Happy New Year!

Dear 4-H’ers, Parents, and Leaders,

A New Year is upon us and 2020 will find many 4-H activities and events that have been planned and are on the schedule for all 4-H members to participate. As we ended 2019, the County Trim A Tree event provided many beautiful and creative trees placed in various areas of our county that helped share the holiday spirit. Many wonderful entries were seen by all at our Holiday Fun Day. The participants at this event continue to show and increase their creative talents each year. They stuffed 17 stockings that were donated to local veterans. Thanks to all the participants and to all the members and leaders who worked on making these successful events again this year. The Teddy Bear drive was also a success! Due to your support and help in this program, Kent County 4-H’ers donated 124 bears to patients seeking treatment during the holidays. Thanks again for caring and participating in this worthwhile activity and community service event and thanks to everyone for their generous donations.

As we move into 2020, I encourage each and every 4-H member to get involved in an upcoming 4-H event. During the next few months you can participate in Favorite Foods, Livestock Overnighter, State Horse Bowl, the County Photography Contest, and judging contests in Foods, Photography, and Woodworking. Also, look for upcoming information on various 4-H camps and plan to attend, learn and have fun. These are great opportunities and experiences for everyone and all 4-H members are encouraged to get involved in one or all of these events.

Plan to get involved and have fun in 4-H while learning and growing at the same time. There are many excellent opportunities and experiences available to all 4-H members and we strongly encourage you to take advantage of them. I look forward to seeing each of you in 2020 at a 4-H activity soon!

Yours in 4-H,
Kristin Cook, Extension Educator, 4-H & Youth Development

State Leader Forum—February 1, 2020

A winter tradition, the Delaware 4-H Leader Forum offers a full day of educational workshops and fellowship with 4-H volunteers together with a larger Extension family of experts, agents and educators. Volunteer 4-H adults, known as “leaders” are encouraged to learn a new skill to take back to their 4-H clubs! The Delaware 4-H Leader Forum is open to all Delaware 4-H volunteers and also to adults who are considering joining our fantastic volunteer force. The leader forum will be held at Polytech High School in Kent County. Online registration information will be available on January 3, 2020!
Public Speaking Contest—Sunday, January 12th

The Kent County Public Speaking Contest will be held at the Kent County Levy Court Office, 555 Bay Rd., Dover. **Times of arrival are staggered: Juniors and Seniors will begin 1:00 pm; Beginner Categories and Cloverbuds will begin at 1:30 pm.** This is a great time to get started by choosing a topic you would like to talk about in this contest. Please keep these ideas in mind when writing your speech. Public Speaking participants should write speeches with topics that are special or interesting to them. Public Speaking is not a demonstration contest so posters and props should not be used. You have lots of time to write and practice your speech. When choosing a topic, consider your other 4-H projects, your pets, school activities, or just a special community issue that you would like to stress. Your speech can be serious, funny or sad. All speeches should be informational and they will be scored on the organization of the information, use of communication skills and contact with the audience. The participants should write his or her own speech. Check out the State 4-H Events & Forms website for resources to prepare for this contest.

Public Speaking Contest Registration Form DUE January 3rd

ENTRIES ACCEPTED AFTER THE DEADLINE MAY NOT BE INCLUDED IN THE PUBLISHED PROGRAM

Online registration available at the Kent County 4-H website under Events & Forms

2019 Trim-A-Tree Results

All clubs who participate in the 2019 Trim-A-Tree contest did an amazing job. The judges were very impressed and the winners are ...

**4-H Theme**
1st-Peach Blossom 4-H

**Traditional**
1st-Vernon Creek 4-H
2nd-Midstate 4-H
3rd –Create 2L&2L 4-H

**Other Theme**
1st-On Target 4-H
2nd– Westville 4-H
3rd– Pony Pals 4-H

Kent & New Castle
Junior Leader Retreat

**When:** January 17-19, 2020

**Where:** Cape Henlopen State Park

Officers’ Club Youth Camp

**Time:** 6:00 PM (Friday) to 10:45 AM (Sunday)

**Online Registration Available:**


For more information contact Jenny Trunfio at:

jtrunfio@udel.edu

*contact the 4-H office to pay by card 730-4000

The University of Delaware does not discriminate against any person on the basis of race, color, national origin, sex, gender identity or expression, sexual orientation, genetic information, marital status, disability, religion, age, veteran status or any other characteristic protected by applicable law in its employment, educational programs and activities, admissions policies, and scholarship and loan programs as required by Title IX of the Educational Amendments of 1972, the Americans with Disabilities Act of 1990, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, and other applicable statutes and University policies. The University of Delaware also prohibits unlawful harassment including sexual harassment and sexual violence.
Kent and New Castle County

4-H Junior Leader Retreat

When: January 17-19
  ◦ Arrival: 6 to 6:30 p.m.
  ◦ Departure: 10:45 a.m.

Cost: $40

Location: Cape Henlopen Officers’ Club Youth Camp

Register by: January 8, 2020

26th Annual Teddy Bear Donations

Was a great Success!

124 Teddy Bears and other stuffed animals were collected and donated to patients seeking treatment during the holidays.

Thank You to all who Donated

Kent County 4-H Leaders Meetings

Save the Dates

January 21st starting at 7:00 PM
February 18th starting at 7:00 PM
March 17th starting at 7:00 PM

All meetings are held at the Kent County Extension Office. Hope to see all Leaders, Volunteers and interested parents.

State Camp Scholarship

Applications Due January 15, 2020

State Camp Scholarship applications can be found online under Events & Forms:

Or at the end of the newsletter

Late Applications may limit scholarship availability
**Favorite Foods Training : January 23rd**  
Location: Kent County Extension Office  
Starting at : 6:30 PM  
RSVP by January 21st to cadv@udel.edu or [HERE](#)  

**Favorite Foods Contest—March 7th**  
Applications and Recipes are due to the office by **February 6, 2020**  
The Kent County Favorite Foods contest will be held in the Exhibit Hall at the Delaware State Fairgrounds on March 7th. 4-H members can choose to enter in one of the following categories:  
- Appetizers  
- Soups, Stews and Chili  
- Side Dishes  
- Meat & Main Dishes  
- Desserts  
- Breads  
- Special Diet/Recipe Redo  
Participants will select a favorite recipe to make and prepare a table setting to display their dish to the judge. Members will need to submit a complete entry form (all 3 pages) with the selected recipe and meal plan that includes the prepared dish. **All participants will be sent a scheduled time to arrive.** It is very important that we remember Food Safety at this event so please make plans now to keep COLD foods COLD and HOT foods HOT. This contest is only open to Active 4-H Members. The 3-Page Entry can be found in this newsletter and fillable on our website under forms and resources. ***Cloverbuds are eligible to participate but are limited to Cookies, Cupcakes or Brownies.***  
The Kent County Food Judging Contest and County Photography Contest Display will be held at the at the same time at the Delaware State Fair Exhibit Hall.

---

The University of Delaware does not discriminate against any person on the basis of race, color, national origin, sex, gender identity or expression, sexual orientation, genetic information, marital status, disability, religion, age, veteran status or any other characteristic protected by applicable law in its employment, educational programs and activities, admissions policies, and scholarship and loan programs as required by Title IX of the Educational Amendments of 1972, the Americans with Disabilities Act of 1990, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, and other applicable statutes and University policies. The University of Delaware also prohibits unlawful harassment including sexual harassment and sexual violence.
2020 County Photography Contest
Entries DUE February 10th
to the Kent County Extension Office

4-H Members will be able to enter their favorite snapshots in the following categories:

- People Picture
- Creature Picture (any living thing)
- Landscape (a portion of land/territory which the eye can comprehend in a single view, including objects it contains)
- Marinescape (view of the sea)
- Waterscape (center of attention/dominant feature is on any body of water except the sea or ocean; water in the picture is not enough)
- Building Picture
- Action Picture
- Close Up Picture
- Special Effects Picture (a picture with some sort of special effect—see page 50 of Unit 1 4-H Project Manual Focus on Photography for tips and suggestions. Member must describe the special effect on the back of the photo)
- Composition Picture (picture showing interesting shapes, patterns and textures; shadows and lighting can also be important. Show one of the following: Depth of Field, Backlighting, or Lines and Shapes)
- Sunrise/ Sunset
- Plants / Flowers
- Still Life (arrangement of non-moving or still objects in an interesting way)
- Delaware History
- Patriotism
- What Green Means to Me (display of 6 pictures illustrating what “Green” means to you)
- The 4 Seasons, one picture, each 5”x7” representative of each of the 4 seasons mounted on 14”x22” poster board
- 6 Picture Story Sequence - display 6 pictures with title illustrating idea, event or “how to project” mounted on 14”x22” poster board
- Best Photo Album of photos taken by 4-H member (a minimum of 5 pages)
- Delaware Agriculture (a photo depicting agriculture in Delaware)
- Science Matters - a photo showing how life science is behind the food we eat, benefits your health or helps animals—write a caption telling us why science matters to you.

Mount individual photos on poster, mount board or mat board; not to exceed 6”x8” except where noted.

DO NOT USE construction paper or foam core board.

All entries should be taken during the current 4-H year. Photographs can be taken using a digital camera, color film or black and white film. Members are limited to one photo per category. Back of photos must include the Kent County Photography Contest Label attached, and include name, club, age, and class and indicate camera type, brand, model, and film size if film is used. Please also note anything unusual about your picture that you think will help the judges to better understand your picture. The Kent County Photography Contest label can be found in this newsletter, on the Kent County Website here or can be picked up from the Kent County Extension Office. Entries will be on display from 11 am—1 pm at the Favorite Foods Contest (March 7th at the Delaware State Fairgrounds Exhibit Hall). This is an wonderful opportunity for 4-H project members and all “camera buffs” out there to show off their skills in photography. It is also an excellent opportunity to prepare future exhibits for the Delaware State Fair.

The University of Delaware does not discriminate against any person on the basis of race, color, national origin, sex, gender identity or expression, sexual orientation, genetic information, marital status, disability, religion, age, veteran status or any other characteristic protected by applicable law in its employment, educational programs and activities, admissions policies, and scholarship and loan programs as required by Title IX of the Educational Amendments of 1972, the Americans with Disabilities Act of 1990, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, and other applicable statutes and University policies. The University of Delaware also prohibits unlawful harassment including sexual harassment and sexual violence.
Wanted—Day Camp Counselors

*Forms Due - February 24, 2020*

4-H members who are ages 13-19 (as of 6/1/20) may serve as Traditional or Cloverbud camp counselors. Participants will learn to plan the camp and learn the behind the scenes details that are incorporated in helping set up for a week full of fun. Counselors will also be planning interesting classes, speakers, and activities for our camps. If you are interested in serving as a Day Camp Counselor, complete the form at the end of this newsletter and return it to the 4-H Office by February 24th or sign up online [HERE](#). Please phone the office if you have any questions related to this activity.

Junior Council Community Service Project

Did you get a new cell phone or electronic device for the holidays? Turn your old one in to support to fight domestic violence. Donate your old phone or electronics to the Kent County 4-H Jr Council phone drive and your old, unused, broken equipment will be used to fund programming to support victims of domestic violence. A box is in the office lobby for donations. Donation boxes are also available at the 4-H office if you have a location to display one. Kent County Jr Council members are also collecting devices and will bring them to the extension office at their next meeting. See the following for more information or contact Jenny Trunfio.

Woodworking & Photography Judging Contest

*February 13, 2020*

Kent County Extension Office

Rolling Start Time:

4:00-7:00 pm

The Woodworking and Photography Judging contest is an opportunity for 4-Hers working in these project areas to demonstrate the skills and knowledge they have learned. The top ten senior participants from each county are eligible to participate in the state contest. Should ten seniors not be available, juniors may be named to the County Team.

Woodworking Judging Guide can be found [HERE](#)

Photography Judging Guide can be found [HERE](#)
Frequently Asked Questions (FAQs) About Donating Electronics to NCADV

What electronics do you accept for recycling?
- Any cell phone in any condition and their accessories
- Laptops
- Mp3 Players
- Digital Cameras
- Video Game Systems
- Chargers, accessories, cords, GPS systems, phone cases, etc. (recycled only, no value granted)

How does it work?
- Roughly 60 percent of the collected items will be refurbished and resold
- The revenue generated from the sale of refurbished items will be used to support NCADV programs that help end violence in the home
- The remaining items are recycled according to the highest environmental standards

What about my data and privacy -- do I need to “wipe” information from my device before donating?
No, there is no need to clean or wipe information from the item you wish to donate. All donated electronics are either refurbished and resold or recycled for parts. If refurbished, the item’s software is replaced with new software which completely wipes any stored information from the device. If the item is recycled, it is crushed down for recycling. Either way, the information on your device will not be compromised and there is no need to completely wipe your device clean.

Is my electronics donation tax-deductible?
Yes! All electronics donations are tax deductible.

Will I receive a donor acknowledgement and/or tax receipt?
All donations are received directly by our recycling partner, Cellular Recycler. Cellular Recycler determines the value of each donation and emails a receipt to the email address on file for the value of the phones, once they have processed your donation (allow 6 - 8 weeks for processing). If you need an immediate acknowledgment, you can download a standard letter and fill in your estimate of your donation.

