

*Curriculum Vitae*

**Barret Michalec**

Department of Sociology  
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**EDUCATION**

Ph.D., Sociology. Emory University (2004-2009). Major: *Social Psychology*; Minors: *Medical Sociology* and *Mental Health*.

Dissertation: *Caring to Learn, but Learning to Care?: The Role of Empathy in Preclinical Medical Training*

M.A., Sociology. East Carolina University (2004).

Thesis: *Exploring the Multidimensional Benefits of Breast Cancer Support Groups*

B.A., Sociology and Psychology double major. Emory University (2000).

**POSITIONS**

2009: Assistant Professor, University of Delaware, Department of Sociology

**AREAS OF RESEARCH INTEREST**

Health and Wellness; Doctor – Patient Relations; Health Professions Education; Disparities in Health and Healthcare; Aging; Empathy; Processes of Prosocial Behavior; Emotions

**RESEARCH**

**Publications:**

Michalec, Barret. “The Pursuit of Medical Knowledge and the Potential Consequences of the Hidden Curriculum”. Forthcoming – *Health*.

Michalec, Barret. 2011. “Learning to Cure, but Learning to Care?”. *Advances in Health Sciences Education*. 16: 109-130.

Michalec, Barret. 2010. “An Assessment of Medical School Stressors on Preclinical Students’ Levels of Clinical Empathy”. *Current Psychology*. 29(3): 210-221.

Keyes, Corey L.M., and Barret Michalec. 2010. “Viewing Mental Health from the Complete State Paradigm”. Pp. 125-134 in *A Handbook for the Study of Mental Health: Social Contexts, Theories, and System*, 2<sup>nd</sup> Ed. Edited by Theresa L. Sheid, and Tony Brown. New York: Cambridge University Press.

- Keyes, Corey L.M., and Barret Michalec. 2009. "Mental Health". Pp. 614-617 in *The Encyclopedia of Positive Psychology*, Volume 2. Editor-in-Chief, Shane J. Lopez. Oxford: Wiley-Blackwell.
- Michalec, Barret, Corey L.M. Keyes, and Sonal Nalkur. 2009. "Human Flourishing". Pp. 391-394 in *The Encyclopedia of Positive Psychology*, Volume 1. Editor-in-Chief, Shane J. Lopez. Oxford: Wiley-Blackwell.
- Michalec, Barret, and Corey L.M. Keyes. 2009. "Communitarianism", Pp. 60-62 in *The Encyclopedia of the Life Course and Human Development*, Volume 2. Editor in Chief, Deborah Carr. New York: Gale Cengage.
- Michalec, Barret. 2005. "Examining the Multidimensional Benefits of Breast Cancer Support Groups." *Journal of Psychosocial Oncology*. 23(2/3): 159-179.
- Kobau, Rosemarie, Hatice Zahran, Matthew M. Zack, Eduardo J. Simoes, Corey L.M. Keyes, and Barret Michalec. 2005. "Social Support and Health-Related Quality of Life among Older Adults - Missouri 2000" *Morbidity and Mortality Weekly Report*. 54(17): 433-437.  
Available at: <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5417a4.htm>
- Michalec, Barret, Marieke Van Willigen, Kenneth Wilson, Ann Schreier, and Susan Williams. 2004. "The Race Gap in Support Group Participation by Breast Cancer Survivors: Real or Artifact?" *Evaluation Review*. 28(2): 123-143.

**Papers in Progress:**

- Michalec, Barret, and Corey L. M. Keyes. "A Multidimensional Perspective of the Mental Health of Preclinical Medical Students". *Currently under review*.
- Michalec, Barret, and Fredrick Hafferty. "The Hidden Curriculum and the Call for Professionalism in Medical Education".
- Michalec, Barret. "Early Clinical Exposure: Stages for Teaching and Learning Professionalism".
- Bittner-Fagan, Heather, Barret Michalec, and Brian Rahmer. "Facilitators and Barriers to Engaging Primary Care Practices in Research".
- Elliot, Daniel, Brian Rahmer, Christopher Prater, Matt Dunn, Paul Kolm, Robie Zent, Edward Ewen, Barret Michalec, Heather Bittner-Fagan. "Using a Report Card to Improve the Quality of Care for Patients with Diabetes".
- Michalec, Barret and Cynthia Diefenbeck. "Empathy, Stress, and Well-Being in Undergraduate Nursing Education".
- Michalec, Barret. "The Path Less Taken: Understanding the Experience of Black Pre-Medical Students".

**TEACHING/LECTURING**

**Courses Teaching/Taught:** 2004-current.

- SOCI 201 - Introduction to Sociology (University of Delaware)
- SOCI 311 - Sociology of Health & Illness (University of Delaware)

- SOCI 313 - Mental Health & Well-Being (University of Delaware)
- SOCI 349 (cross-listed with HDFS 349) - Aging & Society (University of Delaware)
- SOCI 410 - Practicum in Health & Health Services Concentration (University of Delaware)
- SOCI 667 - Disparities in Health & Healthcare, Graduate Seminar (University of Delaware)
- SOCI 667 - Advanced Qualitative Methods, Graduate Seminar (University of Delaware)
- ECFS 190 - Freshman Seminar: Who Cares? (Emory University)
- SOC 330 - Mental Health & Well Being (Emory University)
- SOC 355 - Social Research I (Emory University)
- SOCI 2111 - Modern Social Problems (Eastern Correctional Institution)

## **GRANTS & AWARDS**

2010. Faculty Research/Travel Grant, College of Arts & Sciences, University of Delaware.
2010. General University Research (GUR) Grant, Research Office, University of Delaware.
2009. Emory University/Howard Hughes Medical Institute Teacher-Scholar Award, Emory University.
2008. Research Grant, Office of Medical Education and Student Affairs, Emory University School of Medicine.
2008. ORDER Fellowship, Emory University.
- 2004, 2005, 2006, 2007, 2008. Research Grant, Graduate School of Arts and Sciences, Emory University.
2004. John Maiolo Award for Outstanding Graduate Achievement in Sociology, East Carolina University.
2003. Melvin J. Williams Paper Contest Winner, East Carolina University Department of Sociology.
2003. Thomas W. Rivers Endowment, East Carolina University.
2003. Selected to Phi Kappa Phi, Academic Honor Society.

