

GROW YOUR OWN LETTUCE

General Information

- *Lactuca saliva*, Lettuce
- Asteraceae family
- Sunlight: full sun but can tolerate some shade, especially in the summer.
- Soil conditions: moist, well-drained soil.
- Butterhead, Crisphead, Romaine, Looseleaf (pictured here) varieties.



Successful Cultivars

- Buttercrunch (28 days baby: 46 days full size) 6" rosette, fan-shaped, Dark green leaves, compact heart, yellow color. Butterhead type.
- Vivian (70 days) Large heads, 16" long, 6" across. Classic romaine flavor. Romaine type.
- Gourmet Blend (45-50 days) Colorful mix, red to green. Looseleaf type.
- Iceberg (85 days) Light green outer leaves, crisp white inner leaves. Crisphead type.



Common Pests & Diseases

- Aphids (pictured here)
- Whiteflies
- Leafhopper
- Downy Mildew
- Grey Mold



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