

Last name of skater \_\_\_\_\_ First name of skater \_\_\_\_\_

Name of parent/guardian \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home phone \_\_\_\_\_ Work phone \_\_\_\_\_

E-mail \_\_\_\_\_

Birth date of skater \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Program No.	Programs Title & Time	Amount
_____	_____	_____
_____	_____	_____
<input type="checkbox"/> Parent Skate _____	<input type="checkbox"/> Skate Rental Card _____	Total _____

In consideration of the privilege of using the University of Delaware Ice Arenas and understanding there are inherent risks in connection with this activity, I (we) hereby assume these risks, waive any possible claim that may arise against the University, its trustees, employees, and agents for any damages or injuries sustained in the course of the activity and agree to indemnify and save harmless and not to assert a claim against or sue the University, its trustees, employees, or agents for any such damages or injuries or for any and all other claims which may arise in connection with my (our) use of the Ice Arenas.

Participant's name \_\_\_\_\_

Parent's/guardian's name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please check program box**

Tot I-Delta 2 Level \_\_\_\_\_

Freestyle Program Level(s) \_\_\_\_\_

**Method of Payment**

Cash/check (Payable to: University of Delaware)

Visa     MasterCard     Discover     UD1-FLEX     American Express

Card number \_\_\_\_\_ Exp. date \_\_\_\_\_

Name on card \_\_\_\_\_ Signature \_\_\_\_\_

Office use only    Initials: \_\_\_\_\_    Date: \_\_\_\_\_

MAIL FORM TO: FRED RUST ICE ARENA/BUSINESS OFFICE, 547 SOUTH COLLEGE AVE., UNIVERSITY OF DELAWARE, NEWARK, DE 19716-1930

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**FRED RUST ICE ARENA  
BUSINESS OFFICE  
547 SOUTH COLLEGE AVE.  
UNIVERSITY OF DELAWARE  
NEWARK, DE 19716-1930**

**Register online**  
**[www.udel.edu/icearena](http://www.udel.edu/icearena)**



## About the Program

The curriculum follows the guidelines established by the Ice Skating Institute (ISI), although we also include the USFS elements in our instruction. This makes a wonderful blend of both programs and is an easy transition into either direction of the skating world. This maximizes your development, enhances learning and gives you the best of both!

Year-round lesson programs are available for ages 3 and up and all ability levels. The format for the Fall will be two six-week series and consist of six half-hour lessons, followed by six half-hour practice sessions. The Winter, Spring and Summer series follow the regular 8-week duration. Classes are grouped according to age and ability level. Classes are held in the Fred Rust Arena and are limited to 15 students per class.

### Testing

Testing is available on the fifth or eighth week of class for all skaters. Students receive a certificate to indicate their progress.

### Skate Rental

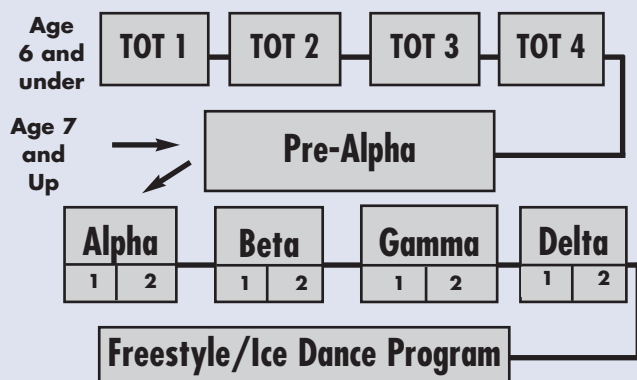
Skate rental is \$2 per rental. Those using their own skates must make sure they are sharpened before the first class.

### Parent Skate

This allows a parent to skate during the half-hour practice. Parent skate is recommended only to those who know how to skate.

**\$20 per parent during Fall I and Fall II**  
**\$30 per parent during Winter and Spring**

## Class Progression



Please visit our web site in March 2010 for Summer class information.

## Tot 1-Delta 2 Program

### Fall I 2009

#### Program #104-1

Tues. 6:55-7:55 p.m.  
 Sept. 8, 15, 22, 29  
 Oct. 6, 13

#### Program #105-1

Wed. 6:55-7:55 p.m.  
 Sept. 9, 16, 23, 30  
 Oct. 7, 14

#### Program #106-1

Sat. 10:45-11:45 a.m.  
 Sept. 12, 20\*\*, 26  
 Oct. 3, 10, 17

\*\* 2nd Sat. in Fall I starts on Sunday due to football, follow Saturday time.

### Fall II 2009

#### Program #104-2

Tues. 6:55-7:55 p.m.  
 Oct. 20, 27  
 Nov. 3, 10, 24  
 Dec. 1

#### Program #105-2

Wed. 6:55-7:55 p.m.  
 Oct. 21, 28  
 Nov. 4, 11  
 Dec. 2, 9

#### Program #106-2

Sat. 10:45-11:45 a.m.  
 Oct. 24  
 Nov. 1\*\*, 7\*, 14, 22\*\*  
 Dec. 5

\*Home football game. Bring parking pass  
 \*\* 2nd Sat. in Fall I starts on Sunday due to football, follow Saturday time.

### Winter 2010

#### Program #204

Tues. 6:55-7:55 p.m.  
 Jan. 5, 12, 19, 26  
 Feb. 2, 9, 16, 23

Snow Date: March 2

#### Program #205

Wed. 6:55-7:55 p.m.  
 Jan. 6, 13, 20, 27  
 Feb. 3, 10, 17, 24

Snow Date: March 3

#### Program #206

Sat. 10:45-11:45 a.m.

