

YENDELELA L. CUFFEE, PHD, MPH

CURRICULUM VITAE

Assistant Professor
Epidemiology Program, College of Health Sciences
Associate Director of Scholarship and Research, Partnership for Healthy Communities
University of Delaware
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EDUCATION

- Ph.D. Clinical and Population Health Research** August 2012
University of Massachusetts Medical School, Worcester, MA
Dissertation: “Examining the Psychosocial and Behavioral Correlates of Medication Adherence among African Americans with Hypertension”
- MPH Epidemiology** May 2007
New York Medical College, Valhalla, NY
- BS Biology** May 2003
Hampton University, Hampton, VA

PROFESSIONAL EXPERIENCE

- Health Equity Subject Matter Expert (consultant)** 2022-Present
Booz Allen Hamilton
Bethesda, Maryland
- Associate Director of Scholarship and Research** 2022-Present
Partnership for Healthy Communities
University of Delaware
Newark, Delaware
- Assistant Professor** 2020-Present
Program in Epidemiology, College of Health Sciences
University of Delaware
Newark, Delaware
- Adjunct Assistant Professor** 2020-2021
Department of Public Health Sciences
Penn State College of Medicine
Hershey, Pennsylvania

Associate Director of Public Health Practice Doctor of Public Health Program Department of Public Health Sciences Penn State College of Medicine Hershey, Pennsylvania	2016-2020
Assistant Professor Department of Public Health Sciences Division of Epidemiology Penn State College of Medicine Hershey, Pennsylvania	2016-2020
Senior Health Research Analyst CSRA, Inc. Rockville, Maryland	2015-2016
Population Health Associate Booz Allen Hamilton Washington, DC	2014-2015
Postdoctoral Research Fellow Cardiovascular Disease and Community-based Research Department of Population Health New York University School of Medicine New York, NY	2012-2014

BIBLIOGRAPHY

Peer Reviewed Publications Published/In Press

1. Covington L, Hildick H, Robinson A, Pennington M, Mansi S, Ji X, Strang A, Rani S, Robson S, Lobo M, Orsega Smith E, **Cuffee Y**, Taherzadeh S, Carroll J, Covey A, Murray K, Zimmerman C, Horney J, Sowinski C, Patterson F. "Its a SNAP!" School Nurse Academic Partnership: Addressing Delaware School Nurse Barriers and Proving a Real-life Example Guided by the Community-Based Participatory Research Framework. *Journal of Advanced Nursing*. (In Press)
2. Moss, J. L., Hearn, M., **Cuffee, Y. L.**, Wardecker, B. M., Kitt-Lewis, E., & Pinto, C. N. (2023). The role of social cohesion in explaining rural/urban differences in healthcare access and health status among older adults in the mid-Atlantic United States. *Preventive Medicine*, 173, 107588.
3. Jones L, Hawk J, Mitch J, Wright J, **Cuffee Y**. (2023) Health Social Networks of Black Women with Hypertension. *Nursing Research*. (In Press)
4. Butzner, M., Oyekanmi, C., McDuffie, M. J., Nescott, E., McCullers, A., Woldeamanuel, E., Lynn E, **Cuffee, Y.** (2023). Impact of Health Literacy on