Estimate the Value of Your Electronics
Download Standard Letter
How much is my device worth as a donation?  
The value of all donated electronics is based on the current wholesale value of that item. NCADV receives approximately 1/3 of each donated item's total value. The total amount received by NCADV for your donation is what we include in the thank you letters sent to you following our receipt of your information from Cellular Recycler, approximately four to six weeks after your donation is received by them. The amount included in these thank you letters is the amount you may claim on your taxes.  
[Review a List of Current Values on Common Electronics](#)  

(For items not included on this list, NCADV receives a minimum of 50¢.)  
NOTE: If you wish to receive the Ebay or Craigslist value of your item, please sell your item privately, donate that amount to NCADV, and receive full tax credit.  

What does NCADV use the donated funds for?  
- Fund programming that empowers victims of domestic violence, connects victims and survivors to helpful resources, and helps them remain free from abuse  
- Support legislation aimed at ending domestic violence  
- Give support and resources to organizations across the US working to stop violence in the home
Fights against domestic violence.

You can help!
Your old cell phone can do more than collect dust in a drawer. Donate your used cellular phones and electronics and stand up against domestic violence.

NCADV is recycling cell phones to:
• Fund programming that empowers victims of domestic violence and helps them remain free from abuse
• Support legislation aimed at ending domestic violence
• Give support and resources to organizations across the US working to stop violence in the home

How It Works:
• Roughly 60 percent of cell phones will be refurbished and resold
• The revenue generated from the sale of refurbished phones will be used to support NCADV programs that help end violence in the home
• The remaining cell phones are recycled according to the highest environmental standards

Contact a Kent County 4-H Jr Council Member to donate. Or Call 302-730-4000 for more information and donation locations

For more information, please contact us. info@cellularrecycler.com
Kent County Livestock Show Date Change to Sunday May 17th with a 9:00 AM start time.

Due to changes in how the 1st State Livestock Jackpot Show will be run in 2020, the Jackpot Show will remain on Saturday, May 16th and the Kent County Livestock Show will be moving to Sunday, May 17th with a 9:00 AM start time.

2020 Delaware 4-H State Teen Conference
February 8 and 9, 2020
Courtyard Marriott Newark, DE
“Saddle up with 4-H!”

Join the Delaware 4-H State Teen Council and embark on a weekend-long, Wild West experience!
Who: All Delaware 4-H’ers ages 13 and above
Cost: $100 **
Registration due by January 24, 202
Online registration available at https://www.pcsreg.com/delaware-4-h-state-teen-conference
** Many 4-H’ers will qualify for a 50% discount through their County Junior Council and Leaders Association.
Detailed information with schedule can be found at the end of the newsletter.

2020 Delaware 4-H indoor Archery State Championship
March 21st, 2020

Participants MUST be a member of a 4-H Club, 4-H Archery Club, 4-H Shooting Sports Club, or a County 4-H Shooting Sports Program where during the club year they have received archery instruction from a certified Delaware 4-H Archery Instructor can enter.
Archers must pre-register for this event—No onsite registrations
Registration will be closed on February 26th
Shooting times can be requested and will be assigned after the close of Registration
Planned Shooting Times: Saturday March 21th, 2020—8:00 am 11:00 am 2:00 pm
*More times may be added based upon registration and interest received
**All shooters are required to attend & participate in a safety orientation as part of their shooting time
***Detailed information is at the end of the newsletter

The University of Delaware does not discriminate against any person on the basis of race, color, national origin, sex, gender identity or expression, sexual orientation, genetic information, marital status, disability, religion, age, veteran status or any other characteristic protected by applicable law in its employment, educational programs and activities, admissions policies, and scholarship and loan programs as required by Title IX of the Educational Amendments of 1972, the Americans with Disabilities Act of 1990, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, and other applicable statutes and University policies. The University of Delaware also prohibits unlawful harassment including sexual harassment and sexual violence.
Harrington Sunshine 4-H Club
Carmen Blanchette- Reporter

At our December meeting, we had our Family Night, we got awards for all the things we did at the fair and for example doing the talent show, horse shows, County and State Events and judging. We got different things with our awards to help us in the upcoming years. We made a float for the Harrington Christmas parade with a gingerbread theme and got Third place. We had a lot of members enter things into the 4-H Holiday Fun Day. We made gingerbread houses and stockings and if you made a stocking you stuffed it with a lot of things to help someone with needs that they can’t afford or can’t get. We would like to Wish everyone a Happy New Year!

Westville 4-H Club

Westville
Reporter: Caroline Allen

Happy New Year! We started out the month of December by displaying our Christmas tree at the Forrest Avenue Animal Hospital. Later, we participated in Harrington’s Christmas parade. Our float received first in the 4-H category! Last but not least, some of our club members have been working on their speeches for the public speaking competition. We are so excited for the new year!

Midstate 4-H Club

Midstate 4-H News
We had our annual club awards dinner in December. It is always a nice event where everyone brings a dish to pass and we receive our awards from the year before. We had a gift exchange and had fun stealing gifts when our number was called. We also got together and made Manna Bags for the Jr. Council, made wreaths and stockings for the Holiday Fun Day, and gathered Teddy Bears for the County Project. We are looking forward to continuing our community service, club activities and state fair entries in the New Year. Merry Christmas from Midstate and Happy New Year.

The University of Delaware does not discriminate against any person on the basis of race, color, national origin, sex, gender identity or expression, sexual orientation, genetic information, marital status, disability, religion, age, veteran status or any other characteristic protected by applicable law in its employment, educational programs and activities, admissions policies, and scholarship and loan programs as required by Title IX of the Educational Amendments of 1972, the Americans with Disabilities Act of 1990, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, and other applicable statutes and University policies. The University of Delaware also prohibits unlawful harassment including sexual harassment and sexual violence.
Peach Blossom 4-H Club

Reporter: Mason Hay

At our Monthly meeting for December our theme was Crazy Sock night with a presentation given on National Sock Day! We also did a community service at our meeting, which consisted of putting together Hero Packs to send to our troops for the holidays. The club also had a gingerbread making day to prepare for the Kent County Holiday fun day, it’s always a fun morning and we love seeing the outcomes of all the houses. The club has been very busy this month including setting up our Trim-A-Tree at the Country Rest Home, it was a theme of “I love my 4H Gnomes” and then we did some volunteering at the Milford Food Bank and some of our members also participated in the Wreaths Across America at Hollywood Cemetery in Harrington. We also have Instagram be sure to follow us, at peachblossom4h2019, we also use a hashtag as well #peachblossom4h!!

Our club members and families are looking forward to the new year and seeing what other opportunities and fun things our club can do!

On-Target 4-H Club Service Project

On Target 4-H Club is collecting non-perishable food items for Samaritan House, a small food bank in Denton, Maryland. Christian Lahnemann, who lives in Denton and is a member of the On Target club, is providing leadership for this service-learning project. We would like to ask other clubs and 4-H members to help collect as much as we can for this worthy cause. Food Banks, like Samaritan House find that their shelves are empty in the months after Thanksgiving and Christmas. Samaritan House says that they have the highest need for food donations in January and February.

Because of this, Christian and the On Target 4-H Club hope that Kent County 4-H members can help provide Samaritan House with some these much-needed items:

- Jell-O, soups, cereal, beef stew, applesauce, toilet paper, corned beef, baked beans, fruit cocktail, dry spaghetti, spaghetti sauce, canned tomatoes, canned vegetables, peanut butter & jelly, canned (evaporated) milk, boxed macaroni and cheese, tuna.

The On Target club will be placing a box at the Kent County Extension Office in Dover for you to drop off any donations that you collect for Samaritan House. We will be collecting food donations all through the month of January to deliver to Samaritan House in the beginning of February. We hope that we can fill the shelves again for those who are in need! Thank you for your help!!

The University of Delaware does not discriminate against any person on the basis of race, color, national origin, sex, gender identity or expression, sexual orientation, genetic information, marital status, disability, religion, age, veteran status or any other characteristic protected by applicable law in its employment, educational programs and activities, admissions policies, and scholarship and loan programs as required by Title IX of the Educational Amendments of 1972, the Americans with Disabilities Act of 1990, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, and other applicable statutes and University policies. The University of Delaware also prohibits unlawful harassment including sexual harassment and sexual violence.
Delaware 4-H’ers Compete at State 4-H Hippology Contest

The Delaware 4-H program held their statewide 4-H Hippology contest on Saturday, December 7 at Heartland Equestrian Center, in Frederica, Delaware. Hippology meaning “study of the horse” is an activity that enhances learning for 4-H members by letting them exhibit their knowledge and understanding of equine science and husbandry in a competitive setting. 43 youth ages 5-19 from across the state participated in the hands on competition. The Delaware 4-H Horse Advisory Committee, a group composed of 4-H volunteers from all three Delaware counties that are dedicated to providing quality 4-H horse programs to members, sponsored the contest.

4-H members competed in both individual and team categories. The individual portion of the contest had competitors complete five different station based activities focused on equine anatomy, feed identification, general horse equipment, horse coat color and marking identification and equine discipline identification. In the team portion of the contest youth competed on teams of up to four individuals to complete more difficult and comprehensive team problem solving activities. The team problem solving activities focused on the hoof; requiring youth to identify parts of the hoof, identify farrier equipment and the purpose, sort the stages of shoeing into the proper steps and answer questions about 20 different styles and types of horseshoes. The beginner team problem involved grooming; identifying pieces of grooming equipment, sorting them into the proper order of use, answering questions about grooming and finally grooming a horse using grooming tools provided.

4-H volunteer adult leaders coached young people in the months leading up to the competition to prepare them using specific resource materials. Special thanks to Larry and Bonnie Keller of Heartland Equestrian Center for providing the location for the contest, Tyler Raymer of Raymer Performance Farrier for saving an outstanding collection of horseshoes for the contest and to members of the State 4-H Horse Advisory Committee and parent and coaching volunteers for helping with monitoring stations.

The results of each age division were:

- **Beginner (8-10 year olds)**
  1st place- Brooke Taylor- Bridgeville Mustangs 4-H Club, Sussex County
  2nd place- Jocelyn Retkowski- On Target 4-H Club, Kent County
  3rd place- Jordanne Retkowski- On Target 4-H Club, Kent County
  Honorable Mention- Juliette Anger- Bridgeville Mustangs 4-H Club, Sussex County

- **Intermediate (11-13 year olds)**
  1st place- Clara Gulick- Tails N Trails 4-H Club, New Castle County
  2nd place- Sophie Noon- Country Clovers 4-H Club, Sussex County
  3rd place- Katelyn Wingate- Cozy Corner After School Program 4-H Club, Sussex County
  Honorable Mention- Cate Reilly- Country Clovers 4-H Club, Sussex County

- **Senior (14-19 year olds)**
  1st place- Carly Mekulski- Tails ‘n Trails 4-H Club, New Castle County
  2nd place- Ava Reilly- Country Clovers 4-H Club, Sussex County
  3rd place- Hailey Smith- Country Clovers 4-H Club, Sussex County
  Honorable Mention- Danielle Eismann- Country Clovers 4-H Club, Sussex County

The top three teams in each age division were:

- **Beginner (8-10 year olds)**
  1st place- Magic Horse Shoes- Bridgeville Mustangs 4-H Club
    - Members: Juliette Anger, Lillie Bradley, Brooke Taylor
  2nd place- On Target/Sunset Branch 4-H Clubs
    - Members: Liam Probert, Jocelyn Retkowski, Jordanne Retkowski
  3rd place- Midnight Sky- Cozy Corner After School Program 4-H Club
    - Members: Lucille Eskridge, Miley Flood, Gavyn Lynch

- **Intermediate (11-13 year olds)**
  1st place- The SEEKers-Country Clovers 4-H Club
    - Members: Emily Davis, Eddie Noon, Sophia Noon
  2nd place- Magic Mustangs- Dublin Hill/Bridgeville Mustangs 4-H Clubs
    - Members: Devon Allen, Kaitlyn Grant, Clara Gulick, Abby VanVorst
  3rd place- Sunset Branch/On Target 4-H Clubs
    - Members: Abby Mast, Kieran Probert, Addison Ricker, Grace Ricker

- **Senior (14-19 year olds)**
  1st place- No Name
    - Members: Carly Mekulski, Zoe Probert, Daisy Timney
  2nd place- Spirit of the Stallion-Country Clovers 4-H Club
    - Members: Danielle Eismann, Ava Reilly, Hailey Smith
  3rd place- Equinators- Bridgeville Mustangs 4-H Club
    - Members: Lexie Carroll, Nathaniel Nowell, Paige Taylor, Riley Taylor
Holiday Fun Day Results

Gingerbread with a Scene

**Beginner**
1st-Sarah Armstrong, Legacy
2nd-Addie Evans, Peach Blossom
3rd-Victorie Moritz, Harrington Sunshine

**Beginner Team**
1st- Ty & Luke Gustafson, Peach Blossom
2nd-Regan & Ridge Rust, Peach Blossom

**Junior**
1st- Mason Hay, Peach Blossom
2nd-Justis Moritz, Harrington Sunshine
3rd- Alexis Rowland, Harrington Sunshine

**Junior Team**
1st- Meredith Schiff & Savannah Messick, Peach Blossom
2nd- Blayne Tucker & Delayna Barlow, Peach Blossom
3rd- Carley Rebick & Rylei Webb, Peach Blossom

**Senior**
1st- Maci Carter, Peach Blossom
2nd- Weston Williams, Harrington Sunshine
3rd- Anthony Blanchette, Harrington Sunshine

