

**2004-2005
UNIVERSITY OF DELAWARE
WOMEN'S SWIMMING FINAL RESULTS (6-4)**

Oct.	20	at Georgetown	W 141.5-101.5
	23	*George Mason.....	L 94-149
Nov.	5-6	at *Old Dominion.....	W 167-164
		*William & Mary	L 124.5-211.5
	13	at *Drexel.....	W 150-91
	20	Rider.....	W 153-85
Dec.	4-5	Bucknell Invitational.....	4th Place
Jan.	8	at *Towson	L 101-140
	9	*James Madison.....	W 123-120
	22	Loyola.....	W 162-81
Feb.	12	Yale	L 123-175
	23-26	Colonial Athletic Association Championships at George Mason.....	9th Place

*=Colonial Athletic Association Opponent

Head Coach: John Hayman (831-8604)

Home Meets at Harry Rawstrom Natatorium

TOP TIMES

(Based on each swimmers best time)

1-Meter Diving (6 dives)

Sarah Bergan	231.15 (Yale)
Emily Pretz	195.23 (Yale)
Jamie Hartnett	171.45 (Towson)
Steve Dreher.....	156.38 (JMU)
Tara Jakeway.....	141.39 (Drexel)
Kathryn Buckwalter	95.63 (Rider)

3-Meter Diving (6 dives)

Sarah Bergan	211.28 (JMU)
Jamie Hartnett	193.85 (Towson)
Emily Pretz	170.78 (Yale)
Steve Dreher	158.78 (Drexel)
Tara Jakeway.....	151.05 (Drexel)

3-Meter Diving (11 dives)

Sarah Bergan.....	329.00 (Bucknell)
Emily Pretz.....	317.30 (Bucknell)
Jamie Hartnett	214.50 (CAA)

200 Medley Relay

Delaware	1:51.18 (Bucknell)
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400 Medley Relay

Delaware	4:05.0 (George Mason)
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200 Freestyle Relay

Delaware	1:39.46 (CAA)
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400 Freestyle Relay

Delaware	3:34.91 (CAA)
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800 Freestyle Relay

Delaware	7:41.63 (CAA)
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50 Freestyle

Sara Stephens.....	25.09 (Rider)
Ellen Heinz.....	25.13 (Bucknell)
Kendall Warren.....	25.39 (CAA)
Meredith Law.....	25.49 (Yale)
Kim Gravatt.....	26.28 (CAA)
Leigh Askins	26.45 (CAA)
Kristen Avioli.....	26.61 (George Mason)
Laura Schultz	26.94 (Drexel/Bucknell)
Krysta Wasiewski	27.36 (JMU)
Kristina Lamoreaux.....	28.14 (JMU)

100 Freestyle

Ellen Heinz	53.82 (CAA)
Kendall Warren.....	55.01 (CAA)
Kim Gravatt.....	56.16 (CAA)
Leigh Askins	56.89 (CAA)
Laura Schultz	57.06 (CAA)
Nicole Helmers.....	1:01.29 (Rider)

200 Freestyle

Sara Reed	1:54.06 (CAA)
Ellen Heinz.....	1:56.23 (JMU)
Meredith Law.....	1:57.46 (Bucknell)
Kendall Warren.....	1:58.19 (CAA)
Nicole DiJulio.....	2:02.84 (CAA)
Laura Robinson.....	2:02.96 (Towson)
Miranda Conrad.....	2:03.27 (Yale)
Kim Gravatt	2:03.51 (CAA)
Leigh Askins.....	2:03.55 (CAA)
Laura Schultz.....	2:04.36 (ODU/WM)
Erica Pearson	2:05.04 (Georgetown)
Sarah Bacewicz	2:07.31 (Rider)

