



SURVIVOR

2004 Delaware Trail Marathon



This certifies that on Saturday, April 24th 2004,

(insert victim's name here)

did Run and Complete a Trail Marathon of 26 miles and 385 yards
(or maybe a tiny bit longer) at White Clay Creek State Park, Newark, Delaware,
on a Course featuring numerous Steep Hills, Water Crossings, plentiful Mud,
Rocks, Roots, Fallen Trees, Tick-Infested Meadows, Brambles,
Poison Ivy and various other Hazards and Impediments.

Whereas this was not your typical Church Picnic, the aforementioned Marathoner
is therefore Entitled to any and all Perquisites, Emoluments and Bragging Rights
that may accrue from this Achievement,

*to wit, this most elegant Certificate; fond Memories of a Moist Nature Experience; Ruined Shoes; any acquired Blisters,
Abrasions, Sprains, Itches, Rashes and/or Parasitic Infections; not to mention the incredulity of worried Friends and Relatives
that anyone of supposedly Sound Judgment would voluntarily subject themselves to such an Experience.*

John Mackenzie, Race Director
Head of Christiana Presbyterian Church