



ALUMNI NEWSLETTER

UNIVERSITY OF DELAWARE

ATHLETIC TRAINING

Volume 15—Summer 2018

UD ATEP Receives Approval to Offer Master of Science Degree in Athletic Training

The ink had barely dried on our 2016-17 CAATE accreditation certificate when work began to transition UD's nationally renowned Athletic Training Education Program into an entry-level master's degree program. While discussions regarding the transition began during the 2016-17 school year, they kicked into high gear summer/fall of 2017. Both Jeff Schneider and Bethany Wisthoff were instrumental in helping shape the process, while Dr. K quickly learned to navigate UD's new online curriculum approval system known as "Curriculog" to begin the Faculty Senate approval process. The entire process was guided by our desire to "think outside the box" and to create a program that would satisfy forthcoming CAATE accreditation standards for entry-level athletic training education. Basically the process involved 3 different proposals: (1) creating the Master of Science degree program in Athletic Training, (2) eliminating Athletic Training as an undergraduate major and substituting it with a major called Sports Health, and (3) developing a hybrid 3 (Sports Health) + 2 (Athletic Training) program totally unique to the University of Delaware that would allow us to attract quality students to UD that would eventually funnel into athletic training as a career pathway! As the Spring 2018 semester came to a close all 3 programs were eventually approved. Now the real work begins. Sports Health as a major will begin Fall 2018 and as of this writing we already have 45+ students enrolled. We envision that by the time these students reach their final semester junior year (2021) 12-15 students will actually enter into the MS-AT degree program. The stand-alone MS-AT program is set to begin Summer 2019! Recruitment for that program has begun in earnest with a goal of 12-15 students forming our 1st cohort. Alumni will play a very instrumental

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UD ATEP REACCREDITED FOR 10 YEARS


CONTINUED


part in the recruitment of students into the program and the progression of the legacy we've come to know as UD ATEP!! Both the MS-AT (<http://sites.udel.edu/kaap/graduate-programs/athletic-training-ms/>) and Sports Health (<https://sites.udel.edu/kaap/undergraduate-programs/athletic-training/>) have newly dedicated web sites to help share information with prospective students. We've also created a recruiting brochure to help spread the word about the new graduate degree program (see below)

Prerequisite Course Requirements

- Bachelor's degree from accredited college or university
- Competitive GRE score
- Minimum undergraduate GPA of 3.0 or higher
- Prerequisite coursework ("C" grade or higher):
 - Anatomy/Physiology – 2 classes
 - Biology – 1 class
 - Biomechanics – 1 class
 - Chemistry – 1 class
 - Exercise Physiology – 1 class
 - Mathematics (pre-calculus or higher) – 1 class
 - Nutrition – 1 class
 - Physics – 1 class
 - Psychology – 1 class
 - Research Design/Methods – 1 class
 - Statistics – 1 class
- Additional courses that are recommended but NOT required: Health, Medical Terminology
- Proof of current certification in CPR/AED
- 100+ Hours of Observation under supervision of a BOC certified or licensed athletic trainer
- Two (2) academic/professional letters of recommendation
- One-two page essay stating interest in Athletic Training as a career
- An interview with department faculty/staff required



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College of Health Sciences

DEPARTMENT OF KINESIOLOGY & APPLIED PHYSIOLOGY





The University of Delaware Athletic Training Education Program is housed in the Department of Kinesiology and Applied Physiology Annex immediately adjacent to Athletics and Recreation facilities on the South Campus.

Schedule a meeting
 Thomas W. Kaminski, PhD, ATC, FNATA, FACSM, RFSA
 Director of Athletic Training Education

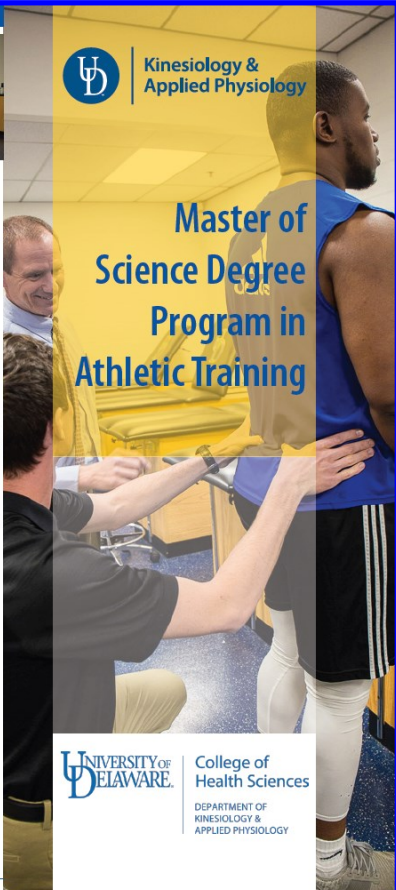
Email: kaminski@udel.edu
 Office Phone: 302-831-6402
 Twitter: @UD_ATEP
 Graduate Admission Website: <http://grad.udel.edu/>


www.udel.edu/kaap/at



Kinesiology & Applied Physiology

Master of Science Degree Program in Athletic Training





College of Health Sciences

DEPARTMENT OF KINESIOLOGY & APPLIED PHYSIOLOGY

There is a definite excitement in the air as UD ATEP begins this new chapter of athletic training education. I personally am excited to see what the future holds as UD ATEP begins a new journey to educate the future athletic trainers who'll go on to lead the profession we all so love and cherish. As one can imagine there are many moving parts with the process, with a major milestone being accreditation of the new MS-AT program by CAATE in the near future ----- stay tuned!



FROM THE DESK OF DR. K ATEP PROGRAM DIRECTOR

Another whirlwind of an academic year has just concluded and I'm happy to report that 19 more undergraduate students officially became UD ATEP alumni on Saturday May 26, 2018. As indicated in our newsletter cover story I was extremely busy this past year navigating the UD Faculty Senate curriculum review and approval process on several different fronts all in an effort to move UD's ATEP forward. Many sleepless nights and anxiety filled meetings with various constituent groups and it all seemed to have worked out. Now I'm busy wearing my recruiting hat working diligently to insure that our first MS-AT class is filled and that we're ready to offer our first set of classes in the Summer 2019!

