## RECIPE

## DAIRY good Strawberry Smoothie!



Ready in 5 minutes
Serves 2-3 people

## **Ingredients**

- 2 cups of strawberries
- 1 cup of ice
- 1 banana
- Danimals (optional)
- 1 cup of yogurt
- ½ cup of milk
- Blender

## **Preparation**

- 1. Gather and measure out all ingredients
- 2. Put all ingredients together in a blender
- 3. Blend for about 30 seconds or until no chunks are present
- 4. Put the smoothie in your favorite cup!
- 5. Enjoy:)