



## MEET CHEF NICK PAPOLA

Every day, from 11:30 on, Osher Lifelong Learning members have the opportunity to continue interesting classroom discussions, meet new people or continue old friendships at lunchtime.



Members may bring food from home, or purchase meals from the Garden Café. Chef Nick Papola is responsible for the entrees, salads, soups, sandwiches and other delicious foods that we all enjoy.

Chef Nick has been at Osher Lifelong Learning for the past two years. Previously, he worked at Applebrook Country Club in Goshen, PA. A native of New York, he got his inspiration to become a chef by watching Julia Child on TV! After formal training at the Florida Culinary Institute, he worked in a variety of food service settings for the past 27 years. He is employed through Aramark Corporation, which is responsible for food service at UD.

Chef Nick said that he likes the slower pace (as well as the daylight hours) at Osher Lifelong Learning. This gives him more time to get the food prepared and interact with us, the members. Our members appreciate quality food, and that's what Chef Nick tries to give us! A favorite item (both to cook, according to Chef Nick; and to eat, according to members) is the selection of soups, which changes daily.

While Chef Nick does all the cooking, he has five employees. They serve as cashiers and do some of the cold food prep, as well as the clean-up. The University sets meal prices.

If Chef Nick could change anything, he would enlarge the cooking and serving areas so that food preparation could be done faster and the service would go smoother and quicker. Chef Nick follows nutritional guidelines, offers gluten-free soups (except for the cream ones) and has a vegetarian dish every day. If anyone is concerned about the nutritional content of the

## AUDIO VISUAL ASSISTANCE

The Curriculum Committee has initiated an Audio Visual Assistance team available to current or prospective instructors. The team will:

- Provide instructor training at the beginning of each semester on techniques and operation of A/V equipment
- Recruit a volunteer from the class to be trained as the A/V assistant for those instructors who desire such assistance.

The team provided hands-on training at the instructors' luncheon in January. Robert Stark requested assistance for the class on Benjamin Franklin. Twenty minutes before the beginning of class four volunteers were trained (Carl Anderson, Mario Fornoff, Tom O'Brien and Mike Walsh). Mike volunteered to take the lead. With more than one trained volunteer there is support in depth.

Robert commented: "In class, my immersion is with students and subject-any distraction from that is very unwelcome, even unsettling. Knowing that there is someone in the class ready to resolve any [A/V issues] is surely a relief."

If you desire to have an A/V assistant for your class, contact

Kenneth Mulholland	<a href="mailto:kmulholland37@comcast.net">kmulholland37@comcast.net</a>
Carol Bernard	<a href="mailto:cbernard@udel.edu">cbernard@udel.edu</a>

foods, he will provide information, such as calories, sodium content, etc.

On a personal note, Chef Nick has six children, ranging in age from 3 -18. For a chef with a family, working here is an ideal situation because he can spend more time with his family, unlike a restaurant where chefs are "married to the restaurant."

Chef Nick thanks everyone for making him feel welcome and he's glad to hear that people are enjoying the food (this can be evidenced by the long lines at lunchtime!). Please be sure to see him if you have thoughts or suggestions about the food at the Garden Café.

Susan Arruda



## Lifelong Learning News

[www.lifelonglearning.udel.edu/wilmington/newsletter](http://www.lifelonglearning.udel.edu/wilmington/newsletter)

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Schedule for *Lifelong Learning News*

Submittal deadline	Issue date
Fri., April 2, 2012	Mon., April 16

Submit articles to rehrlich@udel.edu, or place in the newsletter mail box in the Reception Area.

## BOOK GROUP

All members of Osher Lifelong Learning are invited to join the extracurricular book group. We read and discuss current and classic books that the group selects each semester.

The book group has made the following selections for this semester:

April 4 – *Tiger's Wife* by Tea Obrecht.

May 2 – *The Sense of an Ending* by Julian Barnes.

