

**We are investing in you!**

# Training and Organizational Development Fall 2009

"We understand that our most valuable resource is our employees. In this time of rapid growth and change within the University, we are striving to bring you new and updated programs in the areas of career, organizational and leadership development, and wellness that will help you develop your skills and talents in every aspect of your employment at the University of Delaware. I strongly encourage you to take advantage of these exciting programs and resources." - **J.J. Davis, Vice President for Administration**

**Look for these NEW and other exciting offerings on our website:  
[www.udel.edu/EmployeeTraining](http://www.udel.edu/EmployeeTraining)**

## **Career Development**

- Communication Skills
- Conflict Resolution
- Dealing with Difficult People
- Developing a Customer Focused Attitude
- Time Management

## **Equity and Inclusion**

- ADA for Managers
- HMS Diversity Training
- Welcoming a Child: Policies and Practicalities for Parents

## **Leadership Academy**

- Management Skills for New Managers
- Situational Leadership® II

## **Organizational Development**

- Basic Labor Relations for Principal Investigators
- Coping with Change
- Labor Relations 101 for New Managers

## **Career / Family**

- Balancing Work and Family
- CCS: Consumer Credit Counseling Service
- Coping with the Effects of Shift Work
- Keeping Your Financial Focus During a Stressful Economy

## **Wellness**

- Healthy Back
- Veg Out Campaign
- Wellness PLUS Program

## **Coming Soon!**

- Management Essentials
- Meeting Financial Challenges at Midcareer
- A Woman's Money, A Woman's Future



**Training & Organizational Development**

340 - 342 Hullihen Hall

Newark, Delaware 19716

Phone: 302-831-2059 or 302-831-0713

Email: [employeetraining@udel.edu](mailto:employeetraining@udel.edu)

Website: <http://www.udel.edu/EmployeeTraining/>