**Senior Team**
1st- Brielle Carter & Leighton Webb, Peach Blossom
2nd- Ava Gallo & Sara Zink, Peach Blossom

Gingerbread without a Scene

**Beginner**
1st-Olivia Cylinder, Houston Cardinals
2nd- Brooklyn Cusick, Legacy
3rd- Bryson Bell, Midstate

**Junior**
1st- Mackenzie Cusick, Legacy
2nd- Marquan Reaves, Dover Clovers

**Seniors**
1st- Rachel Taylor, Harrington Sunshine
2nd- Hailey Cylinder, Houston Cardinals
3rd- Riley Taylor, Harrington Sunshine

**Senior Team**
1st- Brenna Geidel & Lexi Hay, Peach Blossom

Wreath

**Beginner**
1st-Savannah Starke, Harrington Sunshine
2nd-Elizabeth Abbate, Harrington Sunshine
3rd-Sarah Armstrong, Legacy

**Junior**
1st- Alex Armstrong, Legacy
2nd- Alexis Strake, Harrington Sunshine
3rd- Mackenzie Cusick, Legacy

**Senior**
1st- Weston Williams, Harrington Sunshine
2nd- Sydney Messick, Peach Blossom
3rd- Bryan Couzens, Midstate

Drop Cookies

**Beginner**
1st- Victorie Moritz, Harrington Sunshine
2nd- Bryson Bell, Midstate

**Junior**
1st- Michael Dixon, Midstate
2nd- Alivia Sunnekalb, Harrington Sunshine

**Senior**
1st- Rachel Taylor, Harrington Sunshine
2nd- Riley Taylor, Harrington Sunshine
3rd- Weston Williams, Harrington Sunshine

Bar Cookies

**Junior**
1st- Justus Moritz, Harrington Sunshine

**Senior**
1st- Weston Williams

**Rolled Cookies**

**Beginner**
1st-Anastasia Postell, Harrington Sunshine

**Junior**
1st- Elisabeth Couzens, Midstate
2nd- Justus Moritz, Harrington Sunshine
3rd- Alexis Rowland, Harrington Sunshine

**Senior**
1st-Hailey Cylinder, Houston Cardinals
2nd- Bryan Couzens, Midstate
3rd- Weston Williams, Harrington Sunshine

Embellished Stocking

**Beginner**
1st-Bryson Bell, Midstate
2nd- Olivia Cylinder, Houston Cardinals
3rd- Anastasia Postell, Harrington Sunshine

**Junior**
1st- Elisabeth Couzens, Midstate
2nd- Justus Moritz, Harrington Sunshine
3rd- Alexis Rowland, Harrington Sunshine

**Senior**
1st-Hailey Cylinder, Houston Cardinals
2nd- Bryan Couzens, Midstate
3rd- Weston Williams, Harrington Sunshine

Cloverbuds

**Drop Cookies**
Tyler Bell, Midstate

**Embellished Stocking**
Elizabeth Farrell, Harrington Sunshine
Tyler Bell, Midstate
Jaxen Fee, Midstate

**Wreath**
Carter Armstrong, Legacy
Jaxen Fee, Midstate

**Gingerbread with a Scene**
Elizabeth Farrell, Harrington Sunshine
Tyler Bell, Midstate
Teddy Lesniewski, Dover Clovers
Livestock Overnighter 2020
Registration Due February 3rd

The Kent County Livestock Advisory Committee is busy planning another fun and educational Livestock Overnighter for all Kent County Livestock project members. The event is planned for Saturday and Sunday, February 15-16 in the Exhibit Hall at the Delaware State Fair. Registration begins at 9:00 am. Weekend activities will end at 11:00 am Sunday. This livestock event is designed for young people currently involved with livestock projects and those who might be interested in enrolling in one. Please note that if you plan to participate in the overnighter, you must be present for the entire event. We will not be allowing participants to come and go throughout the weekend.

Fun interactive learning sessions are being planned. A portion of Saturday’s training will count towards Youth for the Quality Care for Animals certification (YQCA) as it relates to producing a safe and high quality meat product. This is a great opportunity to obtain your YQCA certification which is required for all youth exhibiting any market animal (steer, market lamb, market goat or market hog) at the Delaware State Fair. Fun and games are planned for Saturday night following dinner and will conclude with ice skating. Teen members of the Livestock Advisory Committee are planning some additional activities for our youngest participants.

Once again there will be ice skating! Permission slips are in this newsletter. The schedule of events, once your registration is received, will be mailed. Parents are welcome to join us for the weekend’s activities and we are always looking for additional individuals to serve as overnight chaperones, if they have completed the Delaware 4-H volunteer screening. The committee requests that any adults planning on spending the weekend with us, fill out the parent registration form, and include $10 per adult to partially cover food costs for the weekend.

If you are interested in attending this excellent and fun training opportunity, please complete the registration form included in this newsletter and return it to the Kent County 4-H Office by February 3rd along with the registration fee and ice skating permission.

YOU MUST BE ENROLLED WITH YOUR CLUB THROUGH 4-H ONLINE, WHICH INCLUDES YOUR HEALTH/CODE OF CONDUCT/PHOTO RELEASE INFORMATION IN ORDER TO ATTEND.

In addition to the $20 registration fee per youth participant, all youth attending MUST bring an item of $5 value with them, to donate to the Kent County SPCA. The SPCA provides shelter for not only dogs and cats but large animals that are housed on “foster” farms and even small pocket pets like hamsters, guinea pigs, and rabbits. Below are examples of items on the SPCA “Wish List” (new items only please).

- Canned or dry cat/dog food (any type)
- Hand sanitizer/hand soap
- Paper Towels
- Liquid laundry detergent
  - Rabbit hay and feed
- XL trash bags
- Bleach
- Pet toys
- Bowls
- Dish soap (blue Dawn or green Palmolive)
- Kitten and puppy formula
- Collars
- Leashes
- Stamps
- Rawhide and chewies
- Cat litter
# Upcoming Events

## February

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>State Leader Forum</td>
<td>8:00 AM-2:30 PM</td>
<td>Polytech High School, Woodside, DE</td>
</tr>
<tr>
<td>3</td>
<td>Honey Bee Essay due to the State 4-H Office</td>
<td></td>
<td>Newark, DE</td>
</tr>
<tr>
<td>3</td>
<td>Livestock Overnighter Registration Due</td>
<td></td>
<td>Kent County Office</td>
</tr>
<tr>
<td>3</td>
<td>2nd Payment Delaware Junior Dairy Futurity Due</td>
<td></td>
<td>Charmayne Busker</td>
</tr>
<tr>
<td>6</td>
<td>Favorite Foods Contest Entries due by close of business 4:30 PM</td>
<td></td>
<td>No Late Entries will be accepted</td>
</tr>
<tr>
<td>8–9</td>
<td>State Teen Conference</td>
<td></td>
<td>Newark, DE</td>
</tr>
<tr>
<td>10</td>
<td>Kent County Photography Contest Entries due</td>
<td></td>
<td>Kent County Office</td>
</tr>
<tr>
<td>13</td>
<td>Woodworking/Photography Judging Contest</td>
<td>4:00-7:00 PM</td>
<td>Kent County Office</td>
</tr>
<tr>
<td>14</td>
<td>State Horse Bowl Entries Due</td>
<td></td>
<td>State 4-H Office Newark, DE</td>
</tr>
<tr>
<td>15–16</td>
<td>Livestock Overnighter</td>
<td>9:00 AM</td>
<td>Delaware State Fair Grounds</td>
</tr>
<tr>
<td>18</td>
<td>Leaders Meeting</td>
<td>7:00 PM</td>
<td>Kent County Office</td>
</tr>
<tr>
<td>18</td>
<td>Junior Council Meeting</td>
<td>7:00 PM</td>
<td>Kent County Office</td>
</tr>
<tr>
<td>18</td>
<td>4-H Exchange Meeting</td>
<td>6:00 PM</td>
<td>Kent County Office</td>
</tr>
<tr>
<td>18</td>
<td>State 4-H Horse Advisory Meeting</td>
<td>7:00 PM</td>
<td>Kent County Office</td>
</tr>
<tr>
<td>21</td>
<td>Club News Due</td>
<td></td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>Day Camp Counselor Applications Due</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## March

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Re-Enrollment Deadline for all returning members</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Favorite Foods Contest</td>
<td>Assigned start times</td>
<td>Delaware State Fair Exhibit Hall</td>
</tr>
<tr>
<td>12</td>
<td>Day Camp Counselor Training</td>
<td>6:30 PM</td>
<td>Kent County Office</td>
</tr>
<tr>
<td>14</td>
<td>Livestock Expo Dinner</td>
<td>9:00 AM</td>
<td>Lake Forest North Elementary</td>
</tr>
<tr>
<td>17</td>
<td>Leaders Meeting</td>
<td>7:00 PM</td>
<td>Kent County Office</td>
</tr>
<tr>
<td>17</td>
<td>Junior Council Meeting</td>
<td>7:00 PM</td>
<td>Kent County Office</td>
</tr>
<tr>
<td>17</td>
<td>4-H Exchange Meeting</td>
<td>6:00 PM</td>
<td>Kent County Office</td>
</tr>
<tr>
<td>20</td>
<td>Spring 4-H/FFA Dairy Expo Entries Due</td>
<td></td>
<td>Charmayne Busker</td>
</tr>
<tr>
<td>20</td>
<td>Club News</td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>Kent County Livestock Meeting</td>
<td>7:00 PM</td>
<td>Kent County Office</td>
</tr>
<tr>
<td>27</td>
<td>Kent County Basket Auction</td>
<td>6:00 PM</td>
<td>Felton Fire Hall, Felton, DE</td>
</tr>
<tr>
<td>28-2</td>
<td>National 4-H Conference</td>
<td></td>
<td>Washington D.C.</td>
</tr>
<tr>
<td>31</td>
<td>Clothing/Textile Intent Forms due to the County Office</td>
<td></td>
<td></td>
</tr>
<tr>
<td>TBD</td>
<td>Kent 4-H Exchange Group Quarter Auction</td>
<td>7:00 PM</td>
<td>Harrington Fire Hall</td>
</tr>
<tr>
<td>TBD</td>
<td>Kent County Links Meeting</td>
<td>7:00 PM</td>
<td></td>
</tr>
</tbody>
</table>

---

**Inclement Weather Cancellations**

If events are cancelled due to bad weather, we will attempt to take the following steps:

- We will post the cancellation on our Delaware 4-H Facebook page.
- We will email all Organizational Leaders if the cancellation is decided during regular working hours.
- We will post our cancellation on WDOV and WBOC.
- We will phone people, if we know who is attending.
- We will place a sign on the outside doors.
- Please also note if our building is delayed in opening or closing, we follow the Del Tech Terry Campus, Dover schedule.
Delaware 4-H Horse Bowl—March 14th
Entries due to the State Office by February 14th

The Delaware 4-H Horse Bowl will be held on March 14, 2020 at Lake Forest North Elementary. Divisions are available for Ages 8-10, 11-13, and 14-19 as of January 1 of the 2020 4-H year.

Questions may come from:

4-H Horse Manuals (blue cover 2015 version):

In addition to the 4-H Horse Project manuals:

Age 8-10: Horse Care for Kids, by Cherry Hill

Age 11-13: Your Horse, a step-by-step guide to horse ownership, by Judy Chapple (and age 8-10 material).
Horses and Horsemanship – by Ray Antoniewicz, National 4-H Council-

Age 14 and older: Storey’s Horse-Lover’s Encyclopedia, edited by Deborah Burns (and age 8-10 and 11-13 material).
Horse Science - by Ray Antoniewicz, National 4-H Council

Complete contest rules and guidelines will be posted on the State 4-H Animal Science page. A copy of the entry form is included in this blog. The 2020 Horse Bowl entry deadline is February 14, 2020.

Delaware 4-H Animal Science Calendar for 2019-2020

The calendar of statewide animal science related events and deadlines is available on the State 4-H Animal Science webpage. Tagging dates, camps, trainings, contests and more are listed. To download your copy please visit:

For a listing of equine events only:
Delaware Junior Dairy Futurity
Second Entry Deadline

The second entry deadline for the 2020 Delaware Junior Dairy futurity is February 3, 2020. The entry form can be found here: https://www.udel.edu/content/dam/udellImages/canr/pdfs/extension/4H/2020-Delaware-Youth-Dairy-Futurity-Entry.pdf To participate in the 2020 Futurity for Summer Calves, a calf must be nominated by May 1, 2020. All calves, born June 1, 2019 to August 31, 2019 inclusive, of any dairy breed are eligible to enter the Delaware Youth Dairy Futurity. Calves MUST be exhibited by a Delaware State Fair Junior Dairy Exhibitor. Leased animals are eligible and an exhibitor must be named on the last entry on May 1, 2020.

1st payment of $5.00 due on or before November 11, 2019
2nd payment of $10.00 due on or before February 3, 2020
3rd payment of $15.00 due on or before May 1, 2020

Late entries are permitted but if you do not enter the animal on the first due date, the payment will be doubled. If your first entry is made on February 1, your entry fee will be $30.00. If you do not enter until May 1, your entry fee is $70.00 on May 1.

