

# 2006

## UNIVERSITY OF DELAWARE OUTDOOR TRACK & FIELD DELAWARE INVITATIONAL #2

May 6, 2006 • Delaware Mini-Stadium • Newark, DE

Teams Competing:  
University of Delaware, Lincoln, Wheaton



### SATURDAY, MAY 6

NCAA Div. I  
Regional Qualifying

IC4A(m)/ECAC(w)  
Div. I Qualifying

Univ. of Delaware Record

#### FIELD EVENTS

11:00 a.m.	• Pole Vault (Women) .....	3.80m	3.65m	3.81m/12-6 (Casey Bennett '04)
	Men to Follow .....	5.05m	4.75m	4.88m/16-0 (Jon DiNozzi '01)
	• Long Jump (Men).....	7.34m	7.10m	7.55m/24-9 1/4 (Randy Lambert '93)
	Women to Follow.....	5.97m	5.80m	5.67m/18-7 (Nancy Zaiser '85)
	• Hammer (Men) .....	55.60m	51.80m	63.30m/207-8 (Wade Coleman '93)
	Women (same time/different sites).....	54.15m	48.50m	53.54m/175-8 (Brandy Connell '99)
	• Shot Put (Women).....	14.30m	13.60m	13.47m/44-2 1/2 (Rachel Young '05)
	Men to Follow .....	16.80m	15.60m	16.94m/55-7 (Steve Hansen '86)
	• Javelin (Men).....	61.60m	58.00m	61.08m/200-5 (Joey Gelineau '97)
	Women to Follow.....	43.45m	40.50m	43.82m/143-9 (Carol Miller '80)
12:30 p.m.	• High Jump (Women) .....	1.75m	1.70m	1.86m/6-1 1/4 (Candy Cashell '86)
	Men to Follow.....	2.10m	2.04m	2.22m/7-3 1/4 (Alex Coles '90)
tba	• Discus (Follows Hammer) (Men).....	51.70m	47.00m	54.76m/179-8 (Neil Serafenas '79)
	Women (same time/different sites) .....	47.30m	42.00m	42.86m/140-7 (Adriana Festa '90)
	• Triple Jump (Follows Long Jump) (Men) .....	15.08m	14.50m	15.18m/49-9 3/4 (Ken Luck '82)
	Women to Follow.....	12.32m	11.70m	11.83m/38-9 3/4 (Mandy Stille '04)

\* Horizontal Jumps will get four attempts with no finals \* An athlete who is in two events simultaneously should please check in to both events

#### TRACK EVENTS

Noon	• 3,000 Meter Steeplechase - Women .....	10:50.25	10:55.04	11:17.41 (Kate Klim '03)
	3,000 Meter Steeplechase - Men .....	9:07.00	9:16.00	9:00.42 (Mike DiGennaro '00)
12:30 p.m.	• 400 Meter Relay - Women .....	45.70	48.34	47.17 (Wright, Stille, Frustillo, Smith '04)
	400 Meter Relay - Men .....	40.66	42.50	41.23 (Lambert, Fields, Graham, Murray '92)
12:40 p.m.	• 1,500 Meter Run - Women .....	4:27.80	4:34.44	4:23.0 (Mary-Schilly Knisely '80)
	1,500 Meter Run - Men .....	3:47.80	3:51.74	3:49.33 (Rob Rainey '87)
12:55 p.m.	• 100m High Hurdles - Women .....	13.92	14.44	14.34 (Mandy Stille '04)
1:05 p.m.	• 110m High Hurdles - Men .....	14.30	14.85	14.44 (Brian Strusowski '79)
1:15 p.m.	• 400 Meter Dash - Women .....	54.61	56.74	57.04 (Tyechia Smith '04)
	400 Meter Dash - Men .....	47.26	48.90	47.02 (David Sheppard '90)
1:25 p.m.	• 100 Meter Dash - Women .....	11.75	12.14	11.81 (Dionne Jones '90)
	100 Meter Dash - Men .....	10.50	10.85	10.33 (Ed McCreary '80)
1:35 p.m.	• 800 Meter Dash - Women .....	2:09.80	2:11.44	2:13.84 (Erin Gemmill '02)
	800 Meter Dash - Men .....	1:50.40	1:52.50	1:51.90 (Tom Rogers '88)
1:55 p.m.	• 400 Meter Intermediate Hurdles - Women .....	1:00.82	1:02.64	1:03.04 (Laura Fauser '84)
	400 Meter Intermediate Hurdles - Men.....	52.51	53.94	51.8 (Ed Mongan '73)
2:15 p.m.	• 200 Meter Dash - Women.....	23.96	24.84	24.20 (Brittany Wright '05)
	200 Meter Dash - Men .....	21.19	21.74	21.00 (Ed McCreary '80)
2:30 p.m.	• 3,000m/5,000m Run - Women .....	na/16:52.00	9:56.24/17:32.14	9:38.54 (S. Cowles '96)/16:53.00 (S. Gibney '80)
	3,000m/5,000m Run - Men .....	na/14:10.00	na/14:37.00	8:38.95 (Pat Riley '02)/14:21.8 (Matt Kelsch '81)
3:15 p.m.	• 1,600 Meter Relay - Women .....	3:42.00	3:52.84	3:50.16 (Schultz, Smith, Stille, Wright '04)
	1,600 Meter Relay - Men .....	3:10.00	3:17.60	3:14.2 (Mears, Flickinger, Sukalo, Mongan '72)