In September, to begin the fall semester, the group will read and discuss *The Warmth of Other Suns* by Isabel Wilkerson. We meet the first Wednesday of the month at 3:20 p.m. in room 224.

Mary Lew Bergman

## MEDICAL ALERT!

It is important that everyone please WEAR YOUR NAME TAG! Also, if you have a medical condition such as diabetes, heart valve replacement, pacemaker, etc. consider wearing a medic alert bracelet. This is helpful to paramedics should you need their services while you are on campus here. Health emergencies DO happen here. On a voluntary basis, we are suggesting that members write their doctor's name and phone number and your contact person on a piece of paper which can be folded and placed in the plastic sheath behind your name tag. Thank you!

Ellie Munson

## PUBLIC SAFETY

As the second month rolls around, there are some points to bring up:

**Handicap Parking:** This campus has approximately three times the number of spaces as required by Federal law. In addition, 15 extra handicap (H/C) designated parking spaces, eight of them Monday-Thursday only, are created during each semester. The use of these spaces is on a first come basis, and there is no guarantee that these spaces will be available, especially during the second morning rush. If asked, I can allow H/C parking in two to three spaces not normally allowed for regular parking. Lack of H/C spaces DOES NOT permit parking illegally in striped off areas, on the grass, or in the GUEST SPEAKER spaces.

**Speed:** Again, I ask you to please SLOW DOWN while driving on the campus. As you have seen, there are any number of pedestrians walking on campus at any given time of the day. In addition, your fellow drivers are trying to maneuver their vehicles into parking spaces, especially on the Main Drive. Observing the speed limit will help prevent collisions on campus.

**Delaware Laws:** These laws forbid the use of cell phones while driving, require you to turn on headlights when using windshield wipers, and require all loose snow or ice to be cleaned off of your vehicle before driving.

Thank you, and let's have a safe semester.

Your friendly UD Constable,

Dennis Anderson

Been doing your bit to help the economy out again, dear?



By Betty Marroni

**16TH ANNUAL JUNE LECTURE SERIES – ARSHT HALL**

**JUNE 4-8, 2012; FEE \$50/PERSON - MEMBERS AND NON-MEMBERS  
OPEN TO THE PUBLIC – ALL ARE WELCOME TO SUBSCRIBE!  
SALES BEGIN THE WEEK OF MARCH 19TH, 2012 IN THE LOBBY**

**MONDAY, JUNE 4**

9:15 A.M. “On Becoming the Emperor of Fun and Games”  
Dave Raymond, Raymond Entertainment Group (and the original Phillie Phanatic)  
11 A.M. “Walking (Musically) In Someone Else’s Shoes”  
Music of the World from Osher Lifelong Learning’s own *String Theory*

**TUESDAY, JUNE 5**

9:15 A.M. “High Drama in Newark”  
Leslie Reidel, Resident Ensemble Players, Delaware’s Resident Professional Acting Company, UD  
11 A.M. “Delmarva’s Unique Collection of American Art”  
Ryan Grover, Curator, Sewell C. Biggs Museum in Dover

**WEDNESDAY, JUNE 6**

9:15 A.M. “Exploring Trade and Culture of the Ancients”  
Dr. Steven Sidebotham, Professor of Ancient History and Classical Archaeology, UD  
11 A.M. “August Quarterly: Celebrating the founding of African Union Methodism in Wilmington”  
Rev. Dr. Lawrence M. Livingston, Senior Pastor, Mother African Union Church

**THURSDAY, JUNE 7**

9:15 A.M. “A Life Defined by Historic Moments”  
General Carol A. Timmons, Delaware Air National Guard  
11 A.M. “Endless Enemies: Inside FBI Counterterrorism”  
Ray Holcomb, Author and Retired FBI Agent

**FRIDAY JUNE 8**

9:15 A.M. “The Art of Baltimore’s Amalie Rothschild”  
Dr. J. Susan Isaacs, Professor of Art History, Towson University  
11 A.M. “The Artist and His Surroundings: Contemporary American and Russian Composers”  
Holly Roadfeldt-O’Riordan, Ph.D., Pianist, The Music School of Delaware



**SUMMER 2012: WANT TO BE PART OF THE MAGIC?**



You are cordially invited to register for SUMMER SESSION 2012. There are over 45 courses plus several extra-curricular activities.