Entry questions can be directed to volunteer Dairy Futurity co-chairs John Hickey or Charmayne Busker cpbusker@gmail.com

Delaware Equine Council Foundation Scholarship—$1500

Eligibility:
- Must be a U.S. citizen and a Delaware resident or Delaware Equine Council member. ($10.00 to become an individual member)
- Must be enrolled and in good standing in an agriculture, equine, veterinary or vet tech program in the United States.
- Must submit a typewritten 400-word essay:
  "How I plan to use this course of study to further the equine or agriculture industry."
- Must complete a typed application and include a transcript of a minimum of one full semester's grades from an accredited college or university.

All awards are given without discrimination as to race, sex, or creed. All awards are given without discrimination as to race, sex, or creed. Application postmark deadline is January 31, 2020. Winners will be notified in February and awarded at the scholarship dinner on the evening of March 14, 2020 at the Harrington Moose Lodge. To download the application or for more details please visit: https://delawareequinecouncil.org/scholarships.php

Animal Science Updates

The University of Delaware does not discriminate against any person on the basis of race, color, national origin, sex, gender identity or expression, sexual orientation, genetic information, marital status, disability, religion, age, veteran status or any other characteristic protected by applicable law in its employment, educational programs and activities, admissions policies, and scholarship and loan programs as required by Title IX of the Educational Amendments of 1972, the Americans with Disabilities Act of 1990, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, and other applicable statutes and University policies. The University of Delaware also prohibits unlawful harassment including sexual harassment and sexual violence.
Delaware Ag Week programs, along with an agricultural trade show and exhibits by the First State Antique Tractor Club, are being held January 13-16, 2020 at the Delaware State Fairgrounds in Harrington, Delaware. Sessions focused on beef cattle production, small ruminants and hay and pasture are among the events being held. For the complete schedule of events and individual session schedules please visit http://sites.udel.edu/delawareagweek/

Delaware Ag Week Seminar for Beef Cattle Producers
January 13, 2020- 6:00-9:00 pm
Exhibit Hall Board Room

6:00 p.m.—6:30 p.m. “The Basics of Beef Quality Assurance on Your Farm” Courtney Gray, Pennsylvania Beef Council
6:30 p.m. DINNER- Burger Bar- Sponsored by the Delaware Beef Advisory Board
7:00 p.m.—8:15 p.m. “Understanding the Importance of Beef Quality Assurance for Producers and Consumers” Chase DeCoite, NCBA, Director—Beef Quality Assurance
8:15 p.m.—8:45 p.m. “Animal Disease Traceability” Dr. Karen Lopez, Delaware Deputy State Veterinarian, Delaware Department of Agriculture
Please RSVP by January 4 to Dan Severson or call (302) 831-2506 if you plan on attending so we can make the necessary arrangements for food and materials.

Delmarva Pasture and Hay Conference
MD/DE Forage Council
Commodities Building
January 14, 2020

9:00 a.m. – 9:15 a.m.- Welcome and Housekeeping Details- Dan Severson, University of Delaware Extension Agriculture Agent

9:15 a.m.—10:00 a.m. “Weed Control and What Are We Missing?” Dr. Mark VanGessel, Extension Weed Science Specialist and Quintin Johnson, Extension Weed Science Associate, University of Delaware

10:00 a.m.—10:45 a.m. “Soil Health in Grazing Systems” Brian Campbell, Grazing Specialist, USDA Natural Resources Conservation Service

10:45 a.m. Break/visit with Exhibitors

11:00 a.m.—11:45 a.m. “Making the Most of Adaptive Grazing in Building a Productive Pasture-Based Livestock System” Matt Poore, Animal Science Department Extension Leader and Ruminant Nutrition Specialist, North Carolina State University

11:45 a.m.—12:00 p.m. “Words from the Maryland-Delaware Forage Council” Dr. Jarrod Miller, President, MDFC, and Extension Agronomy Specialist, University of Delaware

12:00 p.m. LUNCH IN DOVER BUILDING

The University of Delaware does not discriminate against any person on the basis of race, color, national origin, sex, gender identity or expression, sexual orientation, genetic information, marital status, disability, religion, age, veteran status or any other characteristic protected by applicable law in its employment, educational programs and activities, admissions policies, and scholarship and loan programs as required by Title IX of the Educational Amendments of 1972, the Americans with Disabilities Act of 1990, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, and other applicable statutes and University policies. The University of Delaware also prohibits unlawful harassment including sexual harassment and sexual violence.
Session Summary: DE Pesticide Certification Credits: 1.0  MD Pesticide Certification Credits: 2.0  
DE Nutrient Management Credits: 1.5  MD Nutrient Management Credits: 2.0  
Certified Crop Advisor Credits: PM: 0.5, SW: 0.5 CM: 0.5

1:00 p.m.—2:00 p.m. “Building a Balanced and Resilient Forage System Using Perennials and Annuals”  
Matt Poore, Animal Science Department Extension Leader and Ruminant Nutrition Specialist, North Carolina State University

2:00 p.m.—3:00 p.m. “Putting the Punch Back in Your Pastures With Pasture Renovation”  
Amanda Grev, Pasture Management Extension Specialist, University of Maryland

3:00 p.m. ADJOURN

Session Summary: DE Pesticide Certification Credits: 1.0  MD Pesticide Certification Credits: 0  
DE Nutrient Management Credits: 2.0  MD Nutrient Management Credits: 2.0  
Certified Crop Advisor Credits: CM:2.0

Small Ruminant Program  
January 14, 2020- 6:00-9:00 pm  
Exhibit Hall Board Room

6:00 p.m.—6:30 p.m. “Past and Future Plans of the Small Ruminant Program” Delaware Small Ruminant Team (Dr. Kwame Matthews, Daniel Severson and Susan Garey)

6:30 p.m.  DINNER Sponsored by Steve Breeding, Shepherd’s Hope Farm

7:00 p.m.—7:30 p.m. “Animal Disease Traceability in Small Ruminants” Dr. Karen Lopez, Delaware Deputy State Veterinarian, Delaware Department of Agriculture

7:30 p.m.—9:00 p.m. “Animal Husbandry, Regulation and Marketing of Sheep Dairy and Cheese Production” Michael and Colleen Histom, Shepherds Manor Creamery

9:00 p.m. QUESTIONS/ADJOURN

Please RSVP by January 3, 2020 to Dr. Kwame Matthews at kmathews@desu.edu or 302-857-6540 if you plan to attend so we can plan accordingly for meals, materials and accommodating any special needs.

Session Summary:  DE Pesticide Certification Credits: 0  MD Pesticide Certification Credits: 0  
DE Nutrient Management Credits: 0  MD Nutrient Management Credits: 0  
Certified Crop Advisor Credits: 0
Delaware 4-H Camp Scholarship Application Form 2020
DUE to Kent County 4-H Office by Jan 15, 2020 *

Name:______________________________Club: ________________________________

Address:___________________________________________Years in 4-H: ____________

City:_________________________Phone:_________________________Age:__________ as of 1/01/2020

4-H Involvement
Number of years 4-H'er has attended State or Environmental Camp: ________

What roles have you played in your club? What project areas do you work in?
What are some 4-H activities you have attended or participated in? What community service have you recently completed?
________________________________________
________________________________________
________________________________________
________________________________________

Which Camp are you planning to attend? (Check one) ______Environmental Camp______State Camp

If 4-Her receives scholarship and does not use it, the 4-H Office must be notified by June 1st, otherwise future scholarship will not be offered.

Family Information
Number of members in household: ________
Parents' employment status:
Mother:_________________________Father:_________________________

In what ways would scholarship/financial aid be helpful (explain need). ________________________________
________________________________________
________________________________________

Leader's Comments
Please include specific comments about 4-Her involvement in club.
________________________________________
________________________________________

(If you need more space, attach a separate sheet)

By signing this form, leader certifies that 4-H involvement is accurate.

Leader’s Signature __________________ 4-H Member’s Signature __________________

*Late forms may decrease funding availability
2020 Livestock Overnighter Registration
Due February 3rd

YOU MUST BE ENROLLED WITH YOUR CLUB THROUGH 4-H ONLINE WHICH INCLUDES YOUR
HEALTH/CODE OF CONDUCT/PHOTO RELEASE INFORMATION IN ORDER TO ATTEND

4-H Member Registration

Name: ___________________________ Club: ___________________________
Address: ___________________________ City: ___________________________
State: ___________ Zip code: _______________ Phone: _________________________
Email: ___________________________ Age as of 01/01/2020_____________________

Staying Overnight _______ Yes _______ No

Is there any health issues that we should know about that is not covered on the Health Form?
LIST ALL ALLERGIES HERE

-----------------------------------------------

I understand that if my child will be taking medication during this 4-H event I will complete and return the
attached 4-H Event Medication Form. Parent/Guardian initial_____________________

For some activities participants will need to choose a single livestock species; in order to adequately plan we need
to know in advance which species.

I would like to register for: (Choose ONE only)

_______ Beef _______ Sheep
_______ Goat _______ Swine

-----------------------------------------------

COST is $20/4-H Member & $10/Parent

Number of Members $20 _______

Number of parents $10 _______

Total enclosed $ ______________

PLEASE MAKE CHECKS PAYABLE TO: KENT COUNTY LIVESTOCK COMMITTEE

Mail Registration, Ice Skating Permission & Payment to:
Livestock Overnighter
C/O Kent County Extension Office
69 Transportation Circle, Dover, DE 19901

-----------------------------------------------

Parent Registration

Name: ___________________________ Email: ___________________________

Have you been screened as a Kent County 4-H Volunteer? _______ Yes _______ No

If no, you must pass a Criminal Background Check well in advance of the Overnighter.

Please provide your Date of Birth ___________ / _______ / _______ Daytime Phone: ______________

Address if different from Youth above: ____________________________________________________
Ice Skating Permission for Livestock Overnighter

As part of the overnighter activities we will be walking over to the ice arena for our own private skating time from 7:45 pm to 9:15 pm on Saturday, February 15th. The fee for skating and skate rental is covered by your registration fee and the Kent County 4-H Livestock Advisory Committee. If you wish for your child to wear a protective helmet while skating, the ice arena staff suggest sending a bike helmet along with your child. The ice arena no longer provides helmets to skaters.

Please check the appropriate box(es) and sign.

☐ Yes I give my permission for my child to go ice skating at the Delaware State Fair Ice Arena as part of the Livestock Overnighter event.

☐ Yes I wish for my child to wear a helmet while skating and am sending their bike helmet with them.

☐ No my child does not have my permission to go skating as part of the Livestock Overnighter Event.

Child’s Name ________________________________________________________

Parent or Guardian Signature ___________________________________________

Date _______________________

This form must accompany your registration!

Children with no permission slip returned will not be allowed to participate.

Don’t forget your $5 donated item/child for the SPCA as part of your admission for the weekend and your permission slip if you wish to go ice skating!

PLEASE MAKE CHECKS PAYABLE TO: KENT COUNTY 4-H LIVESTOCK COMMITTEE

Mail Registration, Ice Skating permission & payment to:
Livestock Overnighter
Kent County Extension Office
4-H Event Medication Form

INSTRUCTIONS: Please complete this form for all medication(s) your child will be taking as needed, including over-the-counter medications for headaches or cold, inhalers, etc.

NOTE: This form must accompany your child to the 4-H event only if he/she is taking any medication. Please read the following information related to the “Medication Policy.” Your signature below indicates that all information provided on this form is correct and you understand the 4-H center medication policy.

<table>
<thead>
<tr>
<th>Medication Policy</th>
</tr>
</thead>
<tbody>
<tr>
<td>✓ Youth under 18 years old will not be allowed to keep ANY medicines with them.</td>
</tr>
<tr>
<td>✓ All medications submitted at the 4-H event registration must be in the ORIGINAL CONTAINER with the youth’s (or teen’s) name printed on the bottle.</td>
</tr>
<tr>
<td>✓ Zip-lock bags, other bottles, bottles printed with someone else’s name, or any other type of container besides the original, will not be accepted.</td>
</tr>
<tr>
<td>✓ Actual dosage listed on the bottle must be followed unless there is a written note from the prescribing doctor outlining different indications.</td>
</tr>
</tbody>
</table>

THERE WILL BE NO EXCEPTIONS TO THIS POLICY.
I have read and understand the above policy.

