GROW YOUR OWN SWISS CHARD

General Information

- Swiss Chard: Beta vulgaris var. cicla (Chenopodiaceae)
- Sunlight: full Sun to part shade.
- Soil conditions: requires well-drained soil. Prefers deep, loose, fertile soil, high in organic matter.
- Harvest outer leaves, avoiding center crown, for continued production.

Successful Cultivars

- Bright Lights Baby (28 days) Bunching (60 days)
- Peppermint Baby (33 days) Bunching (63 days)
- Ruby Red* Baby (32 days) Bunching (59 days)
- Oriole Orange Baby (30 days) Bunching (60 days) *Pictured here.

Common Pests & Diseases

- Aphids
- Leaf miners*
- Leaf spot
- Downy mildew *Pictured here.









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