



Athletic Training

ALUMNI NEWSLETTER

Volume: 19 — Summer 2022

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Loss of Long Time Friend of UD: Vince Maguire



Last summer we lost a dear friend and alumnus Mr. Vince Maguire. In honor of his memory and long-time dedication to UD ATEP we decided to make him the spotlight of this year’s Alumni Newsletter cover story. “Mr. Maguire” as he was so affectionally referred to, served as an athletic trainer for Al duPont High School for many years and during that time was a preceptor to many of our UD ATEP students. At his retirement party back in 2017 we presented him with a notebook of memories including photos and comments from many of his former students. Below you will find his obituary and some photos of his time with us. Rest in Peace!

On June 24, 2021, Vincent de Paul Maguire, age 73, of Hockessin and Broadkill Beach, Delaware died as he lived, with quiet dignity in the company of his family.

Vince was born and raised in Wilmington, Delaware. He graduated from Archmere Academy in 1965 and the University of Delaware in 1969. He went on to attain his master’s degree in 1972 and returned to UD to become a certified athletic trainer in 1993. He spent the majority of his teaching career as a French and Spanish teacher at Alexis I. duPont High School and retired after 34 years of teaching. He continued as the athletic trainer for all of the school’s sports for another 14 years, reluctantly retiring from his second career in 2017. During his time at AI, he also coached football, girls’ basketball and softball.

More importantly, Vince lived a legendary life, and his impact on others was vast and profound. He was a devoted partner to the love of his life, Julie (née Grady), through 51 years of marriage. He was the father to two brilliant children, Colleen (Shanen) and Mark (Melissa), brother to 11 siblings, favorite uncle to 19 nephews and 16 nieces (and several honorary nieces and nephews), devoted great uncle to their children, and a world-class Pop-Pop to his extraordinary granddaughters Caroline and Caitlin. He was a marathon runner and master storyteller. He was an arborist, carpenter, mason, plumber, and mechanic who could fix anything and worked tirelessly doing so. He was a mentor to hundreds of students and athletes and helped anyone in need however he could.





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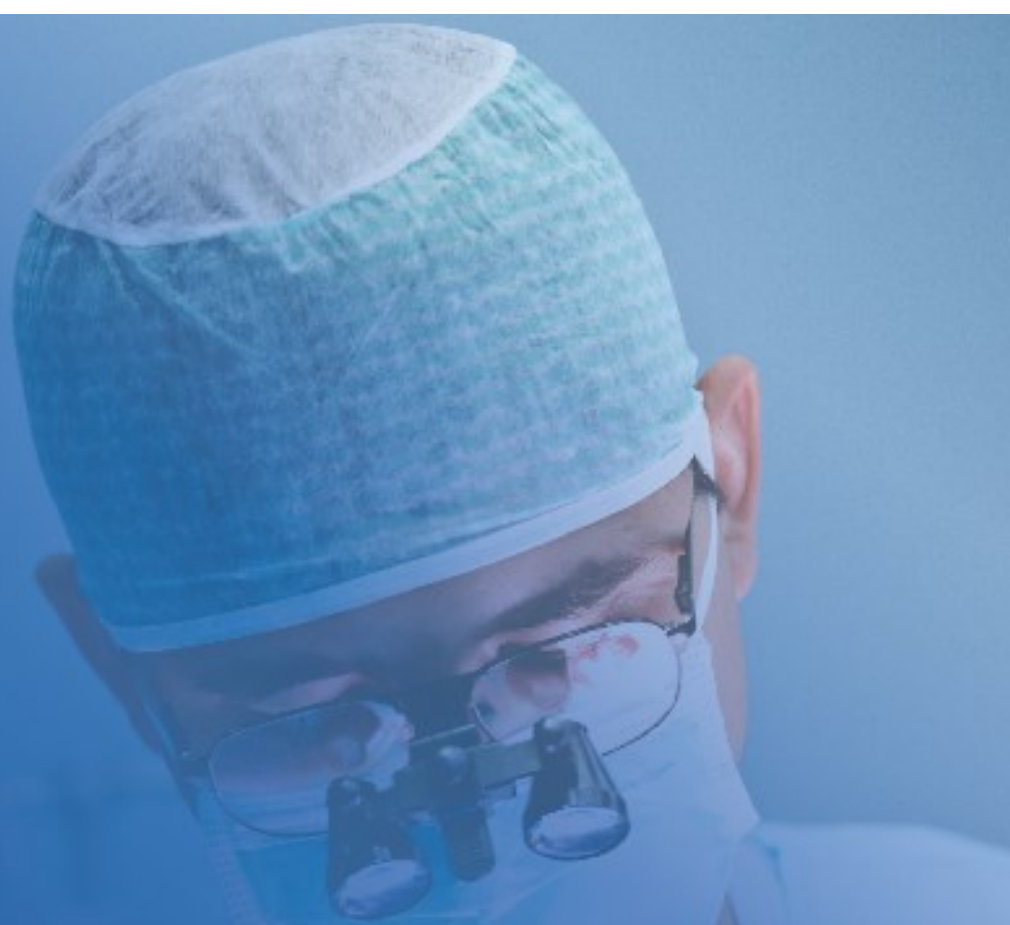
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DELAWARE ORTHOPAEDIC SPECIALISTS



From the Desk of Dr. K



Greetings from UD ATEP headquarters here in Newark, Delaware! Summer is upon us (after 20 years of living here we go from Winter to Summer minus the Spring!). Earlier this week we welcomed our newest cohort of MS-AT students, they along with our 2nd year MS-AT cohort are eager to get another academic year started. Gone are the days of the traditional semester system around here ---- non-stop from June thru May and we do it all over again. Continued appreciation for our faculty/staff/students/administrators/preceptors as we continue to maneuver the nuances of programming logistics even as the Covid-19 pandemic continues into year #3! UGHHHHH!! Are we done yet!

This year's cover story is a salute to Mr. Vince Maguire the kindest gentlemen I have ever met! Mr. Maguire was an alumnus of our program having come through the old "internship route" to certification under the tutelage of long-time UD ATEP program director Keith Handling. Vince was a great man and his passing left a void. It is only fitting that we honor him with this year's cover story.

A special thanks and shout out to Maryanne (Marchesani) Parsons – UD ATEP Class of 1982 who is at the center of this year's Alumni Spotlight. Maryanne shares some fond memories of her athletic training experiences here at UD in the early 1980's and how they helped to shape her career that has taken her into the non-profit advocacy world in her role as President/Founder of Partners in Outreach whose mission is to improve the lives of children residing in Chester County and its surroundings, by closing literacy gaps, supporting summer camp participation, and enhancing holiday and cultural expression --- <https://www.partnersinoutreach.org/> Kudos to Maryanne and thanks so much for sharing.

