

Get to Know Nutrition Majors!

These students are Peer Mentors for the
NTDT 103 Introduction to the Nutrition
Professions course and represent the varied
interests of our majors.

Lauren Brown

YEAR: Junior

MAJOR: Nutrition and Medical Science **MINOR:**
Biology

ACTIVITIES/CLUBS: Gamma Phi Beta Sorority, Honors Program, Energy Balance and Nutrition Lab Research Volunteer, Teaching Assistant, Pre-Dental Society, American Student Dental Association, Student Health Advisory Committee

CAREER GOALS: Open my own practice for general dentistry

INTERESTS: General and Pediatric Dentistry, Pediatric Nutrition

FUN FACT: My first time out of the country was doing a MEDLIFE mission to Peru last winter!

FAVORITE FOOD: Peanut butter <3



Basia Chrobot

YEAR: Senior

MAJOR: Nutrition and Medical Sciences

ACTIVITIES/CLUBS: UDECU, Writing Fellow, Honors Program, Undergrad Researcher with Move to Learn Lab

CAREER GOALS: I would love to become a physician and eventually teach too!

INTERESTS: I love to cook! (But I'm definitely not the best, and am always on the lookout for helpful tips :-))

FUN FACT: I met Matthew Gray Gubler (Spencer from Criminal Minds) the same day I got my wisdom teeth out

FAVORITE FOOD: Sushi



Eric Evans

YEAR: Senior

MAJOR : Nutrition and Dietetics

ACTIVITIES/CLUBS: TA for NTD 330, Research Assistant for a sustainability project, STAR nutrition clinic, St. Francis Bariatric Center, Christiana Hospital

CAREER GOALS: Become an outpatient Dietitian

INTERESTS: Anything outdoors! Hiking, biking, kayaking and windsurfing are awesome

FUN FACT: I was a pole vault state champ my freshman year of high school

FAVORITE FOOD: Veggie Stir Fry



Zoe Harper

YEAR: Senior

MAJOR: Nutrition & Dietetics

ACTIVITIES/CLUBS: FNEL Teaching Assistant & Cooking Demo's, STAR Nutrition Clinic, Food Bank of DE

CAREER GOALS: Become a Registered Dietitian and teach kids about fruits and vegetables!

INTERESTS: Pediatric nutrition and nutrition counseling

FUN FACT: I work at Chick-Fil-A!

FAVORITE FOOD: Pizza & cookie dough



Desirae Howard

YEAR: Senior

MAJOR: Nutrition and Dietetics **MINOR:** Health and Wellness

ACTIVITIES/CLUBS: Alpha phi fraternity, 4H cooperative extension employee, Student Support Services, Nutrition Clinic volunteer, Healthy Hens volunteer, TA for BHAN 120, Delaware diplomats member

CAREER GOALS: Become a pediatric dietitian

INTERESTS: Sports and pediatric nutrition

FUN FACT: I studied abroad for nutrition in Italy

FAVORITE FOOD: Alfredo!!



Becca Magno

YEAR: Senior

MAJOR: Nutrition & Dietetics **MINOR:** Health & Wellness

ACTIVITIES/CLUBS: NTDT Club, Nutrition & Disabilities Club,
Diet Assistant

CAREER GOALS: Become a Registered Dietitian either in a clinical or community setting as well as a professor at a University

INTERESTS: Maternal nutrition and nutrition support

FUN FACT: I'm a twin

FAVORITE FOOD: Berries



Abigail (Abby) Malle

YEAR: Senior

MAJOR: Nutrition and Dietetics

ACTIVITIES/CLUBS: UD Sports Nutrition Volunteer, Nutrition and Disabilities Club, Teaching Assistant

CAREER GOALS: Become a Registered Dietitian and work with patients of all ages (pediatrics up to geriatric patients) and teach nutrition classes at a university

INTERESTS: Pediatric nutrition and diabetes education

FUN FACT: I love spending time outdoors!

FAVORITE FOOD: Banana and peanut butter



Jonathan (Jon) Martin

YEAR: Junior

MAJOR: Nutrition and Medical Sciences **MINORS:**
Economics, Biology, Medical Diagnostics

ACTIVITIES/CLUBS: UDECU, UD Sports Nutrition
Volunteer, OAE tutor, Chai Labs, Phi Delta Epsilon,
Honors Program

CAREER GOALS: Physician

INTERESTS: Nutrition and Gene Regulation & Health
Economics

FUN FACT: I started a small online store selling used
legos during quarantine

FAVORITE FOOD: Salmon



Jennie McCabe

YEAR: Senior

MAJOR: Nutrition and Dietetics

ACTIVITIES/CLUBS: STAR Nutrition Clinic Volunteer, NTDT Club, Food and Culinary Club

CAREER GOALS: Become a Registered Dietitian & teach nutrition classes.

INTERESTS: Anti Diet Culture & Helping Eating Disorders

FUN FACT: I transferred to UD as a sophomore

FAVORITE FOOD: Hummus



Katelyn Ohl

YEAR: Junior

MAJOR: Nutrition and Dietetics **MINOR:** Psychology, Health and Wellness, Dance

ACTIVITIES/CLUBS: Nutrition & Dietetics Club, Nutrition & Disabilities Club, UD Sports Nutrition Volunteer, Honors Program, Gamma Sigma Sigma Service Sorority

CAREER GOALS: Become a Registered Dietitian in a clinical or community setting

INTERESTS: Sports Nutrition and Weight Management

FUN FACT: I have a cat named Winnie!

FAVORITE FOOD: Chocolate!



Zoe Plastaras

YEAR: Senior

MAJOR: Nutrition and Dietetics **MINOR:** Health and Wellness

ACTIVITIES/CLUBS: UD Sports Nutrition Volunteer, Nutrition and Disabilities Club, NTDT Club

CAREER GOALS: Become a Registered Dietitian and work in either a clinical setting or in private practice

INTERESTS: Nutrition Counseling, Pediatric Nutrition and Performance Nutrition

FUN FACT: I taught myself how to play guitar over quarantine

FAVORITE FOOD: Donuts



Gabby Rivera

YEAR: Senior

MAJOR: Nutrition & Dietetics

ACTIVITIES/CLUBS: NTDT Club, UD Sports Nutrition Volunteer, St. Francis Bariatric Volunteer, Dietary Aide

CAREER GOALS: Become a Registered Dietitian and work with kids or athletes

INTERESTS: Sports Nutrition and Pediatric Nutrition

FUN FACT: I studied abroad in South Africa!

FAVORITE FOOD: Chocolate Chip Pancakes



Patricia Rodríguez

YEAR: Senior

MAJOR: Nutrition & Dietetics

ACTIVITIES/CLUBS: Nutrition & Dietetics Club, Nutrition & Disabilities club, STAR Nutrition Clinic, UD Sports Nutrition Volunteer.

CAREER GOALS: Become a Registered Dietitian and later on a Sports Dietitian.

INTERESTS: Sports nutrition & Strength and Conditioning

FUN FACT: I'm from the Dominican Republic

FAVORITE FOOD: Tacos!



Elizabeth (Liz) Weimer

YEAR: Senior

MAJOR: Nutrition and Dietetics **MINOR:** Spanish for Healthcare, Food Science, Biological Sciences

ACTIVITIES/CLUBS: UD Women's Soccer, Honors Program, Energy Balance and Nutrition Lab Research Assistant

CAREER GOALS: Become a registered dietitian & go to culinary school abroad

INTERESTS: Performance Nutrition, Culinary Medicine & Global Nutrition

FUN FACT: I have 3 dogs!

FAVORITE FOOD: Smoothie bowls

