
Anja Leefeldt, MS, RDN, LDN, FAND

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Education

University of Delaware

Newark, Delaware

Master of Science in Human Nutrition (2007)

Thesis: A Web-based, Combined Assessment and Personalized Educational Module Aimed at Increasing the Dietary Fiber Intake among College Students

University of Delaware

Newark, Delaware

Bachelor of Science in Human Resources (1997)

Magna Cum Laude

Major: Dietetics

Dickinson College

Carlisle, Pennsylvania

Major: Chemistry/Pre-medicine (1991-1994)

Experience

Senior Instructor

(September 2024-present)

University of Delaware, Newark, DE

Assistant Department Chairperson

(September 2024-present)

University of Delaware, Newark, DE

- *Provide leadership on academic policies and procedures for the department*
- *Oversee undergraduate and graduate program leaders on program assessment tracking for their prospective programs*
- *Oversee/lead ad-hoc projects related to academic program management/development*
- *Work with undergraduate and graduate program leaders on fall, winter, spring and summer session course schedules, in conjunction with the Department Chair*
- *Review faculty and Supplemental-contract teaching letters drafted by Department Administrative Assistant*
- *Set up online student evaluations each semester*
- *Review graduate student teaching evaluations and share high level information with mentors*
- *Manage department adjunct instructor pool and coordinate annual training*
- *Manage 3+3 BS in Integrated Health Sciences/Doctorate in Occupational Therapy program, including coordination with Thomas Jefferson University, recruitment of students, and application management*

Dietetic Internship Site Supervisor

(September 2024-present)

University of Delaware, Newark, DE

- *Assist in maintaining accreditation with Accreditation Council for Education in Nutrition and Dietetics (ACEND)*
- *Establish partnerships with external education and health delivery institutions*
- *Coordinate dietetic intern rotation schedules to ensure all required competencies are met*
- *Perform intern evaluations for selected rotations*
- *Assist with grading assignments, and revising curriculum and program materials*

Director, 4+1 BS in Nutrition and Dietetics/MS in Human Nutrition (May 2023-August 2024)

University of Delaware, Newark, DE

- *Recruit new students and update marketing materials as needed*
- *Organize and facilitate applicant review*

- *Orient students to program requirements and policies*
- *Advise students throughout program*
- *Develop, proctor, and oversee grading of comprehensive exams*
- *Liaise with Nutrition Graduate Programs Director and Graduate Services Coordinator on student policy and progress issues*
- *Coordinate graduate paperwork between students and Department Chair*

Associate Instructor (September 2017-August 2024)
University of Delaware, Newark, DE

Director, Dietetic Internship and Instructor (September 2011-August 2024)

Interim Director, Dietetic Internship (October 2010-August 2011)

University of Delaware, Newark, DE

- *Plan and provide instruction for up to 45 dietetic interns enrolled in the local, distance, and combined MS in Nutrition and Dietetics/Dietetic Internship tracks of the dietetic internship (Courses: NTDT 650/651: Current Perspectives in Dietetics I/II; NTDT 648/649: Dietetics Practicum I/II).*
- *Evaluate interns' performance in didactic and supervised practice experiences*
- *Recruit and advise dietetic interns*
- *Establish and maintain partnerships with clinical, community-based, and foodservice preceptors*
- *Maintain and develop accreditation documents and communication with the Accreditation Council for Education in Nutrition and Dietetics (ACEND)*
- *Guide Advisory and Selection Committees in review, selection, and admission of applicants*
- *Evaluate curriculum, policies, and procedures, and modify to meet revised ACEND accreditation standards*
- *Facilitate continuous assessment of program goals, program outcomes and learning outcomes*
- *Stay abreast of current educational strategies, resources, and facilities to meet program's and interns' goals*

Instructor (August 2010-December 2010)

University of Delaware, Newark, DE

- *Course: Nutrition Concepts (2 sections; 100 students per section)*
- *Site Supervisor, Dietetic Internship*
 - *Establish partnerships with external education and health delivery institutions*
 - *Perform intern evaluations for selected rotations*
 - *Assist with grading assignments, and revising curriculum and program materials*
 - *Assist in maintaining accreditation and assure affiliation agreements are in place*

Supplemental Faculty (Fall 2007-Spring 2010)

University of Delaware, Newark, DE

Course: Nutrition Concepts (1 or 2 sections per semester; 100 students per section)

- *Develop lectures, homework assignments, projects, and exams to aid students with various backgrounds gain an understanding of introductory nutrition course*

Registered Clinical Dietitian (Per Diem) (October 2003-June 2010)

St. Francis Hospital, Wilmington, DE

- *Assess nutritional needs of adult patients with various disease states*
- *Develop, evaluate and instruct patients on individualized nutrition care plans*
- *Provide pre-and post-operative nutrition education to bariatric surgery patients in group and individual settings*
- *Develop and present nutrition seminars for various corporate wellness programs*
- *Help provide supervision for student volunteers and dietetic interns*

Clinical Dietitian (Per Diem) (June 2000-January 2002)

Robert Wood Johnson University Hospital, New Brunswick, NJ

- *Support and provide coverage for all inpatient dietitians, including cardiac, pediatric, renal, and nutrition support dietitians*
- *Assess nutritional needs of patients with various disease states*

- *Plan, evaluate and instruct patients on appropriate nutrition care plans*
- *Prepare for and participate in JCAHO inspection*

Clinical Dietitian (October 1998-June 2000)

Robert Wood Johnson University Hospital, New Brunswick, NJ

- *Assess patients nutritionally at risk*
- *Provide individual and group nutrition instruction to patients and members of multidisciplinary healthcare team*
- *Develop, implement and evaluate nutrition care plans for patients with varied requirements*
- *Collaborate on establishing nutrition protocol for pre-op and post-op heart transplant patients*
- *Revise educational materials*
- *Conduct audits evaluating departmental compliance with established policies and procedures*

Dietetic Internship (August 1997-May 1998)

University of Delaware, Newark, DE

- *Successfully completed rotations in health promotion, clinical dietetics, foodservice management, public health nutrition, and public health management*

Presentations

Leefeldt A, Fang C. An Internet-based, combined assessment and personalized educational module aimed at increasing dietary fiber intake. Poster presented at the Experimental Biology 2007 Conference in Washington, DC.

