2015	College of Health Sciences Committee on Promotion and Tenure, University of Delaware, Newark, DE
2012-Present	Director, Advancing Diversity in Physical Therapy (ADaPT) Program, Department of Physical Therapy, University of Delaware, Newark, DE
2013	Search Committee for Associate Director of the Entry Level Doctor of Physical Therapy Program, College of Health Sciences, University of Delaware, Newark, DE

2013	Faculty Search Committee, College of Health Sciences, Department of Kinesiology and Applied Physiology, Athletic Training, University of Delaware, Newark, DE
2013	Search Committee for Biostatistician, College of Health Sciences, University of Delaware, Newark, DE
2013-2016	College of Health Sciences Diversity Committee, University of Delaware, Newark, DE
2014	Faculty Search Committee, Department of Physical Therapy, University of Delaware, Newark, DE
2014	Clinic Search Committee, Department of Physical Therapy, University of Delaware, Newark, DE
2015-Present	UD Research Council, University of Delaware, Newark, DE
2015-Present	UD ADVANCE-NSF Internal Advisory Board, University of Delaware, Newark, DE
2015	Delaware Will Shine Strategic Planning Implementation Committee, University of Delaware, Newark, DE
2016	Chair, Search Committee for Department Chair, Department of Kinesiology and Applied Physiology, College of Health Sciences, University of Delaware, Newark, DE
2017	Appointed Member, Provost's Committee on NC State Bill #2, University of Delaware, Newark, DE
2017-2025	Board Member, UD African Heritage Caucus
2018	Working Group for the Development of a UD Graduate College
2019	Member, Search Committee for Senior Associate Dean of Nursing, School of Nursing, College of Health Sciences, University of Delaware, Newark, DE
2019-2022	Steering Committee Member, Middle States Commission on Higher Education Self-Study Steering Committee, University of Delaware
2020	Taskforce for Learning Goals & Assessment, University of Delaware
2021-2025	Co-Chair, UD African Heritage Caucus
2023-2025	Member, Provost's Advisory Council on the Cochrane Scholar's Program
2023-2025	Faculty Search Committee, Department of Physical Therapy, University of Delaware, Newark, DE

#### Manuscript Reviewer

2004-Present Archives of Physical Medicine and Rehabilitation

2004-Present Journal of Gerontology: Medical Sciences

2005-Present Geriatric Nursing

2006-Present Pain

2006-Present Physical Therapy

2007-Present Pain Medicine

2007-Present Arthritis Care and Research

# Editorial Board Membership

2005-2016 Journal of Gerontology, Medical Sciences 2009-Present Pain Medicine—Pain and Aging Section

2016-2019 Physical Therapy Journal

2017-Present Associate Editor, *Journal of Gerontology, Medical Sciences* 2024-Present Associate Editor, *Physical Therapy & Rehabilitation Journal* 

Appointments 2008	s, Study Sections, Advisory Boards and Data Safety Monitoring Boards University of Pittsburgh Claude Pepper Older American's Independence Center Grant Reviewer
2009	NIH-NIAMS Special Emphasis Panel, April 2009
2010	Ad Hoc Reviewer, Neurological, Aging, Musculoskeletal Epidemiology NIH Study Section, February 2010
2011	Member Conflict Special Emphasis Panel, ZRG1 PSE-M (03), May 2011
2011-2016	Data Safety & Monitoring Board, Optimizing Care for Older Adults with Low Back Pain and Depression (NIA 5R01AG033575-02, PI: JF Karp)
2011	Ad Hoc Reviewer, Musculoskeletal Rehabilitation Science NIH Study Section, 10/14/2011
2012-2013	Member, Scientific Review Committee for the Foundation for Physical Therapy
2012	Ad Hoc Reviewer, Neurological, Aging, Musculoskeletal Epidemiology NIH Study Section, 10/11/2012
2013	Ad Hoc Reviewer, Musculoskeletal Rehabilitation Science NIH Study Section, 6/2013
2013	Mail Reviewer, Musculoskeletal Rehabilitation Science NIH Study Section and Aging and Geriatric Systems Study Section, Fall 2013
2013-2019	Data Safety & Monitoring Board, Fibromyalgia Activity Study with TENS (NIAMS UM1 AR063381, PI: K Sluka)

2013-2023	Executive Committee, Comprehensive Opportunities in Rehabilitation Research Training (CORRT) Multicenter Career Development Program for Physical and Occupational Therapy
2014	Chair, Scientific Review Committee, Foundation for Physical Therapy
2015	Ad Hoc Reviewer, Musculoskeletal Rehabilitation Science NIH Study Section, 6/2015
2015-2019	Advisory Committee Member, National Advisory Board on Medical Rehabilitation Research, NIH
2016-2017	Invited Member, Federal Pain Research Strategy Working Group on Prevention of Acute and Chronic Pain, NIH and Interagency Pain Research Coordinating Committee
2016-Present	External Advisory Board, University of Pittsburgh Epidemiology of Aging Training Grant (T32 AG000181)
2017-2018	Chair, National Advisory Board on Medical Rehabilitation Research, NIH
2018	Ad Hoc Reviewer, Neurological, Aging, Musculoskeletal Epidemiology NIH Study Section, 06/2018
2019-2023	Chartered Member, Neurological, Aging, Musculoskeletal Epidemiology NIH Study Section & Aging, Injury, Musculoskeletal and Rheumatologic Disorders Study Section, Center for Scientific Review
2020	Co-Chair for the Emotion Behavior Neuropsychology Subgroup, NINDS/NICHD Common Data Elements (CDEs) Working Group for the Rehabilitation CDE Project
2021	Distinguished Guest Discussant, Performance Improvement Presentations for Graduating DPT Class of 2021, University of Pittsburgh
2021-Present	Chair, External Advisory Committee, Center for Pacific Innovations, Knowledge, and Opportunities (PIKO) [Hawaii CTR: NIH U54GM138062]
2022-Present	Executive Committee, Training in Grantsmanship for Rehabilitation Research [TIGRR: NIH R25HD074546]
2023-2024	Member, NIAMS Clinical Trials Working Group
2023	Ad Hoc Reviewer, NICHD T32 Special Emphasis Panel (ZHD1 DSR-R), 11/2023
2023-Present	External Advisory Committee, Delaware State University's Interdisciplinary Health Equity Research (NIMHD, RCMI Award)
2024	Editorial Board Reviewer, NIH Director's Early Independence Award (DP5) Program, March 2024

# 2024-Present Advisory Board, Rehabilitation Medicine Scientist Training Program [RMTSP: NIH R25HD098048]

2025 Ad Hoc Reviewer, NIGMS CTR-D/CTR-N Special Emphasis Panel, 3/2025

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(Complete) J. Megan Sions
 (Complete) Victoria Allen
 (Complete) Peter Coyle
 (Complete) Patrick Knox
 (Current) Felix Marechal
 PhD Biomechanics & Movement Sciences, University of Delaware
 PhD Biomechanics & Movement Sciences, University of Delaware

Committee

(Complete) Hayley Smitheman PhD Biomechanics & Movement Sciences, University of Delaware

Advisor: Karin Silbernagel

(Complete) Allison Miller PhD Biomechanics & Movement Sciences, University of Delaware