On the ATEP front, the program continues to morph and grow. At present we are near capacity with 51 students in 2 cohorts (25 & 26 students respectively). Clinical sites are really being stretched, but thanks to the efforts of our Clinical Education Coordinator – Mr. Jeff Schneider we continue to make it happen. Our clinical preceptors continue with their tremendous efforts in helping to guide and shape the clinical expertise of our AT students as aspiring future athletic trainers! Congrats to UD ATEP faculty member Dr. Bethany Wisthoff (PhD 2019) whose contract was made official as a UD continuing track faculty beginning Summer 2022. Congrats to our 14 MS-AT graduates. They're dedication and commitment over the past 2 years was remarkable. As freshly certified athletic trainers they are all well-prepared to tackle the challenges ahead. The ATC job market is super hot right now, so most have already found employment as entry-level Athletic Trainers in a variety of settings ranging from pro-sports to physician extender roles and everything in between. Best of Luck!

Excited for our Alumni Event this year "A Night @ Citizen's Bank Park for a Phillies Game"! The event sold out in 2 weeks and on Wednesday June 29, 2022 we will welcome 130 guests to enjoy a pre-game BBQ and then the baseball game @ 7:05 pm when the Phillies take on their NL East rival Atlanta Braves. Looking forward to reconnecting again after a 2-year hiatus!

Alumni support is crucial to the success of the University of Delaware, including UD ATEP. Your financial contributions through the years have helped fund many professional development and educational opportunities for UD ATEP students. Please remember to specify the UD Athletic Training Program – HNES412112 when donating ---- <https://www.udel.edu/alumni-friends/give/how-to-give/> Please follow us on Twitter @UD_ATEP and stay in touch either via our Alumni Update form on the website --- <https://sites.udel.edu/chs-atep/alumni/> or sending your commentary to me directly kaminski@udel.edu

Have a great summer!

Go Blue Hens!

Sincerely,

Dr. K.



From the desk of Dan Watson Senior Associate AD, Sport Performance

Greetings UDAT alumni. Appreciate the opportunity to write a quick note to all. It has actually happened ----the fanny pack has been hung up and is now collecting dust. My last clinical semester was Spring of 2021. I think it took me until the first UD FB game this past Fall to actually realize that I'm now completely a full-time administrator. This is a good evolution, as UD Sport Performance is doing incredible things with the true integration of AT, S&C, nutrition, psych & analytics all working together thoughtfully using our tools to provide coordinated individualized resources, education & data informed decisions to our student-athletes. We believe in empowering the SA by teaching them self-care (how to sleep, how to eat, how to be mentally resilient, how to physically recover, etc) in order to be their best selves in their sport then ultimately graduate and thrive as well-equipped humans. It's pretty cool. If you are near campus please reach out (dwatson@udel.edu) and let me know. Part of my admin duties includes giving tours of the incredible Whitney Athletic Center. I love showing it off to UDAT alumni.

So as UD Sport Performance continues to refine and master our process, I want to take the opportunity to recognize our current UDAT leadership. Nikki Yates & Brandon DeSantis lead UDAT as the Associate ADs in Athletic Training, and with the partnership of Melanee Johnson, Kelly Stafford and Paul Lowry this leadership team continues to guide UDAT to new heights and standards. We have the best staff in the country that also includes Steve Browne, Mikey Stant, Karissa Carty, Tiana McKim, Molly Zabilowicz, Kyle Alea, Megan Smith (not John's daughter), Annie Stock & Christina Gotthold. I'm ProUD to share that our 10-month ATs have all been promoted to 12 month AT positions. UDAT is now comprised of 14 12-month ATs. Onward and upward. Again, please reach out if you're near campus. Thank you, Dan.



ATEP News

Faculty and Staff News



Dr. Bethany Wisthoff has been a part of the UD AT faculty since June 2019. She has been selected to remain in a continuing-track role as Assistant Professor, teaching in the Department of KAAP within the Sports Health major and MS-AT program. She will also serve a new role as Coordinator to the Sports Health major, leading the way for this undergraduate major in student clinical observation placement and curricular updates/changes.

Previously, Dr. Wisthoff received her Bachelor of Science in Athletic Training from Indiana University. She received her Master of Science degree in Post-Professional Athletic Training from the University of Hawai'i at Manoa. In May 2019, Dr. Wisthoff received her Doctor of Philosophy in Biomechanics and Movement Science from the University of Delaware.

Ms. Jill Cluff joined the UD ATEP family in November 2021 as a part-time academic advisor for the Sports Health majors and Strength & Conditioning minors. Her office is located in the HPL facility and she has been a tremendous resource to faculty and students. Jill is no stranger to higher education having served at Northern Arizona University as an Academic Advisor for Pre-Med and Pre-Law students before moving to Maryland. Jill is a native of Arizona and lives in Maryland now with her "giant" husband (6'9") and three boys. So here's hoping for Basketball scholarships in our future :)!



Dr. Buckley and the UD Concussion Research Laboratory received an NIH grant from the US Department of Health & Human Services titled "Integrative Data Analysis to Identify Persistent Post-Concussion Deficits and Subsequent Musculoskeletal Injury Risk" --- https://taggs.hhs.gov/Detail/AwardDetail?arg_AwardNum=R21NS122033&arg_ProgOfficeCode=137

Dr. Buckley's former MS graduate students had the following manuscripts published:

Steven Browne (2018) thesis published: <https://www.tandfonline.com/doi/abs/10.1080/00913847.2022.2080515?journalCode=ipsm20>

Lauren (Kriebel) DiCerchio (2016) thesis published: <https://journals.healio.com/doi/full/10.3928/19425864-20210517-01>

Staff athletic trainers for UD Athletics **Melanee Johnson**, **Paul Lowry**, and **Kelly Stafford** were all promoted to Associate Athletic Trainer status during the past academic year. Congrats. <https://bluehens.com/news/2022/3/1/delaware-athletics-sport-performance-receives-grant-partners-with-statsports.aspx>

Congrats to **Dan Watson** (UD Athletics-Sports Performance) who teams with professors **Dr. Buckley** and Dr. Silbernagel (UD PT) on a successful Unidel grant proposal titled "Reducing Injury and Improving Performance: The Impact of GPS



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ALUMNI SPOTLIGHT

Maryanne (Marischani) Parsons

Once a Blue Hen, always a Blue Hen! It's quite difficult to believe and even harder to put into print, but this June marks 40 years since the class of '82 graduated! I'm not sure how time can pass by so quickly but Dr. Tom Kaminski's invitation to contribute to the UD-ATEP alumni newsletter not only came as a surprise, but also provided a chance to reflect on how life has evolved since my days at the U of D. My four years in Newark were marked by fond memories, valuable experiences, and indelible times with friends and incredible mentors.

