

Andrea Grim, MS, RD, LD

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EDUCATION

California State University, Northridge

Master of Science, *Family and Consumer Sciences* with emphasis in *Dietetics*, December 1998

California State University, Northridge

Dietetic Internship, 1997-1998

California State University, Fresno

Bachelor of Science, *Dietetics*, May 1997

PROFESSIONAL EXPERIENCE

2014-Present

Instructor and DPD Director, Behavioral Health and Nutrition

University of Delaware, Newark, Delaware

- DPD Director, 2018-Present
- Courses include: Medical Nutrition Therapy 1 & 2, Introduction to the Nutrition Care Process, Nutrition Senior Seminar, Applications in Clinical Practice, Nutrition and Gastroenterology

2007-2014

Clinical Associate Professor, Health and Nutrition Sciences

Idaho State University, Pocatello, Idaho

Clinical Associate Professor, Health and Nutrition Sciences

- Director, Dietetic Internship, 2008-2014
- Promotion from Clinical Assistant Professor to Clinical Associate Professor 2011
- Director of Dietetics, academic year 2010-2011
- Dietetics Club, faculty advisor 2007-2014

2006-2008

Freelance Writer

Diabetes Explorer Magazine

- Nutrition topics in relationship to diabetes as well as weight management
- Topics included glycemic index, holiday eating, phytochemicals, bariatric surgery, benefits of fiber, healthy eating, cardiac health, carbohydrate counting, etc.

2001-2007

Instructor, Nutrition and General Health classes

State Center Community College District, Clovis, California

- Nutrition: Instruction of nutrients and their ingestion, digestion, absorption, metabolism, interaction, storage, and excretion. The relationship of diet to physical and emotional health, diet patterns through the life cycle, consumer concern, and recent developments.
- Health: Instruction of disease states (diabetes, heart disease, cancer), nutrition, fitness, alcohol, tobacco, illicit drugs, sexuality, pregnancy, and environmental factors as they relate to health.

2006-2007

Bariatric Dietitian

Gary A. Matson, M.D., Inc, Fresno, California

- Individual and group instruction for weight loss, diabetes, and hyperlipidemia
- Assessment and evaluation of nutritional status for bariatric surgery
- Development of education materials and classroom PowerPoint presentations

2004- 2006

Bariatric Dietitian and Diabetic Educator

Saint Agnes Medical Center, Fresno, California

- Conducted individual counseling sessions for pre-operative bariatric patients
- Development of educational material including handouts and pamphlets
- Development of quarterly newsletter Innovations
- Managed monthly bariatric support group
- Development of policies and procedures
- Developed bariatric pre-op and post-op group classes
- Preceptor for dietetic interns
- Educated groups of newly diagnosed diabetics on a variety of nutrition topics in monthly classes

1998-2004

Registered Dietitian for Level 1 critical care, burn center, and neonatal ICU

Community Medical Centers Fresno, California

University Medical Center, Community Regional Medical Center

- Nutrition assessment for trauma, burn and neonatal patients
- Educate physicians, medical residents, and medical students
- Preceptor for dietetic interns (critical care and burn center)
- Development of educational material, handouts, pamphlets
- Direct involvement in various performance improvement projects
- Performed scheduling duties for clinical dietetics department

PROFESSIONAL ORGANIZATIONS

- Academy of Nutrition and Dietetics, current member
 - Nutrition and Dietetic Educators and Preceptors, member 2008-present
 - Dietitians in Integrative and Functional Medicine, 2017-present
- American Society of Parenteral and Enteral Nutrition, 1999-present
- Delaware Academy of Nutrition and Dietetic Member, 2014-present
- Delaware Academy of Nutrition and Dietetic, State Policy Representative; 2015-present
- Idaho Dietetics Association, member 2007-2014
- Pocatello Dietetic Association, member 2007-2014
- California Dietetics Association- Central Valley District past member and treasurer
- Certified Nutrition Support Dietitian- 1999 to 2004

TEACHING AND COMPETENCY IN THE FIELD

COURSES TAUGHT

University of Delaware:

NTDT 200: Nutrition Concepts
NTDT 250: Intro Nutrition Care Process*
NTDT 350: Nutrition and Older Adults
NTDT 367: Application of Clinical Practice *
NTDT 367: Nutrition and Gastroenterology*
NTDT 403: Senior Seminar *
NTDT 412 Applications in Clinical Practice*
NTDT 450: Medical Nutrition Therapy 1 *
NTDT 451: Medical Nutrition Therapy 2 *
NTDT 460: Community Nutrition

*indicates main instructor for the course

Idaho State University:

NTD 3300/3301: Medical Nutrition Therapy
NTD 3300L/3301L: Medical Nutrition Therapy Lab
NTD 3340: Nutrition for Healthcare Professionals
NTD 2239: Nutrition
NTD 4499/5599: Dental Nutrition
NTD 4488/4489: Internship in Dietetics

PRESENTATIONS

NURS 672/675 Psychiatric Mental Health Nursing II Invited Speaker, Impact of Nutrition on Mental Health; University of Delaware; Feb 2017, Feb 2018, Feb 2019, Feb 2020.

Dietetic Internship Interviewing Workshop; presented to dietetic seniors. Feb 2020, Feb 2019, Feb, 2018 and Feb 2017

Career Development for Nutrition Majors, provided to NTDT 250, NTDT 201, NTDT 321. October 2017, March 2018, April 2019

AG Waters Middle School Career Summit; discussion of nutrition careers; March, 2017; March 2019

“Nutrition Hot Topics,” Idaho Academy of Nutrition and Dietetics Annual Meeting, May 2013

ISU Physician Assistant Program Guest Speaker, varying nutrition topics, 16 total lecture hours per year, April 2011, April 2012, April 2013

“Nutrition and Oral Health: Watch Your Mouth,” Dental Hygiene Spring 2012 Continuing Education Series; May 2012

“Nutrition and Oral Health: Watch Your Mouth,” Dental Hygiene Spring 2012 Continuing Education Series; May 2012

“Science Café: Obesity in America: Research and Clinical Perspectives”; invited speaker, Nov 2, 2011

“Lactose Intolerance: Moving from Science to Solutions,” Pocatello Dietetic Association; Feb 2011

“Lactose Intolerance,” Expanded Food and Nutrition Education Programs, guest speaker, April 2011

“Nutrition and Parkinson’s Disease,” Parkinson’s support group, Pocatello Jan 2010

“The Nutrition Care Process,” Pocatello Dietetic Association, Feb 2010

“Nutrition and Stress” Idaho School Counselor Association Spring Conference; March 2010

“Reading the Food Label,” Healthy Living Group, invited speaker, Pocatello, April 2010

Family Medicine Residency Didactic Lecture series, invited speaker; varying topics. Quarterly lectures since Fall 2009.

“How to Eat Healthy by Reading the Food Label,” ISU Employee Recognition Week, invited speaker May 2009

“Introduction to Counseling Curriculum for Preceptors”, Idaho State University, June 2009

“Fats: the Good, the Bad, and the Ugly,” Idaho Association of Health, Physical Education, Recreation, and Dance (IAHPERD); October 2008

“Reading the Food Label,” Idaho Association of Health, Physical Education, Recreation, and Dance (IAHPERD); October 2008

POSTER PRESENTATIONS

“Can non-nutritive sweeteners be used to manage diabetes and glycemic response in people with diabetes: a review of literature.” Idaho Academy of Nutrition and Dietetics Annual Conference, April 2012

“What is the relationship between consuming fruits and vegetables and adiposity in children: a review of the literature.” Idaho State University Research Day; April 2011

“Instilling Dietetic Internship Care Competencies through Consultation to Schools,” Idaho State University Research Day, March 2009

SCHOLARSHIP

CTAL Grant Recipient, June 2017

Title: Implementation of the Electronic Health Record (EHR) into the Flipped Classroom