Advisor: Darcy Reisman

(Complete) Emma Beisheim PhD Biomechanics & Movement Sciences, University of Delaware

Advisor: J. Megan Sions

(Complete) Jessica Galgiani PhD Biomechanics & Movement Sciences, University of Delaware

Advisor: Susanne Morton

(Complete) Dana Matthews PhD Biomechanics & Movement Sciences, University of Delaware

Advisor: Daniel White

(Complete) Hiral Master PhD Biomechanics & Movement Sciences, University of Delaware

Advisor: Daniel White

(Complete) Marissa Scibilia PhD Nursing Science, University of Delaware

Advisor: Ingrid Pretzer-Aboff

(Complete) Catherine Schmidt PhD Rehabilitation Sciences, MGH Institute of Health Professions

Advisor: Jonathan Bean

(Complete) Won Sung PhD Rehabilitation Sciences, Drexel University

Advisor: Sheri Silfies

(Complete) Portia Flowers PhD Biomechanics & Movement Sciences, University of Delaware

Advisor: Joseph Zeni and Lynn Snyder-Mackler

(Complete) Sumayeh Abujaber PhD Biomechanics & Movement Sciences, University of Delaware

Advisor: Joseph Zeni and Lynn Snyder-Mackler

(Complete) Scott Biely PhD Rehabilitation Sciences, Drexel University

Advisor: Sheri Silfies

(Complete) Valerie Sabol PhD Nursing, University of Maryland, Baltimore

Advisior: Barbara Resnick

(Complete) Chris D'Adamo PhD Epidemiology, University of Maryland, Baltimore

Advisors: Michelle Shardell and Ram Miller

(Complete) Stephanie DiStasi PhD Biomechanics & Movement Sciences, University of Delaware

Advisor: Lynn Snyder-Mackler

(Complete) David Logerstedt PhD Biomechanics & Movement Sciences, University of Delaware

Advisor: Lynn Snyder-Mackler

(Complete) Margie Roos PhD Biomechanics & Movement Sciences, University of Delaware

Advisor: Katherine Rudolph

(Complete) Andrew Lynch PhD Biomechanics & Movement Sciences, University of Delaware

Advisor: Lynn Snyder-Mackler

(Complete) Peemongkon Wattananon PhD Rehabilitation Sciences, Drexel University

Advisor: Sheri Silfies

### Mentor

J. Megan Sions Post-Doctoral Fellow

Gali Dar Post-Doctoral Fellow Joseph Zeni NIH K-12 Scholar Daniel White NIH K-12 Scholar

Corey Simon **Duke Pepper Center Scholar** 

# **Grant Support**

Ongoing Research

U54GM104941C (Hicks) 9/25/2013 - 6/30/2028 4.10 acad, 1.00 summer

NIH/NIGMS Direct—\$20,000,000 Delaware Clinical and Translational Research ACCEL Program

The overall goal of the ACCEL Program remains to provide the key components to allow growth in strategic areas to improve the health of the citizens of Delaware and the nation Role: PI

0.70 academic T32HD007490E (Reisman) 5/1/2020 - 4/30/2025

\$203.448

NIH RENEWAL PT/PHD PREDOCTORAL TRAINING PROGRAM

The goal of this pre-doctoral training program is to continue to improve the quality and quantity of individuals who will contribute to the knowledge and evidence that drives best practice in physical rehabilitation.

Role: Co-Investigator

R01AG071585 (Morton) 2/1/2022 - 1/31/2027 1.2 academic

Direct—\$504,778 NIH/NIA

Pain and Motor Learning in Older Adults

The purpose of this project will be to thoroughly examine the effects of pain on motor learning processes in young and older adults with and without chronic pain.

Role: Co-I

R25HD109110 (Hicks/Skidmore) 0.60 academic 9/1/2022 – 8/31//2027

NIH/NICHD Direct—\$341.743

Turning the TiDe: Training Diverse Clinical Scientists in Rehabilitation Research The overall goal is to build a pipeline of diverse rehabilitation scientists who will improve our

capacity to address issues of health inequity in rehabilitation care.

Role: MPI

R25HD1103555 (Field-Fote/Hicks) 4/2023 - 3/2028 0.60 academic

NIH/NICHD Direct—\$372,125

Intensive Rehabilitation Research Grant Writing Workshops in the United States (TIGRR) The goal of the proposed program is to develop a cadre of well-trained, rehabilitation researchers whose expertise will foster better rehabilitation research. Importantly, we will work to increase the representation of women, persons with disability, and underserved minorities. We will utilize a yearlong research education experience that includes an intensive grant writing program that uses TIGRR workshops as the centerpiece.

Role: Executive Committee

# **Pending**

Completed

R01AG041202 (Hicks) 9/1/2018 - 5/31/2023 (NCE thru 5/2025) 3.78 academic

NIH/NIA Direct—\$4,303,347

Chronic Low Back Pain in Older Adults: The Role of Co-Existing Hip Impairments
The long-term goal of this line of research is to develop and test a standardized
rehabilitation approach for older adults with chronic LBP that is specifically designed to
optimize mobility function by addressing pain and the unique impairments identified during
the initial funding period of this grant

Role: PI

5K12HD055931-14 (Mueller) 9/1/2020 - 12/31/2023 1.00 academic

UW/NIH Sub-Contract—\$31,000

Multicenter Career Development Program for Physical & Occupational Therapy
Comprehensive Opportunities in Rehabilitation Research Training (CORRT) is a Multicenter
Career Development Program for Physical and Occupational Therapists. It provides funding
for new investigators to acquire the research skills necessary to become independent
investigators in rehabilitation approaches.

Role: Site PI

R01NR018684-01 (Tulsky) 7/22/2020 - 6/30/2021 0.60 academic NIH \$249.199

Measuring Symptom Clusters in People with Sudden-Onset Disabilities (Supplement) The work proposed with this administrative supplement is needed to evaluate the generalizability of the symptom clusters identified in parent grant Aim 1 to a mild cognitive impairment (MCI)/Alzheimer's disease (AD) population. Additionally, this will allow us to develop resources and collect pilot data to support an application for funding to study symptom clusters in MCI and AD.

Role: Co-Investigator

R03 HD088668 (J.M. Sions) 04/01/2017-03/31/2019 0.60 calendar (5%) NICHD \$100,000 – Direct \$156,000 - Total Cost

Trunk Muscle Characteristics and their Association with Balance, Function, and Participation among Individuals with Amputations

This study will allow us to determine whether trunk muscle impairments and asymmetries are associated with the presence of a unilateral lower limb amputation (LLA), as well as balance, physical function, and societal participation among individuals with LLAs.

Role on Project: Co-Investigator

1R01AG048069-01 (J. Guralnik) 9/30/15—4/30/19 1.2 calendar (10%) NIA \$974,160 – Direct \$1,427,012 - Total Cost

Statistical Methods for Vitamin D Targets for Functional Outcomes in Older Adults The purpose of this project is to identify and validate 25-hydroxyvitamin D targets for falls reduction, mobility, activities of daily living, and instrumental activities of daily living (functional outcomes); and gait speed, muscle strength, and frailty (proximal conditions) using 4 prospective cohort studies comprising >12,500 older adults: Health, Aging, and Body Composition, Invecchiare in Chianti, Osteoporotic Fractures in Men, and Study of

Osteoporotic Fractures.