*The time schedule is a guide. We will move ahead of schedule if possible*

## **DELAWARE MINI-STADIUM WOMEN'S RECORDS**

Event	Record	Record Holder	Year
Shot Put	14.09m (46-2 3/4)	Neni Lewis (unattached)	2003
Hammer	54.19m (180-3 1/2)	Neni Lewis (unattached)	2003
Discus	52.82m (173-3)	Sue Piekartz (Unattached)	1996
Javelin	46.25m (151-8 1/2)	Tiffany Mashur (Richard Stockton)	2004
High Jump	1.81m (5-11 1/4)	Candy Cashell (Delaware)	1985
Long Jump	5.97m (19-7)	Kim Jones (Coppin State)	2003
Triple Jump	12.37m (40-7)	Tessa Donoghue (Wheaton)	2003
Pole Vault	3.99m (13-1)	Kim Marino (Stockton State)	2003
100 meter Hurdles	13.93	Rachel Clinton (Temple)	2003
400 meter Hurdles	1:02.4	Joyce VanGinhoven (Millersville)	1983
100 meters	11.7	Candice Robinson (Delaware State)	1995
200 meters	23.5	Shanda Jackson (Lincoln)	2005
400 meters	55.3	Terri Dendy (Reebok Running Club)	1990
800 meters	2:11.94	Tineisha Davis (Navy)	2005
1,500 meters	4:30.4	Julie Bowers (Unattached)	1992
3,000 meters	10:44.43	Mary Moloney (American)	2006
3,000 meter steeplechase	11:00.81	Jill Hajec (Army)	2004
5,000 meters	16:50.0	Julie Bowers (West Chester)	1984
10,000	38:16.60	Chelsea Mullins (Moravian)	2005
4 x 100 meter relay	47.48	Coppin State	2003
4 x 400 meter relay	3:46.56	Wheaton	2003

## **DELAWARE MINI-STADIUM MEN'S RECORDS**

Event	Record	Record Holder	Year
Shot Put	18.34m (60-2)	Joe Kalnas (unattached)	2003
Hammer	66.18m (217-1)	Lou Chisari (New York Athletic Club)	1992
Discus	54.68m (179-5)	Mike Mielke (Unattached)	1989
Javelin	72.84m (239-0)	%Mike Juskus (Rowan) ( <i>record before 1986</i> )	1980
	63.93m (209-9)	^Dan Maha (Shippensburg) ( <i>record after 1986</i> )	2004
High Jump	2.19m (7-2 1/4)	Alexander Coles (Delaware)	1989
Long Jump	7.35m (24-1 1/2)	Justin Collins (Kutztown) / Reggie Hopkins (Lincoln)	2003 / 2005
Triple Jump	14.89m (48-10 1/4)	Robert Liet-Young (Temple)	2003
Pole Vault	4.72m (15-6)	Peter Chen (American) / Jon DiNozzi (Delaware)	1967/2002
110m High Hurdles	14.3	Clayton Davis (Rowan) / Rick Wankmueller (Delaware) / David Hightower (Unattached)	1980/80/89
	14.3	David Scheck (Delaware) / Jay Bradley (Delaware) / Pierre Chapman (Lincoln)	1989/05/05
400m Intermediate Hurdles:	51.4*	Andy Bell (American)	1968
100 meters	9.9	Anthony Miles (College of New Jersey)	2005
200 meters	21.2	Bobby Young (Lincoln)	2005
400 meters	47.3	Andy Bell (American)	1968
800 meters	1:49.8*	Tom McLean (Bucknell)	1976
1,500 meters	3:50.1	Ken Sevensky (Unattached)	1989
3000m steeplechase	9:19.1	Bernd Trommer (Boston University)	1995
3,000 meters	8:41.97	Mike Sadowsky (Delaware)	2003
5,000 meters	14:39.1	Jack Kruse (Rowan)	1980
10,000 meters	30:49.88	Pat Riley (Delaware)	2002
4 x 100m relay	41.13	Lincoln	2004
4 x 400m relay	3:11.2*	Bucknell	1975

\*=converted time