#### Program #207

Sat. 11:50 a.m.-12:50 p.m.  
 Jan. 9, 16, 23, 30  
 Feb. 6, 13, 20, 27

Snow Date: March 6

### Spring 2010

#### Program #304

Tues. 6:55-7:55 p.m.  
 March 16, 23, 30  
 April 6, 13, 20, 27

#### Program #305

Wed. 6:55-7:55 p.m.  
 March 17, 24, 31  
 April 7, 14, 21, 28

#### Program #306

Sat. 10:45-11:45 a.m.  
 March 20, 27  
 April 10, 17, 24

#### Program #307

Sat. 11:50 a.m.-12:50 p.m.  
 March 20, 27  
 April 10, 17, 24

May 1, 8, 15  
 No Class: April 4

## Holiday Ice Show

This year's theme for the Holiday Show is "HOLIDAY"

Time and Date: Towards end of Fall II series.

Group Number Fees - \$35 + cost of costume

Solo Fees - \$35 (provide own costume)

**Skaters must be enrolled in Fall II Series to participate.**

Information is available at [www.udel.edu/icearena].

## Freestyle/Ice Dance/Field Moves

### Fall I 2009

#### Program #112-1

Tues. 7:25-9:05 p.m.  
 Sept. 8, 15, 22, 29  
 Oct. 6, 13

#### Program #113-1

Sat. 9-10:30 a.m.  
 Sept. 12, 20\*\*, 26  
 Oct. 3, 10, 17

### Fall II 2009

#### Program #112-2

Tues. 7:25-9:05 p.m.  
 Oct. 20, 27  
 Nov. 3, 10, 24  
 Dec. 1

#### Program #113-2

Sat. 9-10:30 a.m.  
 Oct. 24  
 Nov. 1\*\*, 7\*, 14, 22\*\*

\*Home football game.

Bring parking pass

\*\* Second and Fifth Sat. in Fall II start on Sunday due to Football. Follow Saturday time.

### Winter 2010

#### Program #212

Tues. 7:25-9:05 p.m.  
 Jan. 5, 12, 19, 26  
 Feb. 2, 9, 16, 23

Snow Date: March 2

#### Program #213

Sat. 9-10:30 a.m.  
 Jan. 9, 16, 23, 30  
 Feb. 6, 13, 20, 27

Snow Date: March 6

### Spring 2010

#### Program #312

Tues. 7:25-9:05 p.m.  
 March 16, 23, 30  
 April 6, 13, 20, 27

#### Program #313

Sat. 9-10:30 a.m.  
 March 20, 27  
 April 10, 17, 24

May 1, 8, 15

No Class: April 4

## Synchronized Team Class

Skaters learn the basics of synchronized skating and perform in the Holiday Show. Synchro combines the grace and athleticism of singles skating with all the aspects of a team sport. Synchro class will be held on Saturdays from 9-9:30 a.m. This class will be offered as long as there is a demand for it.

**Fees:** Fall I & II \$30; Winter & Spring, \$45

## Ballet

Ballet is offered on Saturdays at 10:45 a.m. during the Fall, Winter and Spring series. It will follow the same schedule as the group on-ice instruction. Ballet is essential for most skaters and helps improve your skating in areas such as flexibility and presentation.

**Fees:** Fall I & II \$45; Winter & Spring \$65

## Contact Information

For more information, call (302) 831-6051, e-mail Angie Cardello at [ud-skating@udel.edu] or visit our web site at [www.udel.edu/icearena].

## Stroking Class

This class is open to skaters in the levels Alpha and up. It focuses on strength, edge quality, speed and control. During the Fall, Winter and Spring series, this class is offered on Saturdays during the hour from 11:50 a.m.-12:50 p.m. in conjunction with the Power Development Class.

**Fees:** Fall I & II \$45; Winter & Spring \$65

## Power Development Class

This class uses the high energy of music and the art of presentation to make you skate your best! And, while increasing your speed, you will also learn about style, choreography and motion. For skaters Beta level and above.

During the Fall, Winter and Spring series, this class is offered on Saturdays during the hour from 11:50 a.m. - 12:50 p.m. in conjunction with the Stroking Class.

**Fees:** Fall I & II \$30; Winter & Spring, \$45

**SPECIAL OFFER:** Enroll in Power Development and Stroking for Fall I and II, for \$65; 11:50 a.m.-12:50 p.m. Winter and Spring cost \$95. Must register in person.

## Registration Fees

### Advance Registration Fees

Payment must be received by 6 p.m. at the Fred Rust Ice Arena information window on the dates listed below:

Fall I: Aug. 28 Winter: Dec. 18  
 Fall II: Oct. 2 Spring: Feb. 19 Summer: May 28

### Advance Fees for Fall I & II

Tots-Delta \$75 each skater; \$70 each add. family member  
 Freestyle \$105 each skater; \$100 each add. family member

### Advance Fees for Winter and Spring

Tots-Delta \$95 each skater; \$90 each add. family member  
 Freestyle \$125 each skater; \$120 each add. family member

### Standard Registration Fees

Apply for registrations received after 6 p.m. on the dates listed above.

### Standard Fees for Fall I & II

Tots-Delta \$85 each skater; \$80 each add. family member  
 Freestyle \$115 each skater; \$110 each add. family member

### Standard Fees for Winter and Spring

Tots-Delta \$105 each skater, \$100 each add. family member  
 Freestyle \$135 each skater, \$130 each add. family member