GROW YOUR OWN CABBAGE

General Information

- Brassica oleracea var. capitata, Cabbage
- Brassicaceae family
- Sunlight: : full sun. Can tolerate light shade but will slow maturity. Light shade can be beneficial in warm weather.
- Soil Conditions: prefers well-drained, fertile soil, high in organic matter.

Successful Cultivars

- Early Jersey Wakefield (90 days) Fast, productive, large dense heads.
- Charmant (66 days) 3-4 pound blue-green heads. Suited for close plantings.
- Alcosa (65 days) Savoy type, 2-4 pound heads, puckered leaves sweet and mild. (pictured here)

Pests & Diseases

- Cabbage worm (pictured here)
- Cabbage looper
- Flea beetle
- Club root
- Cabbage yellows