While I spent a great deal of time and energy with the curricular process this past year, I did get a chance to travel to several NATA district meetings (GLATA, NWATA, EATA, and MAATA) where I made some presentation, but more importantly saw some old acquaintances and forged some new professional friendships. Athletic training is a wonderful profession filled with many passionate and driven people all with one goal in mind "compassionate care for all"! Additionally, I devoted a great deal of time and attention to my research enterprise — yes I'm still in the office by 5:00 am each day so that I can fit it all in! My journal *Athletic Training & Sports Health Care* turned 10 this past year and continues to provide an excellent outlet for the translation of knowledge to the practicing clinician. I'm happy to report that our editorial board consists of many with UD ties including Dr. Buckley, Dr. Kathy Liu (2012), Dr. Alan Needle (2013), Dr. Adam Rosen (2008), Dr. Stephen Thomas (2010), and Dr. Ryan Tierney (1996).





FROM THE DESK OF DR. K ATEP PROGRAM DIRECTOR

CONTINUED

Elsewhere, research activities continue on several different fronts including the lower extremity biomechanics study involving UD student-athletes; which has spurred the dissertation efforts of my current doctoral student Ms. Bethany Wisthoff (subject of this year's "Faculty Spotlight" segment), UD also continues to participate in the landmark NCAA/DoD CARE Consortium, who along with my colleague and co-PI Dr. Buckley we continue to shape concussion management here at UD and across the United States. Along with the involvement of my other doctoral student Ms. Victoria "Tori" Wahlquist (resident figure skating extraordinaire!) I continue working on ways of making purposeful heading in soccer safe for youth participants and changing the way youth soccer players are taught this important and relevant soccer skill.

Hard to believe that 15 years have gone by since I began my tenure at UD. I'm always amazed at the success of our alums and believe me I'm the first to advocate whenever I'm given the chance. I'm actually very proud of how UD ATEP has engaged its' alumni since the inception of the program 40+ years ago. In fact, others think we've done such a good job that a trade publication called *Training & Conditioning* actually spotlighted UD's ATEP alumni in a piece titled "Capture the Moment" - on how a successful alumni engagement campaign can extend the fulfillment of graduation into a lasting connection to an athletic training program. Check it out at <http://training-conditioning.com/content/capture-moment>

Each year I look forward to our alumni gathering in conjunction with the NATA's Annual Meeting & Clinical Symposia and this year is no exception. Recent master's student graduate Mr. Wes Sellars was instrumental in helping us secure The Rusty Nail — <http://www.rustynailnola.com/> site of this year's party in New Orleans on Wednesday June 27, 2018. Get ready for some good old-fashioned Cajun fun complete with a Mexican themed **food truck!** A special THANKS to all those alumni who've donated to UD and the ATEP Gift Account this past year. Your gratitude and support is extremely welcomed and praised! For those wishing to donate in the future please target your gift to the UD ATEP Gift Account # HNES412112.

Please take a moment to honor those who departed us this year including Mike King and Mary Zagar—both spotlighted in the newsletter.

The 2018-19 school year will soon be upon us; and for those that may not be aware it will be Keith Handling's 48th and final year with UD ATEP. Needless to say we plan to cherish every day in the coming year he's teaching and instilling his infinite wisdom on the future generation of sports health care professionals. Stay tuned — more to come in spotlighting UD's ATEP icon! Best wishes to all for an enjoyable summer. Dr. K.



FROM THE DESK OF DAN WATSON HEAD ATHLETIC TRAINER

Hello to all UDATEP alumni. I have a second to catch my breath and I want to tell you about some exciting goings-on in Blue Hen Country.

When the reality of ELM transition became evident a few years ago, I was dismayed at losing our outstanding GA program. Honestly, I could not imagine how we would be able to replace those 7 GA AT's while providing the same level of service with potentially less bodies. Chrissi Rawak, UD Athletics & Recreation AD, had just been hired. After her introductory press conference, her next on-campus public appearance was at the end of the year Student-Athlete banquet. I bided my time and when the opportunity arose, I introduced myself and seconds later blurted out "the GA's are going away". She smiled and probably looked around for security. It may not have been that awkward, but in the ensuing months, the "GA issue" was always on my agenda. It might make the story cooler if I could say I fought tooth and nail to get a permanent replacement solution, but honestly, the Administration became educated on the issue, understood the need, and implemented a two-year plan to turn those 7 GA positions into full time positions. A total breath of fresh air.

I'm excited to share that we've hired 7 full-time ATs to join the current 7 full-timers. 6 of the 7 are UD alumni either from undergraduate or grad school pro-

grams. The two grad alum are Steven Browne UD '18 & Caroline Howard UD '18. Joining them are Tiana McKim UD '16, Stephanie Minute UD '16, Mike Stant UD '16, Karissa Carty UD '14 & Sam Korolev who somehow was hired without a UD degree. UD Athletics and UDAT are lucky to have such a positive, bright bunch of young professionals joining our ranks.



One other quick blurb. The Whitney Performance Center is coming!!! Ground will be broken after this upcoming Football season. I have been privy to numerous architectural design meetings and I'm excited at the investment that is going into Athletic Training and the rest of the Sport Performance areas. Thank you to all that have given in any way to the project. http://www.bluehens.com/ViewArticle.dbml?DB_OEM_ID=29100&ATCLID=211684965

As always, if you are on campus please reach out (dwatson@udel.edu) and stop by. I'm always happy to give a tour and update alumni.



FACULTY SPOTLIGHT

BETHANY WISTHOFF

As my 3rd year as a doctoral student ends with the 4th and final year be-

ginning this fall, I find myself reflecting on the great experiences I've had along the way here at the University of Delaware. I've come to learn the Delaware way and the strong tradition that this program leaves behind as each class passes through. The alumni of this program are a great asset to the current program's prominence nationwide.

Throughout these three years, I have served as the Coordinator of the Athletic Training Interest (ATI) Program, with this year's freshman class, being my final class. I am thankful to Dr. Thomas Kaminski for the opportunity to serve in this role and to gain experience with AT program administration and student academic advising. As an instructor in the KAAP department, I've had the pleasure of teaching three AT curriculum courses:

Emergency Management and Upper and Lower Extremity Assessment Labs. Gaining this experience has only solidified my desire to become an AT educator and administrator. In addition, my clinical experience has varied immensely with working various high school, division-II, and UD club ice hockey events, as well as acting as a preceptor to our AT students.

