



2009 TRIPLE CROWN CHURCH PICNIC AND
TRAIL MARATHON
CERTIFICATE OF SURVIVAL



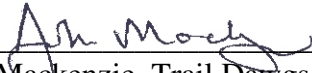
Be it known to all that on Saturday, April 25th 2009,

(insert victim's name here)

did successfully complete the 2009 Triple Crown Trail Marathon through White Clay Creek State Park in Newark, Delaware, running 26 miles and 385 yards up and down hills; fording rivers; and encountering rocks, roots, fallen trees, mud & slime, ticks, leaches & other fauna, brambles & poison ivy; plus various & sundry additional hazards;

*in consequence whereof, the aforementioned marathon finisher, having graciously pledged not to sue the race organizers, is herewith declared **deserving of any and all perquisites, emoluments & bragging rights that may accrue from this rustic romp,***

to wit, this most elegant certificate; fond memories of a moist natural experience; ruined shoes; any acquired blisters, abrasions, sprains, itches, rashes & parasitic infections; not to mention the doubts of friends and relatives regarding the aforementioned person's soundness of judgment.


John Mackenzie, Trail Dawgs A.C. and
Head of Christiana Presbyterian Church