AWARDS

2018 Delaware’s Dietitian of the Year, Delaware Academy of Nutrition and Dietetics

SCHOLARLY SERVICE AND ACTIVITIES

COMMITTEE MEMBERSHIP

UNIVERSITY OF DELAWARE

BHAN Undergraduate Curriculum Committee; member 2016-present

BHAN DPD Advisory Committee; member. 2015-present

College of Health Sciences (CHS) Committee for Diversity and Inclusion; member 2016-2019

CHS Comprehensive Primary Care/Health Evaluations Committee; member. 2015-2018

Behavioral Health and Nutrition (BHAN) Nutrition Center Committee; chair. 2015-2018

BHAN Website Ad Hoc Committee; member 2015-2016

BHAN CT Bylaws Ad Hoc Committee; member 2015

IDAHO STATE UNIVERSITY:

Dietetic Advisory Committee, Pocatello, Fall 2007- 2014

Dietetic Advisory Committee, Boise/Meridian, Fall 2008-2014

Dietetic Internship Selection Committee, Pocatello, Fall 2008-2014

Dietetic Internship Selection Committee, Boise/Meridian, Fall 2008-2014

Didactic Program of Dietetics (DPD) Selection Committee, 2008-2014

Department of Health and Nutrition Sciences Faculty Hiring Committee, 2008-2014

Kasiska College of Health Professions Clinical Promotions Committee, 2008-2011

Kasiska College of Health Professions Clinics Committee, 2009-2014

HIV Quality Team member, 2009-2010

Idaho Dietetic Association, Nominating Committee Chair, 2009-2010

ADVISING

University of Delaware, dietetic students

Idaho State University, Dietetics Club, Faculty Advisor; 2007-2014

PROFESSIONAL RELATED COMMUNITY SERVICE

ACEND Program Reviewer, professional accreditation body, July 2019- present

Diabetes Awareness and Prevention Partnership, ABC Health Checks; clinic dates: 2012 16 sites

ADMINISTRATIVE ASSIGNMENTS

Director, Didactic Program in Dietetics, University of Delaware, 2018-Present

Director of Dietetic Internship, Idaho State University, 2008-2014

- 2008 increased the number of internship seats from 7 to 8 in Pocatello, ID
- From 2008 to present, increased the total number of rotation sites by 12
- 2012 created a Twin Falls, Idaho seat, which increased the number of internship seats from 8 to 9.
- 2013 created an additional Twin Falls, Idaho seat, which increased the number of internship seats from 9 to 10.

Director of Dietetics, Idaho State University; Academic Year 2010-2011

Completed Program Assessment Report (PAR) for the dietetic internship; Idaho State University; 2012

PROFESSIONAL EDUCATION

American Society of Parenteral and Enteral Nutrition 2020 Nutrition Science and Practice Conference; Virtual Conference

Delaware Academy of Nutrition and Dietetics Annual Conference, May 13, 2019

Nutrition Focused Physical Exam workshop, Academy of Nutrition and Dietetics, April 2019

Academy of Nutrition and Dietetics: Dietetic Educators of Practitioners Annual Meeting/spring conference, Annapolis, MD; April 2019.

University of Delaware, CTAL Winter Institute on Learning, January 2019

Academy of Nutrition and Dietetics: Food and Nutrition Convention and Exposition, Washington, DC, Oct 2018

Academy of Nutrition and Dietetics Public Policy Workshop, Washington DC, October 2018

American Society of Parenteral and Enteral Nutrition 2018 Nutrition Science and Practice Conference; Las Vegas, NV, Jan 22-25, 2018

Academy of Nutrition and Dietetics Public Policy Workshop, Washington DC, June 25-26, 2017.

Delaware Academy of Nutrition and Dietetics Annual Conference, Newark, DE; May 5, 2017.

American Society of Parenteral and Enteral Nutrition Clinical Nutrition Week 2017; Orlando, FL, Feb 18-21, 2017

North American Microbiome Congress; San Diego, CA; Jan 24-25, 2017

University of Delaware, Winter Faculty Institute; Jan 2017

Maryland Society for Parenteral and Enteral Nutrition; "Nutrition Support from Hospital to Home" and "Alternative Lipid Emulsions;" Oct 6, 2016.