To set the stage, especially for many readers too young to remember, 1982 marked the release of Michael Jackson's "Thriller" album, the opening of Disney's Epcot Theme Park, and gas prices at a mere 91 cents! The *old* Stone Balloon was the prominent landmark on Main Street and the Blue Hen training room sat on the northwest corner of Delaware Field House, occupying approximately 500 square feet. In the world of sports, titles were won by Tom Watson, Jimmy Connors, Chris Evert Lloyd, and the UNC Tarheels were led to a national championship by freshman Michael Jordan. The AIAW dissolved and women's sports were governed by the NCAA.

Beginning my freshman year, I worked hard to become a certified trainer. I'll never forget the day I approached "Doc" Rylander amid his leading a freshman group in calisthenics to ask for his signature granting me permission to enter the athletic training program. He intimidated me and I was nervous as heck to approach him, but timing was of the essence. That brief encounter turned into one of my most treasured relationships at Delaware. Doc quickly took me under his wing and provided me with so many opportunities to grow and develop as an athletic trainer and a leader. He provided me with a work study program in athletic training as a means of financial aid, encouraged and endorsed me to earn a graduate assistantship, which I subsequently had to decline because of family circumstances, and prompted me to become president of the newly formed Athletic Trainers Club. One particular memory that always brings me a chuckle was Doc handing me a plain piece of paper to design and layout a new athletic training room—no computer programs, but old-fashioned paper and cut outs of taping tables and whirlpools! You can imagine my delight when I first saw the new athletic training complex on campus that I could not have imagined in my wildest of dreams back in 1982!

There weren't many of us in the early 80's. Perhaps a dozen or so student trainers under the direction of Doc Rylander and another one of my favorite mentors, assistant trainer, Keith Handling. Keith was a great educator and an inspiration in the way he managed the profession as well as the way he served the community. His involvement with the Special Olympics exemplified inclusivity well before his time and taught his students to always "expect the unexpected." I always enjoyed Keith's assignment of freshman football where I was often accompanied by then five-year-old, Matt Handling (UD'97). We were a close-knit group and Doc, Renee, Keith, and Linda treated us like an extension of their own families. I recall celebrating the end of the academic year with a wonderful gathering on the Indian River at Doc's vacation home. Doc and Keith were great mentors and I love recalling times in and out of the training room.

Upon graduating, I was a twenty-one-year-old certified athletic trainer! So now what?! Jobs for women in the field of athletic training were somewhat limited and this added to some confusion over what the future would hold. There were times I felt that I may have disappointed my mentors by not staying in the profession that they so aptly prepared me for, but they provided me with so many skills that transferred into other areas of my life that remain with me to this day.

Student Athletic Trainers Club



The members of the Student Athletic Trainers Club work together as a group in preparation for a career in athletic training. They work with intercollegiate teams and learn from each other by sharing experiences and ideas to help prepare for the certification test.

Besides working together every afternoon, they all help out on Saturday mornings in preparation for football games. They also help in the rehabilitation of the infirmity patients every afternoon.

In January, the Trainers Club attended a National Convention at Grossingers, and in March they took the NATA certification exam. Throughout the year they took trips to other training rooms and hospitals.

Maryanne Marchesani (President)
Stella Benne (Vice President)
Joanne Chopak (Secretary)
Michelle Rosen (Treasurer)

Although I did not secure a position in the athletic training field, a UD education, however, would not let me down and I took what I thought would be a temporary job with Allstate Insurance Company until going to grad school. I did not know much about insurance except for the fact that I had to have it! What I did know was that my UD education provided me with the ability to effectively organize, critically think, and constantly evolve as a person and a professional. My athletic training background certainly had me well equipped with bodily injury terminology while working in the claims department. Additionally, my student teaching experience lent itself to many skills as I traveled through various departments on a management rotational developmental program. I enjoyed an eight year career with Allstate before making the choice to retire from the workforce and raise my family.

The one aspect of my life that seemed to stay with me from my early years, through high school, college, and beyond was my passion for volunteering in the nonprofit world. When my youngest child was in high school and secured a driver's license, I expanded my philanthropic endeavors to launch a non-profit which serves Chester County youth. Partners in Outreach is now in its twelfth year and remains a fully volunteer run registered non-profit organization which serves thousands of children each year by closing literacy gaps, supporting summer camp participation, and enhancing holiday and cultural expression. Additionally, we provide numerous service opportunities for hundreds of volunteers seeking to give back to their community. It has been a wonderfully rewarding journey that continues to challenge and inspire me, and most importantly, has put me on a path that crosses with some pretty amazing people.

Thanks to Tom Kaminski, I was inspired to reach out to some of my classmates and recently enjoyed a catch-up session via zoom! It was a delightful time, and I am so proud of each of them for the work they do. I referenced Michael Jordan earlier and it was because of my friend and classmate, Steve Tripp's, claim to fame for once wrapping Michael Jordan's ankle while attending grad school at UNC. Steve is a trainer and high school coach in Glen Cove, New York and maintains the same fun sense of humor he had while at UD. Joanne Chopak Foss earned a masters and PhD in Health Education and is an associate professor of community health education at Georgia Southern University. Joanne traded her 1982 New York accent for a southern accent and is still as charming and sweet as ever. Sue Prentzel Mauer was ahead of her time when she studied both athletic training and psychology at UD. She went on to study kinesiology and sport psychology at UCLA and now often serves as a substitute athletic trainer in the central Jersey area. The ever-evolving Sheryl Ellis Bindelglass runs a family entertainment business and is a consultant and public speaker based in northern New Jersey. She hasn't slowed down one bit! Mary Livingston Kosenkranius continues to remain very physically active and has recently transitioned to part time work as an athletic trainer in a Physical Therapy office in Delaware. It's amazing how we picked up after so many years and relished in our fondest memories of the athletic training program and the good old days at UD. While I loved being an athletic trainer and expected to return to the profession someday, I found that I enjoyed the corporate world and followed the path it led me down. I truly believe that every path we take provides an opportunity to learn, grow, and meet many people along the way. Not too long ago, I read Jill Santopolo's novel, *The Light We Lost*, which reminds me of how the people we meet and the experiences we share can alter our paths. My path may have been altered somewhat but working at Allstate was what prompted a mutual friend to introduce me to my husband, Leo. Saying yes to that first date was the absolute best decision of my life! Almost 35 years of marriage, four children, six grandchildren and many life adventures, I am grateful for my past, push aside any possible regrets, enjoy the present and look forward to the promises of the future. I had the pleasure of being a full-time mom and after my youngest went off to college I finally earned that master's degree in Nutrition Education and Counseling in December 2021! I am still passionate about health, fitness and well-being and thoroughly enjoy helping others achieve their goals and become the best version of themselves through physical activity and healthy nutrition. I am forever grateful for the memories, experiences and friendships gained at U of D and it is a part of my life that shaped who I am today. I am incredibly proud to be a Blue Hen and of the evolution of Delaware's Athletic Training Program. I don't know what lies ahead for me, but I hope to continually evolve, learn, and expect the unexpected!



