



ATHLETIC TRAINING ALUMNI NEWSLETTER



UD Athletic Training Program

Highlights

- Our Program
- Staff and Students
- AT/SH Graduation
- AT/DATA Award Winners
- Class of 2023 Future Plans
- Class of 2024 Summer Experiences
- Alumni Updates & Future Plans
- A Message to our Donors
- Stay Connected!

The mission of the University of Delaware Master of Science in Athletic Training program is to provide a safe, inter-sectional learning environment where students develop into competent healthcare professionals using an evidence-based and inter-professional approach in the profession of athletic training. Our program is accredited by the Commission on Accreditation of Athletic Training Education, and it combines specific coursework with competitive clinical experiences and culminates with a semester-long clinical immersion rotation. Students involved in the MS-AT program complete the university and departmental coursework requirements while simultaneously satisfying the clinical proficiencies via the practicum experience in a variety of sports healthcare environments.


This summer, we began our class of 2025 cohort with a total of 25 students. This month, these students will begin their first clinical experiences as masters' students.



LETTER FROM OUR PROGRAM DIRECTOR

Hello fellow UD alumni!

My name is Bethany Wisthoff, the current Director of Athletic Training and Sports Health at University of Delaware. I would like to take a few moments to introduce myself to you all. As an alumni from the UD BIOMS PhD program in May 2019, I began my journey as Assistant Professor in the Kinesiology and Applied Physiology Department in June 2019, teaching graduate athletic training and undergraduate courses. In January 2023, I assumed the role of Program Director of the Master of Science in Athletic Training program.



As an Indiana native, I received my Bachelor of Science degree in Athletic Training from Indiana University in Bloomington, IN in 2012. That same year, I married my now husband, Mike, and moved to Honolulu, HI one week later. I attended University of Hawaii at Manoa for my Master of Science in Post-Professional Athletic Training. This was where I was exposed to teaching for the first time and a passion for education was established. After completing my master's degree, I served as an athletic trainer for Radford High School in Honolulu, HI for one year. In 2015, I began the BIOMS PhD program with Dr. Thomas Kaminski as my advisor. Please check out the [CHS News Article](#) about my transition to Program Director written by the wonderful Amy Cherry.

I look forward to learning more about our great alumni and hopefully meeting some of you at NATA next year in New Orleans, LA!

Dr. Bethany Wisthoff

Bethany Wisthoff, PhD, LAT, ATC
Program Director, Athletic Training & Sports Health

Faculty & Staff Changes

**David G.
Edwards**

Department Leadership

**Join us in welcoming our new
Unidel Katherine L. Esterly Chair
in Health Sciences!**

[Click this link to read more..](#)



**Nikki Yates, MS,
LAT, ATC**
Assistant Professor

"After a little over 9 years as a clinical athletic trainer here at UD I am thrilled to have the opportunity to move into a faculty role starting this academic year. Beginning in August I will be an assistant professor in the Department of Kinesiology and Applied Physiology working with our Anatomy and Physiology team. I have had an amazing time in athletics working with volleyball, women's lacrosse, men's and women's tennis, and mostly men's lacrosse over the years. It's been an incredible journey so far and an exciting new one is on the horizon. It's been such an honor to work with such great athletic training students and I feel so fortunate to be able to stay here at UD to continue working with our students and so many others in a new capacity."

"Never in a million years did I think that Delaware would be the place I would want to spend my career. Truth be told, when I first accepted the job here in athletics, I probably wouldn't have been able to tell you where it was on a map. Yet all these years later, when the time came for me to shift into full-time teaching, all I wanted to do was stay here and I couldn't be happier to have this opportunity. The University of Delaware has something special and I am thankful to continue being part of it."