Role on Project: Co-Investigator

1R01AG041202 (G. Hicks) 8/01/12—6/31/18 3.6 calendar (30%)

NIA \$1,600,065 – Direct \$2,338,160 - Total Cost

Chronic Low Back Pain in Older Adults: The Role of Co-Existing Hip Impairments The purpose of this project is to examine the impact of co-existing clinical hip impairments on spinal pain and functional limitations in older adults with chronic low back pain using a longitudinal cohort design.

Role on Project: Principal Investigator

4R37 AG009901-05 (J. Magaziner) 8/1/11 - 6/30/16 0.60 calendar (5%)

NIA \$4,781,737 – Direct \$7,205,844 - Total Cost

Effects of Multi-Modal Exercise Intervention Post Hip Fracture

The primary goals proposed for this study are: (1) to study some of the key mechanisms on the pathway to changes in community ambulation in response to a Multi-modal Exercise Intervention (MMEI); and (2) test, in a preliminary manner through a pilot/feasibility study of a different sample of patients, the additional benefit of adding a protein supplement following MMEI sessions to determine if there are important changes in bone, muscle, inflammation, and function.

Role on Project: Co-Investigator

2R01 AR048212-06 (L. Snyder-Mackler) 12/01/10—11/30/15 0.60 calendar (5%) NIAMS

Can Neuromuscular Training Alter Movement Patterns?

The goal of this application is to continue to examine outcomes of specialized neuromuscular and muscle strength training that may prevent post-traumatic osteoarthritis (OA), to obtain preliminary information about who has the potential to develop early signs of OA, and develop strategies to prevent structural changes in the joints of these individuals. Role on Project: Co-Investigator

No number (G. Hicks) 2012-2013 Academic Year

University of Delaware, President's Diversity Initiative Award. \$40,000 Development of the ADaPT Program (Advancing Diversity in Physical Therapy). A jointly sponsored program between the Departments of Physical Therapy and Kinesiology & Applied Physiology to develop a mentoring program, undergraduate research program and a new bridge course in anatomy as a means of attracting a more diverse group of students into the College of Health Sciences and the nationally ranked doctoral program in PT. Role on Project: Principal Investigator

No number (G. Hicks) 11/08—12/12

University of Delaware.

Cross College Cluster in Aging Initiative Research on Aging Grant. \$20,000 Funding to supplement ongoing project "Mechanisms of Disability in Older Adults with Chronic Low Back Pain."

Role on Project: Principal Investigator

No number (G. Hicks) 12/01/10—09/30/12

University of Delaware Research Foundation, Inc. \$45,000

The Effectiveness of Hip-Focused Treatment for Older Adults with Chronic Low Back Pain The purpose of this project is to examine the effectiveness of typical spine-focused physical therapy augmented by manual therapy and exercise focused on the hip, to reduce pain and

improve functional capacity of older adults with chronic low back pain. This work will serve to collect pilot data for future randomized trials on this topic

Role: Principal Investigator

1 R21 HD057274-01 (G. Hicks) 07/01/08—1/31/12 1.8 calendar (15%) NICHD \$420.750

Trunk Muscle Training + NMES: Improving Function in Elders with Chronic Back Pain The purpose of this project is to examine the effectiveness of trunk muscle training, both volitionally and augmented by neuromuscular electrical stimulation, to reduce pain and improve functional capacity of older adults with chronic low back pain. This study also proposes to examine changes in trunk muscle composition with this intervention via MRI. Role on Project: Principal Investigator

R01 AG029315 (J. Magaziner/M. Hochberg) 03/01/07—02/29/12 0.60 calendar (5%)

NIA \$531,495

The Epidemiology of Bone Strength and Muscle Composition After Hip Fracture in Men This ancillary study is designed to extend the investigation of the hip fracture consequences further by examining trajectories of change in bone strength, bone metabolism, muscle composition, hormones, and markers of inflammation following hip fracture, and by comparing these changes in men and women during the year following a hip fracture. Role: Co-Investigator and Rehabilitation Scientist

P20 RR16458 (T. Buchanan) 01/05/09—5/31/10

NCRR \$50,000

Functional Recovery after Lumbar Spinal Stenosis Surgery: A Preliminary Study The pilot project is funded by the Center of Biomedical Research Excellence at the University of Delaware The purpose of the project is to examine the role of muscle impairments in the recovery of function after surgery for lumbar spinal stenosis.

Role on Project: Principal Investigator

R37 AG009901 (J. Magaziner/M. Hochberg) 03/15/05—02/28/10 0.60 calendar (5%)

NIA \$679.691

Sequelae of Hip Fracture in Men: An Epidemiologic Study

The primary aims of the proposed study are: 1) to describe the trajectories of components of bone strength, including bone mineral density, ultrasound properties, and bone geometry in men with hip fractures during the year after fracture and contrast this with these components in women with hip fractures; 2) to describe the trajectories of other aspects of non-bone components of body composition, including muscle and fat mass in men during the year after hip fracture and to contrast these with observations in women; 3) to describe the trajectories of physical activity, neuromuscular function, and functional performance in men and to compare these to trajectories observed in women during the year after fracture. Role: Co-Investigator and Rehabilitation Scientist

1K12HD055931-01 (M. Mueller) 01/01/08—12/31/09 9.0 calendar (75%) NICHD

Multicenter Career Development Program for Physical and Occupational Therapy (Comprehensive Opportunities in Rehabilitation Research Training-CORRT)
The overall goal of this proposal is to establish a Multicenter Physical Therapy and Occupational Therapy Career Development Program (PT/OT CDP) designed to provide new investigators with the skills needed to lead research programs that validate

rehabilitation approaches, optimize treatments, and incorporate new technologies to maximize the potential of all people.

Role: Faculty Scholar

No number (G. Hicks) 06/01/07—05/31/08 1.0 calendar University of Delaware Research Foundation, Inc. \$25.000

Trunk Muscle Training to Improve Function in Older Adults with Chronic Low Back Pain: A Pilot Trial

The purpose of this project is to examine the effectiveness of trunk muscle training augmented by neuromuscular electrical stimulation, to reduce pain and improve functional capacity of older adults with chronic low back pain. This work will serve to collect pilot data for future randomized trials on this topic

Role: Principal Investigator

K12 HD42489 (P. Langenberg)

07/01/05—01/31/07 9.0 calendar

75%

**NICHD** 

Maryland's Organized Research Effort in Women's Health (MORE-WH)

(Building Interdisciplinary Research Careers in Women's Health)

This program is designed to foster interdisciplinary research in women's health among junior faculty scholars working together with senior faculty mentors to bridge the gap between specialized training and independent research careers.

Role: Faculty Scholar

No number (G. Hicks)

07/01/05—06/30/06

UMB School of Medicine

\$15.000

Antioxidants and Functional Performance in Hip Fracture Patients

The purpose of this project is to measure serum levels of antioxidants in stored serum samples collected from patients in one of the Baltimore Hip Studies cohorts at the baseline clinic visit to evaluate their predictive value for functional capacity in older persons at six and twelve months post-hip fracture.

