

2002
UNIVERSITY OF DELAWARE
WOMEN'S INDOOR TRACK & FIELD RESULTS

Jan.	5	Maryland Invitational.....	No Scoring
	12	Delaware Invitational #1	5th Place
	19	Bucknell Invitational	5th Place
	25-26	National Open at Penn State	No Scoring
	27	Prince George's (Md.) Inv.....	No Scoring
	Feb.	2-3	University of Delaware Thomson Invitational #2
8		Delaware Inv. #3	1st Place
16		Princeton Invitational.....	No Scoring
Mar.	22	MAC/New Balance Masters & Open Champ. at New York City Armory	No Scoring
	3	ECAC Championships at Reggie Lewis Complex, Boston, MA.....	No Team Score

Head Coach: Sue McGrath-Powell (302-831-8738)
Home Meets at Delaware Field House

TOP TIMES

(Based on each athletes top time in event)

4x400 meter relay

Delaware4:06.47 (UD Inv. #3)

4x800 meter relay

Delaware9:49.35 (Thomson)

55 meters

Kristen Frustillo7.57 (Bucknell)
Kristen Salvatore.....7.63 (Bucknell)
Jen McDonald.....7.63 (Bucknell)
Tehera Nesfield7.76 (Bucknell)
Casey Bennett.....7.96 (Princeton)

60 meters

Kristen Frustillo.....8.08 (UD Inv. #3)
Kristen Salvatore8.10 (MAC)
Jenn McDonald8.11 (UD Inv. #3)
Tehera Nesfield8.41 (PG Inv.)
Tyechia Smith8.53 (UD Inv. #1)
Elizabeth Russell8.65 (Thomson)
Casey Bennett8.60 (UD Inv. #3)

55 meter hurdles

Becky Russo.....9.13 (Princeton)
Elizabeth Russell9.14 (Princeton)
Jennifer Hogue11.89 (Bucknell)

60 meter hurdles

Tyechia Smith.....10.09 (Maryland)
Elizabeth Russell.....10.20 (UD Inv. #1)
Jennifer Hogue.....10.28 (UD Inv. #3)
Becky Russo10.34 (UD Inv. #3)
Kristyn Farrell11.07 (UD Inv. #1)

200 meters

Kristen Salvatore26.63 (MAC)
Kristen Frustillo26.65 (Penn State)
Tyechia Smith.....26.93 (Princeton)
Leisje Cardillo27.22 (Thomson)
Elizabeth Russell.....27.50 (PG Inv.)
Jenn McDonald27.98 (Bucknell)
Heidi Findlay28.40 (Thomson)
Casey Bennett28.19 (PG Inv.)
Katherine Zucaro28.41 (Princeton)
Tehera Nesfield28.43 (UD Inv. #1)
Kristyn Farrell28.84 (UD Inv. #3)
Jennifer Hogue.....29.77 (UD Inv. #3)

400 meters

Tyechia Smith.....59.54 (Princeton)
Sara Sievers1:01.81 (PG Inv.)
Sarah Bochet1:02.25 (Thomson)
Rachel Schultz1:02.41 (Bucknell)
Katherine Zucaro.....1:03.55 (Princeton)
Becky Russo.....1:04.45 (UD Inv. #3)
Jenn McDonald.....1:04.72 (UD Inv. #1)
Heidi Findlay1:05.22 (PG Inv.)
Casey Bennett.....1:07.31 (PG Inv.)
Kristin Farrell1:07.76 (Thomson)
Jennifer Hogue.....1:14.71 (Bucknell)

500 Meters

Sarah Bochet.....1:20.80 (UD Inv. #3)
Tyechia Smith.....1:23.05 (UD Inv. #1)
Lucy Taverna1:23.92 (UD Inv. #3)
Lisa Salvatore.....1:25.24 (Bucknell)
Katherine Zucaro1:25.58 (Bucknell)
Kate Klim.....1:25.85 (Bucknell)
Becky Russo.....1:26.81 (Bucknell)
Marcy Castlegrande1:29.56 (PG Inv.)
Kristyn Farrell1:31.34 (Bucknell)
Krystle Murray1:31.78 (UD Inv. #1)