For research, my primary focus has been on the ankle, specifically to the effects post-acute lateral ankle sprain in a college-aged population. I began working with Dr. Kaminski on his UD athletics ankle research study on my arrival here in the fall of 2015. I hit the ground running and we've tested over 300 student-athletes since my arrival. This brought me to my dissertation research project, which I proposed this past November, on the long-term effects of an acute lateral ankle sprain on ligament stability and dynamic balance. The results thus far are exciting and I am looking forward to this project's completion



FACULTY SPOTLIGHT

BETHANY WISTHOFF

in the spring of 2019.

The undergraduate UD ATEP program is such a unique and innovative program. I have no doubt that the new entry-level master's of science in athletic training program will follow suit. The UD ATEP faculty bring a level of expertise in the field of athletic training that is top of its class. I am proud to be a part of such a great faculty and (one day) alumni.

Bethany



Dr. K. is flanked here by graduate students L-R Kyle McMinn, Bethany Wisthoff, Victoria "Tori" Wahlquist, and William "Wes" Sellars.



ALUMNI SPOTLIGHT

ROZALYN MOORE

(UD ATEP CLASS OF 1989)



What an honor to be chosen for the University of Delaware (UD)

Athletic Training Alumni Spotlight 2018! My name is Rozalyn K Moore, MPT, ATC -ret. I graduated from the University of Delaware in 1989. How did I end up at UD? This was very long ago but I recall it with fondness and a laugh! I was living in Michigan after my father moved there to take a teaching position at Michigan State University. I had grown up in Rockville, MD and attended school from 4th - 11th grade there. Seems strange, but I was excited to move to East Lansing even though it was my last year and half of high school. In the end however, my heart was on the East Coast. Upon high school graduation, I applied to UD, Simmons, MSU, and the University of Maryland. I planned on studying physical education and fitness management or exercise science.

Upon my acceptance to UD, my father explained it was a better choice financially than Simmons College. Once on campus, I met with a counselor and he asked what I was interested in??? I replied "physical education"! He said what about athletic training? Now in 1985 surprisingly I actually had heard of athletic training and we even had an athletic trainer at my high school in Michigan. So, I said sure! Just agreeing that it was a good fit, I had no idea that this counselor had signed me up for the athletic training curriculum. Upon seeing my records, I thought oh well, I'll do it. I managed to make it through and be able to declare athletic training as my emphasis. I met Doc Rylander, Joan Coach, and Keith Handling. For some reason I most recall Doc asking me to get him a cookie from Wendy's ----I guess he really liked them!! As

for Keith, I recall his elementary school-aged sons running around. I recall Joan working out. I even remember Rich Gannon rolling through the training room from time to time.

I worked in the training room making 'sandwiches' (lace and heel pads!!) and stocking tables until I was able to treat athletes and work with a team. Back then we had medicine cabinet and freely gave out NSAID's (shhhhhhhhh don't tell the authorities!). The athletes had to wear "greys" (grey shirt and shorts) whenever in the athletic training room (I still have a grey shirt yet don't know how it hasn't fallen apart??). We had to go to the equipment room and see Coop to get those items.

I signed up for club rugby and played a few seasons. I also attended winter session and one summer session at MSU to get classes out of the way and free up time at UD. Being a PE major, I took a class titled "Intro to Lacrosse" (I had never even seen this sport until I arrived at UD). In the spring of my Junior year, I thought, HEY, I'll try out for lacrosse. At that time there was a junior varsity team. Luckily, Janet Smith could see some talent and gave me a chance ----I made the team! So now I had to balance lacrosse, school, and the clinical hours associated with athletic training! I graduated in 1989 then worked for one year before I started grad school at George Mason University in Exercise Science. I also took my NATABOC examination for certification as an athletic trainer that same year. The exam was so much different back then that it took me two tries ---- once you passed one part, you only had to take the remaining. "hands-on" practical portion in person! At GMU, I played club lacrosse



ALUMNI SPOTLIGHT

ROZALYN MOORE

CONTINUED

(that was all they had) and also made the South national lacrosse team. I worked as a teaching assistant and athletic training GA at GMU with the women basketball team.

Upon graduation from GMU, I moved to back Michigan and worked at Kellogg's (yes the cereal company!) as a fitness director. I also worked at local hospital as an outreach athletic trainer. Michigan allowed athletic trainers to work in physical therapy clinics if they did not treat spine conditions and with the stipulation that a physical therapist would sign off on all treatments. After two years I decided I wanted warmer weather (after it snowed in April) and so I moved to Florida. Interestingly, I quickly learned that in Florida, an athletic trainer was not even allowed to physically place an ice bag on a patient in a PT clinic!! This became a driving force in my decision to attend PT school; I was accepted at University of St Augustine and completed the program with an MPT degree. I had no desire to stay one more year for my DPT because I was broke and worn out!! I stayed in Florida working for an outpatient clinic and applied to school-based positions to work with children with special needs; eventually landing a position. During that time, I also did per diem ATC and outpatient PT work. During my tenure in Florida, I remember meeting Dan Watson (UD ATEP Class of 1995 – now UD's Head Athletic Trainer) when he was a fresh-faced student at the Orlando NATA Convention.

Anxious to pay off debt, I embarked on a career as a travel PT and found my way

back to Maryland ---- I've always considered this HOME! I grew tired of school-based PT work so went back into outpatient care in 2015. I worked for Kaiser before obtaining a position as a DoD contractor at Ft Meade. This allowed me to grow in my practice and learn a lot. My patients were active-duty, retired, and dependents of the military.

Over the last 10 years my involvement as an athletic trainer (ATC) waned so I stayed current via CEU courses at the national convention and regional workshops, but failed to see the field or court. It was then I reluctantly decided to change my status to retired!! Since that time I was offered a position on the exhibitor registration committee member with NATA --- and I'm enjoying giving back in this role to the profession!

In July, 2017, I turned 50. I decided it was time to go back to school and get the DPT degree. I started back in school and now have one more semester to complete. My position with Ft Meade ended in February, and I'm now working for Pivot Physical Therapy.

I have so many memories of UD that I cherish. I guess that is why I still hang on to my athletic training family and annually try and attend the national convention (I attend convention with another UD grad and we have done this since 1992).

