

**2003-2004
UNIVERSITY OF DELAWARE
WOMEN'S SWIMMING RESULTS (8-1)**

Oct.	24	William & MaryW	134-109
	26	Old DominionW	130-112
Nov.	1	GeorgetownW	143-98
	8	at George MasonL	132-168
	15	DrexelW	140-94
	22	at RiderW	146-91
Dec.	6-7	Bucknell Invitational	2nd Place
Jan.	3	Florida Invitational at Key Largo, FL	Cancelled
	11	TowsonW	139-103
		James MadisonW	1530-87
	24	at LoyolaW	136.5-101.5
Feb.	18-21	Colonial Athletic Association Championships at George Mason	5th Place
	26-28	ECAC Championships at Univ. of Pittsburgh	tba
Mar.	12-14	NCAA Zone A Diving Championships (tba)	tba
	18-20	NCAA Championships at Texas A&M	tba

Head Coach: John Hayman (831-8604)
Home Meets at Harry Rawstrom Natatorium

TOP TIMES
(Based on each swimmers best time)

1-Meter Diving (6 dives)

Sarah Bergan	220.88 (WM)
Emily Pretz	186.89 (GM)
Tara Jakeway	169.20 (WM)
Jamie Hartnett	148.80 (Loyola)
Kathryn Buckwalter	124.28 (WM)

1-Meter Diving (10 dives)

Sarah Bergan	345.90 (Bucknell)
Emily Pretz	316.90 (Bucknell)

3-Meter Diving (6 dives)

Sarah Bergan	208.50 (GT)
Emily Pretz	170.47 (GMU)
Tara Jakeway	150.0 (Towson/JMU)
Jamie Hartnett	1452.7 (GT)
Kathryn Buckwalter	83.33 (ODU)

3-Meter Diving (10 dives)

Sarah Bergan	363.30 (Bucknell)
Emily Pretz	322.15 (Bucknell)
Tara Jakeway	258.35 (Bucknell)
Jamie Hartnett	199.00 (CAA)

200 Medley Relay

Delaware	1:50.26 (GM)
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400 Medley Relay

Delaware	3:52.90 (CAA)
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200 Freestyle Relay

Delaware	1:40.34 (Bucknell)
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400 Freestyle Relay

Delaware	3:20.91 (GT)
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800 Freestyle Relay

Delaware	7:35.68 (CAA)
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50 Freestyle

Jill Fitzgerald	24.20 (CAA)
Kristen Avioli	26.25 (GT)
Janine Janoski	26.41 (WM)
Sara Reed	26.43 (Loyola)
Nicole DiJulio	26.70 (Towson/JMU)
Krysta Wasiewski	26.89 (Drexel)
Miranda Conrad	27.08 (GT)

100 Freestyle

Jill Fitzgerald	52.24 (CAA)
Sara Reed	55.71 (ODU)
Kristen Avioli	55.93 (CAA)
Erica Pearson	56.73 (Bucknell)
Kim Fields	56.80 (Towson/JMU)
Miranda Conrad	57.48 (GM)
Nicole DiJulio	57.56 (Bucknell)
Janine Janoski	57.77 (WM)
Erin Colbert	58.72 (ODU)
Carli Matthews	58.80 (Loyola)
Nicole Helmers	59.91 (Drexel)

200 Freestyle

Sarah Peffer	1:51.83 (CAA)
Jill Fitzgerald	1:52.75 (CAA)
Sara Reed	1:55.78 (CAA)
Meredith Law	1:57.36 (Towson/JMU)
Meghan Petry	2:00.68 (WM)
Erica Pearson	2:00.84 (WM)
Nicole DiJulio	2:03.06 (CAA)
Erin Colbert	2:03.38 (WM)
Miranda Conrad	2:04.98 (Loyola)
Sarah Bacewicz	2:05.73 (Bucknell)
Sarah Helmers	2:08.18 (Rider)

500 Freestyle

Sarah Peffer	4:54.90 (CAA)
Meredith Law	5:06.47 (CAA)
Kim Fields	5:11.65 (WM)
Meghan Petry	5:15.47 (CAA)
Erin Colbert	5:20.55 (GM)
Nicole Helmers	5:26.29 (Bucknell)
Nicole DiJulio	5:26.90 (CAA)
Sarah Bacewicz	5:42.43 (Loyola)

1,000 Freestyle

Sarah Peffer	10:22.74 (Drexel)
Kim Fields	10:31.62 (WM)
Meredith Law	10:40.85 (GM)
Meghan Petry	10:45.90 (ODU)
Erin Colbert	10:52.76 (GM)
Nicole Helmers	11:05.18 (WM)
Nicole DiJulio	11:24.48 (Loyola)

1,650 Freestyle

Sarah Peffer.....	16:45.07 (CAA)
Meredith Law.....	17:35.36 (CAA)
Kim Fields	17:35.66 (Bucknell)
Meghan Petry	17:55.37 (CAA)
Erin Colbert	18:06.07 (Bucknell)
Nicole Helmers	18:41.78 (CAA)
Nicole Dijulio	18:46.48 (CAA)

200 Individual Medley

Sara Stephens.....	2:08.08 (CAA)
Lauren Ostroski	2:14.88 (GT)
Krysta Wasiewski	2:17.71 (Bucknell)
Carli Matthews	2:19.94 (WM)
Erin Colbert.....	2:20.84 (Drexel)
Miranda Conrad.....	2:22.45 (CAA)
Nicole Dijulio.....	2:28.03 (WM)

400 Individual Medley

Sarah Peffer.....	4:25.81 (CAA)
Lauren Ostroski.....	4:42.35 (CAA)
Meredith Law.....	4:43.98 (GM)
Meghan Petry.....	4:50.48 (Towson/JMU)
Nicole Helmers	4:50.53 (CAA)

100 Butterfly

Sara Stephens	56.06 (CAA)
Sarah Bacewicz.....	1:01.64 (CAA)
Krysta Wasiewski.....	1:03.21 (CAA)

200 Butterfly

Sara Stephens.....	2:05.91 (Bucknell)
Sarah Peffer	2:09.36 (Bucknell)
Meghan Petry.....	2:11.65 (CAA)
Sarah Bacewicz	2:14.91 (Towson/JMU)

100 Backstroke

Kristen Avioli.....	59.33 (CAA)
Sara Reed.....	1:00.77 (Bucknell)
Krysta Wasiewski	1:02.32 (Bucknell)

200 Backstroke

Sara Reed	2:08.16 (CAA)
Kristen Avioli.....	2:10.22 (WM)
Kim Fields	2:11.13 (CAA)
Krysta Wasiewski	2:14.57 (Drexel)
Erin Colbert	2:16.21 (CAA)
Meghan Petry.....	2:19.61 (Loyola)
Janine Janoski	2:26.17 (ODU)
Nicole Helmers.....	2:26.96 (GT)
Nicole Dijulio.....	2:29.80 (ODU)

100 Breaststroke

Lauren Ostroski.....	1:08.21 (Bucknell)
Miranda Conrad.....	1:11.51 (CAA)
Erica Pearson	1:12.85 (Bucknell)
Nicole Helmers	1:22.62 (GM)

200 Breaststroke

Lauren Ostroski.....	2:24.77 (CAA)
Sara Stephens	2:26.43 (Towson/JMU)
Sarah Peffer	2:26.53 (Loyola)
Erica Pearson	2:31.84 (ODU)
Miranda Conrad.....	2:34.75 (CAA)
Carli Matthews	2:36.95 (WM)
Nicole Helmers.....	2:46.13 (WM)