The Parsons Family Portrait



Where Are They Now

Class of UD ATEP Graduates 1982

Julie Moyer Knowles: EDD DPT ATC CVRS: businesswoman, physical therapist, athletic trainer, vocational rehabilitation specialist, and educator.

Steven Tripp: Physical Education Teacher/ Lacrosse Head Coach at Glen Cove School District, Glen Cove, NY

Sue Prentzel Maurer: School Counselor/ATC at Butler High School, West Milford, NJ

Theresa Cappelli: Physical Therapist in West Grove, PA

Mary Livingston Kosenkranius: retired, working part time for a physical therapist.

Nancy Janeway

Joanne Chopak Foss: Assoc. Professor of Community Health Education at Georgia Southern University.

Michelle Rosenberg

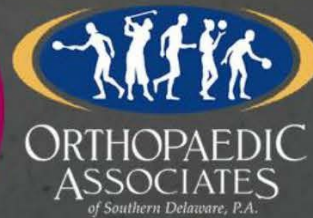
Sheryl Ellis Bindelglass: CEO at SherylGolf; President of the National Speakers Association – NJ; Treasurer of The National Alliance for Accessible Golf.





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ATEP NEWS

Salute to the UD ATEP Class of 2022

Benjamin, Nathaniel (ATC)	Orthopedic Fellowship Program/Football @ the University of Kentucky
Bower, Brooke (ATC)	Athletic Training Intern—United States Naval Academy
Colon, Justice (ATC)	Athletic Training Intern—Philadelphia Eagles
Fresia, Sydney (ATC)	Athletic Training Intern—North Park University (Chicago, IL)
Gervasi, Matthew (ATC)	US Army, H2F Program in El Paso, TX
Hannum, Bethany (ATC)	
Johnson, Helena (ATC)	Physician Extender—1st State Orthopedics (Wilmington, DE)
Martire, Donovan (ATC)	
McCoy, Brian (ATC)	Seasonal Athletic Training Intern with the Baltimore Ravens
Moran, John Paul (ATC)	US Army, H2F Program in Tacoma, WA
Ouellette, Jacob (ATC)	University of Wisconsin Health System
Perez, Marissa (ATC)	Assistant Athletic Trainer—Chicago Fire (MLS)
Ugoamadi, Daniel (ATC)	
Van Duzer, Robert (ATC)	Assistant Athletic Trainer (Football) @ Rutgers University



ATEP NEWS

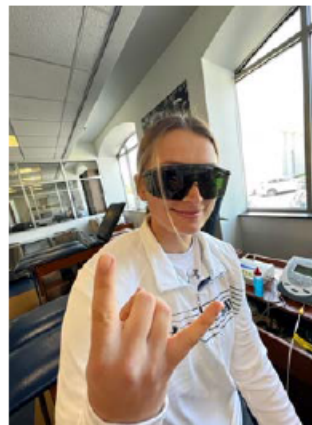
Winter/Spring 2022 Immersion Semester Highlights

The culmination of our MS-AT program involves a semester-long clinical immersion experience whereby the students are working side-by-side with their clinical preceptor/supervisor in an sports health care setting. This past Winter/Spring 2022 semesters the 14 students in the cohort embarked on their experiences that were filled with wonderful learning and growing opportunities for these future athletic training professionals. A special thanks to all those who served as preceptors to these students your efforts did not go unnoticed!

Student Name	Immersion Site Location
Nate Benjamin	UD Athletics (Baseball)
Brooke Bower	US Naval Academy
Justice Colon	UD Athletics (Women's Lacrosse)
Sydney Fresia	University of Maryland (Women's Lacrosse)
Matthew Gervasi	Rutgers University (Wrestling)
Bethany Hannum	UD Athletics (Men's Lacrosse)
Helena Johnson	1 st State Orthopedics
Donovan Martire	UD Athletics (Softball)
Brian McCoy	Rutgers University (Football)
John Paul Moran	University of Maine (Ice Hockey)
Jacob Ouellette	UD Athletics (Track & Field)
Marissa Perez	FC Cincinnati (MLS Soccer)
Daniel Ugoamadi	Morgan State University
Robert Van Duzer	Wilmington University

Here are a few photos of our students in action:

Matt Gervasi (far left) works with Jannie Taggart (2nd from left UD ATEP Class of 2012) at a Rutgers Wrestling match

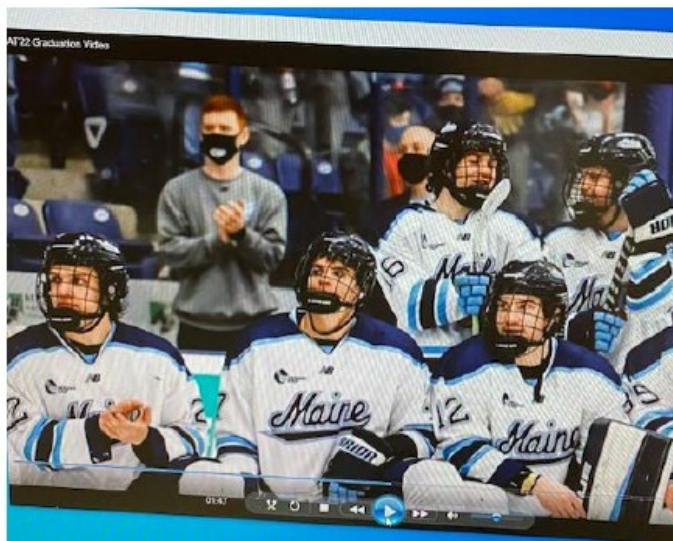


Brooke Bower getting to try out the laser at Navy!