- Medication Adherence Among Black Medicaid Beneficiaries with Hypertension in Delaware: A Cross-Sectional Study. *Population Health Management*, 26(2), 93-99.
5. Jones L, Sullivan S, **Cuffee Y**, Monroe K, Rafferty J, Giordani B. *Minding Me: A Study Examining the Feasibility of Conducting Neuroimaging Research among Diversity Group.* (2023) In Press at *Nursing Research*.
 6. Burse N, Weng X, Wang L, **Cuffee Y**, Veldheer S. Influence of Social and Behavioral Determinants of Health-Related Quality of Life Among Cancer Survivors in the United States. (2022) *Supportive Care in Cancer*. Dec 20;31(1):67. doi: 10.1007/s00520-022-07534-0. PMID: 36538142.
 7. **Cuffee Y**, Burse N, Jaffe R, Hargraves JL. Developing a Storytelling Study for African Americans with Hypertension: A Study Protocol. (2022) *Delaware Journal of Public Health*. doi: 10.32481/djph.2022.10.010
 8. Sharma A, Juris A, Stuckey H, Mendez-Miller M, **Cuffee Y**, McCall-Hosenfeld J. The Influence of Patriarchy on Nepali-speaking Bhutanese Women's Diabetes Self-Management. *PLOS One*. (2022). <https://doi.org/10.1371/journal.pone.0268559>
 9. Sharma A, McCall-Hosenfeld J, **Cuffee Y**. Systematic review of menstrual health and hygiene in Nepal employing a social ecological model. (2022) *Reprod Health* 19, 154. <https://doi.org/10.1186/s12978-022-01456-0>
 10. Khesroh E, Aumiller B, Butt M, Rigby A, Kalantari A, **Cuffee Y**, Leslie D, Bronson S. Emotional Intelligence, Specialty Preference, and Burnout among Physicians-in-Training. (2022) *Physicians Leadership Journal*.
 11. Sharma A, Devaraj T, Mendez Miller M, **Cuffee Y**. The Nepali-speaking Bhutanese immigrants: A population overlooked amidst the COVID-19 crisis. (2022) *Journal of Health Care for the Poor and Underserved*. 33(1), 551-557. [doi:10.1353/hpu.2022.0043](https://doi.org/10.1353/hpu.2022.0043)
 12. Butzner M, Leslie D, **Cuffee Y**, Hollenbeak C, Sciamanna C, Abraham T. Sex Differences in Clinical Outcomes for Obstructive Hypertrophic Cardiomyopathy in the USA: A Retrospective Observational Study of Administrative Claims Data (2022) *BMJ Open* 2022;12:e058151. doi: 10.1136/bmjopen-2021-058151
 13. Kuzmik, A., Liu, Y., **Cuffee, Y.**, Kong, L., Sciamanna, C.N. and Rovniak, L.S. (2022) The association between gender and physical activity was partially mediated by social network size during COVID-19. *International journal of environmental research and public health*, 19(5), p.2495.
 14. Yang Y, **Cuffee Y**, Aumiller B, Schmitz K, Almedia D, Chinchilli V. Serial Mediation Roles of Perceived Stress and Depressive Symptoms in the Association between Sleep Quality and Life Satisfaction among Middle-Aged American Adults. (2022) *Frontiers in Psychology, Health Psychology Section*, 13.
 15. Butzner M, Leslie D, **Cuffee Y**, Hollenbeak C, Sciamanna C, Abraham T. Stable Rates of Obstructive Hypertrophic Cardiomyopathy in a Contemporary Era. (2022) *Frontiers in Cardiovascular Medicine-Cardiovascular Epidemiology and Prevention*, 8:2105 <https://doi.org/10.3389/fcvm.2021.765876>.
 16. Ma Y, Weng X, Gao X, Winkles R, **Cuffee Y**, Gupta S, Wang L. Healthy Eating Index (HEI) Scores Differ by Race/Ethnicity but Not Hypertension Awareness Status Among US Adults with Hypertension: Findings from 2011-2018 National Health and Nutrition Examination Survey. (2021) *J Accad Nutr Diet*. 2021 Nov 12:S2212-2672(21)01468-4. doi: 10.1016/j.jand.2021.11.006.

17. Volpe R, Hopkins M, Geathers J, Smith C, **Cuffee Y**. Negotiating Professional Identity Formation in Medicine as an Outsider: The Experience of Socialization for Minoritized Medical Students. (2021) *Social Science and Medicine- Qualitative Research in Health*. Volume 1, 2021,100017, ISSN 2667-3215, <https://doi.org/10.1016/j.ssmqr.2021.100017>.
18. Dougherty E, Burse N, Butzner M, Wu H, Stuckey H, Allison J, **Cuffee Y**. Examining medication adherence and preferences for a lifestyle intervention among Black and Latinx adults with hypertension: a feasibility study. (2021) *Pilot Feasibility Studies* 7, 209. <https://doi.org/10.1186/s40814-021-00930-z>
19. Butzner M, **Cuffee Y**. Telehealth Interventions and Outcomes Across Rural Communities in the United States: Narrative Review. (2021) *J Med Internet Res* 2021;23(8):e29575.
20. **Cuffee, Y.L.**, Wang, M., Geyer, N.R. Akuley S, Saxena S, Taylor, Jones L, Wilson R. Vitamin D and family history of hypertension in relation to hypertension status among college students. (2021) *J Hum Hypertens*. <https://doi.org/10.1038/s41371-021-00577-6>
21. Kimani, M. E., Sarr, M., **Cuffee, Y.**, Liu, C., & Webster, N. S. Associations of Race/Ethnicity and Food Insecurity With COVID-19 Infection Rates Across US Counties. (2021) *JAMA network open*, 4(6), e2112852. <https://doi.org/10.1001/jamanetworkopen.2021.12852>
22. Teye S, Yanosky J, **Cuffee Y**, Wing X, Luquis R, Farace E, Wang L. Exploring Persistent Racial/Ethnic Disparities in Lead Exposure among American Children Aged 1-5: Results from NHANES 1999-2016. (2020) *International Archives of Occupational and Environmental Health* <https://doi.org/10.1007/s00420-020-01616-4>.
23. Teye S, Yanosky J, **Cuffee Y**, Wing X, Luquis R, Farace E, Wang L. Association between blood lead levels and blood pressure in American adults: results from NHANES 1999–2016. (2020) *Environmental science and pollution research*, 27, 45836-45843. doi: 10.1007/s11356-020-10381-3
24. Ubesie A, Wang C, Wang L, Farace E, Jones K, **Cuffee Y**. Examining Help-Seeking Intentions of African American College Students Diagnosed with Depression. (2020) *J. Racial and Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-020-00804-9>.
25. **Cuffee YL**, Rosal M, Hargraves JL, Briesacher BA, Akuley S, Altwatban N, Hullett S, Allison JJ. Does Home Remedy Use Contribute to Medication Nonadherence Among Blacks with Hypertension? (2020) *Ethn Dis*. Jul 9;30(3):451-458. doi: 10.18865/ed.30.3.451. PMID: 32742150; PMCID: PMC7360183.
26. **Cuffee Y**, Hargraves J.L, Rosal M, Briesacher B, Allison J, Hullett S. An Examination of John Henryism, Trust, and Medication Adherence among African Americans with Hypertension. (2020) *Health Education & Behavior*, 47(1), 162–169, <https://doi.org/10.1177/1090198119878778>.
27. Tajeu G, Kent S, Huang L, Shimbo D, Krousel-Wood M, Kronish I, Bress A, Mefford M, Halpern M, **Cuffee Y**, Muntner P. (2019) Trends in Antihypertensive Medication Discontinuation and Low Adherence among US Adults <65 years of age with Commercial Health Insurance Initiating Treatment Between 2007 and 2014. *Hypertension*.