UD was a beautiful campus and it sold me. The physical education and athletic training program are top-notch. I love that I still get to see Joan and Keith. I belong to the UD Baltimore alumni club



ALUMNI SPOTLIGHT

ROZALYN MOORE

CONTINUED

volunteer with VAST - alumnus helping to “recruit” new UD students to become future Blue Hens; or “Blue Chickens” as my brother always says! UD and athletic training are in my heart forever. Thank you for all you have given me!



<http://www1.udel.edu/>



Blue Hen Yearbooks on-line at— <http://udspace.udel.edu/>

Please consider a gift to the UD ATEP Gift account in support of on-going educational activities for athletic training students! Use account code HNES412112 (“Athletic Training Gift Account”)

UD Alumni Website:

<https://udapps.nss.udel.edu/makeagift/app/makeagift?execution=e1s1>



NATA CONVENTION 2018

UD PRESENTORS



Faculty Presentations

Dr. Kaminski

Thursday June 28th

NATA Free Communications Session Moderator - What's in Your Past? Influence of Injury History on Neuromuscular and Functional Measurements

Moderator

Friday June 29th

NATA Free Communications Session "Soccer from Head to Toe"

Presenter

Learning Lab - Sport-Related Concussion Standard of Care Guidelines that Incorporate the 5th International Consensus Conference on Concussion in Sport (2016) Recommendations

Presenter

Check out the convention guide for more information!

<https://convention.nata.org/>

Graduate Student Presentations

Melissa DiFabio

Practice Effects of a Clinical Concussion Assessment Battery Over an Ice Hockey Season

Thematic Poster Session

Lindsey Lamond & Jaclyn Caccese

Head and Neck Size and Neck Strength Predict Head Acceleration in Collegiate Women's Soccer Players

Oral Presentation

Aaron Struminger

Ultrasound Comparisons of Bilateral Asymmetries among Youth and Collegiate Overhead Athletes of Different Sports

Oral Presentation

Bethany Wisthoff

An Examination of the Difference in Mechanical Laxity of the Ankle Following an Acute Lateral Ankle Sprain in Collegiate Student-Athletes

Poster Session



SPORTS MEDICINE GRADUATE EDUCATION NEWS

2018 marks the end of UD's post-professional master's degree program in Sports Medicine. A program that benefited many graduate students throughout the years is being phased out as UD transitions to the new entry-level Athletic Training master of science degree program. Our final class of master's degree students included (designates next step in their careers)

Steven Browne (UD staff athletic trainer)

Caroline Howard (UD—staff athletic trainer)

Chantel Hunter (Steadman Clinic)

Jenna Liljeberg (UD strength & conditioning)

Sarah Roger (ATC intern with FB @ Campbell University)

Samantha Schlageter (PA school @ Monmouth University)

William "Wes" Sellars (Head Athletic Trainer Hodgson High School)

Lindsay Yates (McLean School)



Doctoral Student **Jessie Oldham** successfully defended her dissertation in April 2018 and is headed to become a Post-doctoral research fellow in the Division of Sports Medicine at Boston Children's Hospital

Here are some photos of our graduate students after their defense's



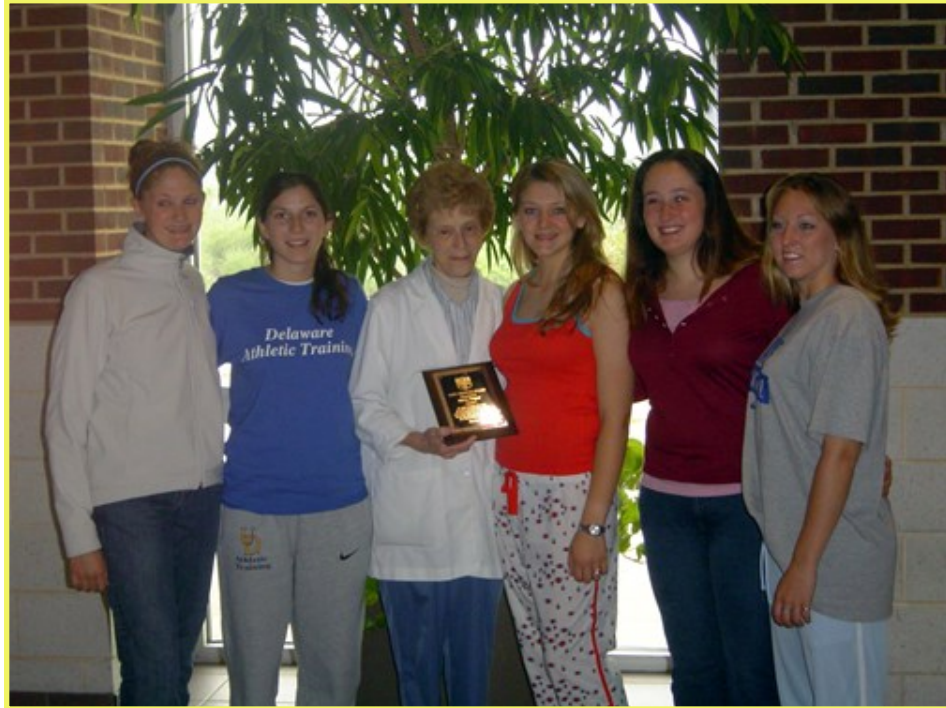
Jenna Liljeberg



Wes Sellars



Summer 2017 UD ATEP Mourns Loss of Mary Zagar



Mary Zagar was pictured here in this Spring 2005 photo with SATC Officers (Alison Ingalsbe, Amanda Pupillo, Kristin (Dorr) Koscs, Nicole (Surdam) Jackson, and Care (Cordrey) Gomez)

Mary Zagar

served UD Athletics as a nurse in the Sports Medicine clinic for 39 years before retiring in the summer of 2016. Her untimely death in July 2017 was a shock to all of us associated with UD ATEP. Mary was such an important role model and confidant for many generations of UD AT students. Here is a link to a story highlighting Mary's long career of dedicated service to UD's sports health care efforts — http://www.bluehens.com/ViewArticle.dbml?DB_LANG=C&DB_OEM_ID=29100&ATCLID=211654870&SPID=110418&SPSID=670302



Mary Zagar on the sidelines of a UD football game with team physician Dr. Andrew Reisman



