## Expressing Grief: A Festival of Healing Through the Arts



All ages All types of loss



1st Annual Grief Awareness Week for all Delawareans touched by grief

> Date: Sunday, November 8, 2009 Time: 1:00 p.m. - 5:00 p.m.

Place: Exceptional Care for Children

11 Independence Way Newark, DE 19713

## Highlights:

Art Activities: Create your own artistic expressions of grief
Art Show: View grief-inspired creations from artists of all ages and ability levels
Grief Education: Learn about healthy grieving via talks, videos, and demonstrations
Solitude Room: A quiet place for contemplation
Resource Tables: Learn about Delaware organizations and written materials that can support you and your family in times of grief
Closing Ritual: Commemorate the lives and deaths of those we love

- \* Free!
- \* Come for any length of time.
- \* Refreshments served.
- \* Reservations recommended.

## Contact Supporting Kidds at:

www.supportingkidds.org (302) 235-5544 e-mail: lynncorbett@supportingkidds.org



Cirief Awareness Consortium