

## Christiana Care supports UD nurse-managed health center

Christiana Care and the University of Delaware (UD) have combined resources to launch a new Nurse Managed Health Center (NMHC) at UD's Newark campus.

The NMHC is staffed by experienced board-certified nurse practitioners who provide physicals and health screenings for employees and follow-up care for workers who have been injured on the job.

### 'An exciting collaboration'

Paula Stillman, M.D., senior vice president for special projects at Christiana Care, says "This is an exciting collaboration with our Delaware Health Science Alliance Parter (DHSA), the University of Delaware. We are delighted to participate in this new model of care delivery."

Christiana Care Occupational Health & Wellness Services (OHWS) provides key infrastructure support, such as electronic medical records, and a streamlined process for referring patients to Christiana Care Health System. Christiana Care OHWS Director Carine Sakr, M.D., provides the nurse-managed facility with immediate physician consultation.

Allen Prettyman, NPC, a member of the Christiana Care OHWS team and an instructor in UD's School of Nursing, "helped set up the physical environment," says, UD School of Nursing Interim Director Kathy Schell. "But more importantly, he has helped develop affiliations and partnerships internal and external to the university which are necessary to promote success for all those involved."

"We're pleased to be collaborating with Christiana Care on this project, and we look forward to working with



Allen Prettyman, NPC, (left) a member of the Christiana Care OHWS team and an instructor in UD's School of Nursing, helps manage and set up the new, on-campus health clinic.

them and our other partners in DHSA to develop additional clinical services in the future," says Kathleen Matt, dean of the College of Health Sciences.

### Offering state-of-the-art services

State-of-the-art services will include physical exams, comprehensive vision and hearing screenings, EKGs, respiratory spirometry, blood work, and immunizations. All services will be covered by workers' compensation insurance or health care insurance in the same way they would be if obtained in an outpatient provider's office, medical aid unit, or testing facility.

"Because we'll be seeing only individuals from the UD community, we hope to provide services with little to no wait time," Prettyman says.

### Vision for future

In the future, plans call for the center to offer care to employees working for contractors at UD and to provide primary care to the University community at large. All students, however, will

continue to be treated by Student Health Services.

"Our long-term vision is to have an entire suite of clinics, where patients can move seamlessly from one to the other for exams, blood work, physical therapy and so on," Prettyman says. "We want it to be as interdisciplinary as possible and able to provide the community with cutting-edge, convenient, cost-effective care."

Housed in 119 McDowell Hall, the NMHC hours are from 8 a.m. to noon Mondays and Fridays and noon to 4 p.m. on Wednesdays, with a view to add services for UD faculty and staff and expanded hours of operation over the next year. ☺

✔ Visit the health care center's website at <http://www.udel.edu/nmhc>.

## More than 60 companies signed up for flu shots

Christiana Care Occupational Health & Wellness Services (OHWS) launches its 2010-2011 flu vaccine program targeting Delaware's workforce on Sept. 20.

The OHWS team already has more than 60 companies booked for corporate onsite influenza clinics this year. For companies with 10 or fewer employees, OHWS offers conveniences such as a voucher system, walking distance from downtown and free parking at Wilmington Hospital.

The vaccine this year combines seasonal influenza and H1N1 protection. ☺

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