UD ATEP LOST A GOOD FRIEND AND LONG TIME AT ADVOCATE MIKE “COACH” KING IN 2018

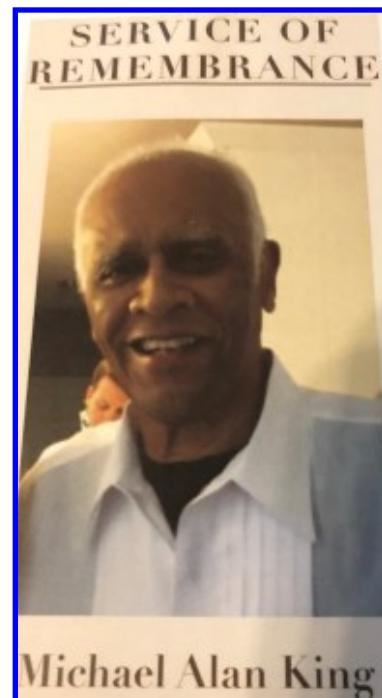
In a brochure for a service in remembrance of Mike’s life, held on Saturday, April 21, 2018, Mike’s career highlights were displayed as such:

He received his Bachelor in Music Education from Northwestern University, his Bachelor in Elementary Education from Ohio University, and a Master of Science Degree from the University of Southern California. In the 1990s he continued studies to become a Certified Athletic Trainer (ATC). Mike also served in the United States Air Force for 20 years as an Intelligence Officer, retiring as a Major. Later, he taught for the Caesar Rodney School District and was an Assistant High School Boys’ Basketball Coach for the district. He was also an Assistant Men’s Basketball Coach at Delaware State University. He was a Student Athletic Trainer for both Delaware State University and the University of Delaware, Adjunct Certified Athletic Trainer/CI at the University of Delaware and a Certified Athletic Trainer for Brown & Assoc. Orthopedic and Sports Physical Therapy Clinic.

Mike King lead a passionate life in the

pursuit of serving others and also had a big impact on ATEP. Dr. Kaminski has fond memories of Mike King and his service to UD ATEP: “Mike was such an important part of our program when I first started back in 2003 and welcomed “the outsider, ME” without prejudice — I always appreciated him for that. He was a strong and passionate advocate for the profession of athletic training in the Unites States and especially here in the State of Delaware. He’s fondly remembered and sadly missed.”

Mike was born September 26, 1931 and passed February 9, 2018. His compassion for service and Athletic Training will not be forgotten.





ATEP NEWS

SCHOLARSHIPS & AWARDS

2018 ATEP Award Winners

Dr. Julie Moyer-Knowles Award:
Laura Durkee

Dr. C Roy Rylander Outstanding Senior Award:
Megan O'Hanlon

Paris Delligatti Memorial Scholarship:
Kyle Alea, Megan O'Hanlon, Alex Siedlecki

Lee J. Hyncik Athletic Trainer Achievement Award:
Courtney DeFeo, Molly Zabilowicz

Keith Handling Scholarship Award:
Nikki Patel

Joan Couch Athletic Training Scholarship:
Grace Kennedy

DATA District 2 Athletic Training Student Scholarship Award:
Kyle Weinberg

DATA Student Leadership Award:
Megan O'Hanlon

Ethnic Diversity Advisor Committee Scholarship for NATA District II:
Nikki Patel

ATSA Student Service Award:
Brooke Snyder

ATSA Service Award:
Keith Handling



2018 Senior Class Photo



2018 Junior Class Photo



2018 Sophomore Class Photo

ATEP NEWS

CLASS OF 2018

UD Senior Class of 2018 video on YouTube—<https://www.youtube.com/watch?v=IJlIeDcl6AM>



After all of their hard work, the ATEP Class of 2018 graduated on Saturday May 26, 2018 ... check out where you can find them in the years to come!

Kyle Alea – Wilmington University - Dynamic PT

Katie Boltz* – ATC GA position at Michigan State University

Jenna Cades* — gap year before going to PA school

Laura Dryden* — Athletic Trainer ATI Physical Therapy/South River High School

Tory Engel – moving to Boston, MA to work as an ATC

Paige Ezell* — head ATC @ West Nottingham Academy (MD)

Jennifer Hadfield* – University of Pittsburgh DPT Program

Jeffrey Hennessy* — summer intern with Philadelphia Eagles

Phillip Kemmerer* — ATC GA position at the University of Memphis

Grace Kennedy* – ATC GA position at Ohio University

Kristyn Lawler* — AT Residency Program at Houston Methodist Hospital in TX.

Megan O’Hanlon* – ATC GA position at Central Michigan University

Nikki Patel — UD DPT Program

Nia Powell* – Gap year / working to fulfill prerequisites for PT school

Allyson Schnetzer — Auburn University for grad school for Kinesiology / Exercise Phys.

Kyle Seymour* — moving to Washington, DC to work as an ATC for Pivot Physical Therapy

Alexandra Siedlecki – ATC GA position at Baylor University

Ross Thorp* – actively seeking an athletic training GA position

Kyle Weinberg* — ATC GA position at University of Utah



* denotes BOC certified in April 2018 all others opted for the June test window!



The Class of 2018 at UD ATEP

Graduation Reception



ATEP Seniors and Faculty at Deer Park tavern to begin the annual “Senior Night Out”

More graduation weekend photos at <http://chs.udel.edu/graduation-photos/>

ATEP NEWS

UD ATEP'S PRESENCE IN THE NATIONAL FOOTBALL LEAGUE (NFL)



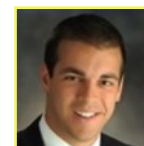
UD ATEP is proud of it's NFL connections and now
boasts representatives with 6 teams



Jon Boone (2008)



Andrew DePietropaolo (2011)



Steve Feldman (2010)



Collin Francis (2010)



Jon Hernandez (2010)



Uriah Myrie (2011)



2018 NFL Summer Internships from UD ATEP

- Courtney DeFeo: Los Angeles Chargers
- Jeffrey Hennessy: Philadelphia Eagles
- Alec Howells: Green Bay Packers
- Trevor Kosinski: Seattle Seahawks
- Ethan Lennox: Washington Redskins
- Harsh Patel: Houston Texans



ATHLETIC TRAINING STUDENTS' ASSOCIATION (ATSA)



Outgoing 2017-2018 ATSA Exec Board L-R Kyle Weinberg, Courtney DeFeo, Kyle Ball, Megan O'Hanlon, Phil Kemmerer, and Brooke Snyder.