Summer is the time when the sun shines most of the time, an easy going atmosphere prevails at Osher Lifelong Learning and you will have an enjoyable way of spending Tuesday, Wednesday and Thursday mornings. Classes start July 10 and run until August 2.

Some of our offerings include: Benadir Hunter and Barbara Rumbold will teach *The Art of Brazilian Heart-Felt Jewelry* (explore history, culture and create unique jewelry pieces); Crawford MacKeand will dazzle us with his knowledge of the *Chocolate World* (ever wonder why it is so good?); Marion Ehrlich will teach *The Poetry of the Bronte Sisters*, an engaging way to

introduce you to these wonderful poets; Jack Shattuck will provide a point of view relating to the Vietnam War which centers around the military draft during the 1960s and 1970s; and Myriam Medinilla’s class in *Spanish Conversation* will enable those students with an elementary background in Spanish to further enhance their skills. WOW! And there are 40 more courses that may meet your interests!

Registration will be held in the Lobby beginning on April 9th to April 13th. Catalogs will be available.

Carolyn A. Stankiewicz  
Chair, Summer Session



## FINANCIAL REPORT

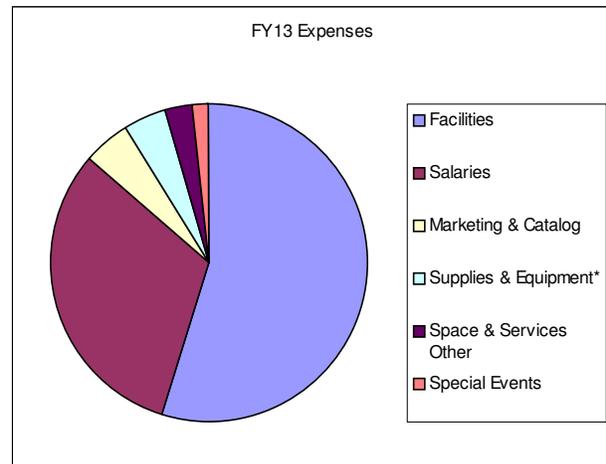
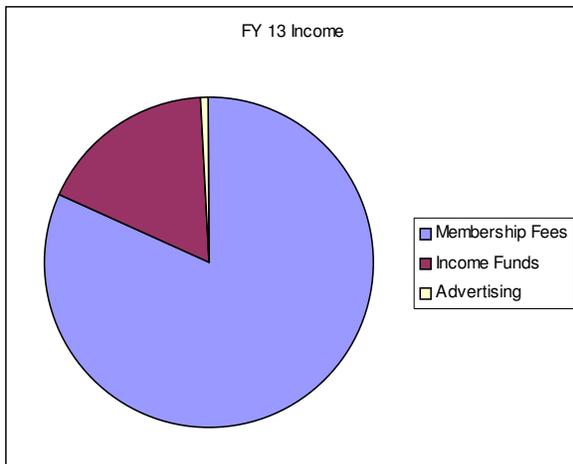
The financial health of the Osher Lifelong Learning Institute at the University of Delaware in Wilmington is excellent. The 2013 Fiscal Year budget, which begins July 1, is presented below. Income and expenses of \$1.1million represent a 2.9% increase over the previous year. Membership fees will increase \$10 a semester to \$240/ semester. The two-semester discount is increased to \$65 a year resulting in a two-semester fee of \$415. Summer Session fees will increase \$5 to \$80, while the June Lecture Series fee for 2013 will increase \$10 to \$60. Instructor discounts are also increased by \$5 to \$30 for the regular semester and by \$5 to \$25 for summer session instructors.