800 Meters

Erin Gemmill.....2:18.69 (MAC)
Lisa Salvatore.....2:26.30 (UD Inv. #3)
Lucy Taverna.....2:31.88 (Princeton)
Ashley Olsen2:32.88 (PG Inv.)
Kate Klim.....2:33.71 (UD Inv. #1)
Lauren M. Palmer.....2:38.06 (PG Inv.)
Mary Castlegrande2:38.62 (UD Inv. #3)

1,000 Meters

Sarah Johnson.....3:07.93 (UD Inv. #1)
Ashley Olsen3:13.16 (Bucknell)
Lisa Salvatore3:13.91 (Princeton)
Lauren M. Palmer.....3:30.27 (UD Inv. #1)
Tess Beinke.....3:36.78 (UD Inv. #1)
Tina Ward3:52.86 (UD Inv. #1)
Melissa Taylor3:53.64 (UD Inv. #1)

Mile

Aimee Alexander.....	5:09.04 (Princeton)
Erin Gemmill	5:18.65 (Maryland)
Sarah Johnson.....	5:24.56 (PG Inv.)
AshleyOlsen	5:28.15 (Thomson)
Monica Marchetta	5:28.38 (Bucknell)
Cristin Romano	5:43.99 (PG Inv.)
Lisa Salvatore.....	5:45.26 (PG Inv.)
Mary Martini	5:45.65 (PG Inv.)
Krista Kugler	5:48.32 (UD Inv. #3)
Tess Beinke.....	5:56.18 (UD Inv. #3)
Lauren Palmer.....	6:15.98 (Thomson)
Tina Ward.....	6:20.11 (Bucknell)
Melissa Taylor	6:21.17 (Bucknell)

3,000 Meters

Aimee Alexander.....	9:52.63 (Thomson)*
Monica Marchetta	10:33.19 (MAC)
Jenn Krisch.....	11:13.16 (Bucknell)
Mary Martini	11:42.11 (Princeton)
Tess Beinke	12:12.73 (Thomson)
Tina Ward	12:32.98 (Thomson)
Melissa Taylor.....	12:37.83 (Thomson)

5,000 Meters

Monica Marchetta.....	18:29.37 (UD Inv. #3)
Cristen Romano	19:52.72 (Bucknell)
Mary Martini	20:00.56 (UD Inv. #3)
Tina Ward	22:07.11 (UD Inv. #3)
Melissa Taylor	22:25.24 (UD Inv. #3)

High Jump

Elizabeth Russell.....	4-11 3/4 (PG Inv.)
Jennifer Hogue	4-11 (UD Inv. #3)
Laura Matthey	4-9 (UD Inv. #1/Bucknell)

Long Jump

Liesje Cardillo	17-8 1/2 (Princeton)
Elizabeth Russell.....	16- 1/2 (UD Inv. #3)

Triple Jump

Laura Dietrich.....	36-6 3/4 (UD Inv. #3)
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Pole Vault

Lisa Steward.....	10-0 (Thomson/MAC)
Regan Hastings	9-6 1/4 (Thomson)
Laura Matthey.....	9-0 1/4 (Thomson/UD Inv. #3)
Kristin Tunell	8-11 3/4 (PG Inv.)
Jenn Arseneau	8-11 3/4 (PG Inv.)
Trina McNair	8-6 1/4 (Thomson)
Amy Miller	8-6 1/4 (UD Inv. #3)

Weight Throw

Jennie Chiller.....	53-4 1/4 (Thomson)
Diethra Seymour	49-7 1/4 (Princeton)
Kerry Van Riper.....	45-0 1/4 (Thomson)
Lauren Palmer.....	32-11 1/4 (PG Inv.)

Shot Put

Kerry Van Riper.....	38-4 3/4 (Princeton)
Jennie Chiller	32-3 3/4 (UD Inv. #1)
Jessica Urbonas.....	32-3 (Bucknell)
Lauren D. Palmer	31-2 3/4 (PG Inv.)