28. Payne-Foster P, **Cuffee Y**, Alwatban N, Minton M, Lewis D, Allison J. Trust and Home Remedy Use among Low Income Blacks and Whites. *J Racial Ethn Health Disparities*. (2019) 6(4):830-835. <https://doi.org/10.1007/s40615-019-00582-> Corresponding author.
29. **Cuffee Y**, Sciamanna C, Gerin W, Lehman E, Cover L, Johnson A, Pool A, Yang C; The Effectiveness of Home Blood Pressure on 24 Hour Blood Pressure Control: A Randomized Controlled Trial. (2018) *American Journal of Hypertension*, hpy160, <https://doi.org/10.1093/ajh/hpy160>.
30. Williams N, Grandner M, Wallace D, **Cuffee Y**, Airhihenbuwa C, Okuyemi K, Ogedegbe O, Jean-Louis G. Social Determinants of Insufficient Sleep among Black and White Americans: The Behavioral Risk Factors Surveillance System. (2016) *Sleep Medicine*, 18 (103-107).
31. **Cuffee Y**, Ogedegbe C, Williams N, Ogedegbe O, Schoenthaler A. Psychosocial Risk Factors for Hypertension: An Update of the Literature. (2014) *Current Hypertension Reports* Oct, 16(10) 483.
32. Durant N.H, Joseph R.P, Cherrington A, **Cuffee Y.L**, Knight B, Lewis D, Allison J. Recommendations for a Culturally Relevant Internet-Based Tool to Promote Physical Activity among Overweight Young African American Women. (2014) *Preventing Chronic Disease*, 11, 130169.
33. Richardson M, Waring M, Nobel L, Wang M, **Cuffee Y**, Hullett S, Kiefe C, Allison J. Weight-based Discrimination and Medication Non-Adherence among Low-Income African Americans with Hypertension: How much of the Association is mediated by Self-Efficacy? (2014) *Ethnicity and Disease* Spring 2014, 24 (2) 162-8.
34. Schoenthaler A, **Cuffee Y**. A Systematic Review of Interventions to Improve Adherence to Diabetes Medications within the Patient-Practitioner Interaction. (2013) *Journal of Clinical Outcomes Management*, 12 (11), 494-506.
35. Dyke M, **Cuffee Y**, Halanych J, McManus R, Curtin C, Allison J. The Relationship between Coping Styles in Response to Unfair Treatment and Understanding of Diabetes Self-Care. (2013) *Diabetes Educator*, 39 (6): 848-55.
36. **Cuffee Y**, Hargraves J.L, Rosal M, Briesacher B, Schoenthaler A, Person S., Hullett S, Allison J. Reported Racial Discrimination, Trust in Physicians, and Medication Adherence among Inner-City African Americans with Hypertension. (2013) *American Journal of Public Health*, Vol. 103, No.11, pp e55-e62.
37. **Cuffee Y**, Hargraves L, Allison J. Reported Discrimination as a Predictor of Medication Adherence among African Americans: A Systematic Review. (2012) *Ethnicity and Disease*, Vol 22, 422-431.
38. **Cuffee Y**, Angner E, Oliver N, Plummer D, Kiefe, C. Allison J, Hullett S. Does Happiness Predict Medication Adherence among African Americans? (2012) *Applied Research in Quality of Life*, Vol 7, 403-412.
39. Halanych J, Safford M, Shikany J, **Cuffee Y**, Person S, Scarinci I, Kiefe C, Allison J. The Association between Income, Education, and Experiences of Older African Americans and European-American Patients. (2011) *Ethnicity and Disease*, Vol 21, 223-229.
40. Houston T, Allison J, Sussman M, Horn W, Holt C, Trobaugh J, Salas M, Pisu M, **Cuffee Y**, Larkin D, Person S, Barton B, Kiefe C, Hullett S. Culturally Appropriate

Storytelling to Improve Blood Pressure: A Randomized Trial. (2011) *Annals of Internal Medicine*,154:77-84.