Parent/Guardian initials: _______________ Date: _______________

Member’s Name: ____________________________________________

Parent/Guardian Phone: (Day) __________ (Evening) __________ ____________

<table>
<thead>
<tr>
<th>Medication Name</th>
<th>As Needed</th>
<th>Breakfast</th>
<th>Lunch</th>
<th>Dinner</th>
<th>Bedtime</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

FOR ADDITIONAL MEDICATIONS ATTACH ADDITIONAL COPIES OF THIS PAGE.
Kent County 4-H Photography Contest

NAME: ____________________________ CLUB: ____________________________ AGE: ______

CAMERA BRAND AND MODEL: ____________________________ as of Jan 1st

CATEGORY: check only one photo per member per category

1. _____ People
2. _____ Creature (any animal, insect, amphibian, fish or living thing)
3. _____ Landscape (apportion of land which the eye can comprehend in a single view)
4. _____ Marinescape (a view of the sea)
5. _____ Waterscape (center of attention on any body of water except the sea or ocean)
6. _____ Building
7. _____ Action
8. _____ Close Up
9. _____ Special Effects (explain)
10. _____ Composition: depth of field, backlighting, lines, or shapes
11. _____ Sunrise/Sunset
12. _____ Plants/Flowers
13. _____ Still Life (arrangement of no-moving or still objects in an interesting way)
14. _____ Delaware History
15. _____ The Delaware State Fair
16. _____ Patriotism
17. _____ What Green Means to Me: display of 6 photos on poster board
18. _____ The 4 Seasons: display of 4 photos mounted on poster board
19. _____ 6 Picture Story Sequence
   (display with title illustrating idea, event or how to project mounted on poster board)
20. _____ Best Photo Album or photos taken (minimum of 5 pages)
21. _____ Delaware Agriculture
22. _____ Science Matters – a photo showing how life science is behind the food you eat, benefits your health
      Or helps animals – write a caption telling us why science matters to you

JUDGE COMMENTS

Overall: Blue Red Disqualified: __________ Cloverbud Participation ______

Merits: Great / Good Composition Clear and simple Interesting
       Balanced Dramatic
       Nice Textures / Patterns / Shapes Nice use of Lines / Curves

Improvements to consider in future:

_____ Sharpen focus (adjust lens or avoid movement)
_____ Lacks clear point of interest, subject, or focal point (too many items competing for focus)
_____ Cluttered / distracting foreground / background (framing should direct attention to subject)
_____ Be aware of distracting shadows / lack of sufficient light (flash may be needed)
_____ Avoid glare / harsh backlighting / reflected flash / flash shadows / overexposure
_____ Consider change of angle relative to subject – move left / right / up / down
_____ Consider moving closer / further away (or zooming in / out)
_____ Adjust depth of field (lacks balance / proper isolation or highlighting of focal point)
_____ Plan ahead or use patience to wait for a better time to take a photograph of this subject

Printing improvements possible:

_____ Should crop top / bottom / left / right _____ Some items seen cut-off in photo
_____ Use “rule of thirds” to emphasize subject and to improve balance and interest
_____ Rotate photo to emphasize vertical lines
_____ Level the scene (avoid non-level water surface / out-of-plumb buildings)

Other issues:

_____ Entered in wrong category / only one entry allowed in each category
_____ Matting does not meet requirements / mounting not neat
_____ Title required for this category
_____ Need camera information
Delaware 4-H Horse Bowl Contest

Saturday, March 14, 2020
9:00 a.m.
Lake Forest North Elementary School
Felton, Delaware

If you have special needs that need to be accommodated, please contact the office two weeks prior to the event

General Rules, Regulations and Entry

1. Selection of Teams, Contestants, and Eligibility

   A. Any club or organization may enter a team, which may consist of two (2) to four (4) members each.

   B. All contestants must have passed their 8th birthday and must not have passed their 19th birthday as of January 1st of the current year.

   C. Contestants may not have participated in a previous National Horse Bowl Contest as an official member or alternate.

   D. The club and/or organizational leader must certify contestant and team entry and eligibility.

   E. Contestants must be entered in the appropriate age division (as of 1/1/20): 8-10, 11-13, 14-19. Any team whose members come from two age groups must compete in the older group.

   F. At the discretion of the Delaware 4-H Horse Advisory Committee, teams may be combined if only a single member of a team shows up the day of the contest.

   G. Individual responses from Senior contestants (14-19) will be tracked by a 4-H Horse Advisory Committee member to identify top senior members to potentially participate in an out-of-state Horse Bowl type event.

2. Questions may be from:

   - 4-H Horse Manuals (blue cover 2015 version):
     “Giddy Up and Go”, “Head, Heart and Hooves”, “Stable Relationships”, “Riding the Range,” “Jumping to New Heights,” “Horse Project Helper’s Guide,” and 4-H Horse curriculum corrections found on-line at www.n4hccs.org. 2015 version 4-H Horse Manuals

(References continued next page)

Cooperative Extension Education in Agriculture and Home Economics, University of Delaware, Delaware State University and the United States Department of Agriculture cooperating. Distributed in furtherance of Acts of Congress of May 8 and June 30,1914. It is the policy of the Delaware Cooperative Extension System that no person shall be subjected to discrimination on the grounds of race, color, sex, disability, age, or national origin

- In addition to the 4-H Horse Project manuals:
Age 8-10: Horse Care for Kids, by Cherry Hill
Age 11-13: Your Horse, a step-by-step guide to horse ownership, by Judy Chapple (and age 8-10 material).
Horses and Horsemanship – by Ray Antoniewicz, National 4-H Council
Age 14 and older: Storey’s Horse-Lover’s Encyclopedia, edited by Deborah Burns (and age 8-10 and 11-13 material).
Horse Science- by Ray Antoniewicz, National 4-H Council

Questions will be comprised from the following three categories:

- **Regular** questions (worth 1 point each) to which any member of either team may respond.
- **Toss-up** questions (worth 1 point each) to which any member of either team may respond. [The only difference between a regular and a toss-up question would be that toss-up questions would have a bonus question attached to each and, in general, would be somewhat more difficult than the regular questions.]
- **Bonus** questions (worth a pre-determined 1-3 points); all parts of the bonus question must be answered before any points will be awarded. No part of the bonus question will be repeated, nor will any additional information be given to the contestants relative to the questions. Any member of the team winning the toss-up may provide answers to bonus questions.

This will be conducted as a double elimination event. Answers to any questions, which are shown to be in conflict between references, will be discarded. The decision of the judge as to the acceptability of any answer will be final.

3. **Entries**

Entries, including entry fee, must be postmarked by **February 14, 2020**.

An entry fee of $15 for each team must accompany the entry form. Checks are to be made payable to “Delaware 4-H Horse Advisory Committee”.

Teams will be registered on an “as received” basis. We reserve the right to limit the numbers of teams per division. Incomplete entries, or entries not accompanied by the registration fee, will not be registered.

**Teams must be preregistered in order to compete in the 4-H Horse Bowl. Day of contest entries will not be accepted. If you have registered for the Horse Bowl you will receive written confirmation in return.**

4. **Awards to the top teams**

In each age category: 1<sup>st</sup> Prize $35 2<sup>nd</sup> Prize $20 3<sup>rd</sup> Prize $15

For additional information, contact the Susan Garey at (302)730-4000 or truehart@udel.edu

5. **Rules**

**A. Cell Phone Use and Recording of Questions**

1. Young people participating in the contest may not use a cell phone while they are in the competition. This includes the time spent in the holding area as well as in the hallway between the contest room and the holding area. Because we continue to have ongoing issues with cell phone use in the holding area and deliberate ignoring of this rule, we will now be collecting all cell phones to be held in a basket at the front of the holding area. If a child needs to contact a parent, they can do so in the presence of a room monitor. Once a participant has been eliminated from competition, they may use their cell phone. **Violation of this cell phone policy will result in disqualification from the contest**

2. Spectators may not use cell phones in contest rooms and must have them turned off.
3. No recording of questions by any means (audio, video, written etc.) is permitted. Violation of this policy by anyone in attendance may result in the individual being dismissed from the competition room for the remainder of the event and/or disqualification of the teams they are affiliated with, from the contest. This is in accordance with the spirit of the competition not to teach to the question or have youth simply memorizing answers.

B. Reading and Answering the Questions

1. The moderator will read all questions and identify the type of question. Ten seconds will be allowed for starting a response. If an answer is not given or wrong, the moderator will read the next question. If the answer given is the same as or means the same as the expected answer, it will be accepted. If the answer is different than the expected answer, it will be referred to the judge for a decision.

2. Once a contestant activates a buzzer, they must be acknowledged before they can answer the question. After they have been acknowledged, the contestant has ten seconds to start a valid answer. First answers will be considered valid answers.

3. An acknowledgement penalty of one point will be deducted from the contestant’s and their team’s score if they answer a question before being acknowledged.

4. If a question is interrupted during the reading of it, the moderator will stop reading as soon as a buzzer is activated. The contestant has ten seconds after being acknowledged, to begin their answer. If the answer given is correct for the way the question was written, it will be accepted. If the answer given is correct for only the portion of the question heard, but wrong for the way the question is written, the answer will not be accepted. If the question was interrupted, the judges will not be allowed to ask for any type of clarification of the answer given.

5. The judge will be allowed to verify an answer, or the validity of a question. If verification cannot be made, the question will be replaced. The judge has the final say. Disruptive and/or disrespectful behavior by parents or coaches will not be tolerated. If a coach or parent continues to argue after an official ruling has been given, the coach or parent will be dismissed from the competition room for the remainder of the event and/or the team may be disqualified.

6. The first answer given by a contestant will be the answer accepted by the judge.

C. Double Elimination

1. Teams - Each team will play in a pre-numbered position, according to the position number drawn by the team captain or event official.

2. A total of two losses will automatically eliminate a team from the competition.

D. Individual Scores - Scores will be kept for each senior individual contestant, with the high 5 individual contestants receiving special recognition.

E. Time Outs - The team captain, coach or any staff member may call for a “time out” for clarification of a rule, score, to seat an alternate, or to allow for any unexpected problem. “Time-outs” may be called only after a question has been answered and before the next question starts.

F. Holding Area - All teams, alternates, and coaches must remain in the designated holding area until it is their turn to play.

1. After their round match is played, they must go to an appropriate designated area, until the conclusion of the round in progress.
2. After the round is completed, all teams/alternates and coaches (not eliminated from the contest) must return to the designated holding area to await the next match.
3. All coaches in the holding area are responsible for supervision of the teams. These rules are a matter of ethics and require the cooperation of all team members and coaches.

G. Contest Procedures
1. Teams are assembled and seated at their respective panels, with the designated team captain seated in the #1 chair, nearest the middle. Each contestant will be given the opportunity to check the equipment.

2. The designated set of questions for each round will be opened by the moderator and verified with the judge/referee before starting the game. Prior to reading a question, the moderator will announce the number and type of question. Each succeeding question, will be read in this manner, until all the questions for that match are read. The correct answer will be given for all unanswered or wrong answers during the final use of that round of questions.

3. Contestants, who respond to a question, will receive the appropriate points applied to a particular question.

4. If the time (ten (10) seconds) in which to answer a question lapses without a contestant activating the buzzer, there shall be no loss or awarding or points to either team. In this case, after the response time has elapsed, the next question will be read.

5. If the buzzer is activated and an answer is not started within the 10 second allowable time, the question will be offered to the opposing team for a response. Should the second team not respond or respond incorrectly, the next question will be read.

H. Time Allowed for –

- To start a response to a question 10 seconds
- To start answer after acknowledgement 10 seconds
- For team to confer on a bonus question 60 seconds

I. Information Sources - No source of information is infallible. At times there may be answers given that are in agreement with the recommended reference books, which in fact are erroneous or out of date. Every effort is made to eliminate such questions, however, in the event one slips in, the judges may agree to:

1. To accept the answer and give an explanation of the correct or up-dated information, for future use of the question.

2. To accept only the correct answer.

3. Replace the question to the appropriate contestants.

4. The judge’s ruling is final.

(entry form follows this page)
**Delaware 4-H Horse Bowl Entry Form**

Postmarked by February 14, 2020 to:  Delaware 4-H Horse Bowl  
State 4-H Office  
113 Townsend Hall  
531 S. College Avenue  
Newark, DE  19716-2210

An entry fee of $15 for each team must accompany the entry form. Checks are to be made payable to “Delaware 4-H Horse Advisory Committee”.

Age Category (circle one):  
8-10  
11-13  
14 and older

<table>
<thead>
<tr>
<th>Team Name</th>
<th>County</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Team Members Names</th>
<th>Dates of Birth</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Coach/Leader Name</th>
<th>Complete Address Including Email</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please list each team on a separate sheet. Please designate one coach to remain with the team in the holding area during competitions. Coach passes will be distributed the morning of the contest and are non-transferrable.
December 2, 2019

Dear Delaware 4-H Teen:

A committee made up of your Delaware 4-H State Teen Council officers has been busy diligently working on the upcoming State Teen Conference. The officer team has designed a fun-filled weekend, and you are invited. Join other 4-H members from throughout the state for a meaningful weekend at the 2020 Delaware 4-H State Teen Conference, "Saddle up with 4-H!"

The conference will be held Saturday, February 8, through Sunday, February 9, 2020. Accommodations are being provided by the UD Courtyard Marriott Hotel in Newark. The total cost to attend conference is $100; however, many 4-H members will qualify for a 50 percent discount through your county Junior Council and Leaders Associations. These organizations have graciously agreed to offer these funds again this year to support this program, provided youth meet the minimum requirements of participation. Prior to registering, please contact your county office to confirm if you received the 50 percent discount. Included in the registration fee is lodging, three meals, a ticket to the UD ice hockey game, educational workshops, and a visit to the recreation center and pool at the Carpenter Sports Building. Participants are also invited to a western-themed dance and snack party on Saturday evening following the ice hockey game.

For weather and safety issues, all Sussex and Kent County attendees are required to ride the bus to the event. Pick up and drop off locations will be at the Kent and Sussex County Extension offices. Four members of the Delaware 4-H staff will chaperone this event.

Registration will only be accepted online beginning in mid-December. Credit card payments will be accepted online, or you may choose to send a check for the appropriate amount made payable to "University of Delaware". All attendees must be enrolled in 4-H Online for the 2019-2020 program year and have a valid health form on file. The final day to register for the conference is Friday, January 24, 2020.