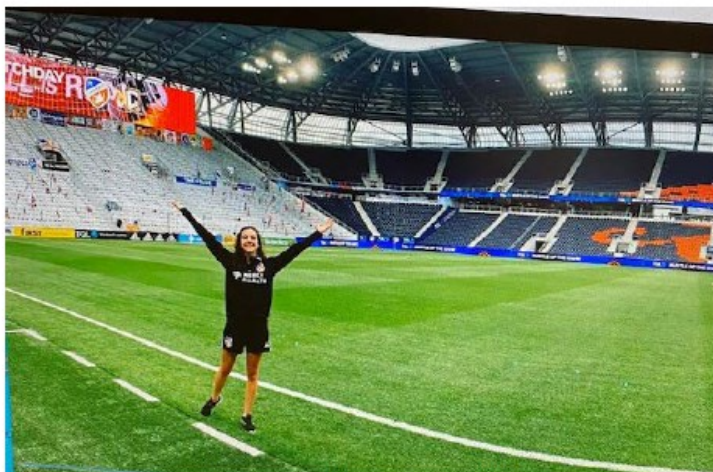
ATEP NEWS



Sydney Fresia and Justice Colon before the start of the Maryland vs UD WLAX Game Spring 2022



John Paul Moran behind the bench at a University of Maine Men's Ice Hockey Game



Marissa Perez on the field before the start of an FC Cincinnati soccer match



Bethany Hannum (bottom in middle) with UD Athletics staff members at Ohio Stadium on the campus of Ohio State University at this year's MLAX NCAA Tournament quarterfinal game

ATEP NEWS

**Welcome to the newest members of the
UD ATEP Family the MS-AT
Cohort Beginning Summer 2022**

Adeleye, Biola	University of Delaware 3+2 Program
Alcaraz, Isabella	University of Delaware 3+2 Program
Alston, Tyesha	Delaware State University
Bajek, Jacqueline	University of Delaware 3+2 Program
Berkeley, Cameron	University of Delaware 3+2 Program
Burgess, Kaley	University of Delaware 3+2 Program
Callahan, Jackie	University of Delaware 3+2 Program
Carrick, Kaitlyn	University of Delaware 3+2 Program
Cianciotti, Elizabeth	University of Delaware 3+2 Program
Cichocki, Nick	University of Delaware 3+2 Program
Elifani, Antonio	University of Delaware 3+2 Program
Florio, Sheridan	University of Delaware 3+2 Program
Garcia-Giron, Kassandra	University of Delaware 3+2 Program
Goodnight, Makenna	University of Delaware 3+2 Program
Hibbard, Tori	University of Delaware 3+2 Program
Hymes, MacKenzie	University of Delaware 3+2 Program
Lageraen, Shannon	University of Delaware 3+2 Program
Margherita, Mallory	University of Delaware 3+2 Program
Melendez-Moran, Daniel	University of Delaware 3+2 Program
Mitchell, Morgan	University of Delaware 3+2 Program
Morgan, Dylan	University of Delaware 3+2 Program
Morin, Jamie	University of Delaware 3+2 Program
Page, Madison	University of Delaware 3+2 Program
Tapper, Trinity	University of Delaware 3+2 Program
Taylor, Will	University of Delaware 3+2 Program
Trauger, Jess	University of Delaware 3+2 Program



ATEP NEWS

Scholarships & Awards

2022 ATEP Honors & Award Winners

Dr. Julie Moyer-Knowles Award: [Alyx Sisofu](#)

Paris Delligatti Memorial Scholarship: [Kaley Burgess and Kyle Ocampo](#)

Lee J. Hyncik Athletic Trainer Achievement Award: [Nate Benjamin and Kyle Ocampo](#)

Keith Handling Scholarship Award: [Nate Benjamin](#)

Joan Couch Athletic Training Scholarship: [Maxon Blow](#)

EATA Quiz Bowl Representative: [Nate Benjamin](#)

DATA Student Representatives 2022-23 SY: [Justeen Gordon](#)

EATA Student Delegation Representative from State of Delaware & UD ATEP: [Justeen Gordon](#)

NATA District II Athletic Training Student Scholarship: [Justeen Gordon](#)

DATA Student Leadership Award: [Kyle Ocampo](#)

NATA District II James Thornton Leadership Scholarship: [Justeen Gordon](#)



UD ATEP students enjoyed NCAA post-season tournament accolades as part of winning teams with Field Hockey, Women's Basketball, Men's Basketball and Men's Lacrosse successes.

2nd year MS-AT students Kyle Ocampo and Alyx Sisofu were featured as graduating Sports Health students on the CHS Class of 2022 Spotlight video series - <https://www.udel.edu/academics/colleges/chs/about/news/2022/may/chs-graduates/>

2nd year MS-AT students interning Summer 2022 with various professional teams throughout the US are: Annie Thomas (FC Cincinnati), Chloe Daum (NY Jets), Joseph Mamola (Seattle Seahawks), Kyle Ocampo (LA Rams) and Keyshan Patel (LA Chargers)



2021-2022 ATSA Exec Board ↓

President: Morgan Ohm

Vice President: Bethany Hannum

Events Planner: Sydney Bell

Secretary: Kyle Ocampo

Treasurer: Nate Benjamin

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1st Yr MS-AT Cohort Representative: Kaley Burgess

2nd Yr MS-AT Cohort Representative: Sam Gurrieri

3rd Yr MS-AT Cohort Representative: Jennifer Krok

<http://udelatsa.weebly.com/>

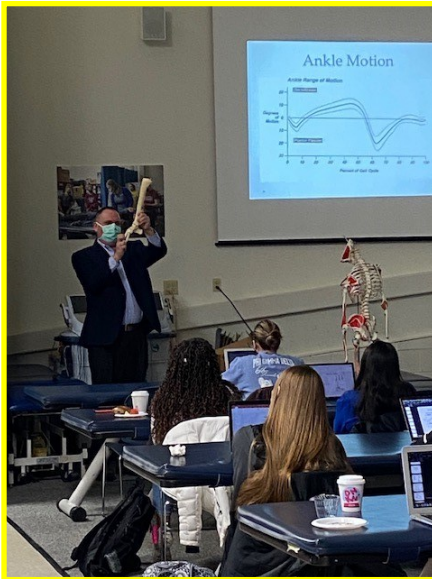
ATSA ADVISORS: Christina Gotthold and Molly Zabilowicz



ATEP Alumni NEWS

LA Rams Assistant ATC and UD ATEP Alum **Jon Hernandez** (Class of 2010) was very busy at the 2022 Super Bowl helping with injuries during the first half. The injuries didn't keep the LA Rams from winning the Super Bowl however!

