



CERTIFICATE OF SURVIVAL
2007 Delaware Trail Marathon



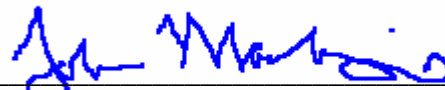
Be it known to all by these Presents that on Saturday, April 28th, 2007,

(insert victim's name here)

did run and complete said Trail Marathon over terrain that the organizers sportingly call a "course" of 26 miles and 385 yards featuring numerous Hills, multiple river crossings, plentiful Mud, Rocks, Roots, Fallen Trees, Tick-Infested Meadows, Brambles, Poison Ivy and various other Hazards and Impediments at White Clay Creek State Park in Newark, Delaware.

Whereas this was not a typical Church Picnic, the aforementioned Marathoner is therefore Entitled to any and all Perquisites, Emoluments and bragging Rights that may accrue from this Achievement,

to wit, this most elegant Certificate; fond Memories of a moist natural Experience; ruined Shoes; any acquired Blisters, Abrasions, Sprains, Fractures, Rashes, parasitic Infections and/or other Injuries to Body and/or Dignity for which the aforementioned Survivor has pledged not to sue the organizers; not to mention the incredulity of worried Friends and Relatives that anyone of allegedly sound Judgment would voluntarily subject themselves to such an Experience.


John Mackenzie, Race Director

Head of Christiana Presbyterian Church