Santa Fe Lettuce Wraps

Servings
4 servings

Ingredients
• 1 cup canned black beans (rinsed and drained)
• ½ cup canned corn (rinsed and drained)
• 1 roma tomato (diced)
• 2 tablespoons cilantro (chopped)
• 1 tablespoon lemon juice
• ½ teaspoon chili powder
• 8 bibb lettuce leaves
• ½ cup Monterey Jack cheese
• ½ cup salsa

Directions
1. In a medium bowl, stir together the beans, corn, tomato, cilantro, lemon juice, and chili powder
2. Spoon ¼ cup of the bean mixture into the center of each lettuce cup
3. Top with Monterey Jack and salsa

Nutrient content per serving
• Calories- 148cals
• Carbs- 16g
• Protein- 9g
• Fat- 5.25g
• Sodium- 168mg
• Fiber- 4.25g