University of Delaware Alumnus (1995) **Dr. Michael Younes** was a guest lecturer in KAAP622—February 2022 to our ATEP students on postural assessment, gait analysis, and ankle pathologies. <https://www.udel.edu/academics/colleges/chs/about/news/2022/february/at-alumni-foot-ankle-lecture/>



Paige Ezell (Class of 2018) was featured in a recent story on the BloodHorse website <https://www.bloodhorse.com/horse-racing/articles/259159/jockey-health-day-held-at-delaware-park> for her work with the Delaware Park horse jockeys.

Patrick Reynolds (Class of 2016) is now with the University of Maryland working with their tennis and cheerleading teams.

In March 2022, the University of New Haven gave a salute to the Department of Sports Medicine headed by Director **Maggie Johns** in honor of National Athletic Training Month. Maggie is a UD ATEP Class of 2014 alumna — <https://newhavenchargers.com/news/2021/3/31/general-a-salute-to-the-chargers-athletic-training-staff-to-close-national-athletic-training-month.aspx>

Tsung-Yeh “Jacky” Chou, a doctoral student working in the Athletic Training Research Laboratory was featured in a U-Daily story on the work that Drs. Buckley & Kaminski continue to do on concussions with UD Athletics—<https://www.udel.edu/udaily/2021/september/baseline-testing-program-athletes-health-sciences-concussions/>

Rae Everson, Class of 2010) and former member of the UD field hockey team, conducted a Q&A session for students on “How to Create a Culture of Health, Safety, and Wellness” during a presentation to the ATSA Club members in April 2022

Tori Engel (Class of 2018) is working as a clinical athletic trainer for Emory Healthcare and will be on staff for game day and day-after-game treatments.



Chelsea Best (MS Class of 2016) was recently appointed associate athletic trainer (football) at Mississippi State University, Starkville, MS <https://hailstate.com/staff-directory/chelsea-best/1737>

ATEP Alumni NEWS

Class of 2011 **Melissa Maskery** is currently employed at the Oak Knoll School of the Holy Child, Summit, NJ, as an Assistant Athletic Director and the Head Athletic Trainer.

Christine Gilsdorf, Class of 2010, works as an ATC for Stretch Lab in Charlotte, NC.

Brooke Snyder (Class of 2019) is now working at Rising Sun (MD) HS as an outreach Athletic Trainer from ATI Physical Therapy. She recently attended the SPATS 2022 Conference in South Padre Island, TX to reconnect with her graduate school friends and ran into Dr. K. there too



Mike Phillips of the Class of 2007 is now working as the Wellness Health Director for SAES.

As of last September, **Megan Heronemus** (Class of 2004), began teaching the second grade at Cape Henlopen School District in Delaware.

Jason Guarneri (Class of 1997) re-connected and after a stellar career as a physical therapist in the US Navy is now District Director (DE/PA) for ATI Physical Therapy. He was instrumental in arranging for the UD ATEP 2nd year students to work in DE/PA ATI clinics during their summer clinic rotations!

Kelly McGuire, (MS Class of 2014) has been working as an ER nurse in Hartford, CT.

Class of 2020 **Alexis Chilton** is now with Regis College as an assistant Athletic Trainer.



Andrew Waer (MS Class of 2014) reached out with news that he's been with Liberty Surgical since 2019. His company is involved with orthopedic medical devices including surgical tools. <https://libsurg.com/>

Courtney DeFeo, Class of 2019, is working as an Assistant Athletic Trainer at Ursinus College in Pennsylvania.

Samantha Schlegeter, MS Class of 2018, is a Physician Assistant involved in orthopedic surgery with Seaview Orthopedics in central New Jersey.

Ross Thorp, Class of 2018, is now working fulltime as an assistant Athletic Trainer at Idaho State University.

Jenna Cades (2018) is now serving as a physician extender for Premier Orthopedics in the greater Philadelphia, PA area — https://premierortho.com/?utm_source=GMBSocialClimb&utm_medium=PremierOrthopaedicsinExton/JohnYoungWay

Hen Droppings



Kathleen Criss (Class of 2016) is now a physical therapist at John Hopkins Health and tied the knot with Tyler Golombrosky (Class of 2016) in December 2021

Alex Salinas (MS Class of 2014), is now in his 7th year as the head athletic trainer at Forest Hills Northern High School, Grand Rapids, MI, was engaged on February 3, 2022.

UD ATEP graduate Kurt Schmeal (2020) has completed his master's degree at Illinois State and is now employed as an AT @ North East (MD) HS



Michael Phillips (Class of 2007) welcomed his precious little girl Autumn Paige on September 30, 2021.

Ross Thorp, Class of 2018, married his sweetheart in Texas and then proceeded to tour the US driving 12,000 miles in a little over a month!



UD ATEP Alumni in the NFL gather at the PFATS Meeting 2022

Hen Droppings

Oatmeal Power Bowl

High Protein Omelette

**Avocado Breakfast
Sandwich**

Here are just a few of the delicious recipes 2nd yr. MS-AT student Stephanie Judkins has in her recipe book for energy-boosting, healthy eating.

Baby Maxwell was born to Christina (Shields) Greenwood (MS Class of 2012) on November 9, 2020.



Greg DeDomenico, Class of 2017 graduated from UD PT in January 2022 and now works in a Leadership Development program for NovaCare Rehab in Smyrna. He is also engaged to be married Summer 2022



Kyle Ball and Sara DeLiberty, both graduates of the 2019 ATEP program, became engaged on July 11, 2021. Both Sara and Kyle are in the PT program @ Wash U in St. Louis, MO





<https://www.udel.edu/alumni-friends/connect/udaa/>

We are grateful to the UD Alumni Association who provided funding support for UD ATEP Alumni Party - A Night at the Phillies Ballpark

"Take me out to the ballgame"

UD ATEP Alumni Event @ Citizen's Bank Park Phillies Game 6/29/22



vs.



The event was sold out in 2 weeks and we are looking forward to an exciting time. The event is being supported generously by the UD Alumni Association. Here are the logistics for those attending:

Location:

Rooftop Catering Area located next to the Rooftop Bleachers above Ashburn Alley in the right field corner area of Citizens Bank Park ---- <https://www.mlb.com/phillies/tickets/seating-map>

Parking:

Be prepared to pay \$22.00 for parking in the suggested lots T & U ----
<https://www.mlb.com/phillies/ballpark/transportation/parking>

Entrance:

My 2 doctoral students Amanda & Jacky will be located at the LEFT FIELD Gate entrance area. It is likely that they will have a table set up there with our UD Athletic Training Banner. You will need to stop by there to pick up your ticket(s) to enter the ballpark and access the Rooftop Catering Area for the pre-game festivities!. The gate will open at 5:35 pm which then allows you to walk up to the Rooftop Catering Area where the festivities will be held! PLEASE PLAN ACCORDINGLY as our food/drink event is restricted from 5:35 - 7:05 (game time)!!!

