

Curriculum Vitae
DONNA PAULHAMUS, M.S., R.D, L.D.

WORK ADDRESS: Department of Health Behavior and Nutrition Sciences
University of Delaware
211 Tower at STAR
100 Discovery Blvd.
Newark, DE 19713
office phone: 302-831-3889
email: donnag@udel.edu

EDUCATION: 1990 MS The University of Delaware (Human Nutrition)
1993 BS The Pennsylvania State University (Applied Nutrition)

EXPERIENCE:

01/2019 – present **Faculty, continuing track,** Department of Health Behavior and Nutrition Sciences
University of Delaware, Newark, Delaware.
•**Nutrition Clinic Director** (09/2019)

11/2015 – 01/2019 **Research Manager,** Center for Health Behavior Research, The University of
Pennsylvania, Philadelphia, Pennsylvania.

01/1998 – 11/2015 **Research Management,** The Children’s Hospital of Philadelphia, Philadelphia,
Pennsylvania.
•2003-2015 Senior Research Associate, Nutrition and Growth Laboratory
•2002-2033 Senior Research Coordinator, The Study of Estrogen Activity and
Development, funded by the National Institutes of Environmental Health
Sciences (NIEHS)
•2001-2002 Research Coordinator, The Weight Management Center
•1998-2000 Nutrition Project Coordinator, Nutritional Status and Progression of Cystic
Fibrosis Pulmonary Disease, ROI funded by National Institutes of Health (NIH).

09/1996 – 06/1998 **Graduate Teaching Assistant,** Department of Behavioral Health and Nutrition, University of
Delaware, Newark, Delaware.

12/1996 – 06/1998 **Consultant Dietitian,** Food and Nutrition Services, Aramark, Upper Chesapeake Health
System, Harford County, Maryland.

06/1994 – 08/1996 **Clinical Dietitian,** Food and Nutrition Services, Aramark, Greater Baltimore Medical
Center, Baltimore, Maryland.

ACADEMIC AWARDS AND HONORS:

2023 Outstanding Dietitian of the Year, Delaware Academy of Nutrition and Dietetics
1998 First Place Graduate Award Winner, Marion Steele Symposium, University of Delaware
1997 Recipient of Amy Rextrew Graduate Student Award, University of Delaware
1992 Graduated with Distinction, The Pennsylvania State University

PROFESSIONAL AFFILIATIONS AND SERVICE/LEADERSHIP:

Memberships in Professional and Scientific Societies

Academy of Nutrition and Dietetics (1994 – present)
International Society for Clinical Densitometry (2005 - present)
Delaware Academy of Nutrition and Dietetics (2019 – present)
Pennsylvania Dietetic Association (1998 – 2005)
Maryland Dietetic Association (1994 – 1998)
American Society for Parenteral and Enteral Nutrition (2001 – 2003)
Philadelphia Area Society for Parenteral and Enteral Nutrition (2001 – 2003)

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Service to Organization/Profession

- 2022 – present Consumer Protection Coordinator and Nutrition Services Payment Specialist, Delaware Academy of Nutrition and Dietetics
- 2021 – 2022: Consumer Protection Coordinator, Delaware Academy of Nutrition and Dietetics
- 2020 – 2021: Chair, Nominations and Governance, Delaware Academy of Nutrition and Dietetics
- 2019 – 2020: Member, Nominations and Governance, Delaware Academy of Nutrition Dietetics
- 2001 – 2003: Treasurer, Philadelphia Area Society for Parenteral and Enteral Nutrition

SCHOLARSHIP

Articles published in refereed journals:

1. Glanz K, Fenoglio C, Quinn R, Karpyn A, Paulhamus Giordano D. Consumers' ability to distinguish between milk types: results of blind taste testing. *Fam Community Health* 2021; 44:E1-E6.
2. Glanz K, Chung A, Morales KH, Kwong PL, Wiebe D., Giordano DP, Brensinger CM, Karpyn A. The healthy food marketing strategies study: design, baseline characteristics, and supermarket compliance. *Transl Behav Med* 2020;10:166-1266-1276.
3. Glanz K, Paulhamus Giordano D, Phillips M, Green S, Bromberg J. Changes in sugary and diet beverage prices due to the Philadelphia Sweetened Beverage Tax. *American Public Health Association Annual Meeting 2017, Atlanta, GA.*
4. Zemel BS, Carey LB, Paulhamus DR, Stallings VA, Ittenbach RF. Quantifying calcium intake in school age children: development and validation of the Calcium Counts! food frequency questionnaire. *Am J Hum Biol* 2010; 22:180-6.
5. Zemel B, Gilberg J, Stallings VA, Paulhamus D. Effects of dietary patterns on bone density in children. *The 35th Annual Meeting of the Human Biology Association, April 14-15, 2010, Albuquerque, NM.*
6. Zemel BS, Stallings VA, Leonard MB, Paulhamus DR, Kecskemethy HH, Härke HT, Henderson RC. Revised pediatric reference data for the lateral distal femur measured by Hologic Discovery/Delphi dual-energy X-ray absorptiometry. *J Clin Densitom* 2009; 12:207-18.
7. Gilberg J, Stallings V, Paulhamus D, Schall J, Zemel B. Effect of Dietary Patterns on Bone Health in Children Varies by Gender and Race. Presented at the PAS-SPR meeting, Toronto, May 2007.
8. Paulhamus D, Leonard M, Stettler N, Shults J, Ferrante S, Zemel BS. Overweight children have increased tibia trabecular bone density and cortical bone strength attributable to increased muscle mass. *ASBMR 28th Annual Meeting, Philadelphia, PA, September 15-19, 2006. J Bone Miner Res* 21 (Suppl 1): S003, 2006.
9. Zemel BS, Ittenbach RF, Paulhamus DR, Stallings VA. Building better bones in childhood: improving dietary calcium intake in children. *Bone* 36 (Suppl 1):96, 2005. .
10. Ittenbach RF, Buison AM, Vresilovic AB, Tetlak JC, Paulhamus DR, Garcia-Espana FJ, Seiferheld WF, Stallings VA, Zemel BS. Statistical validation of ADP for body composition assessment in children. *The American Association for the Advancement of Science Annual Meeting, Washington, DC, February 17-21, 2005.*
11. Zemel BS, Paulhamus D, Dizer C, Stallings VA, Shabbout M, Leonard MB, Precision of peripheral quantitative computer tomography measures of the tibia in children. *J Bone Miner Res* 19 (Suppl 1): 232, 2004.
12. Schall J, Paulhamus D, Rovner A, Zemel B, Scanlin T, Stallings V. Eating patterns, growth, and nutritional status in children with cystic fibrosis. *The Fourteenth Annual North American Cystic Fibrosis Conference, November 2000, Baltimore, MD.*
13. Rovner A, Paulhamus D, Schall J, Zemel B, Scanlin T, Stallings V. Adherence to pancreatic enzyme supplementation in children with cystic fibrosis. *The Fourteenth Annual North American Cystic Fibrosis*

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Conference, November 2000, Baltimore, MD.

14. Brake V, Cahn D, Gallagher M, Jawad A, Cnaan A, Paulhamus D, Rovner A, Stallings V, Zemel B. Three-day diet records versus 7-day diet records for pediatric subjects with cystic fibrosis. Annual GCRC National Meeting, March 2001, Arlington, VA.
15. Paulhamus D, Cotugna N. A computerized method for determining outcomes in a food bank distribution system. *J Am Diet Assoc.* 1998;98:1029-1031.
16. Paulhamus D, Hamilton C. The use of computer communication technology in a college-level introductory nutrition course. *J Am Diet Assoc.* 1998;98(S):A:39. (Abstract and Poster Presentation, American Dietetic Association, Annual Meeting & Exhibition, Kansas City, MO, October 19-22, 1998).

TEACHING

Courses Taught

NTDT367 Outpatient Nutrition	University of Delaware
Guest Lectures	
NTDT810 Nutrition Informatics, Fall 2019, 2020, 2021, 2022, 2023	University of Delaware
NTDT610 Overweight and Obesity Prevention and Management, Spring 2021	University of Delaware
NTDT 421 Nutrition Assessment Methods, Spring 2021, 2022	University of Delaware

STUDENT MENTORSHIP, NUTRITION CLINIC EXPERIENTIAL LEARNING (total mentored):

Oversee student experiential learning in the Nutrition Clinic
25 Undergraduate/Graduate Students per semester, 2019 - present
6 Graduate Student Assistants
12 Dietetic Interns

SERVICE

University

College, Director, UD Health Nutrition Clinic	Spring 2019-present
College of Health Sciences, Diversity Summer Camp Faculty	Spring 2020-present
College, Ad-hoc Committee for UD Health Clinics	Fall 2019-Spring 2020
College, Ad-hoc CHS Return to Work Committee	Fall 2020-Fall 2021
College, Ad-hoc UD Health Clinics Workgroup	Fall 2021-Fall 2022
College, Ad-hoc EMR Core Implementation Team	Spring 2019-Spring 2022
College, Ad-hoc UD Health Clinic Directors	Spring, 2019-present
College, Ad-hoc UD Health Clinics Manager	Fall 2022-present
College of Health Sciences, First Steps, Judge	Spring 2019
Department, Member, Nutrition Program	Spring 2019-present
Department, Nutrition Clinic Committee	Spring 2019-present
Department, Nutrition Faculty Search Committee	Spring 2022

Within Academe

Delaware Academy of Nutrition and Dietetics,	2019-present
● Consumer Protection Coordinator, Nutrition Services Payment Specialist	2022-present
● Consumer Protection Coordinator	202-2022
● Chair, Nominations and Governance Committee	2020-2021
● Member, Nominations and Governance Committee	2019-2020
Philadelphia Area Society for Parenteral and Enteral Nutrition, Treasurer	2001-2003