Submitted and Under Review

1. **Cuffee Y**, Jackson-Preston P, Lynn E, Jaffe R, Akuley S, Person S, Allison J. Examining Self-Reported Discrimination, Beliefs about Health Care, and Emotional Well-being among Black Women. *Journal of Behavioral Medicine*
2. Kuzmik A, Liu Y, **Cuffee Y**, Kong L, Sciamana C, Rovniak L. Social Network Size Moderates the Relationship Between Age and Physical Activity. *International Journal of Exercise Science*.
3. Jones L, **Cuffee Y**, Ginier E, Spicer R, Tang E, Schertzing C, Hawkins J. Narrative-based interventions for African Americans with Hypertension: A Systematic Review. *Journal of Racial and Ethnic Health Disparities*
4. Burse N, **Cuffee Y**. How Narrative-Based Interventions Influence Cancer Related Behaviors, Interests, and Behavioral Intentions: A Literature Review. *Health Education and Behavior*.
5. Yang Y, **Cuffee Y**, Bao K, Chinchilli V, Almeida D. Association of Sleep Quality with Fasting Blood Glucose is Mediated by Abdominal Obesity. *Public Health*
6. Yang Y, **Cuffee Y**, Bao K, Chinchilli V, Almeida D. Association between Sleep Quality and Life Satisfaction among Middle Aged U.S. adults: A moderated mediation model of perceived stress and depressive symptoms. *Journal of Psychosomatic Research*
7. Burse N, **Cuffee Y**, Wray L, Chinchilli V, Lengerich E, Schmitz K. Exploring Quality of Life Experiences and Concerns of Black Breast Cancer Survivors: A Narrative Approach. *Journal of Cancer Survivorship*
8. Burse N, Lehman E, Chinchilli V, Cuffee Y, Wray L, Lengerich E, Schmitz K. Evaluating the Relationship Between Physical Activity and Quality of Life in a Diverse Sample of Breast Cancer Survivors with Lymphedema. *Journal of Cancer Survivorship*
9. Yang Y, **Cuffee Y**, Aumiller B, Bao K, Chinchilli V, Almeida D. Serial Multiple Mediation of Biomarkers in the Relationship between Sleep Quality and Life Satisfaction. *Sleep Medicine*

Book Chapters

1. Daniel C.L., **Cuffee Y.L.** (2023) Health Intervention Studies as an Important Tool to Address the Health of African Americans, Ch.7 p53. *Black Health in the South*. University of South Carolina Press.

PRESENTATIONS

Oral Presentations

1. Burse, N.R., Weng, R., Wang, L., **Cuffee, Y.**, & Veldheer, S. Influence of Social and Behavioral Determinants on Health-Related Quality of Life Among Cancer Survivors in the United States. (2021) The 27th American Institute for Cancer Research Conference. *Virtual Meeting

2. **Cuffee, Y.L.**, Wang, M., Geyer, N.R. Akuley S, Saxena S, Taylor, Jones L, Wilson R. Vitamin D and Family History of Hypertension in Relation to Hypertension Status among College Students. (2021) World Congress of Epidemiology. *Virtual Meeting
Cuffee Y, Jackson-Preston P. Examining medication adherence, health literacy, and use of technology among Blacks and Latinos with hypertension. (2020) American Public Health Association. *Virtual Meeting
3. Volpe R, Hopkins M, Geathers J, Wu H, **Cuffee Y**. Investigating structural inequities in the culture of medicine: Negotiating professional identity formation as an “outsider”. (2020) American Society for Bioethics and Humanities. *Virtual Meeting
4. **Cuffee Y**, Geyer N, Wang M, Saxena S, Akuley S, Taylor Wilson R. Risk of Elevated Blood Pressure and Hypertension among Young Adults: Examining Plasma Vitamin D and Family History among Black and White Young Adults. (2019) American Public Health Association Annual Meeting. Philadelphia, PA.
5. Jones L, Hawkins J, Rios-Spicer R, Wright, K, **Cuffee Y**, Giordani B. “Health Social Networks: Who Do African American Women with Hypertension Discuss Blood Pressure Self-Management With?” Competitive Symposium Session Moving the Science Forward: Current and Future Avenues of Self-Care Research. (2019) MNRS 43rd Annual Research Conference, Kansas City, MO.
6. Jackson Preston P, **Cuffee Y**. Establishing a Culture of Self-Care for Health Educators. Society for Public Health Education. (2019) Salt Lake City, Utah
7. **Cuffee Y**. Developing a Narrative-based Intervention for Promoting Healthy Behaviors. (2018) Penn State College of Medicine. Hershey, PA
8. **Cuffee Y**. Culturally Competent Care in Nursing and for Organizations. Penn State Nurses Orientation. Hershey, PA. April 2017
9. **Cuffee Y**. Community-based Approaches for Reducing the Risk of Cardiovascular Disease. (2017) Penn State College of Medicine Resident Research Retreat. Hershey, PA.
10. **Cuffee Y**, Sussman M, Allison J, Hullett S. Does Trust Partially Explain Gender Differences in Hypertension Medication Adherence for African Americans Receiving Care in a Safety-net Setting in the Deep South? International Society for Hypertension in Blacks. (2012) Selected as a Blue-Ribbon Presentation. Miami Beach, FL.
11. **Cuffee Y**, Allison J, Hullett S. Exploring Discrimination and Other Potential Predictors of Patient Satisfaction among African Americans in the Deep South. (2011) American Public Health Association Annual Meeting, Washington DC.
12. **Cuffee Y**, Allison J. Is Active Coping a Predictor of Medication Adherence among African Americans with Hypertension? (2011) New England Science Symposium, Boston, MA.