Baseball Game:

The Phillies are playing their NL East rival Atlanta Braves game starts at 7:05 pm ----
<https://www.mlb.com/phillies> Our seats are in the Right field Bleacher area ---- bring your binoculars as we are a long way from home plate!! The catering area is open for access throughout the game, however the food/drink will be taken away between 7:00 - 7:30 pm. Nearby concession stands are open throughout the game.



<http://udelatsa.weebly.com/>

UD's Athletic Training Education Program thanks the student members and faculty/staff advisors in the UD Athletic Training Students' Association for their generosity in support of the 2022 UD ATEP Alumni Event @ Citizen's Bank Park!

TWITTER HILITES

UD ATEP Twitter Highlights 2021-2022 Academic Year @UD_ATEP

RELEVANT

University of Delaware ATEP @UD_ATEP · Jun 11, 2021

A huge welcome to the 26 new MS-AT students who began their journey with UD ATEP this week. They started off the week with orientation and this is the cohort in my Core Concepts in AT class yesterday. All but 1 fully vaccinated but UD is still requiring the face masks! Good Luck



RELEVANT

University of Delaware ATEP @UD_ATEP · Jun 13, 2021

UD ATEP alumna Rae Everson (2010) who spent the last 9 years @ The Ohio State University has recently accepted a position as senior associate @ the US Council for Athletes' Health @us_council in Columbus, OH. Best of Luck!



RELEVANT

University of Delaware ATEP @UD_ATEP · Jun 24, 2021

Katie Morrison (PhD in 2010) and former UD AT John Smith were instrumental in getting WCU Athletics @WCUAthletics on track to have a Spring 2021 sport season! Bottom line — the skill set that AT's possess is indispensable! Well done!

College Sports

The pressure was on for West Chester athletic trainers in charge of pandemic protocols | Mike Jensen

There was no textbook chapter on how 2020-21 went down. (Although surely it will be in the next edition.)



RELEVANT

University of Delaware ATEP @UD_ATEP · Jul 23, 2021

1st year MS-AT students took part in a casting lab yesterday as part of their KAAP610 Taping/Bracing class with UD staff athletic trainer Nikki Yates as their instructor. Here are a few photos taken at this terrific educational experience for these aspiring athletic trainers.



RELEVANT

University of Delaware ATEP @UD_ATEP · Aug 11, 2021

Congrate to UD alumnus Dr. Alan Needles (MS-2009, PhD-2013) on being awarded a prestigious NATAREF grant to further his own research agenda. Dr. Needles is an associate professor @appstate

Congratulations to the 2021 Research Grant Awardees! The complete list of funded projects can be found on the NATAREF website.

The NATAREF Foundation Board of Directors approved 19 research grants in the amount of \$125,000 to support graduate students, as well as new and experienced investigators in addressing the most challenging problems that impact clinical practice and the patients we serve.

Learn more about the 2021 Professional Research Grant recipients, their funded study and the impact their work will have on the athletic training profession below.

GENERAL GRANT CATEGORY

Alan Needles, Ph.D., LAT, ATC, CSCS
 Appalachian State University
 "How do Triaxial Fibers' Tensile Demonstration of Axial Instability through Neurological Pathways?"
 Learn More about Dr. Needles's study

TWITTER HILITES

University of Delaware ATEP @UD_ATEP · Aug 16, 2021
2nd year MS-AT student Daniel Ugoamadi (far left in photo) is interning this summer with the @Chargers and was featured in a story on the team's website spotlighting the PFATS scholarship recipients — congrats and well done!!



chargers.com
Chargers Host Athletic Training Student Scholarshi...
The Bolts have PFATS and NFL Foundation Ethnic Minority and Female Athletic Training Student ...

University of Delaware ATEP @UD_ATEP · Aug 28, 2021
Congrats to alumna Megan O'Hanlon (2018) on her promotion from a seasonal intern AT to assistant AT position with the @HoustonTexans where she joins Uriah Myrie (2011) on staff. Megan becomes the 1st female from our program to reach that position in the NFL! Best of luck.



University of Delaware ATEP @UD_ATEP · Sep 12, 2021
UD ATEP grads Tyler Golembrosky (2016) and Courtney DeFeo (2019) got together before yesterday's NCAA DIII football game between Johns Hopkins University @HopkinsSports where Tyler serves as the Head ATC and Ursinus College @ucathletics where Courtney serves as an ass't ATC.



University of Delaware ATEP @UD_ATEP · Sep 16, 2021
UD ATEP Class of 2019 members Tiffany Maini (L) and Alex Davison (R) met last night during a volleyball match between their 2 schools. Alex serves as an assistant ATC @ Penn State Berks @BerksAthletics and Tiffany serves as an assistant ATC @ Neumann University @NeumannKnights



University of Delaware ATEP @UD_ATEP · Sep 18, 2021
Jay Hinds (UD ATEP Class of 2021) is shown here on the field this afternoon preparing for tonight's FCS game between Auburn @AuburnTigers and Penn State In State College, PA. Jay is a first year athletic training GA with the Tigers football team. Good Luck!



University of Delaware ATEP @UD_ATEP · Sep 23, 2021
UD ATEP Class of 2021 alumna Olivia Greene is shown here with one of the equestrian team horses ("Molly") from the University of Georgia where she is serving as an intern Athletic Trainer to the National Champion Bulldogs @UGAEquestrian. Best of Luck!



TWITTER HILITES

University of Delaware ATEP @UD_ATEP · Sep 26, 2021

Matthew Cecchetti (Class of 2021) works to stretch out one of his Houston Baptist University @HBUHuskies women's soccer players prior to a recent game. Continued good luck and success in your ATC role and graduate studies there in Houston, TX!



University of Delaware ATEP @UD_ATEP · Nov 2, 2021

Congrats to recent (2021) UD ATEP graduate Emily Crutchfield, ATC and the SA's on the University of Toledo Women's Cross Country team @ToledoXCTF who took home the MAC conference championship this past weekend. The Lady Rockets XC team is now headed to the NCAA national event!



University of Delaware ATEP @UD_ATEP · Nov 12, 2021

UD ATEP alumni L-R Chris Marroquin [2015], Jon Boone [2008], Todd Henry [2021], Collin Francis [2010] got together on the field at Hard Rock Stadium before last night's NFL game between the Dolphins @MiamiDolphins and Ravens @Ravens. The Dolphins prevailed in the end 22-10!