Executive Board ('18-19')

- President:** Courtney DeFeo
- Vice President:** Jules Perno
- Treasurer:** Molly Zabilowicz
- Secretary:** Laura Durkee
- Event Chair:** Emilie Hager
- Public Relations:** Tiffany Malin

2018-2019 ATSA Exec Board L-R Emilie Hager, Tiffany Malin, Laura Durkee, Courtney DeFeo, Molly Zabilowicz, and Juliana Perno



UD ATSA @ B+ Foundation Dance Marathon in February 2018 with their hero Treyton. Special THANKS to UDance representatives: Jen Hadfield, Alyssa Mears, and Alex Davison. (see picture below)

The ATSA UDance Team Raised \$15,343 for in order to benefit the B+ Foundation. Join us next year in the fight against childhood cancer by sponsoring us in this 12 hour dance marathon!
<https://www.udancede.org/>

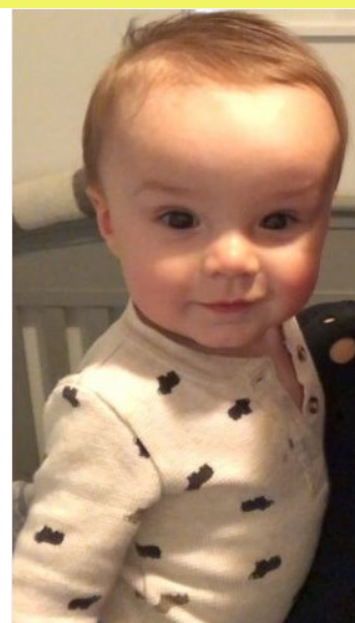
UD ATEP & ATSA team up for the Anatomical Donor Ceremony held at the STAR Atrium on Sunday April 15, 2018. Check out the full story in U-Daily—<http://www.udel.edu/udaily/2018/may/ceremony-families-anatomical-donors-physical-therapy/>





JUNIOR BLUE HENS

Mike Phillips (2007) had a daughter, Sienna Grey, in September 2017.



Brooke Havens (2011) and husband Greg welcomed baby boy, Jackson Dob in August 2017.



Heather (Abbott) Miller's (2007) sons Brayden and Colton.



Mara Smith's (2001) two young boys!



HEN DROPPINGS



Lauren Kriebel (MS 2016) was married September 2016 to her husband Joseph.



Dr. K and graduate students at the HOSA Competition in March.



Jaclyn Caccese's wedding in July 2017 with UD folks (L-R) Jessie Oldham, Melissa DiFabio, Andrea Ditrani-Lobacz, and Dr. Buckley



Our full time WBB ATC Melanee Johnson participated in career day at her alma mater, Central HS in Philadelphia.



Nick Ludwig (2015) presenting on the profession of Athletic Training at UCJC in Madrid, Spain—at the Universidad Camilo Jose Cela where he is enrolled in their physiotherapy program.



HEN DROPPINGS

CONTINUED



Nick Jenson (2016 MS) and Taka Sakurai (2007) working Minor League Baseball in Summer 2017. Nick is now the head ATC of the Gwinett Stripers (Triple A farm team) of the Atlanta Braves, while Taka has gone back to Japan.



Chris Marroquin (2015) and Jon Boone (2008) at the 2017 alumni weekend.



Mary Mahon (2014) was married May 2017 to husband Graham. Fellow classmate Devon Leahy (2014) served as a bridesmaid pictured here with other class of 2014 alumni Leah Lamborn, Kim Richardson, and Johanna Schutzer

Sara Neal and Shawn Hanlon married June 2017





HEN DROPPINGS

CONTINUED



ATSA's newest two members and B+ hero family members Teyton and his little brother Hoby with our 2018 UDance club reps (Alex D., Jen H., and Alyssa M.)



Haley French (2015) with John Smith at West Chester University in Fall 2017



Steve Feldman (2010) with Michael Bruno (2016) who was working as a intern with the NFL Eagles summer 2017



ATSA started a new tradition this year posting baby pictures and fun facts off our graduating seniors in the training room that they work in.



UD ATEP students L-R (Kyle Ball, Sara DeLiberty, Billy Gaffney, Paige Ezell) served as panelists at UD Decision Day answering questions for prospective students.



UD ATEP staff and students volunteered at DE Special Olympics Soccer Event Spring 2018.





HEN DROPPINGS

CONTINUED



Junior Ethan Lennox (4th from left) and his intern colleagues prior to the start of the Falcons first game in Atlanta.



Kiefer Gooch (2012) and Allison Siple were married in October 2017 an event that was attended by several UD ATEP alumni pictured here.



Christina (Shields) Greenwood (MS 2012) catching up with Andrew DePietropaolo (2011) in November in Green Bay.



Stephanie Minite (2016) and Kyle Weinberg (2018) met in Buffalo, NY while Kyle was traveling with UD Women's Basketball.



Strength and Conditioning GA Jenna Liljeberg (2018) participated in the NCAA's Emerging Leaders Seminar (ELS) in January in Indianapolis.



HEN DROPPINGS

CONTINUED



Matt Armistead (2016) with his MS committee after completion of his thesis at Penn State University Spring 2018.



Juniors Molly Zabilowicz and Courtney DeFeo were recognized at the CHS Annual Award Ceremony held at the STAR Atrium. Sophomore Laura Durkee was also recognized for her award but could not attend.



Senior Nikki Patel at her NHL internship with the Flyers head ATC Jim McCrossin. A story was released in U-Daily highlighting her rotation.



Ashley Scanlon (2009) was married to her husband Ryan Basules in November. Here she is with classmates Melissa (Maskery) Mackey (2011) and Erica (Braun) Boatwright, Paul Lowry, Sarah Murtagh, and Julia (Brandt) Datrell from the class of 2009.



The senior class and Dr. K toured the athletics facilities at the St. Andrews School with UD ATEP alum Mr. Al Wood.