Role: PI

### **Publications**

#### Refereed Journals:

- 1. Fritz JM, Wainner RS, Hicks GE. The Use of Non-Organic Signs and Symptoms as a Screening Tool for the Development of Chronicity in Patients with Acute Low Back Pain. Spine 25(15):1925-31, 2000
- 2. George SZ, Hicks GE, Vogt MT, Nevitt MA, Cauley JA. The Relationship Between Lumbar Lordosis and Radiological Variables and Lumbar Lordosis and Clinical Variables in Older, African-American Women. Journal of Spinal Disorders and Techniques 16(2):200-6, Apr 2003
- 3. Childs JD, Piva SR, Erhard RE, Hicks G. Side-to-side weight-bearing asymmetry in patients with low back pain. Manual Therapy 8(3):166-9, Aug 2003.
- 4. Piva SR, Erhard RE, Childs JD, Hicks G. Reliability of measuring iliac crest height in standing and in sitting positions using a new measurement device. Journal of Manipulative and Physiologic Therapeutics 26(7):437-41, Sept 2003

- 5. <u>Hicks GE</u>, Fritz JM, Delitto A, Mishock J. Interrater Reliability of Clinical Examination Measures for Identification of Lumbar Segmental Instability. *Archives of Physical Medicine and Rehabilitation* 84:1858-64, Dec 2003
- Hicks GE, Simonsick EM, Harris TB, Newman AB, Weiner D, Nevitt M, Tylavsky F. Cross-sectional Associations Between Trunk Muscle Composition, Back Pain and Physical Function in the Health ABC Study. J Gerontol A Biol Sci Med Sci. 2005 Jun; 60(7):882-7
- 7. <u>Hicks GE</u>, Fritz JM, Delitto A, McGill SM. Preliminary Development of a Clinical Prediction Rule for Determining Which Patients with Low Back Pain will Respond to a Stabilization Exercise Program. *Archives of Physical Medicine and Rehabilitation*. 2005 Sep; 86(9):1753-62.
- 8. <u>Hicks GE</u>, Simonsick EM, Harris TB, Newman AB, Weiner D, Nevitt M, Tylavsky F. Trunk Muscle Composition as a Predictor of Physical Function in the Health ABC Study: The Moderating Role of Back Pain. *J Gerontol A Biol Sci Med Sci.*. 60(11):1420-4, November 2005
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#### Non-Refereed Journals:

Fritz JM, <u>Hicks GE</u>, Mishock J. The Role of Muscle Strength in Low Back Pain. *Orthopaedic Physical Therapy Clinics of North America* 2000; 9(4):529-548.

# Book Chapter:

Fritz JM, <u>Hicks GE</u>. Exercise Protocols for Low Back Pain. In: Liemohn W, editor. *Exercise Prescription and the Back*. New York: McGraw-Hill, 2001: 167-182.

<u>Hicks GE</u>, Miller RR. Physiological Resilience. In: Resnick B, Roberta K, and Gwyther L, editors. *The Handbook of Resilience in Aging: The Key to Successful Aging*. New York: Springer Publishing, 2010

#### Abstracted Scientific Presentations:

- 1. <u>Hicks GE</u>, Fritz JM, Mishock J. The Reliability of Clinical Examination Measures Used for Patients with Suspected Lumbar Segmental Instability. Combined Sections Meeting of the American Physical Therapy Association, February 2000.
- Piva SR, Erhard RE, Childs JD, <u>Hicks GE</u>. Reliability of measuring iliac crest height in standing and in sitting positions using a new measurement device. Fourth Interdisciplinary World Congress on Low Back and Pelvic Pain, Montreal Canada, November 2001.
- 3. <u>Hicks GE</u>, George SZ, Vogt MT, Nevitt MA, Cauley JA. Measurement of Lumbar Lordosis: Inter-Rater Reliability and Longitudinal Variation. Annual Meeting of the International Society for the Study of the Lumbar Spine, Cleveland, OH, 2002.
- 4. George SZ, <u>Hicks GE</u>, Vogt MT, Nevitt MA, Cauley JA. The Relationship Between Lumbar Lordosis and Radiological Variables and Lumbar Lordosis and Clinical Variables in Older, African-American Women. Annual Meeting of the International Society for the Study of the Lumbar Spine, Cleveland, OH, 2002.

- 5. VanSwearingen J, Brach JS, <u>Hicks GE</u>. Relation of Pathology, Impairment, and Disability in Women with Osteoarthritis of the Knee. Physical Therapy 2003: Annual Conference and Exposition of the American Physical Therapy Association.
- VanSwearingen J, Brach JS, <u>Hicks GE</u>. Reliability of Performance-Based Measures of Impairment and Disability in Women with Osteoarthritis of the Knee. Physical Therapy 2003: Annual Conference and Exposition of the American Physical Therapy Association.
- Hicks GE, Simonsick EM, Harris TB, Newman AB, Weiner D, Nevitt M, Tylavsky F. Cross-sectional Associations Between Trunk Muscle Composition, Back Pain and Physical Function in the Health ABC Study. 56<sup>th</sup> Annual Scientific Meeting for the Gerontological Society of America, November 2003.
- 8. <u>Hicks GE</u>, Fritz JM, Delitto A, McGill SM. Preliminary Clinical Prediction Rule for Determining Response to a Lumbar Stabilization Program. Combined Sections Meeting of the American Physical Therapy Association, February 2004.
- 9. <u>Hicks GE</u>, Simonsick EM, Harris TB, Newman AB, Weiner D, Nevitt M, Tylavsky F. Trunk Muscle Composition as a Predictor of Physical Function in the Health ABC Study: The Moderating Role of Back Pain. 57<sup>th</sup> Annual Scientific Meeting for the Gerontological Society of America, November 2004.
- Miller RR, Cappola AR, Shardell M, <u>Hicks GE</u>, Hawkes W, Hebel JR, Yu-Yahiro J, Magaziner J. Inflammation And Muscle Strength In The Year Following Hip Fracture: The Baltimore Hip Studies. Presented at the Gerontological Society of America Annual Meeting, Dallas, TX, November, 2006.
- 11. <u>Hicks GE</u>, Shardell MD, Miller RR, Bandinelli S, Guralnik JM, Cherubini A, Lauretani F, Ferrucci L. Low 25 (OH) D concentrations are associated with significant back pain in older women, not men: The InCHIANTI study. Presented at the American Geriatrics Society Annual Meeting, Seattle, WA, May 2007.
- 12. Miller RR, <u>Hicks GE</u>, Shardell MD, Orwig D, Hawkes WG, Yu-Yahiro JA, Magaziner J. Effect of Home-Based Exercise on Markers of Inflammation in the Year Post Hip Fracture. Presented at the Gerontological Society of America Annual Meeting, San Francisco, CA, November 2007.
- Hicks GE, Shardell MD, Miller RR, Newman AB, Spencer M, Satterfield S, Nevitt M, Simonsick EM. Are There Racial Differences in Musculoskeletal Pain in Older Adults? Findings from the Health, Aging and Body Composition Study. Presented at the Gerontological Society of America Annual Meeting, San Francisco, CA, November 2007.
- 14. <u>Hicks GE</u>, Gaines JM, Simonsick EM. Impact of Low Back Pain on Health-Related Quality of Life in Continuing Care Retirement Communities. Presented at the Gerontological Society of America Annual Meeting, San Francisco, CA, November 2007.
- 15. <u>Hicks GE</u>, Shardell M, D'Adamo C, Magaziner J, Orwig D, Miller R. Association of Serum Carotenoid Levels with Recovery of Physical Function after Hip Fracture: The