2023 GRADUATES





ATHLETIC TRAINING

Awards



Award Recipients

(left to right)

Sheridan Florio - *Dr. Julie Moyer-Knowles Award;*
Kaylee Burgess - *Lee J. Hyncik Athletic Trainer Achievement Award;*
Olivia Vranich - *Paris Delligatti Memorial Scholarship;*
Jennifer Krok - *Paris Delligatti Memorial Scholarship;*
Dr. Bethany Wisthoff - *Program Director;*
Jamie Morin - *Joan Couch Athletic Training Scholarship Award;*
Mallory Margherita - *Keith Handling Scholarship;*
Kyle Gabriel Ocampo - *Lee J. Hyncik Athletic Trainer Achievement Award.*

SUMMER EXPERIENCES

CLASS OF 2024

Our students gained hands on experience this
Summer at various institutions.
Way to go!





ATHLETIC TRAINING ALUMNI FUTURE PLANS

Name	Future Plans
Sydney Bell	<i>Physician Extender/AT with Dr. Bley/Delaware Sports Medicine & St. Andrews School</i>
Camden Blevins	<i>Athletic Trainer at Immaculata College</i>
Maxon Blow	<i>Athletic Training Fellow at University of Kentucky/ Georgetown College</i>
Chloe Daum	<i>Clinical athletic trainer/ physician extender for University Orthopedic Associates in New Jersey</i>
Justeen Gordon	<i>Looking for jobs in the New Jersey area</i>
Kellie Heinlein	<i>Assistant Athletic Trainer with Cornell University Football</i>
Daniel Hernandez	<i>Part-Time Athletic Trainer for the Oakland A's Dominican Republic Complex</i>
Jake Hickey	<i>Athletic Trainer with Centenary University - Hackettown, New Jersey (St. Luke's)</i>
Brian Huebler	<i>Athletic Trainer with Sussex Academy in Georgetown, DE</i>
Stephanie Judkins	<i>Athletic Trainer with ATI at St. George's High School</i>
Andrew Liss	<i>Athletic Trainer at Caesar Rodney High School/Premier</i>



ATHLETIC TRAINING ALUMNI FUTURE PLANS

Name	Future Plans
Joseph Mamola	<i>Athletic Trainer with Lancaster Mennonite School- Lancaster, PA</i>
Samantha Markland	<i>Assistant Athletic Trainer with Appoquinimink High School in Delaware</i>
Jordyn Martini	<i>Assistant Athletic Trainer with Gettysburg College in PA</i>
Marissa Mellinger	<i>Clinical Athletic Trainer with Alliance Orthopedics in New Brunswick, NJ</i>
Kyle Ocampo	<i>Assistant Athletics Trainer at The Peddie School in Hightstown, NJ.</i>
Morgan Ohm	<i>Assistant Athletic Trainer at Goldey-Beacom College/ Novacare</i>
Julia Olivieri	<i>Athletic Trainer at ProClinix Sports Physical Therapy & Chiropractic in Larchmont, NY</i>
Keyshan Patel	<i>Seasonal Internship with New Orleans Saints</i>
Beartice Pocher	<i>Looking for jobs in the New Jersey area</i>
Zachary Poston	<i>Looking for jobs working with High School or College</i>
Alexandria Sisofo	<i>Athletic Trainer for Ashley Ridge High School in Summerville, SC (Roper St. Francis)</i>



ATHLETIC TRAINING ALUMNI FUTURE PLANS

Name	Future Plans
Annie Thomas	<i>Assistant Athletic Trainer for Yale University with Women's Volleyball & Swim/Dive</i>
Paul Thompson	<i>Assistant Athletic Trainer at Neumann University</i>
Yutao (Terry) Wei	<i>Doctoral program in Applied Physiology @ Tsinghua University in Beijing, China</i>



UNIVERSITY OF DELAWARE
CAREER CENTER

<https://www.udel.edu/students/career-center/>

NATA ALUMNI EVENT



We had 25 attendees this year at our NATA Alumni Social in Indianapolis, IN. We had a nice gathering at the Punch Bowl Social Indy.

Looking forward to seeing more alumni in New Orleans next year!