Poster Presentations

1. McCullers A, Nescott E, **Cuffee Y**. Assessing the Pathway Between Health Care Utilization and Hypertensive Outcomes Among Young Adult African American Medicaid Beneficiaries in Delaware. (2023) American Heart Association Epidemiology/Lifestyle Scientific Sessions, Boston, MA.
2. Jaffe R, **Cuffee Y**. Spirituality and Medication Adherence Among MIDUS Study Participants with Hypertension. (2023) Annual Session of the Society of Behavioral Medicine, Phoenix, AZ.

3. Zaidi A, Miller J, Maiden K, Gao Z, **Cuffee Y**. Gaps in Care with Pediatric Hypertension Diagnosis: Role of Social Determinants of Health. (2022) American Heart Association Congenital Heart Disease and Pediatric Cardiology, Chicago, IL.
4. Moss, J. L., Hearn, M., **Cuffee, Y.**, Kitt-Lewis, E., Wardecker, B., & Pinto, C. Social connectedness and health: Rural/urban differences among older adults. (2022) Annual Meeting of the American Public Health Association. Recipient of APHA Aging and Public Health Section Rural and Environment Research Award. Boston, MA.
5. Oyekanmi C, McDuffie MJ, McCullers A, Butzner M, **Cuffee Y**. Examining Health Literacy and Medication Adherence among African Americans with Hypertension. (2022) American Heart Association Epidemiology/Lifestyle Scientific Sessions. Chicago, IL.
6. Vidot D, Jones L, **Cuffee Y**, Johnson A. Blood Pressure Status among Cigarette, E-Cigarette, and Marijuana Users: An Analysis of the National Health and Nutrition Examination Surveys, 2013-2016. (2020) American Heart Association Epidemiology/Lifestyle Scientific Sessions. Phoenix, AZ.
7. Johnson A, **Cuffee Y**, Vidot D, Jones L. Examining Allostatic Load among Marijuana Users in the United States an Analysis of the National Health and Nutrition Examination Surveys, 2007-2010. (2020) American Heart Association Epidemiology/Lifestyle Scientific Sessions. Phoenix, AZ.
8. **Cuffee Y**, Jackson-Preston P, Allison J. Examining Self-Reported Discrimination, Beliefs about Health Care, and Emotional Well-being among Black Women. Society of Behavioral Medicine Annual Meeting. (2019) Washington, D.C. Selected for press release by the Society of Behavioral Medicine.
9. Kostek E, **Cuffee Y**. Examining the Use of Mobile Technology among Low-income African Americans and Latinos with Hypertension. (2019) ACTS Translational Science Conference. Washington D.C.
10. Tajeu G, Kent S, Huang L, Shimbo D, Krousel-Wood M, Kronish I, Bress A, **Cuffee Y**, Halpern M, Muntner P. Trends in Antihypertensive Medication Nonadherence Among US Adults with Commercial Health Insurance Initiating Treatment Between 2007 and 2014. (2018) American Heart Association Epidemiology/Lifestyle Scientific Sessions. New Orleans, LA.
11. **Cuffee Y**, Payne-Foster P, Alwatban N, Minton M, Lewis D, Allison J. Trust and Home Remedy Use among Low Income Blacks and Whites. (2018) American Heart Association Epidemiology/Lifestyle Scientific Sessions. New Orleans, LA.
12. **Cuffee Y**, Allison J, Hullett S. Examining John Henryism and Medication Adherence among African American Women with Hypertension. (2017) Society of Behavioral Medicine Annual Meeting 2017. San Diego, CA.
13. **Cuffee Y**, Sell J. Pilot Study to Assess Medication Adherence, Health Literacy, Technological Literacy among African Americans, and Latinos with Hypertension. (2017) Penn State College of Medicine Junior Faculty Development Poster Session. Hershey, PA.
14. alSalaam T, Bazaco S, Brown B, **Cuffee Y**, Dittrich S, Drayton V, Matousek D. Health Cost: Cost Avoidance Tool Prototype for Chronic Disease Prevention and Healthcare Quality Improvement. (2015) Capabilities Health Fair, Atlanta, GA
15. **Cuffee Y**, Schoenthaler A, Allison J, Barrios M, Ogedegbe G. (2013) Exploring Spiritual Health Locus of Control and Medication Adherence among Individuals of