Additional details, including the schedule and registration information, will be posted to the Delaware 4-H webpage. If you have any questions or concerns, please feel free to call me directly at (302) 831-2997. I hope that you are able to join us on February 8 and 9 for this wonderful opportunity to learn with your Delaware 4-H family.

Yours in 4-H,

C. Douglas Crouse
State 4-H Program Leader
2020 Delaware 4-H State Teen Conference
February 8 and 9, 2020
Courtyard Marriott Newark, DE

Join the Delaware 4-H State Teen Council and embark on a weekend-long, Wild West experience!

4-H members ages 13 and above are welcome to attend!

Activities include:

♦ Engaging team-building and leadership workshops
♦ UD Ice Hockey Game
♦ Catered Meals
♦ Overnight lodging at the Courtyard Marriott in Newark
♦ Dance and Snack Party—Feel free to wear comfortable clothes. Western-themed costumes are encouraged! (abide by 4-H dress code)

Online Registration will open in mid-December

Contact: Jill Jackson at 302-856-7303 or Kaleb Scott at 302-730-4000

Registration deadline: January 24, 2020
2020 Delaware 4-H State Teen Conference Schedule

Saturday, February 8

8:00 a.m.  Bus departs Carvel Research & Education Center, Georgetown
9:00 a.m.  Bus departs Kent County Extension Office, Dover
10:00 a.m. Bus arrives at Townsend Hall, University of Delaware, Newark
10:15-10:45 a.m. Welcome and icebreakers by State Teen Council Officers
10:45-11:00 a.m. Break
11:00-11:45 p.m. Session 1
11:45-12:45 Lunch
12:45-1:30 p.m. Session 2
1:30-1:35 p.m. Break
1:35-2:20 p.m. Session 3
2:20-2:25 p.m. Break
2:25-3:10 p.m. Session 3
3:10-3:15 p.m. Break
3:15-4:15 p.m. Session 4
4:15 p.m. Room key distribution, Townsend Hall Commons
4:30 p.m. Depart for Marriott Hotel
4:45 p.m. Room Check-in
5:45 p.m. Meet in hotel lobby to depart for dinner
5:40-5:55 p.m. Travel to Dinner Location
6:00-7:30 p.m. Dinner
7:30-7:45 p.m. Depart for Ice Rink
8:00 p.m. UD vs. University of Maryland Ice Hockey Game
9:30 p.m. Depart game for Townsend Hall Commons
9:45-11:15 p.m. Western themed dance & snacks
11:15 p.m. Depart for Marriott Hotel
12:00 a.m. Lights Out!
**Sunday, February 9**

7:30 a.m.  Wake Up – Pack up and Check Out of rooms

8:15 a.m.  Depart for Townsend Hall

8:30 – 9:30 a.m.  Breakfast

9:45 a.m.  Depart for Little Bob Sports Center – Luggage on bus

10:00 a.m.-12:00 p.m.  Little Bob Sports Center

12:15 p.m.  Depart for Townsend Hall

12:30-1:00 p.m.  Lunch

1:00-1:45 p.m.  Self Defense Workshop

1:45-1:50 p.m.  Evaluation

2:00 p.m.  Bus departs from Townsend Hall

3:00 p.m.  Bus arrives at Kent County Extension Office, Dover

4:00 p.m.  Bus arrives at Carvel Research & Education Center, Georgetown
LEAD360 starts with a contest for young people to submit their service projects to solve problems they are most passionate about. We’re looking to hear about all service in the state of Delaware – no project is too big or too small.

Seven finalists will be chosen and invited to the Jefferson Awards Delaware Salute to Service in April where the winner will receive a Jefferson Award and then have their project activated statewide in 2020!

We want to hear your service story.

**Simple:** Easy to do.

**Appealing to Many:** Anyone would want to do.

**Tangible and Measurable:** Easy to track.

- Service Projects can be as simple as picking up trash!
- Open to youth 5-25, individuals or youth groups
- Projects eligible for 2020 activation must be submitted by 1/31/20
- 7 finalists will be chosen and 1 winner will have their project activated statewide
- All submissions will be recognized at a city hall meeting with your city’s mayor
- Contact [Delaware@multiplyinggood.org](mailto:Delaware@multiplyinggood.org) for more info
FAVORITE FOOD CONTEST APPLICATION
DEADLINE: FEBRUARY 06, 2020
NO LATE ENTRIES ACCEPTED
APPLICATIONS TO BE SUBMITTED VIA EMAIL
CONTEST DATE: MARCH 07, 2020
CONTEST LOCATION: DELAWARE STATE FAIR EXHIBIT HALL

Return to:
Caroline Del Vecchio
Via email
cadv@udel.edu

If you need to be scheduled at the same time as another person, such as a sibling or someone else you have to ride with, please list their names here:

Name:
Club:

Home Phone: Cell Phone:

Email:

Age as of January 1, 2020:

Number of years in this activity:
Do not include Cloverbud Years

DIVISION (Use age as of 01/01/2)

☐ Beginner (8-10 years)
☐ Junior (11-13 years)
☐ Senior (14 and over)

CLASS OF FOOD (Check one)

☐ Appetizer
☐ Breads
☐ Dessert (Choose One)
  ☐ Beginner Div. I – Cupcake, Brownie or Cookie
  ☐ Beginner Div. II – All Other Desserts
  ☐ Junior or Senior – All Desserts
☐ Meat or Main Dish
☐ Special Diet/Recipe Redo
☐ Side Dish
☐ Soup, Stew or Chili (Choose one)
  ☐ Main Dish
  ☐ Appetizer

☐ Cloverbud (5-7 years)
☐ Cookies, Cupcakes or Brownies
MEAL PLAN
(Menus are not required for Cloverbuds)

Please fill in the information below carefully, neatly and accurately. This sheet will be given to the judge. Please type. **BE SURE TO PROOFREAD AFTER TYPING!**

**MEAL PLAN:** Beginners & Juniors: Plan for one meal using recipe. Senior: Meal plan for full day using recipe in one meal.
Recipe Title:

- Be sure the amounts of ingredients are accurate!
- List ingredients first in order of use . . . then directions!
- Don’t forget to include temperature and number of servings!
- **BE NEAT!**
The 4-H Favorite Foods contest is a contest open to all 4-H members currently taking any foods, bread, food preservation or Exploring 4-H project. The reasons for holding this activity are:

1. Increase knowledge of the importance of good nutrition and create an interest in improving food standards.

2. Help 4-H club members improve skills in food preparation and display.

3. Encourage originality, creativity, initiative and poise in the 4-H member.

4. Develop wholesome attitude, character and personality traits.

Member prepares dish at home and brings it and a place setting to the contest site.

**AGE DIVISIONS**

Cloverbud: Ages 5-7 (note special requirements)  
Beginner: Ages 8-10  
Junior: Ages 11-13  
Senior: Ages 14-19

**RULES**

The following general rules apply to all contest participants.

1. Recipe must be suited to the age and project of the contestant. Older 4-H’ers or more experienced 4-H’ers will be expected to prepare more challenging dishes.

2. Participants must do all the food preparation, cooking and table setting without help.

3. Recipe should serve four to eight persons.

4. Finished food will be displayed at a place setting for one person:

   a. Space provided is approximately 29" wide x 29" deep.

   b. Dishes, glasses, flatware, etc. should be selected from what is available or borrowed.

   c. Crockpots can be used to transport and keep food warm.

5. Beginners do not have to use a range or appliance.

6. Time will be provided to allow contestants and parents to view and photograph the place settings before and after the announcements of winners. Tasting will be at your own risk. Cooperative Extension will not take any responsibility for risks taken in tasting.
# Food Categories

**Breads** - (Batter or yeast breads). Any type of bread, may be yeast or dough or batter; may be sweet, such as coffee-cake types or plain, such as loaf bread or sandwiches. Coffee rings, nut or fruit breads and rolls can be included here.

**Meat or Main Dish** - Any food used as an entree in the meal. Each serving normally contains two ounces of meat or the equivalent of a meat substitute. Example could be lima bean and ham casserole, ham and cabbage or broccoli and tuna casserole.

**Side Dish** – Any dish you would consider a side dish. Fruits, vegetables, rice, pasta. You might consider entering a broccoli and rice casserole, baked pineapple, green beans and mushroom casserole, stewed tomatoes or three-bean salad.

**Cookies, Cupcakes and Brownies** - (For Cloverbuds and Beginners only).

**Dessert** - Any food item other than cookies, cupcakes or brownies that you would use as a dessert.

**Appetizers** Appetizers, are usually not served with the main dish. Appetizers are served prior to the main course, usually at the table setting.

**Special Diet/Recipe Redo** - (Junior & Senior). Substitute a healthy choice or option into a recipe to make it healthier for you. Example: Substitute black beans instead of oil into a brownie recipe. Special diets, lactose free, diabetic, gluten free... Contestants should submit both the original recipe and the “new recipe”. They are asked to only bring the Recipe Redo final product to be judged.

**Soup, Stew, Chili**—Any dish you would serve in a bowl. Soup may be served prior to the meal or with the meal. Stew or chili would be main course.
SELECTING THE RECIPE
Select a recipe that involves an unusual ingredient, imaginative garnish or method of preparation instead of a basic recipe. For example, prepare herb-fried chicken instead of fried chicken; or add orange extract or chopped nuts to a basic yellow cake to give a new flavor.

RECIPE WRITING - List all ingredients in order of use and then write out the instructions in order of preparation. You may want to number the directions to clarify when to do a step. Include temperature and number of servings.

MENU - Menu plans should be well balanced nutritionally. These plans should be written in the logical order of service as well as being attractive in appearance. The menu must be planned by the 4-H member and MUST be a menu that can be prepared by the 4-H’er. Here is a sample of how to write it:

PLACE SETTING - The size 29” x 29” is approximate. The tables may vary. You will set the place setting for one person. It will include only the food prepared for the contest. You may choose to add a centerpiece following a theme of your place setting, the food or whatever you choose. Refer to the information on table service on page 4 and 6 for further help.

BASIC MENU PATTERN

<table>
<thead>
<tr>
<th>Appetizer</th>
<th>Vegetables</th>
</tr>
</thead>
<tbody>
<tr>
<td>Main Course</td>
<td>Vegetables</td>
</tr>
<tr>
<td>Salad</td>
<td>Bread</td>
</tr>
<tr>
<td>Dessert</td>
<td>Beverage</td>
</tr>
</tbody>
</table>

The above sample can be followed for all meals; however, you may leave out parts that do not fit. For example, no vegetables would be served for breakfast. If a line in your menu is not balanced then the item should be placed in the center of the line.

Cloverbud members are required to provide a recipe and place setting. Menus are not required.

Remember: Neatness Counts!
HOW YOU WILL BE SCORED BY THE JUDGES

THE MENU

1. Nutritionally Well-Planned/Balanced or planned for special diet) - Should include a variety of food and colors from all major food groups. Example: Not all meats or vegetables; not all green vegetables or all vegetables in sauces, but a variety of types.
2. Texture, and Contrast - Not all crunchy or all soft, but a variety.
3. Color Contrast - Use different color tones. Not all browns, reds, etc.
4. Flavor Contrast - A variety of flavor contrasts. Not all spicy foods or all bland, but a mixture.
5. Correctly Written - See example.
6. Age Appropriate for Preparer- Select a menu that is appropriate for participant. Age and skill must be considered. A senior menu and recipe selection should include multiple steps and methods as appropriate.

THE RECIPE

1. Correctly Written - Ingredients first, then instructions. (List both in order of use).

FOOD PREPARED

1. Eye Appeal - Does the dish look tempting and good?
2. Flavor - How does it taste?
3. Seasoning - Too much or too little of any ingredient?
4. Texture - Is it tough or tender, falling apart or too juicy, etc.?
5. Properly Cooked - Overdone or under done or perfect?
6. Degree of Difficulty - Does the recipe fit the ability of the participant, not too easy, but a challenge?

TABLE SETTING

1. Overall Neatness
2. Proper Placement of Utensils - Use only necessary utensils, place in proper spot. Use only necessary tableware for the dish you have prepared.
3. Attractive Total Effect - Do all the items on the table look attractive when placed together?
4. Appropriate Decorations - Do not use arrangements that may fall into food or take away from the food. The food should be the main attraction. Centerpieces should be suitable for the space provided.

ATTITUDE OF CONTESTANT

1. Positive Attitude/Friendly - Contestant politely responds to questions from the judge.
2. Appropriate Outfit - Dressed to participate in a foods contest, no jeans or sweats.
3. Knowledge of Dish Prepared - Contestant should be knowledgeable of all parts of the contest. Ex: If the contestant doesn’t know how to make scalloped potatoes, it should not be part of the menu.

Remember, A SMILE WORKS WONDERS!
TABLE SERVICE

Here are some helpful hints regarding table settings for the Favorite Foods Contest.
Remember, your place setting should be just for the course you are preparing for the contest.
**Place main plate, flatware and napkin in a straight line one inch from the edge of the table**

MAIN DISH CATEGORY
- Fork, knife, dessert fork or spoon.
- No spoon unless coffee was served during the main course
- No salad fork unless you wanted to be very formal and even then you would probably serve the salad as an appetizer. (If a salad is served during your main course, it is acceptable to eat it with your regular fork.)

APPETIZER CATEGORY
* To serve an appetizer at the beginning of your meal, place the plate in the center of your dinner plate and the appropriate fork or spoon on the side to which it belongs.

