



4-H Summer and Afterschool Statewide Programs

ISSUE

More than **35,300** children in Delaware under the age of 18 live in poverty.



Many of these disadvantaged youth are exposed to risky behaviors during the often unsupervised hours of 3 to 6 p.m.



- ◆ Substance abuse
- ◆ Poor diet practices
- ◆ Lack of a safe environment
- ◆ No positive adult role models

RESPONSE



UD Cooperative Extension 4-H Summer & Afterschool Programs

14

afterschool sites statewide provide a safe environment, caring and credentialed staff, homework help, hands-on activities, enrichment, peer engagement and quality programming.

- ◆ Hands-on 4-H curriculum includes Civic Engagement, STEM and Healthy Living
- ◆ Students develop skills through community service projects, public speaking, computer science, art and recreation and STEM
- ◆ Youth are less likely to engage in risky behavior and more likely to feel a sense of belonging to a safe environment

IMPACT



90%

reported increased knowledge about the health and legal risks of using tobacco, drugs and alcohol



78%

reported adopting healthful diet practices

172

youth surveyed about their 4-H summer and/or afterschool programming experiences



86%

reported gaining skills to use positive stress techniques



100%

feel 4-H is a place they feel safe