UNIVERSITY OF DELAWARE
Department of Behavioral Health & Nutrition
BHAN 403: Practicum in Adapted Physical Activity

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OFFICE HOURS via Zoom: See the main page on Canvas.

COURSE DESCRIPTION:
The course consists of supervised adapted physical activity experiences designed to help students develop adaptive, managerial, and instructional skills as they apply to the physical activity of individuals with disabilities. It is an opportunity for a student to enter into a professional service position to learn through experience or accumulate clinical hours necessary for graduate school admission or other certifications.

COURSE GOALS:
Upon completion of this course, students will:
1. Identify and apply at least one progressive sequence of movement tasks that meets the physical needs of the target individual(s) with a disability (can be skill, fitness, or mobility-based).
2. Identify and apply three different instructional strategies to facilitate physical activity or motor behavior in the target individual(s) with a disability.
3. Critically reflect on experiences working with individuals with a disability.

Students have two following options to complete the BHAN403 practicum requirement:

OPTION 1: Complete a remote practicum with an internship agency/organization. If you choose this option, please complete Form A and then attach it to the BHAN403 Enrollment Request Form. Make sure to select “Option 2.” Under this option, at NO time can you complete on-site in-person hours. If you wish to change from remote to in-person hours, you must contact Dr. Obrusnikova to determine the next steps. In addition, you will need to submit at least eight weekly journals regardless of the number of credits and the length of your practicum. Finally, your supervisor will need to complete and email me your evaluation (Form C on Canvas) at the end of your placement.

OPTION 2: Complete an in-person practicum with an internship agency/organization. If you choose this option, please complete the BHAN403 Enrollment Request Form, where you will be asked to attach Form A. Contact Carrie Johns if you plan to work with children under age 18 years. You will need to submit your background check (getting one can take up to 4 weeks). Christiana Care, Child Care Sites, and K-12 schools require background clearances. Registration requests made after the start of the semester for these sites will be rejected. You will need to submit at least eight weekly journals regardless of the number of credits and the length of your practicum. Finally, your supervisor will need to complete and email me your evaluation (Form C on Canvas) at the end of your placement.

COURSE POLICIES:
Length: The minimum length of the practicum is five weeks for the summer/winter, regardless of the number of credits. Students must plan to work for a minimum of 40 hours for one credit, 80 hours for two credits, and 120 hours for three credits. You can start completing your hours as early as November (for Winter) and May (for summer).

Canvas: Canvas is utilized in this course (https://udel.instructure.com/).

Communication: Students are responsible for keeping track of due dates, course requirements, and point scores. All material given to you at the beginning of the semester can change. Thus, it is important to check your e-mails daily. Contact me if you have questions about anything about the class. I will generally respond to emails within 24 hours except on weekends, to which I will respond on Monday. If I do not respond within 48 hours, please resend the email. Emails can get accidentally erased or missed when I am busy. In addition to weekly office hours, we can schedule one-on-one online meetings or chat by request. Grades and feedback will be posted to the grades tool within 72 hours of the assignment due date.
date. Discussion grades will be posted within 24 hours. However, your grade may be posted later when you resubmit an assignment or submit it after the deadline.

**Software and Hardware:** You will need a word processor for this course, capable of saving a document in MS Word Format.

**Academic Honesty:** Students of the University of Delaware must value and respect the Honor Code and what it represents. Academic dishonesty (cheating, plagiarism, fabrication, multiple submissions) will not be tolerated, and non-compliance with the Code will be treated according to the UD regulations. See the Code of Student Conduct, including information about academic honesty, for further information ([http://www.udel.edu/stuguide/17-18/code.html](http://www.udel.edu/stuguide/17-18/code.html)).

**Inclusion and Title IX:** Our classroom environment should be mutually respectful and inclusive of all students. The classroom should be an environment with no discrimination, where everyone is comfortable and at liberty to contribute to and benefit from the entire learning experience. Any suggestions to improve class interactions or concerns should be brought to my attention. Your small group interactions in lecture, gym and lab are a good way to adopt this attitude of inclusion and enhance positive interactions in the larger class.

**Harassment:** It is unacceptable and a violation of university policy to harass, discriminate against or abuse any person because of their race, color, national origin, gender, sexual orientation, disability, religion, age, or any other characteristic protected by applicable law. Such behavior threatens to destroy the environment of tolerance and mutual respect that must prevail for this university to fulfill its educational mission. Contact the Office of Equity and Inclusion ([http://www.udel.edu/oei/](http://www.udel.edu/oei/)) if you believe a violation has occurred.

**Accommodations:** The University of Delaware is committed to diversity and welcomes students with disabilities. Your academic success is important. If you have a documented disability, which may impact your work in this class, please contact the ACCESS Center as soon as possible to arrange for the appropriate services and accommodations. Please call 302/831-2741 (voice), 302/831-6367 (TDD), 302/831-2789 (fax). You need to arrange a meeting with the instructor to discuss specific accommodations you wish to make in the course. The instructor will not contact you.

**GRADING:**

**One credit:**
- Attendance (5pts/hour, 40 hours x 5pts) 200  
- Weekly report (at least 8 x 10pts) 80  
- Good or better rating on your evaluation form 20  
  
  **Total: 300 points**

You have to receive 95% or more (285+ points) to pass the practicum.

**Two credits:**
- Attendance (5pts/hour, 80 hours x 5pts) 400  
- Weekly journals (at least 8 x 10pts) 80  
- Good or better rating on your evaluation form 20  
  
  **Total: 500 points**

You have to receive 95% or more (475+ points) to pass the practicum.

**Three credits:**
- Attendance (5pts/hour, 120 hours x 5pts) 600  
- Weekly journals (at least 8 x 10pts) 80  
- Good or better rating on your evaluation form 20  
  
  **Total: 700 points**

You have to receive 95% or more (665+ points) to pass the practicum.