SOUP, STEW and CHILI CATEGORY
- The menu for this setting includes soup served as an appetizer and a salad served with a meal. The soup bowl and plate are placed on the dinner plate and then removed for the main course. A soup spoon is placed to the far right of the knife because it will be used first.

DESSERT CATEGORY
- If your entry is a pie or cake where a dessert plate is required, the only other piece of silverware might be a spoon for coffee or tea.
- If coffee is served, your dessert fork goes to the left of the dessert plate and your spoon to the right of the plate.
- When no beverage is served, do not use the spoon unless it is needed. When there is no spoon, place the dessert fork on the right. Leave your glass and/or cup and saucer and napkin on the table.

BREAD CATEGORY
- Your place setting might be one for a main course, dessert or a snack.
- Just remember, forks go on the left and knives go on the right. Read the examples above if your bread entry is a main course or dessert.
- A snack type bread or coffee cake type bread would be different. If served with butter, use a dessert plate or bread and butter plate with a butter knife on the plate running parallel to the edge of the plate. Jelly might also be served in the same manner. If both are served, you still only need to use one butter knife per person.

Glassware usually causes questions too. You must serve a beverage, as your menu reflects. If you want to be fancy and have one for water and one for milk, they should be arranged as used. Place the water glass at the tip of the knife. If milk, iced tea, or other drinks are served, place them to the right of the water glass and a little nearer to the edge of the table.

If coffee or tea is served with the main course, it is found to the right of the teaspoon with the handle parallel to the table edge. A water goblet may be at the same setting directly above the knife. **If coffee is not on your menu until dessert, it is not correct to have an empty coffee cup sit there during the main course.**
TABLE SERVICE (Continued)

Since you will have a space of **29" by 29"**, your table covering can be anything (but **PLEASE**, don’t cut up your mother’s good table cloth!!!) You can use any material you’d like to simulate a table cloth. You may add a placemat to table runner on top of the tablecloth.

Napkins, traditionally are found with the fold to the extreme left and placed at the left of the fork. However, it is also correct to fold a napkin into a triangle and have the point to the left. It is correct to place the napkin folded in a unique manner and placed above the plate on the table or even in the water glass (empty of liquid, of course). Any of these are correct.

Please do not go out and spend a fortune on fresh flower for a centerpiece. There are so many other, more interesting items which can be used. Your imagination should really go to work. One year a contestant used cut up vegetables which she made to look like flowers in a miniature water can. Or use a brandy snifter with a floating artificial flower or candle. How about a milk carton candle. Maybe you have an interesting sea shell collection to use or a small piece of driftwood. Fruits, nuts, vegetables, dried flowers and leaves, a straw basket or interesting figurines all make fine centerpieces. One thing you should remember, never have anything in the center or the table which you cannot see over. You will certainly want to see the person opposite you!

- **Avoid clutter** in your place setting...every item should have a use.
- **You must include a beverage** with your place setting, this could be water or another beverage.
- **Be prepared to answer** any questions the judges might ask you about your menu, place setting, food or recipe during the judging.
- **Do not go out and buy** new dishes or table linens; use what is available at home or share within your club.
- **Use originality** and your imagination for the contest...your score will be higher.

**Here’s a hint for placing silverware:**
- **Fork** has 4 letters and so does left,
- **while knife and spoon both** have 5 letters so does right!
Samples of Place Settings

Traditional Table Setting

Soup, Stew or Chili

Appetizer Table Setting

Dessert Place Setting
Place Settings with Menu Samples

Breakfast Place Setting

Breakfast Menu
*Sausage, Egg, Vegetable Casserole
Whole Grain Toast
Milk Tomato Juice

* Indicates types of items you could make and use this place setting

Indicates the direction of the napkin’s folds
Lunch Place Setting

Lunch Menu

*Chicken Noodle Soup with Whole Wheat Crackers (on plate)
Celery and Carrot Sticks
Chilled Grapes
Milk

*Turkey Vegetable Wrap
Crispy Baked French Fries
Crunchy Apple Slices
Milk

* Indicates types of items you could make and use this place setting
** When only one utensil is used it is placed on the right side of the plate.
 Indicates the direction of the napkin’s folds
Dinner Menu with Soup as an Appetizer
- *Clear Onion Soup
- Roast Turkey Breast
- Fragrant Sage Dressing
- Brussel Sprouts
- Mashed Potatoes
- Spiced Baked Apple Slices
- Milk

Dinner Menu with no appetizer
- *Barbecued Chicken Breast
- *Skillet Zucchini
- Crispy Garden Salad
- *Chewy Yeast Rolls
- Milk

Dinner Menu with Salad as an Appetizer
- *Fresh Caesar Salad
- Sizzling Pork Chops and Onions
- Green Beans
- Baked Potato
- Vanilla Ice Cream
- Milk

* Indicates types of items you could make and use this place setting
_ Indicates the direction of the napkin’s folds
Dessert Place Setting

When Dessert is served on a plate:

- Plate
- Fork
- Milk
- Napkin

When Dessert is served in a bowl:

- Bowl
- Spoon
- Milk
- Napkin

 Indicates the direction of the napkin’s folds
2020 Delaware 4-H Indoor Archery State Championship
March 21st, 2020

Rules and Regulations

Divisions for Individuals – No Team Competition this year

The Maximum Draw Weight in ALL Divisions is 60lbs

Barebow (Division 1, 4 & 7)

1. Barebow is all unsighted Recurve or Universal Cam Bows (Genesis).
2. Barebow also does not allow the use of Mechanical Release Aids or Stabilizers.
3. Barebow does not allow the use of Clickers.

Sighted Recurve (Division 2, 5 & 8)

1. Competition is limited to archers shooting recurve or longbows only.
2. Gloves, tabs, or fingers are the only legal releases.
3. Any sights with no magnification are legal.
4. Levels, string peeps or electronics are not allowed.
5. Stabilizers and or counter balances are allowed.
6. String shall have single color middle serving.
7. Only one or two nock locators at a single point are allowed.
8. Only one anchor point is allowed on the string.
9. Archers shall touch the arrow, when nocked, with index finger against the nock.
10. Finger position may not be changed during competition.
11. If it is not mentioned here it is not allowed

Sighted Compound (Division 3, 6 & 9)

1. Any Sight or Scope, any Stabilizer, any Rest, and any Release Aid (provided it is hand operated and supports the weight of the bow) may be used.
Courtesy in All Divisions:

1. Do not turn and leave the line when the person on either side of you is drawing or at full draw. Wait until both have shot and are nocking another arrow.
2. When stepping off the line, make sure your bow, stabilizer, or other equipment does not contact the archer on either side of you. Side step back one or two steps to give you more room.
3. Make sure your equipment (bow, quiver, or arrows) does not contact another archer when on the line.
4. Do not talk, hum, or sing while on the line. Others do not want to hear you.
5. **DO NOT** bend over to pick up a dropped arrow. It is dangerous and distracting. Shoot your extra arrow that you should carry. Pick up the arrow when all shooters on your line have completed shooting.
6. Be courteous to other shooters when behind the line by controlling noise and activities to not create a distraction.

Divisions – Target Face Size – Distance

All Archers will shoot 10 ends of 3 arrows for a total of 30 arrows.

Juniors:
- Division 1 – Junior Barebow will shoot 9m (29 1/2’) on a 40cm face
- Division 2 – Junior Sighted Recurve will shoot 9m (29 1/2’) on a 40cm face
- Division 3 – Junior Sighted Compound will shoot at 9m (29 1/2’) on a 40cm face

Intermediates:
- Division 4 – Intermediate Barebow will shoot 18m (59’) on a 40 cm face
- Division 5 – Intermediate Sighted Recurve will shoot 18m (59’) on a 40 cm face
- Division 6 – Intermediate Sighted Compound will shoot 18m (59’) on a 40 cm face

Seniors:
- Division 7 – Senior Barebow will shoot 18m (59’) on a 40cm face
- Division 8 – Senior Sighted Recurve will shoot 18m (59’) on a 40cm face
- Division 9 – Senior Compound will shoot 18m (59’) on a 40cm face

Target face explanation:

40cm is the Target Face Size for ALL Archer’s - Archer’s can choose between a 10 ring or 3 spot face. Targets will have four faces mounted per Bail (1 archer per face).

*Please Note – This is a change from last year and gives each archer their own target.*

Registration Information:

Participants **MUST** be a member of a 4-H Club, 4-H Archery Club, 4-H Shooting Sports Club, or a County 4-H Shooting Sports Program where during the club year they have received archery instruction from a certified Delaware 4-H Archery Instructor can enter.

Archers must pre-register for this event – No onsite registrations

Registration will be closed on February 26th

Shooting times can be requested and will be assigned after the close of Registration

Planned Shooting Times: Saturday March 21st, 2020 – 8:00 am 11:00 am 2:00 pm

*More times may be added based upon registration and interest received*

**All shooters are required to attend & participate in a safety orientation as part of their shooting time**
Event Information on Shooting and Scoring:

- There will be two practice ends before scoring begins.
- Everyone will shoot 10 ends of 3 arrows each for score. Total arrows – 30
- Each end is limited to 2 minutes from the clear to shoot whistle for the archers to shoot 3 arrows, an arrow shot outside of this time will not be scored
- Scoring will be on a 5 color 10-ring target with the X ring counting as an 11
- Total possible score will be 330 points
- Scoring values for full-face targets
  - From the center of the target outward, the scoring areas are:
    - X – 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1
  - Shots outside the scoring area are scored as misses
- Scoring values for 3-spot targets
  - From the center of the target outward, the scoring areas are:
    - X – 11, 10, 9, 8, 7, 6
  - Shots outside the scoring area are scored as misses
  - Only one arrow scored per spot!
- The lines between scoring areas of the target are part of the higher value scoring area
- A shaft touching a scoring line receives the higher value score
- Point values will be determined by the location of the shaft as it rests in the target
- No arrows are pulled or manipulated until all arrows are scored by the group
- If you have a question or dispute an official will assist – Raise your hand an official will be over
- If an archer shoots too many arrows, the highest scoring arrow will not count and a 1 point penalty applied to the score – official must be called and they will note the scorecard
- A witnessed bounce out will be scored by the group in conjunction with an official or may be re-shot at the officials discretion
- Deflections will be scored where they are in the target, not where the arrow they hit scored
- Robin-hoods will be scored on the shaft in the target from the first arrow shot
- Any shaft falling beyond the 3m line will be considered shot
- Ties will be broken by the number of X’s scored

Additional Equipment Rules:

- Contestants will use their own archery equipment and arrows.
  *unless prior arrangements are made – equipment can be made available upon request*
- All equipment will be inspected for safety, condition, etc. by officials prior to the match and at any time during the match when inspection is merited.
- If equipment is found to be unsafe and corrections not made before the match, then the contestant will NOT be able to compete and will forfeit their registration money.
- Maximum bow weight allowed in any division is 60 pounds. This will be checked before the match. Bows above the max draw weight must be modified and re-checked.
- A nocking point indicator is required to position the nock of an arrow on the string. The nocking point indicator may be of any conventional design, including materials that may be crimped, wound or heat shrunk to the center serving.
- An arrow must be released off of a felt arrow shelf, whisker biscuit or other arrow rest. Overdraws may not place the arrow rest further than 6cm from the pivot point of the bow.
- At full draw, arrows must extend beyond the back of the bow. Clickers will be allowed.
- Arrows consist of a shaft with a target or practice point, nock, fletching and personal identification markings. Arrows must be sound and spined for the bow.
• Each archer must provide an adequate number of arrows to complete the event.
• Mechanical Release aids may be used only by compound shooters. Competence with the equipment must have been demonstrated before the release aid may be used.
• Each archer must provide required arm guard and finger protection. DRESS CODE: Closed toe shoes are REQUIRED. Long pants HIGHLY recommended. Normal 4-H dress code applies.
• Each archer will be required to use a hip/clip-on arrow quiver. Bow mounted, or quivers worn on the back are not permitted.
• Contestants must attend mandatory safety briefing prior to shooting.
• Minimum arrow weight is 5 grains per 1lb of draw weight.

Other information:
This event is being hosted by the Lower Delaware Archers in coordination with the Delaware 4-H Shooting Sports in partnership with Sussex County Council & Bay Shore Community Church. The goal of this event is to promote the 4-H Shooting Sports and making an investment in the Delaware Youth and promoting Positive Youth Development.

Location of Event:
Address for GPS – Millsboro, DE
Bay Shore Community Church
36759 Millsboro Highway
Millsboro, DE 19966
2020 Delaware 4-H Indoor Archery State Championship
March 21st, 2020

Division Information and Registration

Divisions for Individuals (No Team Competition this year)

<table>
<thead>
<tr>
<th></th>
<th>Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Junior Barebow</td>
</tr>
<tr>
<td>2</td>
<td>Junior Sighted Recurve</td>
</tr>
<tr>
<td>3</td>
<td>Junior Sighted Compound</td>
</tr>
</tbody>
</table>

Barebow is all unsighted Recurve or Universal Cam Bows
All Fixed Length Draw Compound Bows are Considered Division 3

*Note – A Genesis Bow with a Sight is considered Division 3

| 4 | Intermediate Barebow            |
| 5 | Intermediate Sighted Recurve    |
| 6 | Intermediate Sighted Compound   |

Barebow is all unsighted Recurve or Universal Cam Bows
All Fixed Length Draw Compound Bows are Considered Division 6

*Note – A Genesis Bow with a Sight is considered Division 6

| 7 | Senior Barebow                  |
| 8 | Senior Sighted Recurve          |
| 9 | Senior Sighted Compound         |

Barebow is all unsighted Recurve or Universal Cam Bows
All Fixed Length Draw Compound Bows are Considered Division 9

*Note – A Genesis Bow with a Sight is considered Division 9

Juniors
8, 9, 10 Year Olds

Intermediate
11, 12, 13 Year Olds

Seniors
14, 15, 16, 17, 18, 19 Year Olds

*Note: Ages are 4-H Age as of 1/1/19

Format is an Indoor 300 – Shot in 10 ends of 3 arrows with Faces & Distances based on Division.
Medals will be awarded to the Top 3 in each division & Ribbons for each participant.
Snacks & Refreshments will be available for purchase on-site.