University of Delaware Summer Faculty Institute; June 2016

Academy of Nutrition and Dietetics: Dietetic Educators of Practitioners Annual Meeting/spring conference; Penn State; April 21-22, 2016

University of Delaware Winter Faculty Institute (focus on PBL), Newark, DE; Jan 6-8, 2016

Academy of Nutrition and Dietetic Food and Nutrition Conference and Expo; Nashville TN, Oct 3-6, 2015

University of Delaware, Summer Faculty Institute; June 1-4, 2015

Delaware Academy of Nutrition and Dietetics Annual Conference, Newark, DE, May 5, 2015.

Academy of Nutrition and Dietetics: Dietetic Educators of Practitioners Annual Meeting/spring conference; Penn State University, April 9-10, 2015

American Society of Parenteral and Enteral Nutrition, Clinical Nutrition Week; Long Beach CA. Feb 13-17, 2015

University of Delaware, Winter Faculty Institute; Feb 4-6, 2015.

Academy of Nutrition and Dietetics: Dietetic Educators of Practitioners Annual Meeting, Asilomar, CA; March 2013

Academy of Nutrition and Dietetics: Food and Nutrition Convention and Exposition, Philadelphia Oct 2012

Academy of Nutrition and Dietetics: Dietetic Educators of Practitioners Annual Meeting; Albany NY, March 2012

American Dietetic Association: Commission on Accreditation for Dietetic Education conference, Sept 2011

American Dietetic Association Food and Nutrition Conference and Expo, San Diego, CA Sept 2011

Idaho Dietetic Association annual meeting, Boise, ID April 2011

American Dietetic Association Dietetic Educators of Practitioners Annual Meeting; San Antonio TX, March 2011

American Dietetic Association Food and Nutrition Conference and Exposition, Denver, CO; Oct 2009

Idaho Dietetic Association Annual Meeting, Idaho Falls, ID, April 2009

American Dietetic Association Public Policy Workshop (Webinar), Grassroots Training, ADA Policy Messages, Insiders Tour of ADA Advocacy, Feb 2009

Neonatal Nutrition Review, Pocatello Dietetic Association, Oct 21, 2008

Idaho Conference on Health Care, Idaho State University, Oct 22-24, 2008

Idaho Dietetic Association Annual Meeting, Boise, ID April 16-18, 2008

Clinical Nutrition Week 2008, American Society for Parenteral and Enteral Nutrition, Chicago IL, Feb 8-13, 2008

CHAPTER REVIEWS

Text: Lori Smolin, "**Nutrition: Science and Applications**"

Publisher: Wiley and Sons, 2007

Chapter 3, The Human Body: From Meals to Molecules

Chapter 17, Energy Balance and Weight Management

Reviewed: December 2008

CLINICAL TESTS/MANUALS

Developed Online Test Bank (all chapters)

Text: Blake/Munoz/Volpe, "**Nutrition: From Science to You,**" first edition

MEDIA INVOLVEMENT AND INTERVIEWS

DIABETES EXPLORER MAGAZINE ARTICLE CONTRIBUTIONS (2006-2008)

- Bariatric Surgeries: Surgical Options for Treating Morbid Obesity
- Nutrition After Bariatric Surgery
- Supermarket Strategies
- Importance of Breakfast
- Helping Your Child Obtain a Healthy Weight
- Healthy Holiday eating: Partying Without Putting on the Pounds
- Quick Tips for Reading the Food Label
- Eating Right: Dietary Fats
- Guidelines for Eating Out
- Watch Your Portions
- Phytochemicals
- Quick Tips for Healthy Holiday Eating

MEDIA

- 1998-2004 Appeared regularly on a weekly news television show, MedWatch. Segments varied in length from 3 to 12 minutes and included topics such as: weight management, infant nutrition, nutrition during pregnancy, healthy eating, eating disorders, phytochemicals, cardiac health, holiday eating, and healthy school lunches.