- Baltimore Hip Studies. Gerontological Society of America; National Harbor, Maryland. November 2008.
- Andersen D, Miller R, Shardell M, <u>Hicks GE</u>, Magaziner J, Orwig D. Association of Pre-Fracture Frailty with Inflammatory Response Following Hip Fracture. Gerontological Society of America; National Harbor, Maryland. November 2008
- 17. D'Adamo C, Shardell M, Miller R, Orwig D, Magaziner J, <u>Hicks GE</u>. Associations between Serum Antioxidants and Inflammatory Markers in Older Adults after Hip Fracture. Gerontological Society of America; National Harbor, Maryland. November 2008
- 18. Matheny M, Shardell M, <u>Hicks GE</u>, Miller R, Magaziner J, Orwig D. Association between Inflammatory Markers and Depressive Symptoms in Older Adults after Hip Fracture. Gerontological Society of America; National Harbor, Maryland. November 2008
- Chan J, Miller R, Shardell M, <u>Hicks GE</u>, Magaziner J, Orwig D. The Effect of Inflammatory Markers on Bone Mineral Density Following Hip Fracture. Gerontological Society of America; National Harbor, Maryland. November 2008
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- 25. Shardell M, Alley DE, Miller RR, <u>Hicks GE</u>. Joint effects of physical activity and vitamin D on longevity: NHANES III. Gerontologist, 50:439, 2010 Oct.
- Miller RR, Shardell M, Alley DE, <u>Hicks GE</u>, Anderson D, Orwig D, Yu-Yahiro J, Magaziner J. Pre-fracture physical activity and post-fracture inflammation: The Baltimore Hip Studies. Gerontologist, 50:439, 2010 Oct

- 27. <u>Hicks GE</u>, Shardell M, Alley DE, Miller RR, D'Adamo C, Magaziner J. Association of serum carotenoid levels with recovery of physical activity after hip fracture: The Baltimore Hip Studies. Gerontologist, 50:439, 2010 Oct.
- 28. <u>Hicks GE</u>, Sions JM, Velasco T. Spatiotemporal parameters of gait in older adults with and without chronic low back pain. Transactions Vol. 36, Long Beach, CA, 2011 Annual Meeting of the Orthopaedic Research Society.
- 29. Sions JM, Velasco T, <u>Hicks GE</u>. Rehabilitative ultrasound imaging of the posterior trunk muscles in older adults with and without chronic low back pain: an investigation of measurement and procedural reliability. Transactions Vol. 36, Long Beach, CA, 2011 Annual Meeting of the Orthopaedic Research Society.
- 30. <u>Hicks GE</u>, Sions JM. Chronic Low Back Pain and Performance-Based Function in Older Adults: A Case-Control Study. J Orthop Sports Phys Ther 2011;41(1): A29
- 31. Sions JM, <u>Hicks GE</u>. Asymmetry of the Lumbar Multifidi in Older Adults with Chronic Low Back Pain as Compared to Healthy Controls. J Orthop Sports Phys Ther 2011;41(1): A13
- 32. <u>Hicks GE</u>, Sions JM, Velasco T. The Relationship between Hip Impairments and Chronic Low Back Pain in Older Adults: A Preliminary Study. Osteoarthritis and Cartilage Vol. 19 Supplement 1, Page S214, San Diego, CA, 2011 World Congress on Osteoarthritis.
- 33. Sions JM, <u>Hicks GE</u>. Criterion Validity of Rehabilitative Ultrasound Imaging for the Paraspinal Muscles in Older Adults. Presented at the Combined Sections Meeting of the American Physical Therapy Association, February 2012.
- 34. Velasco T, Sions JM, <u>Hicks GE</u>. Hip Manual Therapy for Older Adults with a Primary Complaint of Chronic Low Back Pain and Co-Existing Hip Impairments: A Case Series. Presented at the Combined Sections Meeting of the American Physical Therapy Association, February 2012.
- 35. <u>Hicks GE</u>, Sions JM, Velasco T, Shardell M. Hip Impairments and Function in Older Adults with Chronic Low Back Pain: The Delaware Spine Studies. Gerontological Society of America; San Diego, CA. November 2012.
- 36. Bean JF, Anderson DE, Latham N, Pensheng NI, Leveille SG, <u>Hicks GE</u>, Bouxsein ML, Jette AM. Two clinical measures that may be useful in evaluating trunk muscle composition and physiology among older primary care patients. International Conference on Frailty and Sarcopenia Research; Orlando, FL. December 2012.
- 37. <u>Hicks GE</u>, Manal TJ, Sions JM, Velasco T, Shardell M, Snyder-Mackler L. A trunk muscle training program augmented with neuromuscular electrical stimulation appears to improve function in older adults with chronic low back pain: A pilot randomized trial. Gerontological Society of America; New Orleans, LA. November 2013.

- 38. Allen V, Sions JM, <u>Hicks GE</u>. Contributions of comorbidity burden to physical performance in older adults with chronic low back pain. Gerontological Society of America; New Orleans, LA. November 2013.
- 39. Sions JM, <u>Hicks GE</u>. High fear avoidance beliefs are associated with poorer physical performance in older adults with chronic low back pain. Gerontological Society of America; New Orleans, LA. November 2013.
- 40. Shardell M, <u>Hicks GE</u>, Ferrucci L. Causal inference in studies of older adults with dropout and death: Vitamin D and gait speed in the InChianti Study. Gerontological Society of America; New Orleans, LA. November 2013.
- 41. <u>Hicks GE</u>. Symposium: Exploring Function in the Older Adult with Chronic Low Back Pain: The Delaware Spine Studies. Gerontological Society of America; Washington, DC. November 2014.
  - a. Allen V, Coyle P, Sions JM, <u>Hicks GE</u>. Contributions of cardiovascular risk to physical performance in older adults with chronic low back pain.
  - b. Coyle P, Allen V, Velasco T, Sions JM, <u>Hicks GE</u>. Improved trunk mobility is linked to better physical function in older adults with chronic low back pain.
  - c. <u>Hicks GE</u>, Sions JM, Velasco T. Psychosocial Contributors to Differences in Performance-Based vs. Self-Reported Function Among Older Adults with Chronic Low Back Pain
  - d. Sions JM, <u>Hicks GE</u>. Chronic low back pain intervention: Exercise + NMES versus Exercise.
- 42. Sions JM, Elliott JM, <u>Hicks GE</u>. No Difference in Multifidi and Erector Spinae Cross-Sectional Area and Intramuscular Fat between Older Adults with and without Chronic Low Back Pain. Combined Sections Meeting: Indianapolis, IN: February 2015
- 43. Coyle P, Sions JM, Velasco TV, <u>Hicks GE</u>. The Relationship between Self-Rated Health and Changes in Function in Older Adults with Chronic Low Back Pain. Combined Sections Meeting: Indianapolis, IN. February 2015
- 44. <u>Hicks GE</u>, Shardell M, Miller R, Orwig D, Hochberg M, Magaziner J. Trunk Muscle Composition 2 Months After Hip Fracture: The Baltimore Hip Studies. International Conference on Frailty and Sarcopenia Research; Boston, MA. April 2015.
- 45. Sions JM, Coyle P, Velasco, T, Elliott J, <u>Hicks GE</u>. Exploration of Trunk Muscle Composition and Select Physical Performance Measures: A Preliminary Analysis among Older Adults with and without Chronic Low Back Pain. International Conference on Frailty and Sarcopenia Research; Boston, MA. April 2015.
- 46. Sions JM, Coyle P, Velasco T, <u>Hicks GE</u>.. Multifidi Activity Helps to Explain Clinical Measures in Older Adults with Low Back Pain. 2016 American Institute of Ultrasound in Medicine Convention: New York, NY. March 2016
- 47. <u>Hicks GE</u>, Sions JM, Velasco, T. Hip symptoms contribute to low back pain-related disability in older adults with a primary complaint of low back pain: The Delaware Spine Studies. Conference: World Congress of the Osteoarthritis-Research-Society-

