Suggested campus walking routes

1 MILE

- Starting at South College Avenue and Amstel Avenue [at Smith Hall], walk up Amstel Avenue. Turn left on Orchard Road (at Amy E. duPont Music Building), left onto Sunset Road. Then turn left on South College Avenue and go back to Smith Hall.
- Starting anywhere on The Green between Delaware Avenue and Laurel Hall, walk the entire perimeter of The Green, back to your starting point.
- Clayton Hall Loop. From Clayton Hall, walk into upper parking lot and out the top exit to Route 896. Turn left and walk south. Turn left into the driveway in front of the Courtyard Newark. Follow the drive past the Independence residence halls and back up the hill to Clayton Hall.

1.25 MILES

- Start at any business on Main Street, walking west to North College Avenue. Make a right on North College Avenue, then turn right on Cleveland Avenue. Walk to North Chapel Street and turn right. Then go to Main Street and turn right, walking back to your starting point on Main Street.
- Start at the Amy E. du Pont Music Building on the corner of Amstel Avenue and Orchard Road. Turn right onto Orchard Road, then turn right on West Park Place and right on Apple Road. Turn right on Winslow Road, then left on Orchard Road, back to Amy E. du Pont Music Building.
- From the Perkins Student Center, walk up Academy Street toward Main Street and turn right onto Lovett Avenue. Then turn right on South Chapel Street and right on Courtney Street, returning to Academy Street. Then turn right back to Perkins.

1.5 MILES

- Starting on the corner of South College Avenue and Main Street, make a left on South College, left on East Park Place, left on Academy Street and left on Main Street. (You can start anywhere on the loop.)
- From the light at Route 896 South at the railroad bridge, walk straight between the Girl Scout office and Worrilow Hall. Follow it around the back of Worrilow and turn left and walk down the road to Allen Laboratory. Turn right down Sincock Avenue and walk behind the athletic fields to Route 4. Turn right on Route 4 and right again onto Route 896 North, returning to the starting point.

1.75 MILES

- Start at the General Services Building on South Chapel Street, turn right on East Park Place, right on Academy Street, right on East Delaware Avenue, right on South Chapel Street, back to the General Services Building. (You can start anywhere on the loop.)
- Starting at Alfred Lerner Hall, walk west on Amstel Avenue toward Elkton Road. Turn left (south) on Elkton Road. Turn left on Apple Road, then left on Dallam Avenue. Turn left on Beverly Road, then turn right on West Park Place and then left on Orchard Road and back to Lerner Hall.

2 MILES

- Start from the Trabant University Center and walk down East Delaware Avenue to the College Square Shopping Center, then return back to Trabant.

3 MILES

- Start at Hartshorn Hall at the corner of Academy Street and East Park Place. Walk north on Academy Street toward Delaware Avenue. Turn right on Delaware Avenue, walk past Newark High School and turn right on Library Avenue. Turn right on Wyoming Road, past School Lane Apartments, then turn right on South Chapel Street, left on Continental Street, left on Haines Street, right on Lovett Avenue and left on Academy to the Perkins Student Center.
- Start at the Trabant University Center and walk down South College Avenue to the Bob Carpenter Center. Then walk around the parking lot and back to Trabant. (You can start from The Bob or Trabant.)

4 MILES

- Start at the Bob Carpenter Center and turn left onto South College Avenue. Turn left on Chestnut Hill Road (Route 4 East), and follow to South Chapel Street. Turn left on South Chapel Street (E-2, N-72). Follow South Chapel over the bridge [the road changes its name to Library Avenue as you pass the UD Farms]. At the light at Wyoming Road, turn right onto Wyoming Road and then turn right onto the James F. Hall Trail (look for flag poles). Follow the trail for about 1 mile until you reach South College Avenue. Turn right and go over the railroad bridge on South College Avenue, returning to the Bob Carpenter Center.

Courtesy of Healthy U-Employee Wellness Program, 125 Carpenter Sports Bldg.
Map out your own walking route