
Anja Leefeldt, MS, RDN, LDN, FAND

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Education

University of Delaware Newark, Delaware
Master of Science in Human Nutrition (2007)
Thesis: A Web-based, Combined Assessment and Personalized Educational Module Aimed at Increasing the Dietary Fiber Intake among College Students

University of Delaware Newark, Delaware
Bachelor of Science in Human Resources (1997) *Magna Cum Laude*
Major: Dietetics

Dickinson College Carlisle, Pennsylvania
Major: Chemistry/Pre-medicine (1991-1994)

Experience

Director, Dietetic Internship (September 2011-present)

Interim Director, Dietetic Internship (October 2010-August 2011)

University of Delaware, Newark, DE

- *Plan and provide instruction for up to 45 dietetic interns via the Internet-based courses for the dietetic internship (NTDT 650/651: Current Perspectives in Dietetics I/II; NTDT 550/551: Dietetics Practicum I/II)*
- *Evaluate interns' performance in didactic and supervised practice experiences*
- *Recruit and advise dietetic interns*
- *Establish and maintain partnerships with clinical, community-based, and foodservice preceptors*
- *Maintain and develop accreditation documents and communication with the Accreditation Council for Education in Nutrition and Dietetics (ACEND)*
- *Guide Advisory and Selection Committees in review, selection, and admission of applicants*
- *Evaluate curriculum, policies, and procedures, and modify to meet revised ACEND accreditation standards*
- *Facilitate continuous assessment of program goals, program outcomes and learning outcomes*
- *Stay abreast of current educational strategies, resources, and facilities to meet program's and interns' goals*

Instructor (August 2010-December 2010)

University of Delaware, Newark, DE

- *Course: Nutrition Concepts (2 sections; 100 students per section)*
- *Site Supervisor, Dietetic Internship*
 - *Establish partnerships with external education and health delivery institutions*
 - *Perform intern evaluations for selected rotations*
 - *Assist with grading assignments, and revising curriculum and program materials*
 - *Assist in maintaining accreditation and assure affiliation agreements are in place*

Supplemental Faculty (Fall 2007-Spring 2010)

University of Delaware, Newark, DE

Course: Nutrition Concepts (1 or 2 sections per semester; 100 students per section)

- *Develop lectures, homework assignments, projects, and exams to aid students with various backgrounds gain an understanding of introductory nutrition course*

Registered Clinical Dietitian (Per Diem) (October 2003-June 2010)

St. Francis Hospital, Wilmington, DE

- *Assess nutritional needs of adult patients with various disease states*
- *Develop, evaluate and instruct patients on individualized nutrition care plans*
- *Provide pre-and post-operative nutrition education to bariatric surgery patients in group and individual settings*
- *Develop and present nutrition seminars for various corporate wellness programs*
- *Help provide supervision for student volunteers and dietetic interns*

Clinical Dietitian (Per Diem) (June 2000-January 2002)

Robert Wood Johnson University Hospital, New Brunswick, NJ

- *Support and provide coverage for all inpatient dietitians, including cardiac, pediatric, renal, and nutrition support dietitians*
- *Assess nutritional needs of patients with various disease states*
- *Plan, evaluate and instruct patients on appropriate nutrition care plans*
- *Prepare for and participate in JCAHO inspection*

Clinical Dietitian (October 1998-June 2000)

Robert Wood Johnson University Hospital, New Brunswick, NJ

- *Assess patients nutritionally at risk*
- *Provide individual and group nutrition instruction to patients and members of multidisciplinary healthcare team*
- *Develop, implement and evaluate nutrition care plans for patients with varied requirements*
- *Collaborate on establishing nutrition protocol for pre-op and post-op heart transplant patients*
- *Revise educational materials*
- *Conduct audits evaluating departmental compliance with established policies and procedures*

Dietetic Internship (August 1997-May 1998)

University of Delaware, Newark, DE

- *Successfully completed rotations in health promotion, clinical dietetics, foodservice management, public health nutrition, and public health management*

Presentations

Leefeldt A, Fang C. An Internet-based, combined assessment and personalized educational module aimed at increasing dietary fiber intake. Poster presented at the Experimental Biology 2007 Conference in Washington, DC.

Leefeldt A, Fang C. Improving Dietary Fiber Intake among College Students: A Web-based, Combined Assessment and Personalized Educational Module. Poster presented at the 2007 Food & Nutrition Conference & Expo in Philadelphia, PA.

Publications

Nowosielecki E, Baker S, **Leefeldt A.** Undergraduate Nutrition Students Develop Nutrition Counseling Skills Through a Healthcare Theatre Program. *J Nutr Educ Behav.* 2020; 50(7S):S91-S92. doi: <https://doi.org/10.1016/j.jneb.2020.04.205>.

Fang C, **Leefeldt A.** Personalized, Web-based Nutrition Educational Module Improved Dietary Fiber Intake among College Students. In G. Richards (Ed.), *Proceedings of World Conference on E-Learning in Corporate, Government, Healthcare, and Higher Education 2008* (pp. 2629-2635). Chesapeake, VA: AACE

Certifications

Registered Dietitian by the Committee on Dietetic Registration (since 1998)

Licensed Dietitian/Nutritionist by the State of Delaware (since 2009)

Honors and Awards

Nominated for University of Delaware Excellence in Teaching Award: 2016, 2017, 2018

2017 Outstanding Dietitian of the Year, Delaware Academy of Nutrition and Dietetics

Nominated for 2016 NDEP Outstanding Educator (Dietetic Internship Director) Award

Nominated for 2014 College of Health Sciences Excellence in Teaching Award

Amy Rextrew 2007 Graduate Student Award

College of Human Resources 1997 Panel of Outstanding Seniors

Member: Golden Key National Honor Society

Dean's List at University of Delaware: all 5 semesters

American Chemical Society 1994 Undergraduate Award in Analytical Chemistry

Professional Affiliations

Member: Academy of Nutrition and Dietetics

- Fellow of the Academy of Nutrition and Dietetics (FAND)

Member: Nutrition and Dietetics Educators and Preceptors (NDEP)

Board Member: Delaware Academy of Nutrition and Dietetics (DAND)

- Treasurer (2020-present)
- Treasurer-Elect (2019-2020)
- President (3-year term: 2016-2019)
 - Co-Chair, Annual Conference Planning Committee (2018-present)
 - Member, Finance Committee (2016-2018)
 - Member, Public Policy Panel (2016-2018)
- Nominations and Governance Committee (2011-2014)
 - Chair (2013-2014)
- Chair, Silent Auction Committee (2015-2016)
- Continuing Professional Education Evaluator (2014-2017)