

# GROW YOUR OWN

# ARUGULA

## General Information

- *Eruca sativa*, Arugula
- Brassicaceae family (mustards)
- Sunlight: full sun. Light shade may help slow bolting.
- Soil conditions: rich, well-drained soil.



## Successful Cultivars

- Rocket (35 days) Tender, smooth leaves, robust peppery flavor.
- Red Dragon (45-50 days) Oak shaped leaves with striking maroon veins. (pictured here)



## Common Pests & Diseases

- Flea beetle (pictured here)
- Downy mildew
- Root rot
- Aphids
- Bacterial leaf spot



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