Registration Information: Registration is open!
Link to Online Registration to be provided soon!
Registration is $20 per member.
Archers will have the option to purchase a $15 Event T-shirt.
Archers must pre-register for this event – No onsite registrations
Registration will be closed on February 26th
Shooting times can be requested and will be assigned after Close of Registration

Planned Reporting/Shooting Times:
Saturday March 21st, 2020 – 8:00 am 11:00 am 2:00 pm

*More times may be added based upon registration and interest received
**All shooters are required to attend & participate in a safety orientation as part of their shooting time

Hosted By

Location:
Address for GPS – Millsboro, DE
Bay Shore Community Church
36759 Millsboro Highway
Millsboro, DE 19966
2020 Delaware 4-H Indoor Archery State Championship
Saturday, March 21st, 2020

8 – 8:30am  First Group – Check in, Equipment check, & Safety Briefing

8:30 am  First Group – Shoot

11 – 11:30 am  Second Group – Check in, Equipment check, & Safety Briefing

11:30 am  Second Group – Shoot

2 – 2:30 pm  Third Group – Check in, Equipment check, & Safety Briefing

2:30 pm  Third Group – Shoot

The Awards Ceremony will follow at the completion of all divisions.

Times will be assigned after registration closes.

Rules and scoring information is provided on a separate document.

Registration is through the Sussex County 4-H Office at 302-856-2585
2020 Delaware 4-H Indoor Archery State Championship
March 21st, 2020

All Divisions will shoot 40 cm face targets
4 target faces on each target

*Remember the Center Ring Counts as 11

Please Note: This is a change from last year and ALL Archers will be shooting their own target
Dear Delaware 4-H Leader:

Before February date books become filled with activities, we want to invite you to join us in bringing fellow and potential leaders together for the 2020 Delaware 4-H State Leader Forum...you won’t want to miss this special day!

We are pleased and excited to be having the event back at Polytech High School in Kent County. So many of you responded to the evaluations last year saying that the mid-state location in Kent County worked well for you, so we decided to go ahead and make it happen again!

Due to your feedback, we have also changed the schedule which we hope will bring a richer experience to your time with us! Following the first two workshops and before lunch, we will be offering a third, shorter session that will include topics relating to challenges many of you have shared where you felt you needed more skills. These are our “Jackpot” sessions.

After our “Jackpot” sessions, we will be enjoying lunch and fellowship as we recognize our 2020 Salute to Excellence award winners. We plan to end our day at 2:30 p.m. so you’ll have time to get home early and start putting all of the new ideas you learned into action!

Attached are the registration form, workshop descriptions, and schedule for the day. Please be sure to select two choices for each workshop in order of your preference. Registration will be available online beginning Friday, January 3, 2020. This is the preferred method. The link is http://www.udel.edu/006766 Please note that the workshops will be filled on a “first come, first serve” basis, so the earlier you register the better chance you will have of getting your first choice. The cost of the Forum will be covered by each county’s Leaders’ Association or a staff purpose code. Deadline to register is Monday, January 27.  We look forward to seeing you at Polytech on February 2!

Yours in 4-H,

Ernie López
Extension Specialist, 4-H Youth Development
University of Delaware
WELCOME

8:00-8:30 a.m.
Registration & Continental Breakfast

8:30-8:45 a.m.
Welcome ~ Ernesto Lopez, Extension Specialist, 4-H Youth Development

9:00-10:15 a.m.       Workshop I

10:30- 11:45 a.m.      Workshop II

12:00-1:00 p.m.       Jackpot Sessions

1:00 p.m.
Lunch and Fair Share
Annual Meeting of Delaware 4-H
Foundation Board of Directors
Salute to Excellence Recognition

2:30 p.m.           Wrap-up & Evaluation
Have a Safe Ride Home!

Thank you!!

Salute to Excellence

Honoring a Delaware Tradition of Excellence

2019
Mary Jane Zeitler, Lifetime Volunteer
Amy West, Volunteer of the Year

2018
Dana Shape, Lifetime Volunteer
Dana Probert, Volunteer of the Year

2017
Wayne Moore, Lifetime Volunteer
Tammy LeCates, Volunteer of the Year

2016
Brenda Shaffer, Lifetime Volunteer
Jennifer Menard, Volunteer of the Year

2015
Peggy Spence, Lifetime Volunteer
Gina Anger, Volunteer of the Year

2014
Sharon Anderson, Lifetime Volunteer
Clyde Mellin, Volunteer of the Year*

2013
Connie Louder Lifetime Volunteer*
Heather Smith, Volunteer of the Year*

2012
Charmayne Busker, Lifetime Volunteer*
Caryn Pierson, Volunteer of the Year*

2011
Karen Crouse, Lifetime Volunteer*
Bo Waller, Volunteer of the Year

*NE Regional Winner
**National Winner
Workshop I  9:00 a.m. to 10:15 a.m.

Get the Best Photos from Your Smart Phone ~ Michele Walfred, UD Communications Specialist, Sussex County

This session will cover basic tips to enhance your device photography and we’ll cover some favorite and emerging apps that can take your photography to the next level. Bring your fully charged device. Instructor recommends downloading a free app, SnapSeed, prior to the forum.

County Record Book Workshop ~ Presented by Doug Crouse, State 4-H Program Leader

Our most requested workshop of the forum! What are county record books and what is the best way to gather all of the information for our 4-H youth to properly prepare for this important task. New leaders and veterans alike will benefit from this session led by our State 4-H Program Leader.

Building Blocks of Leadership ~ Presented by Jill Jackson, 4-H Agent, Sussex County

Using Legos as a way of engaging youth in developing leadership skills, “Building Blocks of Leadership” is a series of mini-lessons geared for youth 11-14 years old. Lessons are 20-30 minutes and can be incorporated into club meetings, project groups and even day camps. The lessons and activities engage youth in a fun, creative way to put what they have learned into action.

Learn More about Hippology, the Study of the Horse ~ Presented by Dana Probert, 4-H Leader, Sussex County

Have you ever wanted to start a horse bowl team or had club members who adored horses and wanted to learn all about them? Join fellow leaders in this interactive workshop on growing knowledge among 4-H’ers who want to learn all about horses.

Judging Contest Training Kits ~ Presented by Kaitlin Klair, 4-H Extension Educatory, New Castle County

Leaders will learn a variety of tips and best practices from judging training kits. Lessons discussed will help leaders take back new opportunities for youth to develop skills from the kits. Put aside your fears and learn how useful these kits can be for your 4-H club members.

Healthy Living Ignite Workshop~ Presented by Karen Johnston, State 4-H Extension Educator, Betsy Morris, 4-H Extension Educator, Lindsay Hughes, 4-H Extension Educator, Breanna Banks, 4-H Extension Educator

Learn about the many programs available to promote a 4-H Culture of Health including: Botvin Lifeskills, Escape the Vape, 4th H for Health Challenge, Get Experience in Mindfulness (GEM), Grab and Go’s, Healthy Habits and Teen Cuisine. Participants will have a healthy snack and receive a packet of activities/ideas.
Dealing with Difficult People ~ Presented by Ernesto López, State 4-H Volunteer Specialist
Back by popular demand! We all have them in our lives and perhaps there are times when we fit into the category as well! This session will share practical tips of dealing with those at our workplace, school, houses of worship and yes, even in our 4-H clubs, who just seem to make the days a little more difficult!

STEM-LIT to Go! ~ Presented by Kristin Cook, Kent County 4-H Agent
STEM-Lit to Go is an innovative 4-H program that supports the development of STEM and literacy skills for K-3 children. This informal education program utilizes a unique instructional framework to deliver integrated STEM-literacy activities that engage and support positive youth development. Participants will receive a free copy of the Cloverbud Volunteer Guidebook, STEM-Lit to Go! Curriculum and a set of Clover Cubes to use with their 4-H Cloverbud Group.

County Record Book Workshop ~ Presented by Doug Crouse, State 4-H Program Leader
Our most requested workshop of the forum! What are county record books and what is the best way to gather all of the information for our 4-H youth to properly prepare for this important task. New leaders and veterans alike will benefit from this session led by our State 4-H Program Leader.

Social Media 101 ~ Presented by Michele Walfred, UD Communications Specialist
This session will cover the major social media platforms and why (or why you shouldn’t) participate. We will also cover social media safety, best practices, and how to recognize scams. We’ll review how to use social media to strategically spread positive 4-H messaging for your club, county and state.

Effective Communication Between Youth and Adults ~ Presented by State 4-H Teen Council Officers
What do you youth expect from us as adults? How about a listening ear and an attitude that embraces their feelings? Hear from our best and brightest 4-H teens in this conversation about building successful communication between youth and adults.

Preventing Youth Opioid and Rx Drug Abuse ~ Presented by Lindsay Hughes, 4-H Extension Educator
Not sure how to talk to your youth about prescription drug abuse? Come find out what prescription drugs are and how to resist pressure to abuse drugs. Learn common myths and refusal skills. Learn some signs of someone using and abusing prescription drugs.
**County Record Book Workshop** ~ Presented by Doug Crouse, State 4-H Program Leader

Our most requested workshop of the forum! What are county record books and what is the best way to gather all of the information for our 4-H youth to properly prepare for this important task. New leaders and veterans alike will benefit from this session led by our State 4-H Program Leader.

**Using Shutterfly for Youth Club** ~ Presented by Dana Probert, 4-H Leader, Sussex County

What are you going to do with all those 4-H photographs? Learn how Shutterfly can help you store, display, and share the important photographic work your club members do year round. Learn how to get comfortable with a user friendly program that can help you and your club put your best foot forward with all those fabulous photographs.

**Navigating UD Extension Online Resource** ~ Presented by Katie Young, UD Communications Specialist

Have you checked out our new and improved UD Extension website for 4-H resources? Join this talk with our resident expert with UD online and see how the world wide web of Extension can help save you time and get you the information you need quickly for you and your club members!

**Teaching Youth about Emergency Preparedness** ~ Presented by Ernesto López, State 4-H Volunteer Specialist

Times have changed and our 4-H youth are exposed to more and more challenges every day. Learn how Delaware 4-H will be taking the lead in teaching a four time national award winning curriculum to teens in emergency preparedness. Keeping our youth safe is priority number one in Delaware 4-H. Come find out how important that priority is to us and what our youth can learn!

**Computer Science: It’s Easier Than You Think** ~ Presented by Delaware 4-H TECH Team and Jenny Trunfio, Kent County 4-H Program Assistant

"What is Computer Science? Why is it important for youth in your 4-H program? How do I teach it?? Come to this fun, interactive workshop to dispel your uncertainty and fears. Leave with an understanding of how to integrate CS principles into everyday project activities and a copy of the 4-H Computer Science Playbook. Also available at the workshop will be Ozobots, GiggleBots, Hummingbirds, MakeyMakey, and Arduino Inventor kits to play with. These Computer Science tools are available for all clubs to check out and use with members."

**VeGucate Yourself: The 5 W’s of Vegetarian & Vegan Diets** ~ Presented by FCS Staff

This program separates fact from fiction about vegetarian and vegan diets and how they can be appropriate across the lifespan if followed correctly. All different vegetarian and vegan diets are compared with hands-on tips and tools to follow.
What goes on at a 4-H Leader Forum?
- New Experiences!
- Fellowship!
- Great Workshops!
- Life Skills!
Name____________________________________________County_____________

Title/volunteer role for name tag ____________________________________________

Address_______________________________________________________________

Town_______________________________State____________Zip Code____________

Phone_____________________________E-mail_______________________________

UD Staff Purpose Code _______________________________________________________

Please indicate your top three choices in order of preference.

Workshop 1 (9:00 am to 10:15 am)
1.___________________________
2.___________________________

Workshop 2 (10:30 am to 11:45 am)
1.___________________________
2.___________________________

Jackpot Session (12:00 pm to 1:00 pm)
1.___________________________
2.___________________________

Please register online! ! This is the preferred method! Registration will be available beginning Friday, January 3, 2020. This helps us become more efficient and prevents handwriting errors. All registration fees will be covered by each county’s Leaders’ Association. Thank you so much!! Please let us know if you have any special needs.

Deadline to register is January 27, 2020.

4-H Leader Forum
University of Delaware
Carvel Research and Education Center
16483 County Seat Highway
Georgetown, Delaware 19947
Directions to Kent Polytech High School

Directions:
To Polytech High School from Dover:

- Take US-13 South 5.1 miles to DE-10 Alt E
- Turn left onto DE-10 Alt E .4 miles to school on left
- Follow signs to Polytech Adult Education Conference Center