



UNIVERSITY OF DELAWARE
**COOPERATIVE
EXTENSION**



Tomato-Basil Cream Cheese Spread

Servings

12 servings

Ingredients

- 8oz cream cheese at room temperature
- ¼ cup sun-dried tomatoes (diced into small pieces)
- 2 tablespoons of fresh basil (chopped)
- salt and pepper to taste

Directions

1. Combine all ingredients in a small mixing bowl
2. Continue stirring until all ingredients are evenly distributed
3. Chill for an hour and serve
4. (served best on bread, toast, a bagel, or as a dip)

Nutrient content per serving

- Calories- 96cals
- Carbs- 3.3g
- Protein- 3g
- Fat- 7g
- Sodium- 24mg
- Fiber- 0g

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