- African Descent with Hypertension. (2013) American Public Health Association Annual Meeting. Boston, MA
16. **Cuffee Y**, Schoenthaler A, Ogedegbe O. Examining Social Support and Medication Adherence within a Cohort of Black Men with Hypertension. (2013) Society of Behavioral Medicine. San Francisco, CA.
 17. **Cuffee Y.L**, Joseph R.P, Allison J, Durant N.H. Promotion of Physical Activity in Overweight Young African American Women: Development of a Culturally Adapted Internet -Based Intervention. (2012) Science of Eliminating Health Disparities Summit. National Harbor, MD
 18. Joseph R.P, Dutton G, Allison J, **Cuffee Y.L**, Lewis B., Kim Y, Durant N.H. (2012) Efficacy of a culturally adapted Internet-based physical activity and weight loss intervention for young African American women. Science of Eliminating Health Disparities Summit. National Harbor, MD.
 19. **Cuffee Y**, Allison J. Does Happiness Contribute to Increased Physical Activity among African American Women. (2012) Society of Behavioral Medicine Annual Meeting, New Orleans, LA.
 20. **Cuffee Y**, Allison J, Hullett S. Home Remedy Use among African Americans with Hypertension: Does Home Remedy Use Affect Medication Adherence? (2011) International Interdisciplinary Conference on Hypertension and Related Cardiovascular Risk Factors in Ethnic Populations, Boston, MA.
 21. Dyke M, **Cuffee Y**, Halanych J. McManus R, Curtin C, Allison, JJ. “The Relationship Between Coping Styles in Response to Unfair Treatment and Understanding of Diabetes Self-Care” (2011) Society of Behavioral Medicine 32nd Annual Meeting & Scientific Sessions. Washington, D.C.
 22. **Cuffee Y**, Allison J, Hargraves L, Rosal, M. The Association between Trust and Medication Adherence among African Americans with Hypertension. (2010) American Public Health Association Annual Meeting, Denver, CO.
 23. **Cuffee Y**, Allison J. Is Discrimination a predictor of medication adherence? (2010) *Jackson Heart Study Scientific Conference*, Jackson, MS.
 24. **Cuffee Y**, Allison J, Hullett S. Medication Adherence Predicted by Physical and Mental Health Status among African Americans with Hypertension in an Inner-city Setting. (2010) Harvard Medical School sponsored New England Science Symposium and Harvard Medical School’s 6th Annual Junior Investigator Meeting, Boston, MA.
 25. **Cuffee Y**, Allison J, Angner E. The Association between Happiness and Medication Adherence among African Americans with Hypertension. (2009) National Conference to End Health Disparities II. Winston-Salem, NC.

GRANTS AND RESEARCH ACTIVITY

1. Principal Investigator: Examining the Feasibility of Implementing a Technology-based and a Group-based Storytelling Intervention for Blacks with Hypertension. Award: National Institutes of Health, National Heart, Lung, and Blood Institute Mentored Career Development Award to Promote Faculty Diversity in Biomedical Research (K01). Award Number: 1K01HL166372-01 Award Amount: \$486,000 Award Dates: June 15, 2023- May 31, 2026

2. Principal Investigator: Developing and Implementing a Storytelling Intervention for African Americans Living with Hypertension. Award: Center for Biomedical Research Excellence (COBRE) in Cardiovascular Health Pilot Project Award. Award Amount: \$80,000 Award Dates: December 2021-June 2023
3. Co-Investigator: A Pre-Production Phase 1 Pilot: Multidisciplinary Collaboration as a Bridge to the Ethical Collection of Patient-level Data on the Social Determinants of Health for COVID-19 Award: Clinical and Translational Science Institute Bridges to Translation. Award Amount: \$30,203 Award Dates: July 2021-July 2022
4. Principal Investigator: Developing an Educational Intervention to Promote Stress Management and Social Support among Latinas with Hypertension Award: Penn State Community Relations Grant. Award Amount: \$2500 Award Dates: January 2020-January 2021
5. Co-Principal Investigator: No Longer ‘The Boys in White’: Exploring Professional Identity Formation for Students from Diverse Cultural Backgrounds. Award: Northeast Group on Educational Affairs Collaborative Research Grant Award Amount: \$2,915 Award Dates: July 2018-July 2020
6. Principal Investigator: Developing a Narrative-based Intervention for Promoting Healthy Behaviors among African Americans with Hypertension. Penn State Clinical and Translational Mentored Career Development Award (KL2) /National Center for Advancing Translational Sciences. Award Amount: \$261,437 Award Number 5 UL1 TR002014 and 5 KL2 TR002015. Award Dates January 2017-August 2020
7. Principal Investigator: Spirituality as a Predictor of Nonadherence among African Americans with Hypertension. Award: National Institutes of Health Diversity Supplement for Postdoctoral Training. Award Amount: \$86,455 Award Number: 3R01HL092860-04S1 Award Dates: September 2012-June 2014
8. Principal Investigator: Exploring Predictors of Medication Adherence Among African Americans with Hypertension. Award: Agency for Healthcare Research and Quality Dissertation Award. Award Amount: \$29,256 Award Number: 1R36HS020755-01 Award Dates: July 2011- June 2012