University of Delaware ATEP @UD_ATEP · Nov 18, 2021

Congrats to UD ATEP alum Melissa Guthell (Class of 2020) whose volleyball team at Sante Fe High School in Alachua, FL won the Class 4A State Championship held at the Suncoast Credit Union Arena in Fort Meyers, FL. Melissa is in her 2nd year in the DAT program at Florida @UF_HHP



University of Delaware ATEP @UD_ATEP · Dec 4, 2021

UD's Athletic Training Student Association (ATSA) @UDELATSA held their annual Holiday Banquet last night at the STAR Campus - North Atrium. Nice chance for the students/faculty/staff to unwind a bit after a hectic semester and crazy Covid year! Good luck on your final exams!



University of Delaware ATEP @UD_ATEP · Dec 12, 2021

Congrats to Navy FB @NavyFB on their win yesterday vs Army. 2015 UD ATEP grad Josh Evans is shown here assisting one of his players in the 1st half of the annual matchup! Go Navy!



TWITTER HILITES

University of Delaware ATEP @UD_ATEP · Dec 15, 2021

Congrats to UD ATEP alum (Class of 2011) Kathleen Kenney - Head AT @ Laurel High School @laurel_bulldogs whose team won the DIAA Class 1A State Championship last weekend at UD's football stadium by defeating St. E's 28-14.



University of Delaware ATEP @UD_ATEP · Mar 1

UD ATEP Class of 2016 classmates met up today at the University of Maryland to catch up prior to UD's (baseball & WLAX) games with the Terps. Michael "Mikey" Stant serves as the head AT with UD's baseball team, while Patrick Reynolds and Katelyn Engen are AT's @ umterps



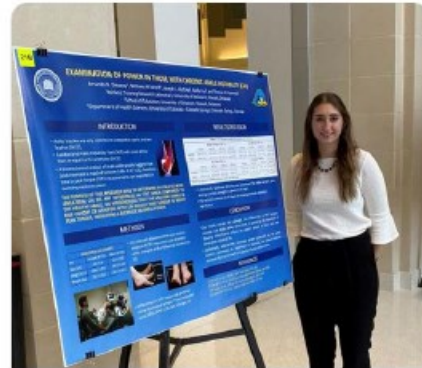
University of Delaware ATEP @UD_ATEP · Jan 26

Our 1st year MS-AT students got together on a gorgeous sunny day here at UD to take their class photo!



University of Delaware ATEP @UD_ATEP · Mar 9

Representing the Athletic Training Research Lab - 2nd year doctoral student Amanda Delaney is pictured here at today CHS Research Day in front of her poster. She also took part in the 1-minute "rapid-fire" podium presentations.



University of Delaware ATEP @UD_ATEP · Feb 14

Congrats goes out to UD ATEP alum Jon Hernandez (2010) and the LA Rams @RamsNFL on their Super Bowl victory last night against the Cincinnati Bengals. Jon was very busy during the 1st half of the game with several injuries that required his attention. Go Blue Hen AT!



University of Delaware ATEP @UD_ATEP · Mar 15

Visiting our local high school sites today and had the chance to meet up with my UVA @CurrySchool classmate and UD ATEP alumnus Dr. Joe Szczerbe at the Salesianum School @Salesianum. "Dr. Joe" as he is affectionately referred to has served as a long-time preceptor for UD ATEP!



TWITTER HILITES

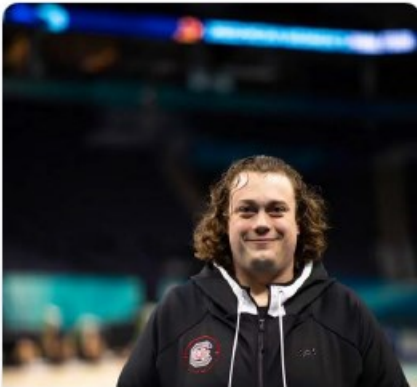
University of Delaware ATEP @UD_ATEP · Mar 31
 Was extremely humbled and honored yesterday to have delivered the 29th Annual Biomedical Distinguished Lecture at Chestnut Hill College @ChestnutHill in NW Philadelphia. A special thanks to CHC President Sister Carol Jean Vale, Dr. Atchinson and Dr. Bill Ernst for inviting me.



University of Delaware ATEP @UD_ATEP · May 24
 Congrats to UD ATEP alumnus "Dr." Shawn Hanlon (2014) @ShawnHanlonATC on his successful doctoral defense "PATIENT SUBGROUPS OF ACHILLES TENDINOPATHY" yesterday. Shawn and his wife Sara (Neal) Hanlon (2013) are headed to Colorado where Shawn begins his post-doc studies. GL!



University of Delaware ATEP @UD_ATEP · Apr 3
 Best of luck to UD alumnus Craig Oates (Grad 2015) @dcraigoo50 and the University of South Carolina Gamecocks WBB team @GamecockWBB as they take on UConn tonight in Minneapolis, MN site of the NCAA Women's Final Four Basketball Championship. Craig serves as the team's Head ATC.



University of Delaware ATEP @UD_ATEP · May 26
 Here this afternoon with Dr. Tori Wahlquist at the UD Doctoral Hooding ceremony. Tori worked in the AT Research Lab the past 5 years!



You Retweeted

Andrew Sprague @ASprague_PT · Apr 7
 @UDBlueHens @UD_ATEP!

Minnesota Vikings @Vikings · Apr 7
 The #Vikings have hired Uriah Myrie as head athletic trainer and Dan Ridenour as sports science coordinator/assistant strength and conditioning coach, finalizing the player health and performance staff for the 2022 season.

University of Delaware ATEP @UD_ATEP · May 7
 In Durham, NC this weekend for a wedding and got a chance to see Katie Boltz (2018) Ass't AT with Duke Athletics @DukeATHLETICS and get a tour of the awesome facilities here as well as a quick peak at Cameron Indoor Stadium.



University of Delaware ATEP @UD_ATEP · Jun 10
 Here in South Padre Island, TX for the 2022 SPATS mtg presented by the VATA @RGVATA. Before my lecture had a chance to meet up with UD alumni Darryl Conway and Dr. Jeff Konin who are also here presenting. Go Blue Hens!!





Here for Delaware ATs

WWW.DELATA.ORG



<https://handlingpt.com/>



**Thanks for your generous
support of UD Athletic
Training**

UD ATEP would like to thank the following units at the University of Delaware for their assistance in funding the UD ATEP Alumni Party - A Night at the Phillies Ballpark including:

The Development and Alumni Relations team in the College of Health Sciences:



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