HEN DROPPINGS

CONTINUED



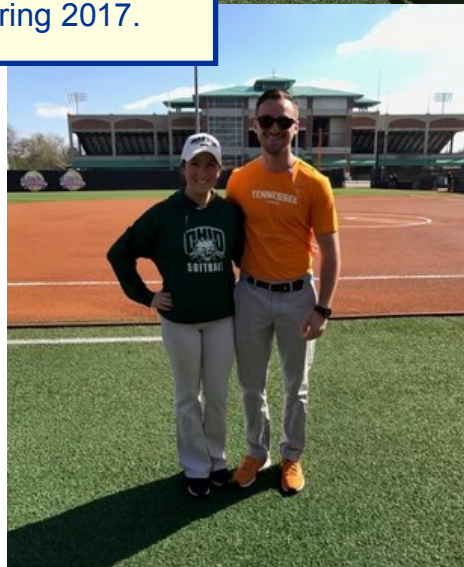
Greg Gutierrez (PhD 2008) with his family in the summer of 2017.



Natalie Reynolds (Ohio Univ.) and Josh Evans (Univ. of Tenn.) (both 2015) in spring 2017.



Senior Kristyn Lawler represented UD ATEP at EATA 2018 Quiz Bowl.



Senior Tory Engel (4th from top left) represented UD Athletics at a CAA leadership conference July 2017.



Jessica Mutchler (2008) with Dr. K at SEATA 2018.



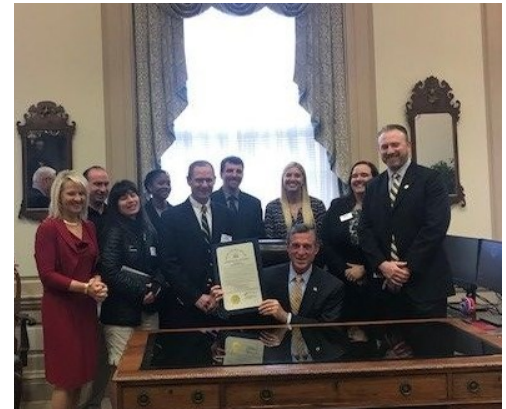
HEN DROPPINGS

CONTINUED

UD AT image featured on the NATA main website—January 2018.



Pictures from EATA 2018.
 (Left) Bryce Gaines (2009) and Kelly Stafford (2008) with Dr. K. (Right) Leah Lamborn (2014) with Dr. K.



DATA—especially past-president Dan Watson and current president Nikki Lounsberry (right) worked to arrange to have a proclamation designating March as Athletic Training Month and signed by Delaware's Governor John Carney and Lieutenant Governor Bethany Hall-Long in March at the State Capital Building in Dover, DE.



Above are pictures of the MHS group on Biomechanics Day; and Tower Hill HS and Conrad School of the Sciences visiting UD ATEP (bottom to top).

Junior class with special guest Molly Zabilowicz's mom who shared her E-care knowledge and experiences as a trauma nurse.





HEN DROPPINGS

CONTINUED



<http://www.udel.edu/udaily/2017/september/megan-ohanlon-buffalo-bills-nfl/>

Senior Megan O’Hanlon checking in from her internship with the Buffalo Bills summer 2017 (left) —was then featured in U-Daily Story (right).

- ◇ Kyle Weinberg (2018) and Eduardo Arocha (Exercise Science 2018) worked with Dr. Buckley and Dr. Kaminski last summer on the NCAA / DoD CARE project as summer scholars and their efforts were showcased at the UG Scholars Celebratory Symposium.
- ◇ Sophomore Jordan DelBianco attended the LEAD365 National Student Leadership Conference in Orlando, FL in November.
- ◇ Junior Molly Zabilowicz won the DATA 2017 Quiz Bowl.
- ◇ In the spring, senior Kyle Seymour (2018) lead UD’s Swing Dance Club in their two performances on campus.
- ◇ Junior Kyle Ball will work with the Muscle and Tendon Performance Lab at UDPT as a summer 2018 scholar.
- ◇ Our UD MLAX ATC and ATSA faculty advisor Nikki Lounsberry got engaged to her fiancé Ian earlier this year!
- ◇ UD ATEP faculty member Dr. Tom Buckley was awarded an NIH R03 grant in September 2017



Kimmie Faucher (2015) was married to Michael Bogucki May 18, 2018. Kimmie and Michael are pictured here with Dr. K. Caitlyn VaWie (2015) and Dan Watson



FINAL HEN DROPS!

CONTINUED



UD ATEP Classmates 2016 Katelyn Engen, Patrick Reynolds and Mikey Stant stopped by to visit with Dr. K. in Spring of 2018!



Class of 2014 members Beatriz Velasco, Megan (Couch) Lennon, and Leah Lamborn met up with Dr. K. at the 2018 DATA 5k run event.



Kudos to “Big Rob” Murrian for completing this year’s DATA 5k run. He’s pictured here with Dr. K.. Great work Rob!



ALUMNI NEWS

Kayla Argudo (2017) was working as an ATC at Sports Physical Therapy and Performance Center and will be moving on to PA school at Philadelphia College of Osteopathic Medicine in June.

Matt Armistead (2016) successfully defended his master's thesis work in March 2018 at Penn State University. He recently switched to become the GA assigned to Men's Soccer and hopes to stay at Penn State as a full time ATC.

Matt Astolfi (MS 2013) has begun clinical rotations in Medical School at Jefferson University.

Chelsea Best (MS 2016) is now an ATC with Indiana University working football.

Peter Braun (MS 2012) and his wife have adopted a baby boy, Nolan, who was born on March 3, 2017. Peter works as the Sports Medicine Supervisor for ATI Physical Therapy in the greater Philadelphia, PA area. He also directs ATI's concussion management program for area high school athletic trainers.

Michael Bruno (2016) - began Chiropractic School at the University of Bridgeport

Karissa Carty (2014) finished her masters degree at Indiana Wesleyan University in 2017 and recently accepted a position with UD Athletics.

Chris Clyde (MS 2012) is living in Newark, DE with his wife and providing fitness coaching full-time.

Megan Cusick (2015) - has completed PT school @ Duke and begins a job with Pivot PT in Cary, NC summer 2018.

Gregg DeDomenico (2017) will be attending UD DPT Program this June.

Andrew DePietropaolo (2011) hired as the PT/ATC with the Green Bay Packers summer 2017.

Josh Evans (2015) - completed his master's degree at UT and has moved on to a seasonal ATC position with the Atlanta Falcons

Chelsea Finch (2017) - appointed UD's employee fitness coordinator

Gabby Francis (2017) - accepted to OT school at NYU

Haley French (2015) is working as an ATC GA with volleyball and swimming at Cal U in Pennsylvania.