TEACHING EXPERIENCE

University of Delaware, Newark, DE

<u>Course Name</u>	<u>Instructional Responsibilities</u>	<u>Year</u>
Cardiovascular Epidemiology	Course Developer and Instructor	2021
Social Epidemiology	Course Developer and Instructor	2021, 2023
Honors College Seminar	Guest Lecturer	2020

Penn State College of Medicine, Hershey, PA

<u>Course Name</u>	<u>Instructional Responsibilities</u>	<u>Year</u>
Methods in Clinical and Public Health Interventions	Course Developer, Course Director, Co-Instructor	2020

Social and Behavioral Determinants of Health	Guest Lecturer Course Developer, Course Director, Course Instructor	2020 2017-2019
Mind-Body Course, Medical School	Guest Lecturer	2019- 2020
Directed Studies in Public Health	Course Co-Instructor	2019
	Course Developer, Course Director, Course Instructor	2017
Advanced Field Experience	Course Director and Instructor	2017-2018
Introduction to Public Health	Guest Lecturer	2016, 2018

Penn State Dickinson School of Law, Carlisle, PA

<u>Course Name</u>	<u>Instructional Responsibilities</u>	<u>Year</u>
Medical Legal Partnership Course	Guest lecturer	2018-2020

University of Alabama at Birmingham, Birmingham, AL

<u>Course Name</u>	<u>Instructional Responsibilities</u>	<u>Year</u>
Scientific Writing II	Course Developer and Instructor	2011

PROFESSIONAL TRAINING

Ten-Day Seminar on the Epidemiology and Prevention of Cardiovascular Disease and Stroke, Lake Tahoe, CA, Selected Scholar		postponed to 2024
Society of Behavioral Medicine Mid-Career Leadership Institute, Selected Fellow		2023-2024
University of Oxford, Qualitative Research Methods, Oxford, UK		2022
University of Delaware Faculty Achievement Program		2020
19 th Annual Summer Institute on Randomized Behavioral Clinical Trials, Potomac, MD. Selected Scholar		2019
Health Equity Leadership Institute, The University of Wisconsin-Madison School of Medicine and Public Health & The University of Maryland School of Public Health, Madison, WI. Selected Scholar		2019
NIH Future Research Leaders Conference, National Institutes of Health		2019
Junior Faculty Development Program Continuing Scholars Program, Penn State College of Medicine		2018

Program to Increase Diversity among Individuals Engaged in Cardiovascular Health-Related Research (PRIDE), SUNY Downstate, Selected Scholar	2017-2018
Junior Faculty Development Program, Penn State College of Medicine	2016-2017

PROFESSIONAL AFFILIATIONS

Society for Public Health Education	2018-2019
Society of Behavioral Medicine (SBM)	2011-2023
American Public Health Association (APHA)	2009-2021

PROFESSIONAL SERVICE

Study Sections/Grant Review

NIH Clinical Management of Patients in Community-based Settings (CMPC) Study Section- Early Career Reviewer	2020
Delaware State University Research Centers in Minority Institutions Pilot Grant Program- Grant Reviewer	2023

Conference and Symposium Leadership

Society of Behavioral Medicine BIT SIG Outstanding Abstract Award Review Committee	2023
Abstract Review and Mentorship Committee for the New England Science Symposium	2021-2023
SBM Bioinformatics Special Interest Group Annual Meeting Planning Committee	2019-2020
SBM Annual Meeting Planning Committee	2019-2020
APHA Epidemiology Section Abstract Selection Committee	2014, 2015, 2018, 2022
Mentor, New England Science Symposium, Boston, MA	2014, 2016, 2018, 2023
Co-Chair of Physicians' Racial Bias and Discrimination Symposium, SBM, San Francisco, California	2013
Society of Behavioral Medicine (SBM) Abstract Selection Committee	2011-2015
New England Science Symposium Abstract Selection Committee	2010-2016
New England Science Symposium Planning Committee	2010-2016
APHA Community Based Public Health Caucus Abstract Selection Committee	2021