International (OARSI) on Osteoarthritis Location: Amsterdam, Netherlands. Date: MAR 31-APR 03, 2016. Osteoarthritis and Cartilage. Volume: 24 Supplement: S Pages: S439-S439. Published: APR 2016

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- 50. Coyle PC, McIntire R, Pohlig R, <u>Hicks GE</u>. The mediating role of depressive symptoms in the relationship between chronic pain and sedentary behavior in older adults: a secondary analysis of the Southeastern Pennsylvania Health Survey 2012. American Physical Therapy Association's Combined Sections Meeting; Anaheim, CA. February 2016.
- 51. Velasco TO, Sions JM, Coyle P, <u>Hicks GE</u>. A Comparison of Older Adults with and without Chronic Low Back Pain: Are Abdominal Muscle Differences Present at Rest and During a Straight Leg Raise? American Physical Therapy Association: Combined Sections Meeting; Anaheim, CA. February 2016.
- 52. Sions JM, Coyle P, <u>Hicks GE</u>. Lumbar Exercises & Neuromuscular Electrical Stimulation versus Exercises Alone: Changes in Lumbar Multifidi Activity May be Related to Electrical Stimulation Intensity. American Physical Therapy Association: Combined Sections Meeting; Anaheim, CA. February 2016.
- 53. Sions JM, Coyle P, Velasco TO, <u>Hicks GE</u>. Multifidi Activity Helps to Explain Clinical Measures in Older Adults with Low Back Pain. American Institute of Ultrasound in Medicine Convention; New York, NY. March 2016.
- 54. Sions JM, Pohlig RT, <u>Hicks GE</u>. Older Adults with a Primary Complaint of Low Back Pain: Hip Strength Helps to Explain Physical Performance. Combined Sections Meeting: San Antonio, TX. February 2017
- 55. Sions JM, Rodriguez C, <u>Hicks GE</u>. Epidural Fat and Its Association with Pain, Physical Function, and Disability among Older Adults with Low Back Pain, Low Back Pain Plus Leg Pain, and Controls. Combined Sections Meeting: San Antonio, TX. February 2017
- 56. Rathbun AM, Magaziner J, Shardell MD, Yerges-Armstrong LM, Orwig D, <u>Hicks GE</u>, Hochberg MC. Older men who sustain a hip fracture experience greater than expected declines in bone mineral density at the contralateral hip. Annual Meeting of the American Society for Bone and Mineral Research; Denver, CO. Sept 2017

- 57. Sions JM, <u>Hicks GE</u>. Using Ultrasound Imaging to Dose Neuromuscular Electrical Stimulation in Patients with Back Pain. Combined Sections Meeting. New Orleans, LA. February 2018
- 58. Sions JM, Alroumi AM, Crippen DC, <u>Hicks GE</u>. Fear-Beliefs and Low Back Pain-Related Disability Help Explain Immediate Response to Neuromuscular Electrical Stimulation in Adults with Low Back Pain. Combined Sections Meeting. Washington, DC. January 2019
- Beisheim EH, <u>Hicks GE</u>, Sions JM. Associations between Trunk Muscle Function, Physical Performance, and Community Participation in Adults with Lower-Limb Amputation: A Preliminary Data Analysis. Combined Sections Meeting. Washington, DC. January 2019
- 60. Knox PJ, Coyle PC, Pugliese JM, Sions JM, Hicks GE. Hip-spine syndrome: a risk factor for multiple falls? Platform Presentation at the Combined Sections Meeting of the American Physical Therapy Association; Denver, CO. February 2020.
- 61. Hicks GE, Coyle PC, Sions JM, Knox PJ. Chronic low back pain in older adults: the role of co-existing hip impairments. Gerontological Society of America, Annual Scientific Meeting, Philadelphia, PA. November 2020
- 62. Knox PJ, Coyle PC, Pugliese JM, Pohlig RT, Sions JM, Hicks GE. The Link between Aberrant Lumbopelvic Movements and Physical Function in Geriatric Low Back Pain. Platform Presentation for the Marilyn Gossman Graduate Student Research Forum at the Combined Sections Meeting of the American Physical Therapy Association; February 2021.
- 63. Knox PJ, Coyle PC, Pugliese JM, Pohlig RT, Sions JM, Hicks GE. Movement-Evoked Pain: A Unique Construct that is Associated with Lower Extremity Functional Performance in Older Adults with Chronic Low Back Pain. Poster Presentation for the Rehabilitation Section at the American Academy of Pain Medicine Conference; April 2021.
- 64. Beisheim EH, Pohlig RT, Medina J, <u>Hicks GE</u>, Sions JM.Mental Rotation and Phantom Limb Pain: Evaluating Body Representation among Adults with Lower-Limb Loss. Combined Sectional Meeting. San Antonio, TX. 2/4/22
- 65. Knox PJ, Coyle PC, Pugliese JM, Pohlig RT, Sions JM, Hicks GE. A Comparison of Movement-Evoked Pain Calculation Methods in Older Adults with Chronic Low Back Pain. Platform Presentation at the Combined Sections Meeting of the American Physical Therapy Association; San Antonio, TX. February 2022.
- 66. Knox PJ, Pohlig RT, Pugliese JM, Sions JM, Hicks GE. Aberrant Lumbopelvic Movements Predict Falling in Older Adults with Chronic Low Back Pain. Poster Presentation for the Combined Sections Meeting of the American Physical Therapy Association; San Antonio, TX. February 2022.
- 67. Seth M, Pohlig RT, <u>Hicks GE</u>, Sions JM. Clinical Measures of Mobility Estimate Daily Physical Activity Following Lower-Limb Amputation. 48th Academy Annual Meeting and Scientific Symposium. Atlanta, GA. 3/5/22

