Apple, Pear, and Walnut Salad

Servings
6 servings

Ingredients
- 2 tablespoons red wine vinegar
- 2 ½ tablespoons orange juice
- 1 orange (zested)
- ½ cup raisins
- 4 apples
- 2 pears
- 2/3 cup walnuts (chopped)
- 2 tablespoons olive oil
- salt and pepper to taste

Directions
1. In a large bowl, whisk together vinegar, orange juice, zest, and raisins,
2. Core and cube apples and pears
3. Add the fruit and walnuts in the bowl and drizzle with oil
4. Toss well to combine
5. Season to taste with salt and pepper
6. Chill one hour before serving

Nutrient content per serving
- Calories- 230cals
- Carbs- 29g
- Protein- 2g
- Fat- 13g
- Sodium- 1mg
- Fiber- 6g