Invited Speaker/Keynote

2030 Health People Champions Learning Collaborative, U.S. Department of Health and Human Services (HHS) Office of Disease Prevention and the National Center for Health Statistics	2023
Booz Allen Hamilton Health Equity Community of Practice: Dismantling Barriers to Support Maternal Workforce Diversity	2023
25th Annual National Institute of Environmental Health Sciences Biomedical Career Symposium	2022
National Institutes of Health/National Heart, Lung, and Blood Institute	2022

Promoting Excellence in Career Development for Social Determinants of Health and Implementation Research
 2021 Evelyn Hayes Innovation Symposium, Keynote Speaker 2021
 Panelist, Biomedical Sciences Careers Program 2012, 2014-2016, 2023

Awards/Honors

Inclusive Excellence Award/Ten-Day Seminar on the Epidemiology and Prevention of Cardiovascular Disease and Stroke, Lake Tahoe, CA 2024
 Travel Award to Participate in the MOST Optimizing Biobehavioral and Behavioral Interventions 2018
 Penn State Global Programs Faculty Travel Grant 2017
 American Heart Association, Minority Travel Grant 2017
 Booz Allen Hamilton Combustion Chamber Awardee 2015
 Chan UMASS Medical School, Dean's Award for Most Insightful Mid-Thesis Research 2011
 Biomedical Sciences Careers Program, Harvard Medical School, Hope Scholarship, Funded by Biogen 2011
 Elijah Sanders Hypertension Award from the International Society on Hypertension in Blacks 2012

Ad-Hoc Review

Journal of Racial and Ethnic Health
 The Annals of Pharmacotherapy
 Journal of General Internal Medicine
 Health Education and Behavior
 American Journal of Public Health
 Journal for the Health Care for the Poor and Underserved
 Journal of the National Medical Association
 Ethnicity and Disease
 Women and Health
 Women's Health Issues
 European Journal of Environmental and Public Health

MENTORSHIP AND DISSERTATION COMMITTEES

Name	University	Role	Year
Michelle Nivar, Public Health Student	Mass General-Brigham/Wesleyan University	Research Mentor	2023
Rachel Jaffe, UD Honors College, Public Health Minor	University of Delaware	Research Mentor	2022-Present
Elena Lynn, Undergraduate Health Behavior Science	University of Delaware	Research Mentor/Summer Scholar Mentor	2022-Present

Angela Groves, Assistant Professor	Western Michigan University	Research Mentor, PRIDE CVD Mentor	2022- Present
Abby Storm, Doctor of Philosophy, Epidemiology	University of Delaware	Dissertation Committee Member	2021- Present
Asli McCullers, Master of Public Health- Epidemiology	University of Delaware	Graduate Research Mentor	2021- 2023
Alyssa Benjamin, Master of Science Health Promotion	University of Delaware	Thesis Committee Member	2021- 2022
Yanxu Yang, Doctor of Public Health Program	Penn State College of Medicine	Administrative Advisor, *Dissertation Committee Member	2019- 2022
Suzanne Akuley, Doctor of Public Health Program	Penn State College of Medicine	Administrative Advisor, *Dissertation Committee Member	2019- 2022
	University of Delaware	Postdoctoral Research Fellow	2023- Present
Natasha Burse, Doctor of Public Health Program	Penn State College of Medicine	Administrative Advisor, Graduate Assistantship Advisor, and *Dissertation Committee Member, F99/K00 Mentorship Committee	2018- 2022
Eiman Khesroh, Doctor of Public Health Program	Penn State College of Medicine	Administrative Advisor, *Dissertation Committee Member	2019- 2020
Aditi Sharma, Doctor of Public Health Program	Penn State College of Medicine	Dissertation Committee Member	2019- 2021
Ashley Kuzmik, Doctor of Public Health Program	Penn State College of Medicine	Dissertation Committee Member	2019- 2021
Michael Butzner, Doctor of Public Health Program	Penn State College of Medicine	Administrative Advisor, Dissertation Committee Chair	2019- 2021

Amelia Ubesie, Doctor of Public Health Program	Penn State College of Medicine	Administrative Advisor, Graduate Assistantship Advisor, and Dissertation Committee Chair	2016-2020
Simisola Bello, Doctor of Public Health Program	Penn State College of Medicine	Dissertation Committee Member	2016-2020
Michaëlle Gabrielle, Master of Public Health	Penn State College of Medicine	Capstone Project Advisor	2017-2018
Emily Kostek, Master of Public Health Program	Penn State College of Medicine	Academic Advisor and Capstone Project Advisor	2017-2018
Michael Richardson, MD Program	University of Massachusetts Medical School	Mentor, Summer Internship	2011
Lisa Nobel, MD Program	University of Massachusetts Medical School	Mentor, Summer Internship	2011
Michelle Dyke, MD Program	University of Massachusetts Medical School	Mentor, Summer Internship	2010

*Served as Dissertation Committee Chair while faculty at Penn State College of Medicine and shifted to Dissertation Committee Member upon joining the University of Delaware.