Meet Your Peer Mentors!

NTDT103: Introduction to Nutrition Professions
Annie Antonov

Year: Senior

Major: Nutrition and Medical Science

Minor: Health and Wellness

Hometown: Leesburg, VA (DC area)

Activities/Clubs: Certified Pharmacy Technician, TA for NTDT201 with Professor Thorpe, CHS SAB, Food Bank of Delaware Volunteer, Undergraduate Research Assistant

Career Goals: Finish a MPH in nutrition and move onto a PhD in nutrition

Fun Facts: I love to cook and explore the outdoors

Favorite Food: Thai Food! Either green curry or pad see ew!
Alexis Bishkoff

**Year:** Senior

**Major:** Nutrition

**Hometown:** Westchester, NY

**Activities/Clubs:** NTDT103 Peer Mentor, working out, cooking, listening to music

**Career Goals:** Apply and go to Graduate School. Then, become an RDN in a hospital, and eventually manage my own business.

**Fun Facts:** I am going to study abroad in Australia and Thailand this winter semester!

**Favorite Food:** Seafood
Hannah Cash

Year: Senior

Major: Nutrition and Dietetics / Human Nutrition

Hometown: Hockessin

Activities/Clubs: DEDE Research, VGTC

Career Goals: Complete my MS & a dietetic internship!

Fun Facts: I love cats and video games :)

Favorite Food: General Tsao's tofu
Giorgia De Marco

Year: Sophomore

Major: Nutrition and Medical Sciences

Hometown: Cherry Hill, NJ

Activities/Clubs: Peer mentor!, working out, dancing, and UDANCE.

Career Goals: Physical Therapist

Fun Facts: I work at a PT clinic right now

Favorite Food: Pasta
Julia Garcia

Year: Senior

Major: Nutrition and Dietetics

Hometown: Lewes, DE

Activities/Clubs: KAθ, Volunteer at STAR campus, Dietary aide, Volunteer NDSR data entry, Peer mentor 103, yoga club

Career Goals: Become a certified RDN

Fun Facts: I just bought tickets to the Zach Bryan concert!

Favorite Food: Avocado
Meredith Groves

Year: Senior

Major: Nutrition and Dietetics

Hometown: Reading, PA

Activities/Clubs: UDPN Volunteer, UD Swipe Out Hunger Volunteer, working on Main St.

Career Goals: Earn my RDN credential and pursue sports dietetics

Fun Facts: I love to travel and the picture is from my trip to Ireland over the summer!

Favorite Food: Sushi
Fatema Javed

**Year:** Sophomore

**Major:** Nutrition and Medical Sciences

**Hometown:** Bear, Delaware

**Activities/Clubs:** NTDT103 Peer Mentor, DIST100 Peer Mentor, CHEM103 Workshop Leader, Volunteers Without Borders Treasurer

**Career Goals:** Pre-Dental Track hoping to get into Dental School!

**Fun Facts:** I commute to UD everyday!

**Favorite Food:** Philly Cheesesteaks!
Kelsi Lussier

**Year:** Senior

**Majors:** Nutrition & Dietetics and Sociology

**Hometown:** Wilmington, DE

**Activities/Clubs:** NTDT Club Treasurer and Health Fair Co-Chair, Students for the Environment Treasurer, Food Recovery Network Club Member, STAR Ambassador, NTDT 200 TA, NTDT 390 TA, Soccer Coach, co-founder of the Nutrition Science Research Journal Club w/ Dr. Rovner

**Career Goals:** Become an RDN and work on public policy to improve access to nutrition and nutrition education

**Fun Facts:** I have a 2-year old Australian Shepherd that I am obsessed with

**Favorite Food:** Southern comfort foods
Ella McDonald

Year: Junior

Major: Nutrition and Dietetics

Hometown: Exton, PA

Activities/Clubs: NTDT Club, ED Awareness Club Treasurer, PN Volunteer

Career Goals: Own a Private Practice helping clients with Eating Disorders

Fun Facts: I have a dual citizenship with Canada

Favorite Food: Sweet Potatoes
Natalie Raab

Year: Senior

Major: Nutrition and Dietetics

Minor: Spanish for Healthcare

Hometown: Charlottesville, VA

Activities/Clubs: UD Performance Nutrition Student Manager, UD Figure Skating President, Food Recovery Network Treasurer, Phi Sigma Pi Honor Fraternity, In-Home Aide

Career Goals: Become an RDN and work in Clinical or Community Nutrition

Fun Facts: I bike the C&O Canal this summer!

Favorite Food: Watermelon
Talia Spitelle

Year: Senior

Major: Nutrition and Dietetics

Hometown: Wilmington, DE

Activities/Clubs: STAR Ambassador, Undergraduate Research Assistant, Christiana Care Cancer Center Volunteer, DE Food Bank Volunteer

Career Goals: Graduate School then receive RD credential!

Fun Facts: I go to a lot of music festivals and I love aquariums

Favorite Food: Mango or any kind of pasta
Adriana Varuolo

Year: Junior

Major: Nutrition and Dietetics

Hometown: Westchester, NY

Activities/Clubs: Nutrition Science Journal Club, UDance, Phi Sigma Sigma, cooking

Career Goals: Earn an RDN credential

Fun Facts: I have a twin sister

Favorite Food: Sushi and Italian food