Leefeldt A, Fang C. Improving Dietary Fiber Intake among College Students: A Web-based, Combined Assessment and Personalized Educational Module. Poster presented at the 2007 Food & Nutrition Conference & Expo in Philadelphia, PA.

Publications

Nowosielecki E, Baker S, **Leefeldt A**. Undergraduate Nutrition Students Develop Nutrition Counseling Skills Through a Healthcare Theatre Program. *J Nutr Educ Behav*. 2020; 50(7S):S91-S92. doi: <https://doi.org/10.1016/j.ineb.2020.04.205>.

Fang C, **Leefeldt A**. Personalized, Web-based Nutrition Educational Module Improved Dietary Fiber Intake among College Students. In G. Richards (Ed.), *Proceedings of World Conference on E-Learning in Corporate, Government, Healthcare, and Higher Education 2008* (pp. 2629-2635). Chesapeake, VA: AACE

Certifications

Registered Dietitian by the Committee on Dietetic Registration (since 1998)

Licensed Dietitian/Nutritionist by the State of Delaware (since 2009)

Honors and Awards

2021 College of Health Sciences Excellence in Advising Award

Nominated for College of Health Sciences Excellence in Advising Award: 2018

Nominated for University of Delaware Excellence in Teaching Award: 2016, 2017, 2018

2017 Outstanding Dietitian of the Year, Delaware Academy of Nutrition and Dietetics

Nominated for 2016 NDEP Outstanding Educator (Dietetic Internship Director) Award

Nominated for 2014 College of Health Sciences Excellence in Teaching Award

Amy Rextrew 2007 Graduate Student Award

College of Human Resources 1997 Panel of Outstanding Seniors

Member: Golden Key National Honor Society

Dean's List at University of Delaware: all 5 semesters

American Chemical Society 1994 Undergraduate Award in Analytical Chemistry

Professional Affiliations

Member: Academy of Nutrition and Dietetics (2010-present)

- Fellow of the Academy of Nutrition and Dietetics (FAND) (2020-present)
- Member: Sports and Human Performance Nutrition Dietetic Practice Group (2020-present)
- Member: Dietitians in Medical Nutrition Therapy Dietetic Practice Group (2021-present)

Member: Nutrition and Dietetics Educators and Preceptors (NDEP) (2011-present)

Board Member: Delaware Academy of Nutrition and Dietetics (DAND) (2010-2021, 2023-present)

- Nominations & Governance Committee (3-year term: 2023-2026)
- Treasurer (2020-June 2021)
 - Chair, Finance Committee (2020-2021)
 - Member, Sponsorship Committee (2020-2021)
 - Member, Annual Conference Planning Committee (2019-present)
- Treasurer-Elect (2019-2020)
- President (3-year term: 2016-2019)
 - Co-Chair, Annual Conference Planning Committee (2016-2017, 2018-2019)
 - Member, Finance Committee (2016-2018)
 - Member, Public Policy Panel (2016-2018)
- Nominations and Governance Committee (2011-2014)
 - Chair (2013-2014)
- Chair, Silent Auction Committee (2015-2016)
- Continuing Professional Education Evaluator (2014-2017)

Service

Active

Within Academe

West Chester University Didactic Program in Dietetics Advisory Committee member (2011-present)

University

Committee on Undergraduate Records & Certification (CURC) member (January 2023-present)

College

College of Health Sciences Curriculum Committee (September 2024-present)

Department

Integrated Health Sciences Major Workgroup (June 2023-May 2024)

Recruitment Workgroup (May 2023-present)

Graduate Studies Committee member (2021-present, Chair 2022-2023)

Nutrition Clinic Committee member (2018-present)

Graduate Program Directors Committee

Nutrition Program Faculty Committee (2010-present)

Past

Community

Partnership for Healthy Communities nutrition webinars (2020-2021)

Within Academe

External Reviewer for Promotion & Tenure (2021, 2023)

Reviewer for *Nutrition Science and Applications* textbook (2020)

Reviewer for revision of Academy of Nutrition and Dietetics Standards of Professional Performance for Registered Dietitian Nutritionists in Education of Nutrition and Dietetics Practitioners (2018)

University

Summer Institute on Teaching presenter (2015)

College

College of Health Sciences Awards Committee member (2017- 2019)

Department

Health Coaching Clinic Committee member (Spring 2024)

Nutrition Faculty Search Committee member (2016, 2018, 2022)

Graduate Services Coordinator Search Committee member (2022)

Per Diem Nutrition Clinic Dietitian Search Committee member (2021)

Graduate Support Coordinator Search Committee member (2019)

Nutrition Clinic Director Search Committee member (2018)

Ad Hoc Website Committee member (2017)

Ad Hoc MS/DI Committee member (2016-2017)

Ad Hoc CT P&T Committee chair (2014-2015)

Safety Committee member (2012-2015)

Teaching

Courses Taught:

HBNS 200	Nutrition Concepts
HBNS 250	Introduction to the Nutrition Care Process
HBNS 450	Medical Nutrition Therapy I
HBNS 648	Dietetics Practicum I
HBNS 649	Dietetics Practicum II
HBNS 650	Current Perspectives in Dietetics I
HBNS 651	Current Perspectives in Dietetics II