Christina (Shields) Greenwood (MS 2012) has recently started PT school and will start full time clinical rotations— including a rotation in Sydney, Australia—after one more semester of class work.

Shawn Hanlon (MS 2014) was a speaker at the 2018 Adam Taliaferro Foundation Sports Medicine Symposium and recently was accepted into BIOMS doctoral program at UD beginning Fall 2018.

Molly Hennessy (2016) was accepted to High Point University's PA program

Karen Hsu (2009) - received a "Lifesaver Award" at the FWATA meeting in March 2018





ALUMNI NEWS

Emily Hunter (2017) has been working at an orthopedic office in Cambridge and plans to apply to PA schools soon.

Nicole Hoffman (2004) has finished her doctoral studies at the Univ. of Georgia and has accepted a position as an Assistant Professor in Athletic Training at Illinois State University.

Molly Johnson (MS 2014) - after having spent the last 3 years in pharmaceutical research, Molly is becoming the new dance/fitness director at the Hockessin Athletic Club.

Allison "Alli" Kim (MS 2010) - working as a PA in orthopedic hand/UE for the Univ. of Colorado Health System in Colorado Springs, CO

Meeja Kinsey (MS 2017) has been working hard with Washington Freedom soccer the past year.

Leah Lamborn (2014) - was engaged in January 2018 and recently accepted a position with UK women's soccer.

Corey Lopez (2011) is the Head Football ATC at Hampton University.

Mary Mahon (2014) will be starting PT school at High Point University summer 2018.

Shannon Matheny (MS 2016) was appointed as a Young Professionals (YP) State Chair in the State of Delaware by EATA in December.

Rebekah Marino (2014) was accepted to University of Vermont's Physical Therapy Program and will start later this year.

Kelly McGuire (MS 2014) - has begun the Accelerated Nursing program @ Massachusetts College of Pharmacy and Health Sciences

Carolina Merchen (2012) moved back to Chicago last year and is working as a Physician Extender at Midwest Orthopedic at Rush.

Sarah Moore (2013) started a job with FC Dallas doing group ticket sales.

Robert Murrian (2016) has been working as an ATC for the past two years at the Comprehensive Spine Center in Dover, DE

Matthew Piha (2015) is finishing up school and student teaching at Eastern University for a teaching certificate in Health and Physical Education and is looking to find a teaching job .

Mike Phillips (2007) has begun teaching in Middle School at Tower Hill School where he works as an ATC / CSCS.

Mikaela Potrako (2015) - is the head ATC at Garnett Valley (PA) HS and was recently appointed to the Board of Directors @ Thorncroft Equestrian Center

Natalie Reynolds (2015) completed her graduate degree at Ohio University in 2017 now works at Lake Superior State University as an ATC with Ice Hockey.

Patrick Reynolds (2016) - while finishing his graduate studies at East Tennessee State Univ. he recently accepted a position with the Cleveland Indians minor league program in Arizona.

Alex Salinas (MS 2014) is busy working at Forest Hills Northern High School as an ATC and teacher of Intro to AT. He was also named 2018 Preceptor of the Year" for Grand Valley State Univ.



ALUMNI NEWS

Takayuki Sakurai (2007) will be moving back home to Japan following a 10-year stint in the minor leagues with the Philadelphia Phillies organization (see photo on pg. 21)

Kelsey Shonk (MS 2014) is working as an Athletic Trainer in Olentangy School District in Columbus, Ohio.

Sean Stryker (MS 2014) is now the head ATC for Baseball at the University of Alabama

Morgan Taylor (2017) is finishing up her ATC position at a high school in Maryland and will be attending Armstrong-Atlantic University's DPT Program later in the year.

Stephen Thomas (PhD 2010) - working as an assistant Professor at Temple University.

Tyler Tice (2017) - current UDPT student has received a scholarship from the Orthopedic Specialty Group

Kyle Tinsman (2016) interned with Bowie Baysox Double A Baltimore Orioles summer 2017 and is finishing up his ATC GA position at Mount St. Mary's University.

Dan Tocci (MS 2012) - welcomed a baby girl Elia Jae in 2017.

Alyssa (Reyes) Truehart (MS 2013)

currently works at Aligned Medical Group (NovaCare Rehabilitation) in Paoli, PA.

Cody Walker (2015) - completed his master's degree at UK this Spring and has been hired on as ATC with Gymnastics there. (Cody is pictured below following his master's thesis defense@ UK)



Jen Worrall (2017) is finishing up her ATC position at JAG PT in north Jersey and will be attending Rutgers-North DPT Program later this year.

Caitlyn VanWie (2015) finishing her ATC Residency at UCONN working with Football and Track & Field and hoping to stay on there as a staff athletic trainer?



ALUMNI PARTY 2017

Thanks everyone who attended last year's Alumni Party at NATA in Houston, Texas! Alumni, faculty, and students had a blast catching up at The Flying Saucer Emporium!





ALUMNI PARTY 2018

NEW ORLEANS, LA

Please join us in New Orleans, LA for this year's UD ATEP Alumni party!

Wednesday June 27th, 2018

7PM-10PM

The Rusty Nail

1100 Constance St,

New Orleans, LA 70130

\$5 donation at the door



DELAWARE ATHLETIC TRAINERS ASSOCIATION



President: Nikki Lounsberry

President-Elect: Mandy Minutola

Secretary: Kelly Stafford (2008)

Treasurer: Kathleen Kenney (2011)

Past-President: Cara (Cordrey) Gomez (2005)



Thank you to everyone who supported the Annual DATA 5K Run/ 1 Mile walk. Volunteers, participants, and sponsors— you are greatly appreciated.

Student Representatives

2017-2018: Kristyn Lawler and Dominique Padula

DELAWARE ATHLETIC TRAINERS ASSOCIATION



Keep up with all DATA News and Events at:

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Mark S. Eskander, MD**

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Douglas A. Palma, MD - UD '91*
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* Orthopaedic Surgeon for the University of Delaware Athletic Department

** Affiliated Faculty Member with the University of Delaware Department of Physical Therapy





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Please check out our website for club activities during the coming year: <http://udelatsa.weebly.com/>



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**Thanks to Michael Smith and Dean Dr. Kathleen
Matt from the College of Health Sciences @ the
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