ATHLETIC TRAINING ALUMNI UPDATES

Name	Graduation Year	Current Place of Employment	Current Job Title
Sharon Donato	1993	ATI Worksite Solutions- Aberdeen MD	Early Intervention Specialist
Lisa Komnik	1994	Stony Brook University Stony Brook, NY	Clinical Education Coordinator/Clinical Assistant Professor
Aaron Sciascia	2000	Institute for Clinical Outcomes and Research, Lexington, KY	Clinical Outcomes and Research Director
Megan Heronemus	2004	Georgetown, DE	Teacher
Nikki Hoffman	2004	Michigan State University (East Lansing, MI)	Assistant Professor of Athletic Training
Cara Gomez	2005	Delaware State University, Dover, DE	Associate Professor
Ashley Reckdenwald	2007	Princeton Orthopedic Associates Princeton, NJ	Physician Assistant
Sarah Murtagh	2009	Farmingdale Physical Therapy West, Bethpage, NY	Physical Therapist
Sarah Dresch	2009	NY Physical Therapy and Wellness, Levittown NY	Clinical Director
Samantha Wall	2011	Groton School, Groton MA	Director of Sports Medicine
Jillian Hall	2012	St. Luke's University Health Network, Bethlehem, PA	Sports Medicine Coordinator



ATHLETIC TRAINING ALUMNI UPDATES

Name	Graduation Year	Current Place of Employment	Current Job Title
Aaron Struminger	2012	Eastern Michigan University, Ypsilanti, MI	Assistant Professor and AT Program Director
Christine Castillo	2012	Air Force Special Operations Ft Bragg North Carolina	Human performance/Military athletic trainer
Sarah Neal	2013	University of Colorado (part-time teaching) Self-Employed Physical Therapist (Denver, CO)	Sports Physical Therapist
Alyssa Truehart	2013	Aligned Medical Group, Paoli, PA	Clinical Athletic Trainer
Alyssa Reyes	2013	The University of New Orleans, New Orleans, LA	Assistant Athletic Trainer
Caitlyn Slingluff	2015	Ascension St. Agnes Hospital - Baltimore, MD	Athletic Trainer
Christopher Marroquin	2015	Baltimore Ravens (Baltimore, MD)	Assistant Athletic Trainer/Physical Therapist
Greg O'Connor	2015	Hands on Physical Therapy Toms River, NJ	Physical Therapist
Chelsea Best	2016	Mississippi State University Starkville, MS	Associate Athletic Trainer - Football
Kyle Tinsman	2016	Mount St. Mary's University Emmitsburg, MD	Graduate Assistant Athletic Trainer



ALUMNI UPDATES

Name	Graduation Year	Current Place of Employment	Current Job Title
Meeja Kinsey	2017	Major League Soccer New York City, NY	Manager, Medical Administration
Chelsea Finch	2017	University of Delaware (Newark, DE)	Fitness Coordinator of Employee Health and Wellbeing
Taylor Hatfield	2017	Bayhealth Contracted to Milford High School as Head ATC	Head Athletic Trainer
Tory Engel	2018	Dartmouth College, Hanover, NH	Athletic Trainer
Phillip Kemmerer	2018	The University of Memphis, Memphis, TN	Assistant Athletic Trainer
Nikki Patel	2018	Novacare - Temple University Philadelphia	Head PT and Assistant ATC for Club and Rec Sports
Michael Hertsenberg	2019	ATI Physical Therapy/Wilmington Christian School in Wilmington, Delaware	Outreach Athletic Trainer
Courtney DeFeo	2019	Ursinus College Collegeville, PA	Assistant Athletic Trainer
Trevor Kosinski	2020	Elite PT Wilmington DE	Athletic Trainer
Alexis Chilton	2020	Johns Hopkins University Baltimore, MD	Assistant Athletic Trainer
Billy Gaffney	2020	Northeastern Junior College in Sterling, Colorado	Athletic Trainer
Jordan Del Bianco	2020	Brattleboro Union High School Brattleboro, Vermont	Atheltic Trainer