A larger membership fee increase was avoided by a 6.8% increase in the use of endowment fund income. Using the funds in this way allowed for only a moderate 2.2% increase in the overall membership fees.

Our fund balances remain strong at \$3,856,449 for endowments, \$621,254 for the income funds and \$169,004 for the reserve fund.

Hank Maier

	FY12 Budget	FY 13 Budget	Pct Change
	<b>Income</b>		
Membership Fees	\$912,175	\$932,220	2.2%
Income Funds	\$162,694	\$173,832	6.8%
Advertising	\$9,000	\$9,000	0.0%
<b>Total</b>	<b>\$1,083,869</b>	<b>\$1,115,052</b>	<b>2.9%</b>
	<b>Expenses</b>		
Facilities	\$585,873	\$597,854	2.0%
Salaries	\$352,174	\$360,845	2.5%
Marketing & Catalog	\$53,234	\$54,806	3.0%
Supplies & Equipment	\$43,222	\$51,000	18.0%
Space & Services Other	\$30,807	\$31,803	3.2%
Special Events	\$18,558	\$18,744	1.0%
	<b>\$1,083,868</b>	<b>\$1,115,052</b>	<b>2.9%</b>





Sat., March 24 Van Gogh Up Close/ Philadelphia  
 Sat., May 19 NY/*Ghost the Musical*  
 Wed., June 20 NY/ *Sister Act*  
 Wed., July 11 – Thurs., July 19 Trains of Majestic  
 Colorado  
 Thu., Aug. 16 – Sun., Aug. 19 Tanglewood/  
 Boston Pops/ Boston Symphony  
 Sat., Oct. 13 Gettysburg

For information on these and other trips, visit  
 the Travel Desk in the Lobby, Monday through  
 Thursday, 11:45 a.m. – 12:30 p.m.



### GARDEN SPEAKERS

The class meets Tuesdays at 2 p.m. in Room  
 108 and is open to all members.

- 3/13 **Iris**, Vince Lewonski
- 3/20 **Pollinator Power**, Jane Murphy
- 3/27 Spring Break
- 4/3 **Garden Tools: The Good, the Bad, the  
 Useless**, Moira Sheridan
- 4/10 **Spring Ephemerals in My Garden**, Wayne  
 Guimon
- 4/17 **Pruning**, Clyde Roberts

### GOODSTAY GARDEN IN THE SPRING

Take a few moments to visit Goodstay  
 Garden this spring; visit several times and you  
 will witness the great floral procession that  
 celebrates the annual return of warmth and light.  
 Witch hazels and snow drops are already in  
 bloom. The Korean Rhododendron, against the  
 southwest side of a stone wall, may also be in  
 bloom. Very shortly, magnolias, cherries,  
 daffodils and much more will explode into bloom,  
 ushering in the peak display of early spring.  
 Some of the magnolias are quite old and produce  
 an unforgettable display. Don't miss the weeping  
 cherry near the Knot Garden; it's another  
 photographic moment. Magnificent tree peonies  
 appear next, followed by lilacs, irises,  
 herbaceous peonies, and a host of other spring  
 delights.

The Gardening Speakers class will be  
 offering guided tours of Goodstay Garden at 3:15  
 p.m. on selected Tuesday afternoons in April,  
 depending on weather conditions. Check the  
 bulletin board for last-minute updates.

John Dietz

### GO PLAY OUTSIDE

It's no secret that exercising in the great  
 outdoors is good for you, but scientists are  
 beginning to discover just how good. Recent  
 studies published in the journal, *Environmental  
 Science and Technology*, show the most  
 impressive difference to be an improvement in  
 mental well-being, when compared with indoor  
 activities. They indicate that increased energy  
 and positive emotions, together with a reduction  
 of tension, anger and depression, are welcome  
 side effects of engaging with the outdoors.  
 Another reason to get outside and stay there is  
 the enormous boost to the immune system that  
 vitamin D provides. Environmental agencies  
 stress that the air we breathe indoors can often  
 be much more polluted than the air outside.  
 While exercising outdoors, the new stimuli of  
 changing scenery, weather and terrain excite the  
 brain, which gets a workout also.