- 68. Knox PJ, Coyle PC, Pugliese JM, Pohlig RT, Sions JM, Hicks GE. Movement-Evoked Pain versus Widespread Pain: A Longitudinal Investigation in Older Adults with Chronic Low Back Pain. Poster presentation at the International Association for the Study of Pain World Congress; Toronto, Ontario, Canada. September 2022.
- 69. Knox PJ, Pohlig RT, Pugliese JM, Sions JM, Hicks GE. Examining the Fear-Avoidance Model in the context of geriatric chronic low back pain. American Physical Therapy Association, Combined Sections Meeting. San Diego, CA. February 2023
- Coyle PC, Knox PJ, Pohlig RT, Pugliese JM, Sions JM, Hicks GE. Hip range of motion and strength predict 12-month physical function outcomes in older adults with chronic low back pain. American Physical Therapy Association, Combined Sections Meeting. San Diego, CA. February 2023
- Sions JM, Seth M, Beisheim-Ryan EH, <u>Hicks GE</u>, Pohlig RT, Horne JR. Reduced Multifidi Muscle Activity and Extensor Muscle Endurance is Associated with Worse Physical Performance Post-Amputation. Combined Sections Meeting. San Diego, CA. 2/23/23
- 72. Simon C, Knox P, Goode A, Lentz T, George S, Hicks G, Colón-Emeric C, Keefe F. PAIN INTENSITY AND PAIN CATASTROPHIZING ARE RELATED TO PHYSICAL PERFORMANCE IN OLDER ADULTS WITH BACK PAIN. Innov Aging. 2023 Dec 21;7(Suppl 1):785. doi: 10.1093/geroni/igad104.2536. PMCID: PMC10737346.
- 73. Knox PJ, Simon CB, Pohlig RT, Pugliese JM, Sions JM, Hicks GE. Relationships between Fear-Avoidance Model Factors and Pain Quality in Geriatric Chronic Low Back Pain. American Physical Therapy Association, Combined Sections Meeting. Boston, MA. February 2024
- 74. Knox PJ, Simon CB, Pohlig RT, Pugliese JM, Sions JM, Hicks GE. Relationships between Fear-Avoidance Model Factors and Pain Quality in Geriatric Chronic Low Back Pain. American Physical Therapy Association, Combined Sections Meeting. Boston, MA. February 2024
- 75. Knox PJ, Simon CB, Hicks GE. Experimental Pain Sensitivity is Associated with Clinical Pain and Functional Outcomes in Older Adults with Chronic Low Back Pain. Poster presentation at the United States Association for the Study of Pain Annual Meeting; Seattle, Washington. April 2024.
- 76. Knox PJ, Simon CB, Hicks GE. A Comparison of Multimodal Pain Sensitivity in Older Adults with and without Chronic Low Back Pain. Poster presentation at the International Association for the Study of Pain World Congress; Amsterdam, Netherlands. August 2024. [accepted]
- 77. Knox PJ, Simon CB, Hicks GE. Methodological Examination of Capsaicin-Induced Sensitization in Geriatric Chronic Low Back Pain. Poster presentation at the International Association for the Study of Pain World Congress; Amsterdam, Netherlands. August 2024. [accepted]

# **Major Invited Speeches and Lectures**

- 1. Fritz JM and <u>Hicks GE</u>. Diagnosis and Treatment of Lumbar Segmental Instability. Annual Conference and Exposition of the American Physical Therapy Association, June 2000.
- Fritz JM and <u>Hicks GE</u>. Segmental Instability of the Lumbar Spine: Principles and Application to Physical Therapy Practice. Annual Meeting of the West Virginia Physical Therapy Association, October 2000.
- 3. <u>Hicks GE</u>. An Evidence-Based Approach to Management of Lumbar "Instability". University of Pittsburgh and Centers for Rehab Services, March 2006.
- 4. Hicks GE. Lumbar Segmental Instability: Prognosis and Treatment. University of Zurich, Zurich, Switzerland, April 2006.
- 5. Hicks GE and Manal TJ. Translating the Evidence: Monday Morning Techniques Involving Acute Low Back Pain Treatment Classification. Annual Conference and Exposition of the American Physical Therapy Association, June 2007.
- 6. <u>Hicks GE</u> and Manal TJ. Treatment Based Classification of the Spine: An Evidence-Based Journey for the Physical Therapist. Five-day course sponsored by the Israeli Physical Therapy Society. Haifa, Israel. November 2007.
- 7. <u>Hicks GE</u>. Evaluation and Management of Lumbar "Instability." Tel Aviv University, Tel Aviv, Israel, November 2007.
- 8. <u>Hicks GE</u> and Soriano R. Multidisciplinary Clinical Skills Workshop: Low Back Pain in the Elderly. American Geriatrics Society Annual Meeting, May 2008.
- 9. <u>Hicks GE</u>. Correlates and Consequences of Low Back Pain in the Elderly. Christiana Care Center on Outcomes Research, Newark, DE, September 2008.
- 10. <u>Hicks GE</u> and Soriano R. Multidisciplinary Clinical Skills Workshop: Low Back Pain in the Elderly. American Geriatrics Society Annual Meeting, May 2009.
- 11. <u>Hicks GE</u>. Factors that Predict Participation in an Adapted Physical Activity Program for Older Adults with Low Back Pain. Dipartimento delle Fragilità, Azienda Unità Sanitaria Locale 11 di Empoli, Empoli, Italy, July 2009.
- 12. <u>Hicks GE</u>, Manal TJ, Sions JM and Velasco T. Low Back Pain in Older Adults: Special Considerations and Understanding Can Lead to Improved Function. Combined Sections Meeting of the American Physical Therapy Association, February 2010.
- 13. <u>Hicks GE</u> and Soriano R. Multidisciplinary Clinical Skills Workshop: Low Back Pain in the Elderly. American Geriatrics Society Annual Meeting, May 2010.
- 14. Hicks GE. Keynote Address: Diagnosis vs. Classification. Israeli Physical Therapy Society 10<sup>th</sup> Annual Meeting. Tel Aviv, Israel. May 2010