ATHLETIC TRAINING ALUMNI UPDATES

Name	Title	Current Place of Employment	Current Job Title
Emily Clutchfield	2021	University of Toledo- Toledo, OH	Graduate Assistant
Hollyann Wettstein	2021	Cape Henlopen High School: Lewes, DE	Certified Athletic Trainer
Bethany Hannum	2022	University of Tennessee Knoxville, TN	Intern Athletic Trainer - Track & Field and Cross Country
John Smith	Former Head Athletic Trainer	Synergy Orthopedics Plymouth Meeting PA	Clinical Care Specialist

**Congratulations to
our alumni
who won awards
at NATA this year!**

National Awards 2023

Most Distinguished Athletic Trainer Award

Michelle Boyd, ATC
Murphy Grant, ATC, PES, CES
Chris Hall, MA, LAT, ATC
Jessica Huett, EdD, LAT, ATC
Matt Kutz, PhD, ATC, CSCS
Kenny Lam, ScD, ATC, FNATA
Alice McLaine, PhD, ATC
Jennifer Popp, EdD, LAT, ATC
Alice Wilcoxson, PhD, LAT, ATC
Lynne-Marie Young, MEd, LAT, ATC

Fellows

Matt Hoch, PhD, ATC
Tim McGuine, PhD, LAT, ATC
Stephen Thomas, PhD, ATC
Cailee Welch Bacon, PhD, ATC
Susan Yeargin, PhD, ATC

Eve Becker-Doyle Leadership Award

Cynthia "Sam" Booth, PhD, AT Ret.

NATA Honorary Membership

Mark Halstead, MD

Tim Kerin Award for Excellence

Frank Walters, PhD, LAT, ATC

Athletic Trainer Service Award

Kevin Briles Sr., LAT, ATC, CSCS
Darryl Conway, MA, AT, ATC
Siobhan Fagan, MEd, ATC, CSCS
John Knaul, MS, LAT, ATC
Kenny Lam, ScD, ATC, FNATA
Sarah Manspeaker, PhD, LAT, ATC
Matthew Marzullo, MEd, LAT, ATC
Meghan McCaffery Lewis, MA, LAT, ATC
Jarett Rhoads, MEd, ATC, CSCS
Christina Scherr, MEd, ATC
Edward Strapp, FPC, NRP, ATC
Toni Torres-McGehee, PhD, SCAT, ATC
Jennifer Volberding, PhD, LAT, ATC
G Stuart Wilson, MAT, ATC
Joshua Woodall, MEd, LAT, ATC

State Association Advisory Committee

Excellence in Leadership Award

Jarrett Rhoads, MEd, ATC, CSCS - New York
Lisa Walker, LAT, ATC - Utah

Emerging Leader Award

Cassandra Snow, MS, NHLAT, ATC - New Hampshire
Katelyn Zimmerman, MS, LAT, ATC - New Jersey



TRAINING





ATHLETIC TRAINING

ALUMNI

LIFE & PROFESSIONAL

UPDATES

Name	Graduation Year	Current Place of Employment	Life & Professional Updates
Michael Younes	1995	Physician/Surgeon and Director of the S. Central PA Reconstructive Foot and Ankle Fellowship	Plastic Surgeon - Always looking for Physician Extenders for a high volume Reconstructive Foot and Ankle surgical practice ATCs have the knowledge, background, and skills necessary to perform at this level without hesitation! younes.mike@gmail.com
Tiffany Malin	2019	Nuemann University, Aston, PA	Full time Assistant Athletic Trainer at Nuemann University in 2021! Working with women's volleyball, women's ice hockey, track & field, men's & women's tennis.
Kathleen Kenney	2011	Laurel Middle High School, Laurel, DE	President Elect of DATA as of 2021 & Athletic Trainer
Haley Anderson	2015	Jacksonville Orthopedic Institute, Jacksonville, FL	Athletic Trainer - Starting PA school at Nova Southeastern University in May!
Sarah Roger	2018	Athletic Trainer at MIT	Starting her 2nd year, working with our 32 varsity athletic teams and club athlete