500 Freestyle

Meredith Law.....	5:04.17 (CAA)
Ellen Heinz.....	5:08.56 (CAA)
Sara Reed	5:13.57 (Rider)
Kim Fields	5:16.81 (ODU/WM)
Laura Robinson.....	5:22.27 (CAA)
Kendall Warren	5:24.40 (Bucknell)
Nicole DiJulio	5:28.75 (George Mason)
Nicole Helmers	5:32.36 (Towson)
Laura Schultz.....	5:37.70 (Georgetown)

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1,000 Freestyle

Meredith Law	10:29.86 (Rider)
Kim Fields	10:45.89 (Georgetown)
Nicole Helmers	11:08.66 (Towson)
Nicole DiJulio	11:11.95 (George Mason)
Laura Schultz	11:30.44 (JMU)
Miranda Conrad	11:33.29 (Loyola)

1,650 Freestyle

Meredith Law	17:23.31 (Bucknell)
Kim Fields	17:42.92 (Bucknell)
Nicole DiJulio	18:40.23 (ODU/WM)
Nicole Helmers	18:44.07 (CAA)

200 Individual Medley

Sara Stephens	2:06.88 (CAA)
Michelle Stephens	2:14.61 (CAA)
Kim Fields	2:15.86 (ODU/WM)
Laura Ostroski	2:17.93 (Drexel)
Kristen Avioli	2:17.94 (Towson)
Laura Shultz	2:20.61 (CAA)
Miranda Conrad	2:20.75 (CAA)
Kristina Lamoreaux	2:22.40 (Bucknell)
Sarah Bacewicz	2:22.53 (CAA)
Krysta Wasiewski	2:23.49 (Rider)

400 Individual Medley

Meredith Law	4:33.69 (CAA)
Sara Stephens	4:43.18 (George Mason)
Nicole Helmers	4:59.37 (CAA)
Nicole DiJulio	5:02.12 (Bucknell)
Miranda Conrad	5:10.19 (Bucknell)

100 Butterfly

Sara Stephens	56.04 (CAA)
Sarah Bacewicz	1:01.48 (CAA)
Krysta Wasiewski	1:02.48 (CAA)
Michelle Stephens	1:02.97 (Towson)
Laura Robinson	1:03.01 (CAA)
Laura Shultz	1:03.75 (CAA)

200 Butterfly

Sara Stephens	2:03.26 (CAA)
Sarah Bacewicz	2:15.20 (JMU)
Laura Robinson	2:20.31 (Bucknell/CAA)
Laura Schultz	2:25.49 (Loyola)
Nicole DiJulio	2:30.66 (ODU/WM)

100 Backstroke

Kristen Avioli	59.97 (CAA)
Sara Reed	1:01.29 (Bucknell)
Krysta Wasiewski	1:02.42 (CAA)
Kristina Lamoreaux	1:02.53 (CAA)
Kim Fields	1:03.20 (Bucknell)

200 Backstroke

Sara Reed	2:09.12 (CAA)
Kristen Avioli	2:11.89 (CAA)
Kim Fields	2:11.93 (Drexel)
Kristina Lamoreaux	2:14.52 (CAA)
Krysta Wasiewski	2:14.99 (CAA)

100 Breaststroke

Sara Stephens	1:07.36 (Towson)
Michelle Stephens	1:10.10 (CAA)
Ellen Heinz	1:10.90 (Yale)
Miranda Conrad	1:11.88 (CAA)
Lauren Ostroski	1:12.74 (Georgetown)
Erica Pearson	1:15.38 (Georgetown)
Nicole Helmers	1:16.52 (Bucknell)

200 Breaststroke

Sara Stephens	2:24.21 (Bucknell)
Michelle Stephens	2:29.40 (CAA)
Lauren Ostroski	2:33.47 (ODU/WM)
Miranda Conrad	2:35.05 (Rider)
Erica Pearson	2:37.42 (George Mason)
Kristina Lamoreaux	2:39.68 (Rider)
Nicole Helmers	2:42.66 (Loyola)
Laura Shultz	2:49.99 (Yale)