- 15. Hicks GE. Adaptive Physical Activity Program for Older Adults with Back Pain. Israeli Physical Therapy Society 10<sup>th</sup> Annual Meeting. Tel Aviv, Israel. May 2010
- 16. Hicks GE. Degenerative Lumbar Disc and Facet Disease in Older Adults. Israeli Physical Therapy Society 10<sup>th</sup> Annual Meeting. Tel Aviv, Israel. May 2010
- 17. <u>Hicks GE</u>. Evaluation and Treatment of Low Back Pain in Older Adults. Two-day course sponsored by the Israeli Physical Therapy Society. Haifa and Jerusalem, Israel. May 2010.
- 18. <u>Hicks GE</u>. Chronic Low Back Pain in the Older Adult: A New Perspective on Pain Management. Fall 2010 Rehabilitation Research Seminar Series. University of Florida, College of Public Health and Health Professions. October 2010.
- 19. <u>Hicks GE</u>. Developing Innovative Interventions for Active Older Adults with Chronic Low Back Pain. Third Annual Delaware Orthopaedic Symposium. October 2010.
- 20. <u>Hicks GE</u>, Manal TJ, Sions JM and Velasco T. Challenging Ageism in Outpatient Physical Therapy Orthopaedics: Applying Evidence to the Evaluation and Treatment of Older Adults with Low Back Pain. Combined Sections Meeting of the American Physical Therapy Association, February 2011.
- 21. <u>Hicks GE</u>. Weekend Intensive Course in the Evaluation and Treatment of the Lumbar Spine. New York University Clinical Residency Advanced Certificate Program in Orthopedic Physical Therapy. March 2011.
- 22. <u>Hicks GE</u>. Multidisciplinary Clinical Skills Workshop: Low Back Pain in the Elderly. American Geriatrics Society Annual Meeting, May 2011.
- 23. <u>Hicks GE</u>. The APA Chronic Back Pain Model: Exploring Factors Associated with Success and Adherence. The Management of Chronicity Conference. Istituto Superiore di Sanita, Rome, Italy October 2011.
- 24. <u>Hicks GE</u>. Adapted Physical Activity and Rehabilitation. American Academy of Physical Medicine and Rehabilitation Annual Meeting. Orlando, FL, November 2011.
- 25. <u>Hicks GE</u>. Multidisciplinary Clinical Skills Workshop: Assistive Devices. American Geriatrics Society Annual Meeting, May 2012.
- Hicks GE. Focusing on Physical Function in Older Adults with Chronic Low Back Pain. Boston Research Outcomes Center Research Seminar Series, Boston University School of Public Health, Boston, MA, May 2012.
- 27. <u>Hicks GE</u>. Developing a New Perspective on Pain Management for Older Adults with Chronic Low Back Pain. Christiana Care Center on Outcomes Research, Newark, DE, September 2012.
- 28. <u>Hicks GE</u>. The Role of Physical Function in the Management of Older Adults with Chronic Low Back Pain. Georgia Health Sciences University, Augusta, GA, November 2012.

- 29. <u>Hicks GE</u>. G-Codes: Implementation. Ammon Education Center, Christiana Care Health Services, Newark, DE, May 2013
- 30. <u>Hicks GE</u>. Provider Engagement in Research. DE-CTR ACCEL Conference— Learning from Each Other: Building Academic-Provider-Community Partnerships in Research, Wilmington, DE, May 2014
- 31. <u>Hicks GE</u>. Developing a New Perspective on Pain Management for Older Adults: The Journey from Post-Doc to Established Investigator. National Institute on Aging, Baltimore, MD, January 2015.
- 32. <u>Hicks GE</u>. Keynote Speech: Building Your Research Team: One Pathway to Developing an Independently Functioning Lab. Thomas Jefferson College of Health Professions Research Day, Philadelphia, PA, May 2015.
- 33. <u>Hicks GE</u>. A Primer on Incorporating Evidence-Based Principles into Everyday Clinical Practice. Christiana Care Health Services, Newark, DE, October 2015.
- 34. <u>Hicks GE</u>. Grand Rounds: Function-Focused Management of Low Back Pain in the Older Adult. Northwestern University, Chicago, IL, October 2015.
- 35. <u>Hicks GE</u>. Pain: A Rehabilitation Perspective. National Center for Medical Rehabilitation Research Advisory Board Meeting (NCMRR-NIH). Bethesda, MD, December 2015.
- 36. <u>Hicks GE</u>. Developing a New Perspective on Pain Management for Older Adults with Chronic Low Back Pain. Ohio University, Athens, OH, April 2016.
- 37. Hicks GE. Ellen Ross Memorial Lecture. Rutgers University, Newark, NJ, April 2016.
- 38. <u>Hicks GE</u>. Preventing Secondary Disability in Older Adults with Chronic Low Back Pain. NIH Conference (Rehabilitation Research at NIH: Moving the Field Forward). Bethesda, MD, May 2016.
- 39. <u>Hicks GE</u>. Keynote Speech: Arcadia's Health Policy and Practice Management PT Faculty Institute. Glenside, PA, August 2016
- Hicks GE. Developing a Comprehensive Treatment Approach for Older Adults with Chronic Low Back Pain. MGH Institute of Health Professions, Boston, MA, October 2016.
- 41. <u>Hicks GE</u>. Best Practices for Diversity in Physical Therapy Education. University of Alabama at Birmingham, Birmingham, AL, January 2017.
- 42. <u>Hicks GE</u>. Keynote Talk for Rehabilitation Research Retreat: Classification and Treatment of Older Adults with Chronic Low Back Pain. University of Colorado, Denver, CO, April 2017.

- 43. <u>Hicks GE</u> and Simon CB. Geriatric Low Back Pain: Managing Influences, Experiences and Consequences. Combined Sections Meeting of the American Physical Therapy Association, January 2019.
- 44. <u>Hicks GE</u>. Developing a Function-Focused Perspective on Pain Management for Older Adults with Chronic Low Back Pain. Duke Orthopaedic and Rehabilitation Seminar Series. Duke University, Durham, NC, April 2019.
- 45. <u>Hicks GE</u>. Who Do We Want To Be? Responsible Stewardship of Our Profession. 24<sup>th</sup> Annual Endowed Scully Scholar Lecture Series. University of Pittsburgh, Pittsburgh, PA, October 2019.
- 46. <u>Hicks GE</u>. Who Do We Want To Be? Responsible Stewardship of our Profession Inaugural Lynda D. Woodruff Lecture, Physical Therapy Leadership Institute and APTA, July 2020.
- 47. <u>Hicks GE</u>. Plant the Tree Now! Diversity, Equity and Inclusion in Physical Therapy. Marilyn Gossman Endowed Lecture. University of Alabama at Birmingham, Birmingham, AL, March 2021.
- 48. <u>Hicks GE</u>. Barbara C. White Endowed Lecture. University of Florida, Gainesville, FL, April 2021.
- 49. <u>Hicks GE</u>. Understanding the Role of Co-Existing Hip Impairments in Geriatric Low Back Pain. Grand Rounds: Health and Rehabilitation Sciences, Ohio State University, Columbus, OH, April 2021.
- 50. <u>Hicks GE</u>. Diversity, Equity and Inclusion in Rehabilitation. Invited Talk for the National Advisory Board on Medical Rehabilitation Research, NIH, Bethesda, MD, May 2021.
- 51. <u>Hicks GE</u>. Health Disparities and Diversity in Rehabilitation Research. Research Roundtable for the Department of Rehabilitation Science, University of Oklahoma Health Sciences Center, Oklahoma City, OK, November 2021.
- 52. <u>Hicks GE</u>. Resiliency in Research Funding. Foundation for Physical Therapy Research Webinar. November 2021.
- 53. <u>Hicks GE</u>. Excellence in Rehabilitation of Aging Persons Award Lecture, Gerontological Society of America. November 2021.
- 54. <u>Hicks GE</u>. Breaking Down Barriers: A Pathway to Societal Impact. 2023 Eleanor Branch Distinguished Lecture, Duke University, Durham, NC. May 2023.
- 55. <u>Hicks GE</u>. Developing a Tailored Rehabilitation Approach for Geriatric Low Back Pain: Should We Focus on the Hip? 12<sup>th</sup> Annual Robert L. Lamb Distinguished Lecture, Virginia Commonwealth University, Richmond, VA. September 2023.
- 56. <u>Hicks GE</u>. Keynote Address. 2023 American Academy of Orthopaedic Manual Physical Therapists Conference, St. Louis, MO. October 2023.

57. <u>Hicks GE</u>. Rose Award for Excellence in Research Presentation, APTA CSM, Houston, TX. February 2025.