## **OTHER PROFESSIONAL EXPERIENCE**

*Instructor, Research Assistant, and Teaching Assistant*, Emory University, Department of Sociology (2004 - 2009).

*Instructor*, Eastern Correctional Institution, East Carolina University Division of Continuing Education (2004).

*Assistant Editor*, Journal of Applied Gerontology, East Carolina Center on Aging (2003-2004).

*Instructor, Research Assistant, and Teaching Assistant*, East Carolina University, Department of Sociology (2002-2004).

*Research Specialist*, East Carolina University, Brody School of Medicine, Family Medicine (2003-2004).

### **Presentations and Conferences:**

“A Research Program for Exploring Disparities in Health and Health Care”. Invited Speaker. Center for Diversity and Inequality Research (CDIR), East Carolina University. Greenville, NC. 2011

“Learning to Cure, but Learning to Care?”. American Sociological Association Annual Meeting. Atlanta, GA. 2010.

“The ‘Knowledge Gap’ and the Potential Effects of the Hidden Curriculum on Preclinical Students’ Levels of Empathy”. 14<sup>th</sup> Ottawa Conference – International Conference on the Assessment of Competence in Medicine and the Healthcare Professions. Miami, FL. 2010.

“Caring to Learn, but Learning to Care?: The Role of Empathy in Preclinical Medical Training”. Invited Speaker. Christiana Care Center for Outcomes Research (CCOR) Seminar. Newark, DE. 2010.

“The Conceptual and Empirical Differences between General Empathy and Clinical Empathy in Medical Students”. Association of American Medical Colleges (AAMC) Annual Meeting. Boston, MA. 2009.

“Wear and Tear in the ‘Hamburger Machine’”. 11th International Conference on Social Stress Research. Santa Fe, NM. 2008.

“The Exchange of Emotional Support in the Wake of the ‘Decade of Disasters’, 1995-2005: Have Americans Become More or Less Caring?”. Southern Sociological Society Annual Meeting. Atlanta, GA. 2007.

“Strained: Exploring Potential ‘Limiting Mechanisms’ for Social Support for African American Breast Cancer Patients”. Southern Sociological Society Annual Meeting. Charlotte, NC. 2005.

“Ink & the Individual: The Emergence of the Tattoo Renaissance”. Southern Sociological Society Annual Meeting. Charlotte, NC. 2005.

“Examining the Multidimensional Benefits of Breast Cancer Support Groups”. Southern Sociological Society Annual Meeting. Atlanta, GA. 2004.

### **Media Coverage and Proceedings:**

Interviewed and featured in article on health care legislation in April 13<sup>th</sup> 2010 edition of *The Review* (University of Delaware’s student newspaper). <http://www.udreview.com/news/new-health-care-law-lets-students-keep-coverage-until-age-26-1.1339065>

Interviewed for and featured in WHYY (Delaware PBS Affiliate) story on how H1N1 has impacted social relations and interactions, which aired on January 8<sup>th</sup>, 2010. <http://video.whyy.org/video/1380355050>

### **Service:**

Member: Nominations Committee, Emotions Section, ASA. 2010-2011.

Invited Panelist: Disparities Forum, Delaware Health & Social Services - Division of Public Health. 2010.

Ad-hoc Reviewer: *Social Psychology Quarterly*; *Social Science & Medicine*; *The Journal of Psychosocial Oncology*; *International Journal of Medical Education*; *Sage Open*; *Vulnerable Children and Youth Studies*; *National Science Foundation* (NSF Grant proposal)

Faculty Member/Advisor: Medical Scholars Program (MSP), University of Delaware. 2009 –

Faculty Member: Premedical Education Advisory Council (PEAC), University of Delaware. 2009 –  
Director: Concentration in Health Services, Department of Sociology, University of Delaware. 2009-  
Faculty Advisor: Students for Haiti, Registered Student Organization, University of Delaware. 2009-  
Vice President: Graduate Student Council, Emory University. 2007-2008, 2008-2009.  
Member: Student Affairs Committee, Social Psychology Section, ASA. 2008-2009.  
Chair: Honor Council, Graduate Division. 2007-2008, 2008-2009.  
Member: University Senate, Emory University. 2007-2008.  
Program Coordinator: Office of the Provost, Emory University. 2005-2006.  
Program Coordinator: Association for Gerontology in Higher Education Annual Meeting. Oklahoma City, OK.  
2005.  
President: Alpha Kappa Delta, International Sociology Honor Society, East Carolina University Chapter. 2003-  
2004.

**Professional Association Memberships:**

American Sociological Association  
ASA Social Psychology Section  
ASA Medical Sociology Section  
ASA Mental Health Section  
ASA Aging and the Life Course Section  
ASA Emotions Section  
Gerontological Society of America  
Eastern Sociological Society