



# Meet Your Peer Mentors!

NTDT103: Introduction to Nutrition Professions

# Annie Antonov

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**Year:** Senior

**Major:** Nutrition and Medical Science

**Minor:** Health and Wellness

**Hometown:** Leesburg, VA (DC area)

**Activities/Clubs:** Certified Pharmacy Technician, TA for NTDT201 with Professor Thorpe, CHS SAB, Food Bank of Delaware Volunteer, Undergraduate Research Assistant

**Career Goals:** Finish a MPH in nutrition and move onto a PhD in nutrition

**Fun Facts:** I love to cook and explore the outdoors

**Favorite Food:** Thai Food! Either green curry or pad see ew!



# Alexis Bishkoff

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**Year:** Senior

**Major:** Nutrition

**Hometown:** Westchester, NY

**Activities/Clubs:** NTDT103 Peer Mentor, working out, cooking, listening to music

**Career Goals:** Apply and go to Graduate School. Then, become an RDN in a hospital, and eventually manage my own business.

**Fun Facts:** I am going to study abroad in Australia and Thailand this winter semester!

**Favorite Food:** Seafood



# Hannah Cash

**Year:** Senior

**Major:** Nutrition and Dietetics / Human Nutrition

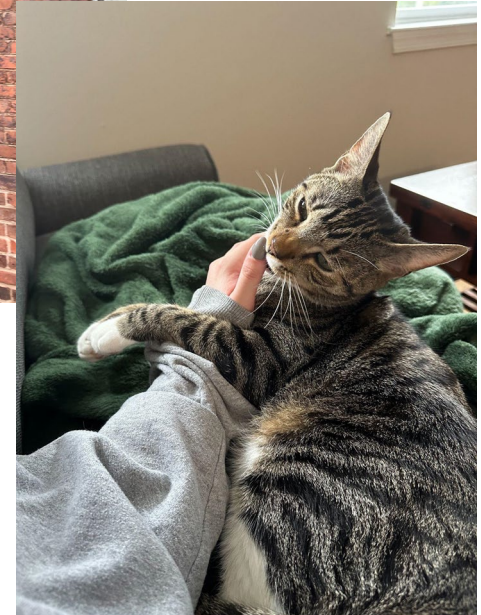
**Hometown:** Hockessin

**Activities/Clubs:** DEDE Research, VGTC

**Career Goals:** Complete my MS & a dietetic internship!

**Fun Facts:** I love cats and video games :)

**Favorite Food:** General Tsao's tofu



# Giorgia De Marco

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**Year:** Sophomore

**Major:** Nutrition and Medical Sciences

**Hometown:** Cherry Hill, NJ

**Activities/Clubs:** Peer mentor!, working out, dancing, and UDANCE.

**Career Goals:** Physical Therapist

**Fun Facts:** I work at a PT clinic right now

**Favorite Food:** Pasta





# Julia Garcia

**Year:** Senior

**Major:** Nutrition and Dietetics

**Hometown:** Lewes, DE

**Activities/Clubs:** KAΘ, Volunteer at STAR campus,

Dietary aide, Volunteer NDSR data entry, Peer mentor 103, yoga club

**Career Goals:** Become a certified RDN

**Fun Facts:** I just bought tickets to the Zach Bryan concert!

**Favorite Food:** Avocado



# Meredith Groves

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**Year:** Senior

**Major:** Nutrition and Dietetics

**Hometown:** Reading, PA

**Activities/Clubs:** UDPN Volunteer, UD Swipe Out Hunger Volunteer, working on Main St.

**Career Goals:** Earn my RDN credential and pursue sports dietetics

**Fun Facts:** I love to travel and the picture is from my trip to Ireland over the summer!

**Favorite Food:** Sushi



# Fatema Javed

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**Year:** Sophomore

**Major:** Nutrition and Medical Sciences

**Hometown:** Bear, Delaware

**Activities/Clubs:** NTDT103 Peer Mentor, DIST100 Peer Mentor,  
CHEM103 Workshop Leader, Volunteers Without Borders Treasurer

**Career Goals:** Pre-Dental Track hoping to get into Dental School!

**Fun Facts:** I commute to UD everyday!

**Favorite Food:** Philly Cheesesteaks!





# Kelsi Lussier

**Year:** Senior

**Majors:** Nutrition & Dietetics and Sociology

**Hometown:** Wilmington, DE

**Activities/Clubs:** NTDT Club Treasurer and Health Fair Co-Chair, Students for the Environment Treasurer, Food Recovery Network Club Member, STAR Ambassador, NTDT 200 TA, NTDT 390 TA, Soccer Coach, co-founder of the Nutrition Science Research Journal Club w/ Dr. Rovner

**Career Goals:** Become an RDN and work on public policy to improve access to nutrition and nutrition education

**Fun Facts:** I have a 2-year old Australian Shepherd that I am obsessed with

**Favorite Food:** Southern comfort foods



# Ella McDonald

**Year:** Junior

**Major:** Nutrition and Dietetics

**Hometown:** Exton, PA

**Activities/Clubs:** NTDT Club, ED Awareness Club Treasurer, PN Volunteer

**Career Goals:** Own a Private Practice helping clients with Eating Disorders

**Fun Facts:** I have a dual citizenship with Canada

**Favorite Food:** Sweet Potatoes



# Natalie Raab

**Year:** Senior

**Major:** Nutrition and Dietetics

**Minor:** Spanish for Healthcare

**Hometown:** Charlottesville, VA

**Activities/Clubs:** UD Performance Nutrition Student Manager, UD Figure Skating President, Food Recovery Network Treasurer, Phi Sigma Pi Honor Fraternity, In-Home Aide

**Career Goals:** Become an RDN and work in Clinical or Community Nutrition

**Fun Facts:** I bike the C&O Canal this summer!

**Favorite Food:** Watermelon



# Talia Spitelle

**Year:** Senior

**Major:** Nutrition and Dietetics

**Hometown:** Wilmington, DE

**Activities/Clubs:** STAR Ambassador, Undergraduate Research Assistant, Christiana Care Cancer Center Volunteer, DE Food Bank Volunteer

**Career Goals:** Graduate School then receive RD credential!

**Fun Facts:** I go to a lot of music festivals and I love aquariums

**Favorite Food:** Mango or any kind of pasta



# Adriana Varuolo

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**Year:** Junior

**Major:** Nutrition and Dietetics

**Hometown:** Westchester, NY

**Activities/Clubs:** Nutrition Science Journal Club, UDance,  
Phi Sigma Sigma, cooking

**Career Goals:** Earn an RDN credential

**Fun Facts:** I have a twin sister

**Favorite Food:** Sushi and Italian food