ATHLETIC TRAINING

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LIFE & PROFESSIONAL UPDATES

Name	Graduation Year	Current Place of Employment	Life & Professional Updates
Jospeh Szczerba	1991	Salesianum School, Wilmington, DE 19802 (ATI Physical Therapy)	Faculty / Head Certified Athletic Trainer - My son (Joseph E. Szczerba III) just graduated from UD (May 2022: Nursing). He is working at Christiana Hospital in their ICU. My daughter (Emma Jo M. Szczerba) is completing her junior year at UD (3 + 3 program with Jefferson University) and will be starting at Jefferson University this fall in the Doctorate of Occupational Therapy Program.
Darryl Conway	1993	University of Michigan Ann Arbor, Michigan	Executive Senior Associate AD / Chief Health & Welfare Officer - Owner- Conway Ventures, LLC Co-Owner- Sports Medicine Emergency Management, LLC (SMEM)
Melissa Gutheil	2020	AdventHealth Orlando outreach to Orangewood Christian School in Maitland, FL	Head Athletic Trainer - Graduated with my DAT in April!



ATHLETIC TRAINING

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LIFE & PROFESSIONAL UPDATES

Name	Graduation Year	Current Place of Employment	Life & Professional Updates
Melissa Maskery	2011	Oak Knoll School of the Holy Child, Summit, NJ	Assistant Athletic Director/ Head Athletic Trainer - Graduated with my Ed.D in Interdisciplinary Leadership. <i>"My students call me Dr. M now which is weird because it makes me think of you Dr. K every time!"</i>
Mona Marrash	2009	Arizona Sports Medicine Center, Scottsdale, AZ; Also, Owner of In Good Hands Wellness, LLC	Athletic Trainer; Polarity Practitioner/Bodyworker - Currently en route to becoming a Board Certified Polarity practitioner as well as a teacher of Polarity Therapy.
Alex Salinas	2014	The Center for Physical Rehabilitation	Athletic Trainer, Forest Hills Northern HS - Getting married April 2023; started role as Michigan Athletic Trainers' Society (MATS) President-Elect in January 2023



ATHLETIC TRAINING

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LIFE & PROFESSIONAL UPDATES

Name	Graduation Year	Current Place of Employment	Life & Professional Updates
William Kerr	2016	Temple University	Associate Athletic Trainer for Football - Promoted to associate AT working with football at Temple. Recently found out my wife and I are expecting a baby in June of 2023.
Laura Dryden	2018	University of Maryland Medical Center, Baltimore MD - Pediatric Emergency Room	Registered Nurse - After working as a high school AT for 2 years, I went back to school and earned my masters in nursing at Augusta University. I began my nursing career in January 2022 at the University of Maryland in the Pediatric Emergency Department.
Ariona Thornton	2021	Arkansas State University Jonesboro, AR	<i>Graduate Assistant Women's Basketball - Currently completing my Masters Degree. Will be finished in May 2023. Then will start my internship with the Miami Dolphins</i>

A message to our Donors

UD Athletic Training & Sports Health Education Programs



\$3,010 of \$4,000 Goal



55 Donors of 400 Goal



Share

The goal is to be able to enhance the student educational experience by implementing new equipment and simulation techniques into the sports health and athletic training education programs. A secondary goal is to support the Joan Couch Scholarship for future athletic training students.

Areas of educational equipment interest include:

- Therapeutic Modalities
- Rehabilitation Tools
- Diagnostic Imaging
- Simulation Equipment

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ATHLETIC TRAINING
STUDENTS AND ALUMNI



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HOW YOU'RE DOING!

UPCOMING EVENTS:

Stay tuned for more information about our
2024 Alumni Party!