Several participants in this fall's Hike into  
 History course  
 experienced and  
 commented on their  
 weekly interaction with  
 nature that bordered on  
 the euphoric. Although  
 these excursions, more  
 often than not, involved  
 rainy conditions,  
 members noted that iffy weather was an easy  
 challenge and used the opportunity to notice the  
 beauty of the forest and the enhanced sensory  
 experience outside of their umbrellas, so to  
 speak. Perhaps the most universal reaction was  
 the lingering feeling of bonhomie that walking  
 together can trigger. Next fall, two sessions of  
 Hike into History will be offered so that more of  
 us can enjoy the benefits of our natural  
 environment in such a convivial way.





## Schedule of Events



### SPECIAL EVENTS WEDNESDAYS 12:45-1:45 P.M. IN ROOM 105

Announcements at 12:40 p.m.

Join us each Wednesday for Special Events that will surely enrich your day. These programs are for all members of the Osher Lifelong Learning Institute at the University of Delaware in Wilmington. Feel free to attend each week or select the programs that most interest you. You can buy your lunch, bring your lunch or just come and enjoy.

March 14 – **Credit/Debit Management** Rod Hausmann, Delaware Money School

March 21 – **Mélomanie** Performance presenting provocative pairings of early and contemporary music.

March 28 – NO PROGRAM. Spring break.

April 4 – **Living Healthy, Living Well** Phyllis Bullins, Beefit Corporate Health Benefit Solutions

April 11 – **Remember the Nights at the Drive-In** – Ed Okonowicz, author

April 18 – **Current Issues** Ralph Begleiter, Director, Center for Political Communication and Distinguished Journalist in Residence, UD and David Hoffman, UD Alumnus and 2010 Pulitzer Prize winner

See the catalog or Special Events Wednesday bookmark for the remaining schedule.

### SOCIAL

Take a break and meet fellow members for coffee, tea, cookies and conversation. The next social is on Wed., March 21 at 1:30 p.m. in the Lobby. If you can volunteer to make cookies for this social or the social on Thurs., April 19, please sign up at the Reception Desk.

### SPRING LECTURE SERIES 12:30-1:45 P.M, ARSHT HALL DIRECTOR'S DELIGHTS



DELAWARE ART MUSEUM

Danielle Rice, director of the Delaware Art Museum takes a personal look at some of the major masterpieces in the museum. The first weeks of this series have been very popular. Each week's illustrated lecture will examine one work of art in depth and consider the art, history and culture of the time it was made. No registration is required for this series. It is free to all Osher Lifelong Learning members and the public, so bring a friend!

March 16 – *Isabella and the Pot of Basil* by William Holman Hunt, 1867-68

March 23 – *Love's messenger* by Marie Spartali Stillman, 1885

March 30 – NO PROGRAM, Spring Break

April 6 – *Attack Upon the Chew House* by Howard Pyle, 1898

April 13 – *The Flying Dutchman* by Howard Pyle, 1900

April 20 – *The Mermaid* by Howard Pyle, 1910

### CALENDAR

2012

Fri., March 9 ..... Fall course proposals due

Mon., March 26 – Fri., March 30

..... Spring break, NO CLASSES

Mon., April 9

..... Summer Session registration opens

Fri., May 11 ..... Spring semester ends

May 29-June 1 ..... OLLI at the Ocean

Week of June 4 ..... June Lecture Series

July 10-August 2 ..... 2012 Summer Session

Sept. 4 ..... Fall semester begins

Dec. 7 ..... Fall semester ends